

Oregon State Nutritionist Discusses Cost of Canning Versus Buying Foods

How much can be saved by canning and freezing foods at home? Or can homemakers save more by filling the freezer or cupboard shelf with store-purchased foods?

Oregon families need their own individual "slide rule" of values to answer these questions, says Mrs. Ruth Klippstein, Oregon State college extension nutritionist. They can save more, in both time and money, on some foods than others.

To compare costs, first figure expenses of home freezing and canning. Freezing costs at least 3 cents a pound for packaging and may add up to 25 cents a pound for food, packaging and freezer operation. For this reason, it may be cheaper to shop for some frozen foods and let the grocer pay for year-around storage, she says.

Other costs that should be considered are availability of raw foods, transportation costs, and the value placed on homemakers' time.

Canning containers average between 5 to 8 cents for jars and lids. Other costs include raw food, plus other ingredients, and canning equipment.

Mrs. Klippstein also suggests that homemakers look to custom canneries for shortcuts in more time-consuming or messy chores.

Corn, for example, is one food that canneries will help get ready for canning or freezing. Husking, blanching and cutting whole kernels takes only a few minutes with a canner's power equipment, she continues.

Any homemaker who has cleaned up a kitchen after canning corn will appreciate not having to pick up silk and kernels that are scattered during the process, she says.

Corn may be taken home in dishes for canning or freezing or be canned at the cannery. Homemakers will probably save by doing freezing at home, she notes. Tomato juice and applesauce are other suggested cannery jobs.

Homemakers can give themselves an extra day's vacation from home canning this year if they skip making apple butter, catsup and chili sauce at home. It takes all day to prepare these products and commercially prepared ones are excellent quality and about the same in cost.

Oregon homemakers seem to prefer to can peaches and pears for fresh full flavors. They also are able to satisfy family preferences for sweetness preferred.

On a strictly dollar and cents basis, some foods may be cheaper to buy than to put up at home. Sweet pickles, for example, cost more to make than dills because of extra sugar called for in sweet pickle recipes. Yet, sweet pickles are about the same price as dills at the market.

Shoppers can also take advantage of large quantity purchase prices offered on summer freezer sales. Stores often feature fall harvest sales or mid-winter canned food sales that provide substantial savings.

VISIT IN SALT LAKE

Tanya and Brad Burningham went to Salt Lake last week to visit their grandparents, Mr. and Mrs. A. R. Burningham. Tanya returned home after several days and Brad remained for a longer visit.

Mr. and Mrs. William Staub of Ontario were guests Sunday evening at a wiener roast at the Bob Heldt home.

Mr. and Mrs. Dean Lancaster and Michael and Mr. and Mrs. Murl Lancaster and Mary Lou spent last week at Payette lakes.

Mr. and Mrs. Joe Bellon were Wednesday evening dinner guests of Mr. and Mrs. Hubert Peckham near Wilder.

Final Rites Held Saturday at Nampa For Former Nyssan

Funeral services for Otto G. Wolfe were held Saturday morning at Alsip chapel in Nampa with the Rev. Orville Coates officiating. Mr. Wolfe died at a Sandpoint hospital while on a fishing trip to Lake Pend Oreille.

He was born Dec. 15, 1896, at Beaver Crossing, Neb., and spent his childhood there. He was married to Lydia Dais at Eustis, Neb. June 21, 1917, and they farmed there until 1937 when the family moved to Nyssa. They moved to the Nampa area in 1945 where Mr. Wolfe was engaged in farming until his retirement in 1953. He had since lived in Nampa.

He was a member of the Methodist church and Nampa IOOF lodge. He was past president of the Methodist Men's club.

Survivors include his widow, Lydia; four sons, Arnold of Ashland, Ore., Irvin of Nampa, Clifford of Quincy, Wash., and Duane of Caldwell; 10 daughters, Mrs. Verbal Watson of Kuna, Mrs. Bernice Mitzel of Salem, Ore., Mrs. Dorothy Babb of Ft. Ord, Calif., Mrs. Verla Holmes of Twin Falls, Mrs. Betty Hetrick of Wilder, Mrs. Twila Johnson of Pocatello, Mrs. Phyllis Willey of La Grande, Mrs. Kathleen Aulback of Caldwell, Mrs. Virginia Miller of Chicago and Mrs. Wanda Salaz of Boise.

He is also survived by one brother, three sisters and 42 grandchildren.

