

Home Recipes THE MODERN WOMAN Styles Society

SOCIETY

SILVER TEA

One of the outstanding social events of the season was the Silver Tea given by the Civic club at the Parish hall on Wednesday afternoon, and was attended by a large number of ladies of Nyssa and the different communities.

An unusual and most delightful program had been arranged by the program committee under the leadership of Mrs. Andrew Boersma.

Two vocal duets sung by Mrs. C. L. McCoy and Mrs. John Young and accompanied by Mrs. Willard Jackson interspersed the readings of Bess Foster Smith, the well known poetess of Weiser, of some of her best loved poems. Those chosen from her "Mandy" series were especially delightful.

After the short program tea was served with Mrs. Pete Tensen as hostess and Mrs. Dick Tensen, Mrs. Garrett Stam, and Mrs. Bert B. Lienkaemper pouring, serving from a long table beautifully decorated with potted rose cyclamen and tall green tapers.

The afternoon entertainment and program was arranged by the program committee and the library committee together, and the proceeds of the tea will be used to purchase new books and to defray other expenses of the Nyssa city library.

INAUGURAL BALL

On Friday night the junior members of the Good Fellowship League of the Episcopal Sunday school will hold their own inaugural ball at the Parish hall with Mrs. A. V. Cook acting as chaperone.

At this time the group will install its new officers for the coming year and extend their gratitude to those who have led them so far.

SUN SHINE CLUB TO MEET

The Sunshine club of the Ladies of the Rebekahs will meet at the home of Mrs. J. W. Poage in Apple Valley this coming Friday. Mrs. Poage will be assisted by Mrs. L. S. Root in the entertainment.

ATTEND DINNER

On Sunday Mrs. Tom Johnson of Vale entertained at a turkey dinner for Mrs. Maude Bogart, Mrs. Klaus Tensen, Mrs. Aden Wilson and Mrs. Morris Solomon all of Nyssa.

SUNDAY DINNERS

On Sunday Mr. and Mrs. Dale Garrison and their children of Kingman Colony were dinner guests at the parental Chas. Garrison home and in the evening both families dined at the Chas. Newbill home in the Colony.

CARD PARTY

Mr. and Mrs. John Lienhart with Frank Sherwood entertained with cards for Boulevard grange members at the Lienhart home on Saturday evening.

Nyssa is the Bargain Center.

DESSERT BRIDGE

At two delightfully appointed parties Mrs. C. L. McCoy entertained at a dessert bridge on Tuesday afternoon and evening.

For the afternoon games dessert was served at 1:30 and for the afternoon's play of contract high scores were made by Mrs. J. J. Sarazin and Mrs. Willard Jackson. Mrs. Sarazin also won the traveling prize.

In the evening covers were laid at 8:00 and high score for the games that followed were won by Mrs. G. R. Giezantner and Mrs. Kenneth Cottle while the traveling prize fell to Mrs. William E. Schireman.

BRIDGE IN ONTARIO

On last Thursday Mrs. Tom Eldridge was hostess to the members of the Thursday bridge club at her home in Ontario. Beside the regular club members two ladies of Ontario were invited as substitutes, Mrs. Frank Morgan and Mrs. Artie Robertson of Nyssa made high score in the afternoon's play.

PINOCHLE PARTY

Mr. and Mrs. Andrew Boersma entertained with four tables of pinochle on Saturday evening. High score for the evening were made by Mrs. Dale Garrison and Eldridge Gaston and a traveling prize was won by Mrs. Bernard Frost. Refreshments and visiting ended the evening's entertainment.

AUCTION BRIDGE

Mr. and Mrs. John Ostrom of Nyssa were among the 20 guests present Sunday afternoon at a 5 o'clock dinner at the home of Mr. and Mrs. C. E. Kalberk in Nampa. Following the dinner, the guests devoted the rest of the evening to playing auction bridge.

