Mrs. America MeetsThe War

Pennies from heaven are not sought by the U. S. Mint, although the coppers stored away in your "piggy bank" will be more than welcomed. Turning your penny savings into war bonds and stamps will be helping save tons of metals vital to the war. In order to conserve strategic materials, the government has curtailed production of pennies. So the more one-cent pieces that return to circulation, the less demand for new coins, and the pennies add up. If each family were to return to use just 10 one-cent pieces, it is estimated that the increased national supply would save more than 1,000 tons of copper.

Oh, lady, spare the can opener as a contribution to the war effort. The War Production Board is urging housewives to reduce purchases of canned goods by one container a week to make available tons of steel and tin for containers carrying food to the armed forces and Allies. If evrey homemaker would participate in a "one-can-less per week" drive, it is figured that nearly 190,000 tons of steel, over 2600 tons of tin and about 77 tons of rubber would be saved.

Cutting down on the purchase of canned foods should not mean less food for Mrs. America's family. While pantry shelves have fewer commercially canned foods, buy fresh vegetables and fruits whenever they are in season. And then to further increase foods available for civilian use this winter store, can or dry the fall season's surplus of fresh fruits and vegetables. And here's a thrifty thought--save imperfect fruits and vegetables too. These can be made into peach and apple butter, or canned as assorted cut-up fruits for salads and for fruit cups, or as mixed vegetables for winter soups.

Mrs. America will be able to get three pounds of sugar on war ration stamp No. 9, but it must last her from November 1 through December 15. Stamp No. 8 will not be valid after midnight October 31.

When figuring out the family's weekly quota of meat under the share-the-meat plan, don't count children in for the regular 2½ pounds per person allowance. The Food Requirements Committee suggests that children under six receive three-fourths of a pound of meat--beef, pork, veal, lamb or mutton--in meals during the week. And the youngster between the ages of six and 12 should be allotted 1½ pounds of these meats weekly.

Rent your spare rooms to war workers, and you'll be helping speed war production. The National Housing Administration reports that war production already is being affected by the lack of decent living quarters for workers. The demand for housing has become so urgent that in more than 50 over-crowded war production centers the government plans to lease privately owned homes and buildings for remodeling into accommodations for war workers. The converted properties will be rented and managed by Uncle Sam for the duration, and then will be returned to their owners within a reasonable period after the end of the war.

Remember, Mrs. America, that you will not be eligible for gasoline when nation-wide rationing begins if you own more than five tires for any one car. And if this is the case, turn in the extra tires regardless of their condition, keeping the best for your car. Just call the Railroad Express nearest your home to have excess tires picked up. They maybe either given or sold to the government. And it is important to note the serial numbers on the five tires you keep since these will be required on your application for a mileage ration. Serial numbers are indented in the tire wall, never raised.

Maybe you can help the Office of Defense Transportation about asking young America to come home right after school. The ODT now is asking high school students to head for home just as soon as school is over, because loitering after classes in many communities causes crowding of busses and street cars laden with homeward bound war workers. Since going home promptly after school will ease city transporation, ODT expects mothers to be seeing school students right after classes.

The nation's employers are analyzing jobs in their plants at the request of War Manpower Commission Chairman Paul McNutt to determine which can be filled by women. The need for women workers varies greatly from one community to another so employment programs must be planned to meet local needs. Women are warned not to leave their home communities to look for work or training elsewhere without first registering at the nearest U. S. Employment office. And here's another note in the womanpower picture. The coal mining industry, which has lost 50,000 men since January 1, has hired women in mine shops and picking slate on mine tipples. However, they are not yet being engaged for actual underground mining work.

FOOD SHORTAGE IS FORESEEN BY CONGRESS GROUP

(Continued From Page One)

"Our committee was astonished to learn that, up to date, there has been no comprehensive survey of the manpower of this nation andof the requirements to successfully carry on the war.

"The farmers in every part of the nation do not know how to plan for 1943 crops. Utter confusion exists today on every farm, every ranch, every dairy. We appeal to the president and the several administrative agencies to act and act now, so the farmers may know whether to plan and how to plan.

"Price ceilings can protect the consumer only so long as there is something to price. They may easily and quickly bring about such shortages that supply will be many times more important than price.

"It is hoped the price administration and the director of economic stabilization will respent and carry out the intent of the congress in establishing maximum ceiling prices.

"It is our definite conclusion that the hundreds of U. S. employment offices spread across the nation have contributed a great deal toward the present critical farm labor shortage.

"We see little hope in replacing trained farm labor with city workers.

"Neither can we gain much encouragement from the suggestion of the mass migration of large groups of the farm population (the secretary of agriculture has suggested 2,000,000 families) from the so-called sub-marginal areas to other sections of the nation.

"Feats of courage and service beyond the requirements of duty are disclosed quite frequently and are promptly and very appropriately given public commendation for some special feat of production, but there is no glamor on the farm. It would seem the farmer is expected as a matter of course to toil from dawn 'till dark, to provide the food and fiber to feed and clothe our armed forces, our civilian population and our allies. Is it any wonder that our young men seek the field of glory and glamor? Maybe a few million hungry stomachs will awaken the people and programmers to a better undertsanding and appreciation of those who till the soil".

School Lunches Get Attention

Some pleasant surprises were in store for farm security homemakers and others who in the past two weeks sampled the sandwiches and "quick breads" featured in the school lunch demonstrations which were part of the little "victory fairs" conducted in Malheur county in connection with giving out of F. S. A. cotton for comforters. The most skeptical agreed that even such simple filling as chopped cabbage or apple makes an unexpectedly delicious sandwich.

Other unusual and nutritious sandwiches served were cottage cheese and jam, peanut butter and banana and ground dried prunes mixed with peanut butter. Especially popular was a combination of ground raisins and prunes with carrots. Whole wheat or enriched bread or a slice of each was used for all sandwiches.

Copies of sandwich suggestions and a "Pattern" for the school box lunch were available for visitors to take home. These also included recipes for the three types of breads demonstrated, a whole wheat or graham with raisins, a "colonial" raisin and nut bread; and peanut butter bread, the recipe for which follows:

Peanut Butter Bread

2 cups flour
4 t. Royal B. P.
1 t. salt
½ cup sugar
½ cup peanut butter
1½ cups milk

Bake in moderate oven at 350 degrees F. about one hour.

The school lunch demonstrations in the interest of better nutrition for school children, were made possible by the cooperation of the defense and nutrition councils and the Agricultural Marketing association. The foods were prepared by farm security adminstration home management staff members assisted by a committee of homemakers in each group.

Malheur county's goal this year is a hot lunch program in every school, and mothers of children in several schools which have not before sponsored such a program, are now planning toward that end.

Thoughtful homemakers agree, however, that beneficial as is the "hot dish" served to school children, it is not intended to be the complete lunch, but must be supplemented by sandwiches, fruit, salad and a "sweet" in a box lunch from home. If no hot lunch is available, the box lunch must be even more complete and carefully planned to provide this third of the child's daily food needs.

FSA officials said persons interested in futher suggestions on the continuous problem of providing attractive, appetizing and nutritious box lunches may write or call at the office of the farm security adminstration or the county agent for copies of the extension bulletin No. 492, "The School Lunch".

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