Interment was at Hillcrest Memorial Gardens in Nampa.

MOTHER ILL HERE

Mr. and Mrs. Ray Bybee and family of Brigham City were called to Nyssa due to serious illness of Mrs. Bybee's mother, Mrs. E. L. Hansen.

Mr. and Mrs. J. E. Brower and Mr. and Mrs. Melvin Jensen spent the weekend fishing at Goose lake above McCall.

Mrs. Warren Heldt, Brenda and Clifford Dale of Portland spent last week visiting at the home of Mrs. A. L. Heldt. On Tuesday evening they were dinner guests at the Bob Heldt home. Warren Heldt came for his family Thursday, leaving for their home Monday morning.

Mr. and Mrs. M. S. Ayres of Menlo Park, Calif., arrived in Nyssa Monday evening for a two weeks' visit with her sister and husband, Mr. and Mrs. J. L. Heriman.

Cartons Beat Bags In Trial Shipment Of Malheur Onions

Two Northwest farm and forest products — high quality onions and corrugated fiber cartons — may soon get together on the marketing scene as a result of research by Oregon State college agricultural experiment station.

Trial shipments of onions in corrugated cartons, rather than the traditional mesh bags, reached market in better shape and at lower cost to the shipper, reported George B. Davis and Frank H. Dickmann, OSC agricultural economists.

Net cost to the Oregon packer was less because cartons could be loaded heavily enough to take advantage of lower freight rates. Onions protected by the cartons suffered practically no damage from heavy car loading.

Tests were made with two cartons of U.S. No. 1 "Jumbo" onions packed in 50-pound cartons and shipped from Ontario to New York and Atlanta markets.

The New York carload arrived in "practically perfect" shape, reported U.S. department of agriculture specialists who examined the load. The floor layer of the Atlanta carload showed slight bruising but not enough to affect grade or appearance.

Mesh bag shipments have usually been made in 30,000-pound carloads and may suffer some bruising when loaded more heavily. The undamaged carton shipments weighed more than 43,000 pounds for each car.

Davis pointed out that original packing costs were 11 cents per hundredweight higher for boxes than for bags, but this higher cost

Cherry-Picking Machines Eyed As Money Savers

Tree-shaking machines similar to those used in Oregon for a number of years for harvesting filberts and walnuts are coming on the cherry-picking scene.

Four years of research with mechanical harvesting equipment shows cherries now picked by hand can be harvested mechanically at half the cost and without any sacrifice in quality. The studies were made by the U.S. department of agriculture and Michigan State university scientists.

Although results reported refer only to red tart cherries, the mechanical equipment also can be used to harvest plums, prunes and sweet cherries, suggested J. B. Rodgers, head of agricultural engineering at Oregon State college.

Michigan research workers estimate mechanical cherry-harvesting equipment and special handling methods may permit seven men to do the work of 33 handpickers.

Mechanical equipment used in the studies included tree shakers (long booms with crab-like claws) mounted on tractors. The claws grasp the main limbs of a tree

and shake it lightly but rapidly from 3 to 5 seconds, allowing the cherries to fall into collecting canvases.

The larger the orchard and the more cherries per tree, the larger the savings realized by mechanical harvesting. Mechanical shakers work best on trees more than 10 years old, in which the lower parts of the tree are relatively open.

The ground should be fairly level—a factor which may hinder use of the mechanical pickers in some parts of Oregon, Rodgers noted.

ATTEND CLASS REUNION

Mr. and Mrs. Charles Batt and four sons of Whittier, Calif., arrived in Nyssa Saturday for a visit with his parents, the Ronald Batts, and to attend the 1950 class reunion.

Mr. and Mrs. Jay Bybee and family spent the weekend at McCall.

Drivers Examination Slated Here Aug. 5

A drivers license examiner from the Oregon department of motor vehicles will be on duty in Nyssa Friday, Aug. 5, at the city hall between the hours of 9 a.m. and 2 p.m.

Individuals wishing original licenses or permits to drive are asked to file applications well ahead of the scheduled closing hour in order to assure time for completion of the required license test.

VISIT FROM CALIFORNIA

Mr. and Mrs. Howard Chester and son, Bruce of Sanger, Calif., visited several days last week at the home of his brother, Mr. and Mrs. Gene Chester and family.

Miss Pamela Bybee returned home Sunday from Los Angeles where she had spent three weeks visiting friends.

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