

THE GATE CITY JOURNAL

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Students Express Thanks to Rosa

(From the Nyssa High Bulldog)

Dear Rosa,

Yes, we will miss you. Throughout the year you have given the students and the faculty of Nyssa High School an idea of life in Chile. You have given your time and talents to broaden our knowledge of your country by living in one of our homes and attending our school. For this experience you consented to leave your home, family and friends in Chile for a complete school year.

You also donated much of your time to help make the Chilean festival and other worthy causes a success. Proceeds of the festival and other American Field Service projects go toward sponsoring another foreign exchange student.

We hope you have enjoyed your stay with us this year and also that some day you will return, feeling that you will be at home once again with us. May your feelings toward the United States be taken back to your home country with you to share with others as you have transmitted good will from your country.

Because most of us students have never traveled extensively abroad, the life and customs of a South American country seem very far off. However, your presence in our school has brought the likeness of a far-off place nearer.

We wish you luck in the future.

—Your Friends at NHS.

Youth Warned of Smoking Dangers By Cancer Society Research Director

A plea for teenagers not to start smoking and repeated statements of evidence that smoking cuts years and "pleasure" from your life came this week from an Institute on Smoking and Health at Oregon State University.

Young smokers (those who start in junior and senior high) are the big losers, Dr. E. Cuyler Hammond, statistical research director for the American Cancer society, emphasized.

"They wind up smoking more, inhaling more deeply and become addicted to the point they can't stop," he said. And as the years go by, chances for a premature death are five times as great for those who began smoking in their teens, compared to non-smokers of the same age, Hammond stressed.

Three other national medical leaders agreed that "there is no doubt whatever anymore" that smoking—with cigarettes as the big villain—causes cancer, heart and lung diseases, and various other ailments.

Disadvantages Cited

Dr. Hammond said most smokers give "pleasure" as their reason for smoking. These pleasures end up being a persistent cough, shortness of breath and loss of appetite. Athletes and students do not perform as well when they smoke either.

"This," Dr. Hammond said, "is a funny idea of pleasure."

The more a person smokes, the higher the death rate, the experts pointed out. For a two-pack-plus smoker, the death rate is 2 1/2 greater than for the non-smoker. Of 32,392 non-smokers studied in one project, only four died of lung cancer. In comparison, 22 of 3100 heavy smokers died of lung cancer.

Why don't some heavy smokers get lung cancer?

They do, Hammond said. Every person who is a heavy smoker gets lung cancer in one form or stage. But their death may be caused by other things before cancer kills them, he added.

Circulatory Effects Described

Dr. Joseph T. Doyle, professor of medicine at Albany Medical college, N.Y., said that circulatory effects of tobacco smoking are greatest with cigarettes, because cigarette smoke is easily inhaled and permits the absorption of substantial amounts of nicotine.

Nicotine causes the widespread discharge of adrenalin from the heart, blood vessels and brain, he continued.

The consumption of a package or more of cigarettes daily is associated with a marked increase both in fatal and non-fatal heart attacks compared with those rates for men who have never smoked, who have given up smoking or who smoke only pipes and cigars, Doyle reported.

Dr. Robert H. Browning, director of the Ohio Tuberculosis hospital, said smoking appears now to be the factor associated with disability and death from chronic bronchitis and emphysema, a disease which causes the lungs to become greatly enlarged.

The home is a key to whether young people smoke or not, said

Letters to Editor

STATE OF OREGON House of Representatives Salem

May 15, 1963

The Gate City Journal Nyssa, Oregon Gentlemen:

I would certainly be remiss after 120 days of this Legislative Session if I did not express appreciation to the people of your county for such excellent legislative representation as we have enjoyed with Senator Anthony Yturri and Representative Robert Smith.

The experience and ability of these two have been of tremendous value to all the members of the assembly. Their knowledge of our natural resources and agriculture is highly recognized. In addition, both Senator Yturri and Representative Smith have made it a point to support legislation leading to good financial management of our state.

You people can be proud, as are their colleagues, of your two legislative representatives.

Cordially,

F. F. (Monte) Montgomery House Minority Leader

Farewell Poem Honors Seniors

(From the Nyssa High Bulldog)

"Seniors first," is the cry we try to ignore with a sigh.

Will you please move; this is the seniors' place?

Seniors get priority in any case. But the mighty seniors who think they're so smart

Really have a soft spot in the underclassman's heart.

