

Loose and Roomy Playsuit for Child

(Prepared by the United States Department of Agriculture.)

"Johnnie! Put your coat right on, or come in this house this minute!" Johnnie's coat is thrown on the ground and Johnnie is playing tag with two or three other careless youngsters. "But, mother," he protests invariably. "My coat gets in my way. I'd much rather leave it off. Tommie's taken his off, too," hopefully. But mother retorts, "You'll all catch your death of cold," or something to that effect, and forces the unwilling child to bundle up again. She is right, of course, and in a measure, the child is right, too. The coat is in his way. How can he keep safe and warm out-of-doors without impeding his activities?

To meet this situation the bureau of home economics has designed a number of winter playsuits especially for the runabout or preschool age, who ought to be outside as much as possible to take advantage of the short stretches of sunshine and the crisp, cold air. All of these suits are loose and roomy and made of strong, warm

made with nursery school children, to find the best location for them. At least eight different pockets have been designed, but they are all alike in one respect. The top edge slants diagonally outward and downward. Mothers who are called on almost daily to repair outer corners of pockets where they have been torn, will appreciate the value of doing away with that corner entirely. On the heaviest materials, patch pockets are used; on some of the lighter ones a set-in pocket with a bound or welt finish may be preferred, or on those intended as rain-suits, there may be a protecting flap overlapping the pocket.

Perhaps one of the most important innovations from the standpoint of the child's constant activity is the use of a little extra fullness in the back section, on the side seams, about 6 inches below the waist line. In wool materials, as in the picture, this fullness is shrunk out as much as possible to avoid bulk; in other fabrics gathers are put in which draw 4½ inches of material in a space of 2½ inches.

The suit illustrated is made of paper-mill felt, a heavy wool fabric. It has all these features and several others. Notice that the ankle placket is around in front where the child can reach it, instead of the side seams, and that the leg of the garment is shaped to get rid of bulkiness. The elastic which holds the legs down fits snugly under the instep where it is out of the way and subject to least wear. This elastic is sewn on inside the leg after the edge has been faced, because even with the best of care it will need occasional renewing. The sleeves have plenty of fullness through the elbow and are held at the wrists by a loop and button. The patch pocket is diamond shaped to give a slant-

ing top. Some of the suits have a square pocket with the outer corner smartly turned back. The cord which forms the loops for the buttons is carried along between the material and the facing and thus makes the edge of



Back View of Same Suit.

the suit firmer. The opening on the front extends almost the entire length to the crotch and toward the bottom the edge is shaped out slightly to make a more secure closing. Five buttons are sufficient. A matching, close-fitting hood is worn with this suit.

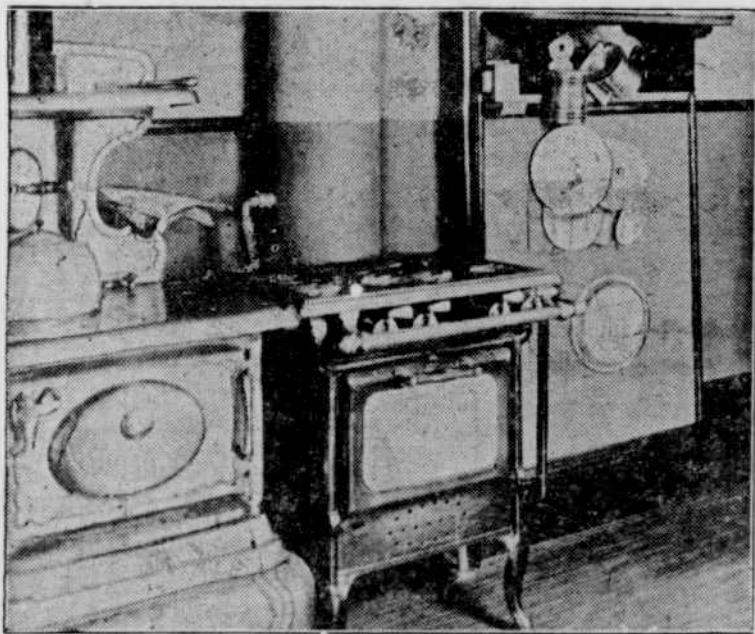


Front View of Paper-Mill Felt Suit.

materials, but all unnecessary bulk has been eliminated. Some of these suits are intended to be worn in place of an overcoat. Others, of rain-proofed fabrics, take the place of a rain coat and may be worn over a similar playsuit of light-weight wool or cotton.

