

Taking Vaccine for Colds

By DR. JAMES W. BARTON
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THERE has been much written the last few years about "colds" because colds not only cause many absences from school or from work but are the starting point for more serious conditions such as bronchitis, asthma, broncho-pneumonia and pneumonia.

That colds are due to the entrance into the body of a tiny organism and its products is the belief of many physicians, but there are many "head colds" that can be traced to foods, pollen of plants, lack of vitamins, tiredness, moisture in the atmosphere and infections (teeth and tonsils) which so drain the patient's vitality that a cold has no difficulty in starting up in the nose and throat.

That the use of a vaccine—cold vaccine—has been helpful in preventing or lessening the number of colds cannot be denied, but the results vary from 10 per cent prevention with some physicians to 49 to 50 per cent with others. Also, most of these cases have been treated by injecting the cold vaccine under the skin. It is interesting therefore to learn of results of taking these cold vaccines by mouth instead of by hypodermic injection.

Cold Vaccine by Mouth.

Dr. George E. Rockwell and Herman C. Van Kirk, M. Sc., Cincinnati, in the Journal of Laboratory and Clinical Medicine, tells of their studies of 194 patients afflicted with colds, treated by cold vaccine taken by mouth.

"The patients came from various walks of life—boys in an institution, office workers, medical students, factory workers and school children. In each of these groups half the persons took the vaccine and the same number acted as controls (did not take the vaccine). The patients using the vaccine took one capsule with a half glass of water at least one hour before breakfast every morning for seven mornings, after which one capsule per week was taken throughout the season. One hundred persons took vaccine and 100 did not (controls). All had suffered with about the same number of colds each year in the past.

"Results: During the experimental year the controls (ones who didn't use the vaccine) had 375 colds, whereas the ones who took the vaccine had a total of 94 colds—a decrease of about 75 per cent. There was also a very marked decrease in days of illness from all causes among the vaccinated group as compared with the controls."

For those who suffer with frequent colds the cause of which cannot be found, the cold vaccine by mouth treatment should be worth trying.

Dementia Praecox.

When it is realized that practically two of every three cases of dementia praecox—schizophrenia—or persistent deranged state as it is usually described, have their beginning before the boy or girl has emerged into manhood or womanhood it certainly gives us all food for thought. That an apparently average everyday normal boy and girl can develop into "day dreamers," is hard to understand. Sometimes, however, as parents or friends think back a little, they will remember that the individual was just a little "odd," had peculiar notions about some things, seemed always satisfied in his or her mind that the way they did things in school or in the home was the right way even if it was different from the way it was usually done by others. Thus today we find parents, teachers and physicians watching more closely for any of these signs in their children, pupils, or young patients.

Just how the youngster or sometimes the adult got started along this line of conduct can often be traced to certain circumstances of early life—even before the school age—whereby the youngster, by withdrawing into himself instead of mixing, perhaps fighting with, or studying with, others, could satisfy himself or be contented in his own mind, instead of going out among others and being not the hero he pictures himself in his dream state, but just one of the crowd and perhaps not even up to the average in mental or physical ability.

Dr. Benjamin Pollack in the Psychiatric Quarterly says that the main point is that to this patient his dream world is the real world, not the world others live in. In his own world (the dream world) success or gratification is easy to attain and so he is satisfied, and he doesn't want this idea disturbed.

Society

THE NYSSA EASTER PARADE

The weather relented and held off the rain and wind over the weekend long enough for this community to enjoy a warm sun and blue skies for its Easter parade.

All churches were filled with worshippers and every where a festive spirit reigned and the bright colors of new Easter clothes were most conspicuous. Egg hunts and family dinners and motor trips comprised the days social activities.

MARGRET ANN MORGAN MARRIES

On Tuesday afternoon Miss Margret Ann Morgan became the bride of Mr. Arthur Blaine Ballah of Denver, at a quiet ceremony at the home of her parents, Mr. and Mrs. Frank Morgan, with the Reverend Floyd White reading the service.

The young couple left immediately for a short trip to the coast, but will stop a few days on their return trip.

Miss Morgan is the only daughter of Mr. and Mrs. Frank Morgan who have been for many years influential in the growth and development of this country. She attended the University of Oregon and is a member of the Delta Gamma sorority. Since her graduation in 1936 she has been her father's private secretary.

Mr. Ballah is the son of Mr. and Mrs. A. B. Ballah of Denver and also attended the University of Oregon, is a member of the Delta Tau Delta and it was while attending the university that he met his bride.

Mr. Ballah is engaged in business in Denver with his father and it is there that the young couple will make their new home.

EASTER DINNER

Honoring the birthdays of their daughter and son Mr. and Mrs. Ralph Lawrence Mayor and Mrs. Don M. Graham entertained at an Easter dinner party, at which covers were laid for the honor guests, Mr. and Mrs. Jess Lawrence and Mr. and Mrs. Frank Lawrence.