CHINESE CHECKER PARTY

Twelve women belonging to the "Galloping Tea Group" of the Methodist church Ladies' Aid society called unexpectedly on Mrs. S. B. Davis, city librarian, Monday night, spending an hour or two playing Chinese checkers. Musical entertainment was furnished by Mrs. Ed Warren, who sang a solo to the accompaniment of Mrs. John Keizer at the piano.

THURSDAY EVENING BRIDGE

Mrs. Herbert H. Fisher was hostess for the members of the Thursday evening contract club at her home on Wednesday evening and invited Mrs. Lurline Stafford as a substitute player.

Prizes for the evening were won by Mrs. Ike Brown, Mrs. Harry Miller and Mrs. Aden Wilson.

Old Friends Visit

Mrs. Mae Taylor, Mrs. Bessie Quinn, Mrs. O. G. Eglund and Mrs. Hazel Hall of Boise with Mrs. W. H. Beam of Nyssa visited on Thursday with Mr. and Mrs. J. C. Beam.

Friday Dinner Guests

Mrs. R. J. Davis, Mrs. Ella Hilton and Mrs. Betty Forbes were Friday dinner guests at the J. C. Beam home.

LOCALS

A Patient

Ray Franklin of the Owyhee is a patient of Dr. K. E. Kerby at the Dixon nursing home.

Business Club of Town

Mr. and Mrs. Charles Garrison transacted business in Ontario and Payette on Friday.

Sunday Guests

Mr. and Mrs. Deane Johnston of Caldwell spent Sunday with Mr. and Mrs. Sidney Burbridge.

Son Visits

Wm. Estes of Mountain City Nev. spent the week end visiting with his mother, Mrs. J. C. Bowman.

Ward Conference

On this Sunday at the L. D. S. church will be held a ward conference at which several members of the Stake board are expected to be present.

P. T. A. Meets

There will be a regular meeting of the Kingman Colony P. T. A. at the school house Friday afternoon at 2:30 at which time the committee promises an excellent program.

Visitor From Boise

On Thursday Mrs. J. M. Tyler with her two daughters Mrs. William Quinn and Mrs. Olaf Eglund of Boise visited with Mr. and Mrs. W. H. Beam and at the Warren Blodgett home.

Pre-School Group

The last meeting of the pre-school group of Kingman was held at the home of Mrs. D. E. Mitchell with only five members attending last Thursday. But those who were present enjoyed a most instructive and entertaining program. The group's president, Mrs. Lester Goulet urges all members to be present at the next meeting, the time and place to be announced later.

Exercises for Asthma

By DR. JAMES W. BARTON  
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FROM time to time we read about new drugs to shorten an attack of asthma. Formerly breathing in from a handkerchief on which three drops of amyl nitrate had been poured, or the use of a solution of nitroglycerin, 1 drop, was the usual treatment. More recently, the hypodermic injection of 15 drops of adrenalin or ephedrine is more generally used.

The tendency to asthma is inherited in a great many cases. It is now believed that allergy—being sensitive to various substances—is the cause of nearly one-half of all the cases of asthma. These substances are (a) wheat, oats, corn, rye, rice, peas, potatoes, beans, nuts, eggs, meat, milk, fish, oysters, lobsters, crabs, beef, chicken; (b) substances in the air from horses, cats, cows, dogs, rabbits, guinea pigs, chickens and geese (feather pillows); (c) pollens such as rye weed and timothy; (d) certain drugs, sachets and perfumes.

Other causes, not allergic, are chronic bronchitis; disturbances of stomach, liver and intestine, heart and kidney ailments.

**Breathing Exercises.**  
Although the treatment depends upon the cause and the above methods of relieving an attack are effective, the Asthma Research council of Great Britain, which supervises research work in asthma at four large London hospitals, strongly advises all asthmatics to practice breathing exercises which not only help to bring the barrel-shaped asthmatic chest back to normal, but also help to prevent asthmatic attacks.

The exercises consist in breathing air in gently and in small amounts, and breathing the air out with all the force possible.

"In an asthmatic attack the small air tubes become smaller in size as a result of spasm of their muscular coat, and their lining manufactures a tough mucus. In breathing in these little air tubes are pulled open and there is of course less obstruction."