As it is so important for the child at this age to learn to dress without help, every detail of these playsuits is planned to encourage self-help and independence. Front plackets are used whenever possible, and large, flat, flappable buttons with buttonholes, or heavy cord loops. On the drop seat are four buttons instead of one on each side and one in the middle of the back, out of reach of little fingers. Pockets are placed at the waist line, or just below it, after careful tests

Two Stoves in the Kitchen



The Gas Range Alternates With the Coal Stove.

(Prepared by the United States Department of Agriculture.)

A good many kitchens, especially those in detached homes in suburbs or rural districts, now boast two stoves—a wood or coal range for use in cold weather, and a gas, oil, or electric stove for the warm season. Of course, a kitchen must be somewhat roomy to afford the wall space for two stoves, but as a table may be dispensed with if necessary, a number of homes might have this arrangement and add to their convenience. There are many advantages in it. The wood or coal range gives considerable heat during those in-between weeks in the spring or fall when the mornings and evenings are chilly and the middle of the day almost hot. Using it may mean that you can postpone lighting the furnace fire in the fall and let it go out sooner in the spring, saving appreciably on fuel. In climates where furnaces are not used the kitchen range answers the need for sufficient warmth all winter.

At the same time, for short, quick

cooking while the range fire is getting under way the other stove may be very useful. There are times when one does not want to disturb a banked fire to make a cupful of tea or a piece of toast. And when really warm weather begins, the blessing of a cool kitchen is greatly appreciated. The coal or wood range is cleaned out, given a final polish and covered to make a convenient table surface for setting things down, spreading out plates for filling and serving, and similar uses. The "summer" stove, in the coldest weather, is probably used more for a table than as a place to cook, but in the seasons of uncertain weather both stoves are likely to alternate in use.

The illustration, taken in New Jersey by the United States Department of Agriculture, shows this two-stove arrangement in a farm kitchen which was improved in various ways after the county home demonstration agent had discussed the possibilities with the owner. This kitchen was large enough to afford the space for both stoves.

There's going to be no such thing as a season of relaxation and unemployed after-holiday hours for mothers of tiny tots. Fashion is seeing to it that mother-dears' fingers shall be kept busy as busy can be lavishing embroidery of the most ornate character on the clothes of her wee ones.

In Paris styles for little boys as well as little girls reflect the vogue for decorative handwork. The diminutive Parisian lad in the picture is wearing an attractive little suit of wool crepe, the blouse being handsomely embroidered in gay peasant colors. If a little French boy can look this cunning in an embroidered outfit, it goes without saying that a wee American is sure to look just as prepossessing. Therefore it behooves mothers to get busy and "dolly up" juniors' and little sisters' wardrobes with much ornate stitchery for "time is fast a flying" and spring house-cleaning season will be here before you know it, and then good-bye to fancy stitches.

The designing of children's apparel becomes more and more interesting, now that the traditional sky blues and baby pinks are giving way to modernistic colorings and patternings. Embroidery is not the only way of achieving color touches which are unique and outstanding, for many methods are being employed, such as hem stitching done in contrasting shades. High-color piping and bindings are especially featured throughout juvenile styling.

Such novel color schemes are worked out with gay yarns as pockets and motifs done in red, blue and yellow all-over cross-stitch so as to form solid splotches of color here and there on a little frock of white wool crepe.

Another Paris-made dress for a little

Good Things for the Table

By NELLIE MAXWELL

"In simple truth this faith I hold: Age need not make an old man old And Life's sure burdens hard to bear.