EASTER DINNER PARTY

Mr. and Mrs. Harold Bayer entertained Mrs. Bayer's parents, Mr. and Mrs. J. A. Post and their children at an Easter dinner.

EASTER PICNICKERS

Mr. and Mrs. Chas. Garrison, Mr. and Mrs. Dall Garrison and Jo Ann, with Mr. and Mrs. Charles Newbill and Betty and Donald picnicked at Succor creek on Sunday and collected rocks for their gardens.

LUNCHEON GUESTS

Mr. Earle Reed, agricultural agent for the Union Pacific and his assistant Mr. Joe Jarvis were Tuesday luncheon guests of Mr. Frank and Mrs. Frank Morgan.

SUNDAY DINNER GUESTS

Mr. and Mrs. Leslie McClure had as Sunday dinner guests her parents, Mr. and Mrs. Oliver Lature of Caldwell and her sister and her husband Mr. and Mrs. Willard Bell of Boise.

Basket Dinner

An Easter basket dinner and egg hunt were enjoyed at the home of Mr. and Mrs. Owen Gann on Sunday, honoring Mr. Gann's birthday anniversary.

Guests included Mr. and Mrs. Homer Earnest and family, Mr. and Mrs. Cecil Pagan and family and Mr. and Mrs. K. R. Nusser and family and Mr. and Mrs. Cliff Greer and family.

Time to Survey New Cotton Styles For All Spring and Summer Needs

IT is not at all too early to take a look at the new styles and, particularly, to note how thoroughly cotton fills the spring and summer scene.

They're a distinctly American fabric, and the



This beach coat of bright red pique is printed with hat motifs in navy and white. The big beach hat is of polka dot print, faced with navy pique.

This sports ensemble of denim twill is in three colors: "Clay" jacket, "Cactus" skirt, "Mud" topcoat. The big buttons are natural wood.

woman, she's smart and practical in pique.

Cottons never could have risen to their high place in the fashion scale if it had not been for their practicality, as well as their beauty.

They seem to have an actual affinity for the freshening swish of the household washing machine and the final prettifying touch of the ironer by which they are back in one's wardrobe in an hour or so.

Vivid "primitive" prints, little-girl gingham and checks, decorative patterns, exotic patterns red-vesting India, the South Seas, Mexico, distinctive stripes, new plain colors, amazing diversity and unequalled smartness combine in these practical new washable cottons.

American woman has adopted them for every hour of the day, and every year of her life.

A bride, she's captivating in filmy embroidered organdie. A bridesmaid, she knows the charm of crinkled sheers. A hostess, she's lovely in dotted swiss. A sports-

TUESDAY BRIDGE CLUB

Mrs. George Mitchell was hostess to the Tuesday bridge club this week and Mrs. Leslie McClure and Mrs. Andrew Boersma were guests. High score was made by Mrs. Dewey Ray and second by Mrs. Denny Hogue.

EASTER LAWN PARTY

On Sunday Mrs. Stella Butler entertained with a picnic dinner party which was served on the lawn. Her guests included Mr. and Mrs. Gordon Ray and their children, from Baker, Mr. and Mrs. W. A. Frost and family, Mr. and Mrs. Donald Frost and family and Mr. and Mrs. Lee Wood and family of Nampa, Mr. and Mrs. Dewey Ray and family, Mr. Eph Frost and Mr. J. Wagner of Nyssa.

W. C. T. U.

W. C. T. U. met at the D. F. Seaward home Tuesday with ten members and one visitor present. Devotionals were led by Mrs. Higby.

Plans were made for a Mother's day public program Friday evening, May 6 at the Community church. Also for a Mother's day cake sale to be held at the Nyssa Realty office Saturday, May 7.

Characters were chosen for the play to be given at Kingman Colony institute May 10. Next meeting will be with Mrs. Cora Newton.

My Favorite Recipes

Frances Lee Barton says:

THERE is all the thrill of a treasure hunt in biting through a tender tempting cookie and finding it filled with a juice delectable fruit filling. This is the kind of cookie which "touches the spot" when hungry folks raid the pantry late at night. And since it is a fig filling, youngsters may be allowed to eat these cookies with the parental blessing—for everyone knows what a healthy fruit figs are!

Fig Filling

3½ cups sifted cake flour; 3 teaspoons double-acting baking powder; ½ teaspoon salt; ½ cup butter or other shortening; ½ cup brown sugar, firmly packed; 1 egg, well beaten; 1 teaspoon vanilla; ½ cup milk.

