

### Owyhee Occurrences

Mrs. Kenneth McDonald  
Phone 896-R3

Mrs. Lee Householder was honored Sunday at a birthday picnic held on the lawn at the George Schweizer home. Guests were Mr. Householder, Mr. and Mrs. V. A. Vanscoy and family of Payette, Mr. and Mrs. Bob Schweizer of Vale, Mr. and Mrs. Geoff Williams of Adrian, Mr. and Mrs. O. H. Schweizer, Mr. and Mrs. Lee Strickland, Mr. and Mrs. Ken

### Bread Stales Quickly In Frig, Study Shows

Homemakers who keep bread in a cooler—or even in the refrigerator—in hopes of keeping it fresh longer will be discouraged to learn that they are only making it stale faster.

Miss Agnes Kolshorn, extension nutrition specialist at Oregon State college, says the American Institute of Baking recently completed a study on the causes of bread staling. They proved that as the storage temperature of bread is lowered, the staling rate increases. Bread becomes stale most quickly at temperatures near freezing.

This, however, does not refer to frozen bread which is frozen and stored at well below freezing temperatures, Miss Kolshorn points out. This will keep fresh for many months.

Denver arrived Wednesday at the Werner Peutz home where they spent the night. Thursday Mrs. Peutz and Mr. and Mrs. Campbell drove to McCall to see Mr. and Mrs. William Peutz. The group returned Friday evening bringing Wanda Peutz with them after she had spent two weeks visiting her grandparents. Saturday morning the Campbells left for San Francisco where they will spend the rest of their vacation.

Mr. and Mrs. Kenneth Kygar and daughters and their neighbor, Bob Dowell came down from their ranches near Rome, Ore. and took a combine back with them after spending the night at the Lynn Kygar home.

Mr. and Mrs. E. E. Crocker attended a banquet and meeting of the Mason lodge Saturday night in Placerville, Idaho.

Mrs. Myrtle Langton of Boise is visiting at the home of her niece, Mrs. Donald Hite and family. Wednesday Johnny Hite broke his hand but is recovering nicely.

Mrs. Jack Walters is visiting here from Meacham. On Sunday she was a dinner guest of Mr. and Mrs. Ellis Walters. Others present were Mr. and Mrs. Rex Walters of Boise and Mr. and Mrs. Byrd Walters.

Shirley Hoke was a dinner guest Sunday in the Earl Crocker home.

Mr. and Mrs. Bob Morfitt of Owy-

### Research Group Links Animal Diet To Loss of Hearing

Oregon State College—Diet has been shown to play an important role in developing loss of hearing in guinea pigs, according to a research team of Oregon State college scientists.

It is believed this is the first time diet and loss of hearing have been linked. Dr. Hugo Krueger, OSC physiology professor and a member of the research team, said.

Guinea pigs on a diet lacking greens developed a progressive loss of hearing, the physiologists reported. The guinea pigs also showed signs and symptoms very similar to some types of arthritis in man.

In many of the guinea pigs, it was found upon examination that the three tiny, inner ear bones—hammer, anvil and stirrup—which are essential for transmitting sound waves to the brain, became fused.

A lack of an unknown vitamin in greens which aids the guinea pig in the proper use of calcium is believed responsible for this condition. In the absence of the unknown materials or vitamins in greens, calcium is deposited in blood vessels, muscles, stomach and elsewhere.

As in arthritic patients, the guinea pigs lacking this "x" vitamin also suffered from irregular bone enforcements and some movable bones became immovable. This "X" vitamin is called the anti-stiffness factor.

"The entire picture," Dr. Krueger emphasized, "bears a greater similarity to the osteo-arthritis in man than has been devised by any other experimental procedure." In osteo-arthritis the bones as well as the joints are involved.

More than 200 guinea pigs of the 1500 to 2000 used during the over-all arthritis study were included in the loss-of-hearing diet observations.

Dr. Rosalind Wilzen, OSC emeritus professor of physiology, and Dr. Alice M. Bahr, now a Corvallis physician, started this anti-stiffness study some 15 years ago. Dr. Krueger and Lloyd Yonce, physiology instructor, have been associated with the project the past several years.

The Oregon Medical Research foundation, the Arthritis and Rheumatism foundation, Armour and company and the OSC graduate council have provided funds for this research.

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hee dam were dinner guests of Mr. and Mrs. Byrd Walters on Wednesday.

Mr. and Mrs. Fred Olmstead of Ontario called at the George Schweizer home Monday afternoon.

Mr. and Mrs. Bob Rice and daughters, Mr. and Mrs. Hug Glenn and Billy, and Mr. and Mrs. Dale Glenn were Sunday dinner guests in the Claude Smith home.

Mr. and Mrs. Roland Maw were among those attending the conference held Sunday at the Nyssa L.D.S. stake house. Mr. Maw presented the Master M Men award and Mrs. Maw received the Golden Gleaner award.

Mrs. Lynn Kygar and Maxine and Charlotte Parker took Patsy Brown to her home in Boise Friday. The group visited with Mrs. Dick Brown and family and Mrs. Don Franklin and family and the whole crowd had dinner in the park. Mr. Brown and Mr. Franklin were away on a fishing trip.

Mr. and Mrs. R. C. Jones of Boise spent the week-end with their son-in-law and daughter, Mr. and Mrs. Byrd Walters.

Mrs. Mae O'Donnell of Buhl is visiting for the next three weeks with her niece, Mrs. Darrell Williams and family. Mrs. O'Donnell has been in Homedale with Mr. and Mrs. Keith Tallman for the last three weeks.

Mr. and Mrs. Charley Culbertson and Larry and Junior Atagi went out into the hills Sunday to see about some of Culbertson's cattle and drove to the dam and the scene of the recent break in the big canal.