And on the soul draw lines of care, If but at times the heart is stirred By rhymes of love and songs of bird—

If man but strives, as best he may, To catch life's music by the way."

To those who prefer the cranberry sauce unstrained, as many do, the process is the same except the straining.

Cranberry Jelly.—Cook a quart of cranberries in one cupful of water, covering the pan tightly so that the berries cook evenly. When the skins are broken, pour into a jelly bag and let drip until all the juice is extracted. Do not squeeze, or the juice will be cloudy. Heat the juice to the boiling point and add two cupfuls of sugar. Pour into a wet mold or a flat pan, to be cut into forms later.

Cheese Straws.—Take one-fourth pound of nippy cheese, grated. Cream one-fourth pound of butter, add one cupful of flour and enough milk to make a mixture to knead. Roll thin, cut into strips one-fourth inch wide and four inches long. Bake until a light brown. Sprinkle with paprika and serve with salad or soups.

Sweet Potatoes, Caramel.—Cook unpeeled sweet potatoes until nearly done. Peel and cut into halves lengthwise. Put in a pan, cut side up, brush well with butter and sprinkle with brown sugar. Bake until a golden brown. Walnuts may be added if desired, making the dish more attractive.

Breakfast Mackerel.—Even the canned mackerel may be used for this and is most tasty. Soak the salt

mackerel in water, skin side up until well freshened—over night is not too much. In the morning place in a dripping pan, cover with thin cream and bake until the fish is tender. Twenty minutes is about the usual time. Dot with bits of butter and serve at once, piping hot. Baked potatoes go well with this dish.

Turkey Loaf.—Melt two tablespoonfuls of butter, add one-half cupful of bread crumbs, two-thirds of a cupful of milk and simmer five minutes, stirring constantly. Add one cupful of chopped cold cooked turkey, three eggs slightly beaten, a tablespoonful of minced parsley. Turn into a mold and steam in hot water. Cover the loaf with buttered paper. Serve with an egg sauce; garnish with parsley.

We rarely think of the foods we eat except as something to satisfy hun-

ger and appeal to the appetite. Much of the food we eat is valuable in other ways.

The following are a few of the many things that should add to our appreciation of the gifts from the hand of a bountiful Providence:

Parsley aids digestion, prevents dyspepsia when eaten with a too hearty meal. A sprig eaten after raw onions will absorb the offensive odor from the breath.

Watercress is an excellent blood purifier. Spinach is called the broom of the blood, good for constipation, excellent for kidney troubles.

Celery contains sulphur, is a good nerve tonic and wards off rheumatism. Onions, fine for nervous prostration and other nerve disorders. Soothing effects on consumptives and excellent for colds, coughs and scurvy. They make the best of poultices in cases of grip and pneumonia; they also cure insomnia. A vegetable as valuable as the onion should be served freely in the menu.

Apples, carrots and Brazil nuts are said to be excellent for the complexion and a cure for constipation.

Potatoes and beets eaten too freely put on fat. If thin these vegetables should be eaten freely.

Dates are exceedingly nourishing and prevent constipation.

(© 1929, Western Newspaper Union.)

looked quite different. The very shape of Eastern Hemisphere was unlike that of Western Hemisphere, but it all was just like a living or magic map, or, as he had said before, like a great toy world.

As he wandered a little to the west where he could see Compass was pointing with his left arm he saw once more his old friend Atlantic Ocean and could hear a soft voice talking to Atlantic which he recognized as the voice of Gulf Stream. To the right of him he could see the country spread out, a world that looked like and yet unlike the half he had already seen. He wanted to see it all, at once, but he must speak to Atlantic and Gulf Stream first.

Gulf Stream was arguing with Atlantic. It was a warm argument, yet not over heated. Her voice was gentle but he could tell she was getting her way.

"I have to help over here, Atlantic, or they would have cold weather such as they have in Labrador. You know that!"

"All right, Gulf Stream, I must, as always, give in to you!"