Sift flour once, measure, add baking powder and salt, and sift again. Cream butter thoroughly, add sugar gradually, and cream together until light and fluffy. Add egg and vanilla, then flour, alternately with milk, mixing thoroughly after each addition. Chill until firm enough to roll. Roll ¼ inch thick on slightly floured board. Cut with 2¼-inch floured cutter. Put one teaspoon Fig Filling on a circle. Place another circle on top, and press edges together. Bake on ungreased baking sheet in hot oven (425° F.) 6 to 8 minutes. Makes 3 dozen cookies.

2 cups figs, chopped; ½ cup sugar; ½ cup boiling water; 1 tablespoon lemon juice; 1 tablespoon butter.

Cook figs, sugar, and water 6 to 8 minutes, or until thick, stirring constantly. Remove from fire; add lemon juice and butter. Cool.



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Phone 104W
Morning and Evening Deliveries

Dinner Guests—

Mr. and Mrs. J. W. Hoare and their children with Mrs. J. W. Hoare senior, all of John Day visited over the week end with Mrs. Hoare's parents, Mr. and Mrs. Walter Fox and then on Monday left for a visit in McCall.

ST. CONFERENCE A SUCCESS

The W. C. T. U. Regional Conference held at Ontario the 13th and 14th of April proved to be a real success, with the Nazarene church filled to capacity both afternoons with many churches represented. The Oregon State President Nelia Buck gave lectures at each session, also Mrs. George Weber, the Idaho State S. T. I. director, Mrs. Margaret Hickox, Idaho Y. T. C. director, and Mrs. Reese Moody of Nampa on departmental work.

The Malheur County School Superintendent, Kathryn Claypool, spoke at one of the sessions. Doctor Allen of the Methodist church in Preutland was the main speaker the last evening of the conference. Worship services were led by Mrs. Rev. Anderson, Mrs. Hill, pastors wife from Vale gave an illustrated talk. A special treat was the mens quartette from the Northwest Nazarene college, which furnished several numbers.

On Thursday p. m. Rev. Floyd White of Nyssa gave a discussion on legislation in Oregon and Mrs. Hazel Gildea of Nyssa, gave a fifteen minute discourse on County Publicity work.

At the pastors hour, the following ministers were represented: The Rev. Callis, Anderson Matthews, Fletcher, Honeyford, White and Allen.

The Ladies Aid of the Methodist church to all attending the first day, and the second day the officers and delegates were served at the Argonaut cafe.

One of the most interesting features throughout the meeting was the mechanical man, which is owned by the Organization of W. C. T. U. women. He turns the pages of a book, and points to clever mottoes which are right to the point. He is equipped with a padlock box and is constantly in circulation.

The evening meetings were held in the new Conklin school building, with the high school orchestra furnishing the music, and the mechanical man was transferred there for the two meetings. The p. m. of the second day it was in the window

PLAY OUTFITS

By CHERIE NICHOLAS



The peasant scarf is being tied on the heads of even the youngest in the fashion parade, as a highly entertained audience learned, that attended one of the series of breakfast clinics presented in the Merchandise Mart of Chicago. The style show given at this mecca for juvenile fashions was unique in that forty or more youngsters served as mannequins, ranging from a babe in arms to the teen age. The toddler here pictured wears a very practical and playful coverall in pottery shades. There is a clever use of decorative applique, a cactus motif. The fabric is cotton and easy for laundering. This cunning practical play outfit is to be had in various colors.

of Toggery Bills store in Ontario. Eight Delegates from Nyssa present a County institute will be held at the home of Mrs. Edith Kurtz, in Kingman Colony on May 10th. Anyone is welcome. This is the latest Union organized in Malheur county.

Journal Ads Are Your Shopping Guide.

Dinner Guests—

Mr. and Mrs. H. R. Sherwood and Frank were Easter dinner guests of Mr. and Mrs. Cheldelin of the Richland district.

House Guest—

Mrs. Sarah Baxter of Wenatchee, Wash., was a house guest of Mrs. Lillian Newby for two days last week and while here was guest of honor at a luncheon party given by Mrs. Mary McConnell.

Notice

The customer who took the sapphire ring from Ruth's Beauty Nook on last Thursday afternoon is known. But no questions will be asked if it is returned within twenty-four hours.

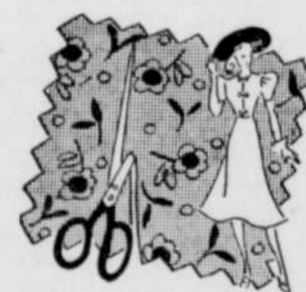


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Use the best materials when you sew—buy Quadrigas. Choose from our large assortment of colors at

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Womens cotton knee-high hosiery sizes 9 to 10½ 15c.

SATURDAY BARGAINS

Every Saturday we offer specials that haven't been advertised. See our specials this Saturday.

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Sizes 7-14
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