The object of these exercises, which consist in breathing in gently and breathing out "hard and long," is to empty the lungs. The asthmatic lungs already contain too much air.

Visit Son

Mrs. Charles Garrison spent Monday at the home of Mr. and Mrs. Ray Garrison in Jamieson.

Sunday Dinner Guests

Mr. and Mrs. J. C. Beam were Sunday dinner guests of the Roy Pounds family.

In Nampa

Mrs. Stella Butler and E. P. Frost spent Sunday as guests of his brother in Nampa.

Week End Guests

Mr. and Mrs. W. W. Howell of Boise were house guests of Mr. and Mrs. George Mitchell over Saturday and Sunday.

Son Improves

Bunkie, small son of Mr. and Mrs. Bernard Frost who has been ill with threatened pneumonia for the past two weeks is considerably improved again.

Receives Sad News

On Wednesday morning Mr. C. Klincberg received the sad news that his brother T. H. Klincberg has passed on in Kansas City on January 8. Mr. Klincberg had been ill for some time so the news was not a complete surprise.

Field Worker Home

Charles Paradis, of the Federal Re-employment agency is spending the latter part of the week at home. This is the first time Mr. Paradis has been in Nyssa since the first of the year.

Visit Relatives

Mr. and Mrs. W. H. Beam with Mr. and Mrs. Warren Blodgett and their two children spent the week end in Boise where they visited with relatives and the preceding week end they were guests at the E. J. Beam home in Ironside.

OREGON TRAIL

The Merry Matrons club met at the home of Gladys Byers Wednesday afternoon with Tessie Olson as co-hostess. Eighteen members answered roll call with an incident of their wedding day. Virginia Rookshool head charge of the meeting. During the afternoon each one played and monogrammed a quilt block for the friendship quilt of the hostess. The new social committee was selected as follows: Edna Landreth and Vera Haroldsen. The flower committee for this year is Minnie Mitchell and Vivian Ashley. Games were played with Nova Glenn winning a prize. The club meets Jan 25 at the home of Bessie Ashley with Edna Landreth assisting.

Mr. and Mrs. F. G. Holmes and Mr. and Mrs. R. W. Holmes made a business trip to Boise Thursday.

The Duffy family have moved into the Lucille Johnson house.

Deane Smith who is convalescing from a recent illness is staying at the F. C. Fry home.

The Bible class of Oregon Trail Sunday school met for their monthly party at the F. S. Byers home Friday evening. Mrs. F. G. Holmes was the guest of honor. Games and contests provided the evenings entertainment with Mrs. F. C. Fry and Mrs. Albert Hopkins winning first prize and Mr. and Mrs. F. C. Fry consolation prizes. Refreshments were served at the close of the meeting.

Mrs. W. S. Jones has been sick with the flu.

Mr. and Mrs. F. G. Holmes, Roy, Gilber and Junior were Sunday dinner guests of Mr. and Mrs. A. M. Goodson of Ten Davis.

Fred Shively and Wayne Ulrey visited at the H. J. Ulrey home Thursday.

Wyatt Smith has recently completed building a new hog house.

Mrs. John Bowen and Billie visited at the Ewen Chard, F. G. Holmes and Frank Byers homes Tuesday.

The school children were shown several reels of moving pictures last Thursday afternoon. The pictures were about Yellowstone park.

Mrs. Lucille Johnston who spent the holidays with relatives returned to Corvallis last Monday.

Mr. Gilmore who has rented the Eastern Oregon sheep sheds moved his sheep in last week.

ADRIAN

Ethel and Leo Farnsworth accompanied their uncle Tom to Caldwell Saturday.

Howard Hatch was a business visitor in Boise Saturday.

Mrs. Merville Hagen and Mr. and Mrs. Charles Trembley returned from a visit to Iowa Friday. They expect to return in about two weeks to make their home there. Mr. Hagen and Athol did not return.