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Embroidered Blouse for Youngsters

By JULIA BOTTOMLEY



girl is fashioned of white crepe satin exquisitely embellished with sprays of very fine tapestry embroidery.

Striking color combinations include such effects as a one-piece frock which

uses an orange-capucine shade for the lower section, with lighter yellow for the blouse top, the two shades of yellow carried out in embroidered borders.

Light green is one of the pretty colorings featured for youngsters. Sometimes the color ensemble is worked out with a coat of all green flannel, the same posed over a frock either of handkerchief linen or silk crepe in the identical green.

(© 1929, Western Newspaper Union.)



PRAIRIE DOGS

The prairie dogs live in holes under the ground and during the winter they sleep.

But it was not so cold where they were and they were awake.

When a rainy day comes along they all come out of the ground and fix their homes—unless it is cold, cold weather.

They dig in the ground and get nicely shaped holes and then they get high arches around the holes.

This keeps out the rain and dirt, for the rain runs down the outside of the arches and cannot get into the holes.

They dig only when it rains, though, of course, when the sun is shining they are often playing around outside.

But when it rains how hard they do work! They dig with their front feet and shove the dirt back with their hind feet. Then they punch the soft muddy earth with their noses and this makes their fine arches.

On a rainy day they will have dirt and mud all over themselves, too.

Their faces will be as dirty as you can imagine, and they yelp delightedly all the time.

They were yapping and chatting among themselves as they worked on this particular rainy day.

"Our family has always been clever," said Paul Prairie Dog, "for



Fix Their Homes.

we have known enough to work when it was best for our homes and best for ourselves.

"When the earth is dry we could do nothing with it, and our family found that out years and years ago, so we have no trouble at all."

"I love getting all muddy," said Patty Prairie Dog.

They loved digging with their feet, and what fun they did have. Later on the rain stopped but they kept on working as long as the ground was soft.

Then, when everything had been finished and the ground was once more becoming hard they talked of their spring plans.

"We'll have to be doing all sorts of things soon," they said.

"Oh, yes, our lovely winter dreams are almost over."

"Why do you call your dreams winter ones?" asked Patty of Snooky who had just made that remark.

"Because they come in the winter," said Snooky, yapping and laughing.

"Of course," said Patty, "I never thought about them that way. But still dreams are dreams, aren't they, whether they come in summer or winter?"

"I suppose so," said Snooky, "but as I only have them in the winter I call them winter dreams."

The little prairie dogs all yapped and barked and played and dug some more and then they decided they had better take a rest.

And you've never seen any little creatures go to sleep much more quickly than they did.

They were all asleep in a flash.

It was very cunning to see them!

A Jolly Game

Here is a game you may like to play, either by writing down your answers or by just saying them. In the first case the papers must bear a list of names, and spaces will be left opposite for answers; in the second, these names may just be read out by one who is not playing. The game consists of finding a suitable material to dress the people named, having reference in some way to their occupation. Thus, "What should the artist dress in? Canvas"; the hunter in duck; the gardener in lawn; the editor in print; the hairdresser in haircord; the banker in checks; the prisoner in stripes; the page in buttons; the dairyman in cheesecloth; the photographer in blue print.

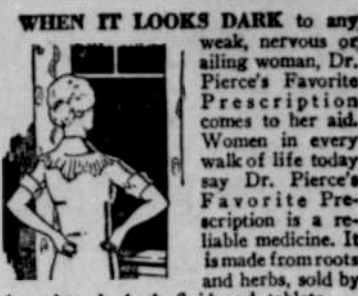
Ditto for You

Laughter is absolutely forbidden in this game. While the players all sit silently in a circle the leader does something and all the others players have to ditto it, but without the slightest smile or sound. The leader may do anything within the "law." He may pull his neighbor's hair, unfasten his shoes or belt, pull his nose, pinch his leg, slap his back, stroke his cheek, etc. Those laughing must leave the circle.—Pathfinder.

Party Etiquette

"My little boy has a card to a children's party. In the lower left-hand corner are the letters C. C. What do they mean?"

"Come clean."



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