On Wednesday afternoon Mrs. Kenneth McDonald and children and Mrs. Florence Kygar took a cake and went to the home of Mrs. Lynn Kygar surprising her on her birthday.

Ronnie Ditty of Nyssa and Billy McCrea of Seattle are spending this week with Mr. and Mrs. Jesse Ditty. Lester Hayes, 9-year-old son of Mr. and Mrs. LaVoy Hayes, is still walking on crutches after cutting his foot several days ago on a piece of broken mirror while playing. The wound required 8 stitches to close it.

Bobby Skinner left Sunday by bus for Madras to visit his uncle and aunt, Mr. and Mrs. Frank Crocker and sons.

Mrs. Bessie Childers, Miss Elda Mae Childers and Mrs. Grey of LaGrande stopped to see Mr. and Mrs. Harlan Koger at Owyhee Grocery Monday morning on their way to LaGrande.

Mr. and Mrs. Ernie Barker and family of Ontario were Sunday dinner guests at the Darrell Williams home and in the evening the group attended a camp meeting in Nampa.

Shirley Skinner, Kay McDonald and Stanley Mills attended the 4-H camp at McCall from Friday until Tuesday. Linda Smith of Mitchell Butte stayed overnight with Shirley Skinner and went to Ontario with the others the next morning, where they met the bus to take them to Payette Lakes.

School will start in Adrian on Tuesday, Sept. 2. Busses will travel the same routes as last year and pick up students for the high and grade schools on Tuesday morning.

### The Week's Nu Acres News

Farmerettes Club

Mrs. Paul Thomson and Bob drove to Weiser on Thursday to spend the day at the home of her sister, Mrs. Joe Beck, and to bring Barbara Thomson home. She had been spending several days visiting in the Beck home.

Mr. and Mrs. Ed Meroney and Joy were surprised Monday evening when they returned home after being away all day, to find Mrs. Lela Lett and Si Lett had come to their home bringing a chicken dinner to celebrate Joy's birthday, which was Monday. Later in the evening Mr. and Mrs. Bob Shaw and Mr. and Mrs. Sam Johnson and Jimmy called at the Meroney home.

The 4-H girls in the south half of Payette county met at the Nu Acres hall Wednesday morning where Mrs. Lucy Wilson of Boise, who is with the extension service of Idaho university, helped them in their judging work, in preparation for the fairs. The Do-More girls then went to the home of their leader, Mrs. Paul Thomson where they ate their sack lunches and held their meeting in the afternoon.

Mr. and Mrs. Russell Meroney and family drove to LaGrande, Oregon and Walla Walla, Washington Saturday, where they returned Jimmy Harm, grandson of Mr. and Mrs. Ed Meroney to his home at Walla Walla. Mrs. Russell Meroney and children stayed in LaGrande for a visit but Mr. Meroney returned.

Wanda Johnson went to Caldwell on Monday to visit with Shirley Preston for a few days.

Mrs. Paul Thomson, Bob and Barbara and Mrs. Merle Thomson attended the Miller-Gahan wedding in Fruitland on Saturday evening. The Do-More 4-H club members held their softball practice at the hall on Thursday evening after which they enjoyed a watermelon feed.

Mr. and Mrs. Frank Nedbalek and Donna drove to Irrigon, Oregon and Grandview, Washington over the week-end. They took Mrs. Martha Ferrell to her home in Irrigon and visited with Mrs. Nedbalek's parents, Mr. and Mrs. Thomas Goodwin in Grandview. Mrs. Ferrell who is Mrs. Nedbalek's grandmother has been visiting at the Nedbalek home for the past two weeks.

Mr. and Mrs. Paul Thomson and family and Mrs. Merle Thomson and Gary went to Caldwell Sunday afternoon to attend the wedding of Rev. Robert Smith, pastor of the Fruitland Methodist church, and Miss Earleen Mathis of Caldwell.

Mr. and Mrs. Thomas Nedbalek and Rudy Nedbalek were supper guests at the home of Mr. and Mrs. Frank Nedbalek Saturday evening. Later in the evening, Mr. and Mrs. Wm. Grasmick, Mr. and Mrs. George Grasmick and Mr. and Mrs. Frank Preston and family of Caldwell and Mr. and Mrs. D. L. Durrington, Carole and Jimmy of Middleton called to spend the evening.

Mr. and Mrs. Preston and family stayed at the Nedbalek home over the week-end while the Nedbaleks were on their trip.

Donna Nedbalek was honored Saturday afternoon with a birthday party to celebrate her 11th birthday. Guests were Joy Cullen, Linda Dorothey, Carol Strawn, Janice Hann, Marilyn Evans, and Blanche Arment.

ton Randolph at New Plymouth. Later, they all attended the Nazarene church camp at Nampa.

### Bulletin Tells How To Make Juices

Simple directions for making tasty and nutritious fruit vegetable juices at home are outlined for Oregonians in a new bulletin from Oregon State college.

Entitled "Home Processing of Fruit and Vegetable Juices," the handy new experiment station publication was written by Dr. H. Y. Yang and E. H. Wiegand of the food technology department. Copies are available from county agents or from the college.

An abundance of fruits and vegetables in Oregon makes home juices making especially worthwhile, the authors point out. The family budget benefits as well as the family diet too because the juices are inexpen-

sive to make and utilize fruits and vegetables that are not suited for canning or freezing because of size or defects.

The publication gives directions for making apple, grape, berry, pear, plum, cherry and blended fruit juices along with tomato, rhubarb, sauerkraut, carrot, beet, turnip and blended vegetable juices.

Mrs. Adolph Doe of Boise was a Sunday afternoon visitor at the home of her parents, Mr. and Mrs. John Ostrom.

Dr. Clare F. Conley  
Optometrist

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