Mrs. James McGinnis and children accompanied her parents, Mr. and Mrs. Harvey Hatch of Big Bend to Ontario Sunday, they were dinner guests of Mr. and Mrs. Paul Hatch.

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Mrs. R. Perry is making a membership drive to form a Ladies Auxiliary of the Adrian Post No. 109.

Mr. and Mrs. Charles McConnell were visitors Sunday in Nampa.

Adrian Legion is giving a presidents ball at Big Bend post Saturday evening, Jan. 28.

Mrs. Gerrit Min. Joveriff and Marie visited her mother, Mrs. Ed Newton of Oregon Slope Tuesday.

Mr. and Mrs. Clyde Bowers and Mr. and Mrs. Ira Price of Kingman Colony were dinner guests Sunday at the Charles Price home.

Mrs. Ray Drown and daughters visited Ray at the Ontario hospital Sunday.

Mrs. Vernon Parker and son visited her mother, Mrs. Robert Toombs of Nyssa Thursday.

Mr. and Mrs. Howard Hatch had as dinner guests Sunday Mr. and Mrs. Ed Wymmer and Mary, Mrs. Harold Bybee and Edward of Parma.

Ode Ashcraft has opened the confectionery and lunch room formerly owned by Floyd Zeiger.

Mrs. Henry Hatch and Merle visited her mother, Mrs. L. L. Hudson of Wilder Saturday.

Mr. and Mrs. Gerrit Muntjweriff and Marie were Sunday dinner guests of Mr. and Mrs. Case Muntjweriff of Big Bend.

Mr. and Mrs. Vernon Parker visited at the Ness Hatt home in Owyhee Sunday.

Mrs. Roy Perry was in Vale on business Saturday.

Work is nearing completion on the parsonage.

Raymond Holly of Ontario spent the week end visiting his parents.

Mr. and Mrs. Vernon Parker were dinner guests of his parents Sunday in Big Bend.

Mr. and Mrs. Roy Perry enjoyed a drive over the new land Sunday. They were dinner guests in the evening of Mr. and Mrs. Underdahl.

An Electric Vacuum Cleaner Is a Year-Round Necessity



Vacuum cleaning rugs once a week adds to their life and appearance.

By IRA MILLER  
**Rural Electrification Bureau**  
WINTER, fall, spring or summer, the problem of tracked-in sand and grit on the rugs and carpets always is with the housewife, especially on the farm. For, no matter how much care they exercise in cleaning their shoes, the various members of the family carry in a surprisingly large amount of dirt in a surprisingly short time. And, apart from the dull and dingy appearance it gives to the rugs and carpets, this dirt greatly shortens their life by cutting the nap and thus causing worn spots to appear.

Although most of the surface dirt can be removed with a broom or carpet sweeper, the sharp particles of sand and grit—which become embedded at the roots of the nap and, therefore, do the most damage—are not so dislodged. That only can be done, as in the old-fashioned way, by hanging it on a clothesline or laying it on the grass and beating it with a bamboo or steel beater. Or, as in the modern electrified home, by using a vacuum cleaner which produces only minor wear in comparison with that of normal use.

Those who contemplate buying a vacuum cleaner for the first time, or who are thinking of replacing their old machine with a more modern and efficient one, should not be guided by price alone. For, in general, initial cost is no indication of the efficiency and durability of the machine. In fact, the length of time necessary for efficient cleaning probably is a better buying criterion.

To obtain the best results with any machine, certain precautions must be observed: The cleaner should be operated at a speed of 1.00 to 1.25 feet per second; the nozzle should be adjusted to give good vibration of the rug; and the bag should be emptied after each use of the machine, and thoroughly brushed (inside as well as out) at least once or twice a month. The latter is most important to effective cleaning.

The price of the average vacuum cleaner ranges from \$30 to \$50, with de luxe models selling up to \$80. Even the most expensive vacuum cleaner, if used fifty times a year and assuming a life of but ten years, will cost only about 24 cents a week—two cents for electricity and the balance for the machine (depreciation interest and repairs). On the same basis, an average-priced machine will cost approximately 12 cents per week.

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