And when their last week of school is over at last,

They find the halls are emptier than they were in the past;

They find they really miss the seniors' overbearing ways;

They miss their expressions of wisdom, both criticism and praise.

The juniors miss the presence of an older clan;

Each sophomore is now an upper-classman.

The freshman thinks how slowly goes the time,

But the senior remembers when he said that line.

And now he has certainly changed his mind;

His four years really seemed like only a week's time.

Now from Peppy and the future graduates of NHS—

Goodbye seniors of 1963; we wish you the best!

Miss Veann Bingham To Serve LDS Mission In Great Lakes Area



VEANN BINGHAM ... Former Nyssa Resident

Veann Bingham, daughter of Mr. and Mrs. W. H. Bingham, former residents of Nyssa, will serve a mission for the LDS church in the Great Lakes. She will enter the mission home in Salt Lake City June 3 and leave for Fort Wayne, Ind., a week later.

She was graduated in 1960 from Ben Lomond high school in Ogden where she served as student body secretary. For the past three years, she has been attending Weber State college where she was student body vice president. She was also graduated from seminary and the Institute of Religion.

She is currently teaching Mutual and Sunday school classes in the 47th ward in Ogden, where her farewell will be held May 26.

BIBLE MISSIONARY CHURCH TO CONDUCT BIBLE SCHOOL

Vacation Bible school will be conducted at the Bible Missionary church beginning Monday, May 27. The theme, "Christ's Way, My Way," will be followed during the 10-day school.

Sessions will be from 9 to 11:30 a.m. Monday through Friday, except Memorial day, concluding on June 7.

All children ages 4 through 14 are welcome. The church is located at Second street and Beech avenue.

RUMMAGE SALE SLATED

A rummage sale is planned Friday and Saturday, May 24-25, in the old Journal building by St. Bridget's Catholic church.

Sale hours are from 9 a.m. to 5 p.m. each day.

Potential Needs for Elderly Persons Outlined by Speakers at OSU Session

If the old are to enjoy a full, rich and satisfying life, the young must be brought up to accept old age as part of their lives and value it in themselves and others, speakers at a Conference on Aging stressed at Oregon State University.

In some countries, the aged get an extra measure of honor and respect. In the U.S., this is far from true and programs for the aged must be rapidly improved, Dr. Dorothy Lee, Harvard university anthropologist, insisted.

The U.S. now has more than 16 million persons over 65, it was noted. This is five times as many as in 1900 and the number is expected to double in the next 40 years. The number of persons over 75 is increasing even more rapidly. This number will triple by the year 2000.

Dr. Lee was critical of those who categorize old people as a separate group and not as individuals. The old are people, she said, and we have to work hard at not dealing with them as though they are a "problem."

Forced Retirement Criticized

Forced retirement came under fire in discussion groups. People are living longer, they're in better health and can work well past 65-70 and up, it was pointed out. America can't do without these workers—many of them highly trained and more effective than younger people—it was stated.

Retirement home pros and cons were debated also.

"Let the older people be where they can see the stream of life," it was stated. Other comments: "Keep aged persons as an integral part of the community." "Let's

Dr. Thomas Carlile, Seattle radiologist and past president of the American Cancer society.

A Portland, Ore., study of teenage smoking showed that if both parents smoke, 33 percent of the children smoked; if one parent, 25 percent; and if neither parent, less than 15 percent.

Tobacco advertising suggests that smoking is a mark of masculinity, Carlile noted. Some studies indicate, however, "that the weaker the masculine character, the more the person tends to smoke."

In view of the medical evidence, why do so many doctors smoke? The question came from one of the 500 persons attending the institute.

Said Dr. Doyle: "Weak moral fabric."

move toward integration, not segregation of older people."

The importance of helping older people to maintain their independence was emphasized by Dr. Donald Kent, Office of Aging, U.S. Department of Health, Education and Welfare. Housing, health and employment aids for the aged are most needed, he said.

Two Generations of Aged

Children alone cannot be relied upon to take care of all the aged now because of the "emergence of two generations of older people," Kent stated. One out of every three persons past the age of 60 now has a parent living. In the next decade, this figure will grow to two out of three, he said.

The nation has a "four generation family pattern" now instead of the traditional three, Kent continued.

The U.S. leader believes the nation is moving from the stage of "concern" into a stage of "action and development of goals and suitable programs for older persons."

"We recognize that dependency does arise and we must provide care with affection, dignity and respect. This must be provided not because of who the person is or what he has done, but because he is a fellow human being," Kent concluded.

More Known About Aging

There is much we do not know about aging, but we know much more about it than we are now practicing in America, it was noted in discussion.

Library services, for example, could be improved for older persons. A corner for tired eyes could be set aside, door-to-door service started, "talking" books used more and arrangements made to have books projected above bed-ridden patients.

The conference was sponsored by the Department of Family Life and Home Administration in the OSU School of Home Economics, in cooperation with the State Council on Aging and the General Extension Division, State System of Higher Education.

Nyssa Minister and Wife to Depict 'Life of Christ' in Musical Concert

The Rev. and Mrs. John Bullock will present an entire hour of music at 8 p.m. Wednesday, May 29, at the Church of the Nazarene in Nyssa.

Their program is entitled "The Life of Christ in Music" and depicts Christ's birth, ministry, death, resurrection and the living Christ today.

Mrs. Bullock will accompany their program on the organ and repertoire will include duets, solos by each, as well as instrumental selections.

This program has been well received in the various communities in which it has been presented, and the public is cordially invited to attend.



THE REV. and MRS. JOHN BULLOCK ... To Depict Life of Christ

Nazarene Teenagers Elect Local Couple As District Officers

At the recent annual Idaho-Oregon district Nazarene Young People's society convention held in Nampa, the Rev. John Bullock was elected district teenage fellowship director. Mrs. Bullock was re-elected district secretary and also a delegate to the general convention to be held in Portland in June 1964.

Those attending the convention from Nyssa were Sue Tramel, Aleta Anderson, Sandra Hobson, Connie Price, Terry Martin, Dave Saunders, Jack Price, John Shepard, Mrs. Dwight Seward and the Rev. and Mrs. Bullock.

DEADLINE SET MONDAY FOR CLOTHING DRIVE

Deadline date to leave articles for the World Service Clothing drive is at noon Monday, May 27. Clothing should be boxed and left at the Methodist church social hall for pick up by the World Service truck which will be in Nyssa Tuesday morning, May 28.

VACATION SCHOOL DATES TOLD BY OWYHEE PASTOR

The Rev. Arthur Skogan, pastor of the Owyhee Community church, announces that daily vacation Bible school will be conducted June 3-14 at the church.

Hours for the sessions will be from 9 to 11:45 a.m. Classes will be conducted for children age 3 through young teenagers. All area children are invited.

Circle Meetings Held By Methodist Women

Methodist Women's Society of Christian Service circles met May 16 in various homes.

Mrs. Charles Pitman was hostess to 12 Helen Barns members and three guests. The same officers will serve another year. Mrs. Jack Moran was devotional and program leader.

Fulton circle members met at the home of Mrs. Arie Bakker with 16 members in attendance. Mrs. Hugo Holmes was elected president of the group. Mrs. Golda Roper served as leader during the session.

Members of the Lenora circle met with Mrs. Doris Knoedler with Mrs. Rolland Laurance as co-hostess. Mrs. Orland Chelidlin was program leader for the 12 members and two visitors in attendance. The same officers will serve and the circle name retained for next year.

Evelyn de Vries circle met with Mrs. Cyrus Bock with five members and one guest in attendance. Mrs. Donald Sappe led devotions and program. This group voted to disperse with meetings during the summer, resuming in September.

Posters were displayed featuring women's division in mission work around the world. The society budget was reviewed and the pledge service concluded the activity for each circle.

Adrian Community Church Notes

The Adrian Community church board will meet at 8 o'clock this evening at the church.

Friendship Mariners will host a potluck dinner at the M. L. Kurtz home Sunday following church service. Everyone is invited. Those attending are asked to take own table service and a covered dish.

Rummage Sale

FRIDAY and SATURDAY MAY 24 - 25 9 a.m. to 5 p.m.

Old Journal Bldg.

ST. BRIDGET'S CATHOLIC CHURCH

Advertisement for 'The MERC' featuring 'Kiddie Pix' portraits. Includes text: 'KEEP UP BABY'S PHOTO ALBUM WITH Kiddie Pix LOVELY 5" X 7" PORTRAIT for only - 59c ELECTRONIC LIGHTS—NATURAL EXPRESSIONS' and 'KIDDIE PIX" AT THE MERC ONLY Photographer's Hours — 10:30 a.m. to 5:00 p.m. FRIDAY, MAY 24'