#### DE-BUNKING TEXT-BOOKS

of the A. E. F. in France, recently inspected 52 American bettering one's health is by maintaining an erect postext-books containing accounts of the World War, practure. Posture is an expression of the mental and phystically all of which he denounces as giving "distorted, ical state; also posture may modify and control mental ridiculous, absurd and stupid" ideas of our part in that states. The cultivation of a happy, cheerful, optimistic

States soldiers won the war, and the impression is given the head erect, and the abdomen flat. that they were superior to all other fighting men en- In an erect posture body muscles tend to remain taut, gaged. Such preetntsions, he says, unless corrected, and afford a proper support or pressure to the body indoom us to become the laughing stock of the world.

what we did or belittle the others-not even the Ger- causing a feeling of despondency and mental confusion, mans."

Unfortunately, writers of history text-books write tigue or neurasthenia, and often constipation. them primarily to sell, and they appear to think, perhaps correctly, that the greater the appeal to national cles are kept strong by exercising. If the shoulder musvanity the better the chance the books will have to be cles are too weak to hold the shoulders in their normal adopted for school use. Hence many of these text-position the chest tends to drop in. If the muscles of books give the impression that every American general the back and abdomen are not strong the body slouches try in its shining folds? was a modern Alexander and every soldier another Ar- forward. nold Winkelried.

given a good account of themselves in battle they have foot in action should be placed on the ground with the not been greatly different from other soldiers, all cir- line of direction parallel to the line of movement. The cumstances considered. When properly trained and toes should point forward and neither be turned outequipped, the American soldier is the equal of any in ward or inward. the world, and superior to many. Without such training and equipment he is at a decided disadvantage, as our own officers freely admit.

Much that passes for American history is as apocry-Chaplain Dickson has performed a patriotic service in Board of Health. pointing out some of the bunk that is being taught under the guise of historical fact.

#### HOW MANY SOULS?

Prof. Frederick H. Sears, eminent astronomer of Mt. Wilson observatory, has been making some interesting to the Pepartment of Agriculture. estimates concerning the inhabitants of the universe, which run into big figures.

First, he notes that there are about 30 billion suns, many of them immensely larger than our own, each of which has at least one world spinning around it, while many have several, like our own solar system.

The earth has an estimated population of about two and full moon. billion people, so if each of these suns has only one inhabited planet and these planets average as many inhabitants as the earth, it would mean that there are 60 quintillions of living people. To write this in figures you have only to put down a 6 with 19 ciphers after it.

This estimate or guess, assumes only the possible number of people inhabiting the now visible universe. How many more suns there may be no one knows, and it is ing the circle, but an easy means of squaring debts not likely that a telescope will ever be made powerful enough to discover them all.

But, taking the estimate as it stands, it refers only to people now living. The number that have lived and died, and those who are yet to live and die are left entirely to the imagination. Supposing that all have or will have immortal souls, it appears that there is little likelihood of anyone's getting lonesome in the hereafter, whatever his destination.

#### TRIBUTES TO AKELEY

To the great mass of his fellow-Americans the name of Carl Ethan Akeley was unknown, yet his recent H. R. Dunlap Awaydeath as a result of hardships endured in African exploration has called forth press tributes unsurpassed by his way to San Francisco, where he those accorded any man of his generation.

He was an intrepid explorer and big game hunter, an his wife and daughter. earnest scientist, an accomplished artist, and probably In Highway Officethe greatest taxidermist in the world. His best specimens of wild arimals are preserved in the American working in the highway office at Museum of Natural History in New York, mute testi- the courthouse with J. E. Peck, state monials to his daring and skill.

At the age of 62 he was on his fifth trip into the wilds of Africa when death overtook him in the Belgian Congo. His thrilling experiences and escapes had been Final Proofmany. He had survived the terrible African "black vilas Walker of Pendleton made many. He had recovered after being trampled by locality at the land office Wednesan elephant; he had killd a wounded leopard with his day.. His witnesses were O. E. Car-

As the Arkansas Democrat so well says, "through the Supt. Crail Awayefforts of such men as Akeley, millions of school children, to say nothing of millions of parents, each day superintendent, is in Salem attendlearn more of life among the so-called lower animals, and by that learning are better fitted to live their own lives.'

#### SCARING US TO DEATH

Clever advertising of intisceptics and other prepara- a trip to Harney valley last week tions reputed to save us from all the ills to which the to look over the ground between the flesh is heir has done a lot of harm, according to Dr. Shaw, professor of philosophy at the New York Univer-

While real science is relieving the human mind of ed as soon as the weather moderates. many former bugaboos, modern "fear factories" are J. D. Fairman Heremanufacturing new horrors to alarm the gullible and J. D. Fairman, prominent banker shorten their lives through sheer fright.

Just as we have been reassured by scientific control of yellow fever, small-pox, malaria and a host of oldtime dangers, along comes the killioy tribe warning us of the Mr. Fairman told of receiving menace of dandruff, pyorrhea and halitosis. Quoting around \$17,000 worth of turkeys the good doctor:

"Man is tormented with an array of drug-filled reme- for the Thanksgiving and Christmas dies which are supposed to act as antiseptics. The bathroom becomes a clinic, and every man a doctor in spite raising as a side issue to farming. of himself. Now, dread in the heart is worse than dandruff in the hair, and fear in the soul is more unsightly At Hot Springs Santhan film on the teeth."

To which we may only add, as the high school girl sanitarium. He is recuperating would say, "Ain't it the truth."

The average man who receives an income tax blank is in much the same position as the fellow who when hot mineral water, for which the asked if he could change a two dollar bill replied, "No, institution is fast gaining an envibut thanks for the compliment."-Baker Herald.

#### GOOD POSTURE

Lieutenant-Colonel Thomas J. Dickson, senior charain One of the simplest and most effective methods of nature more readily achieves results when efforts are In these books our children are taught that the United also made to walk with an elastic, springy step, to hold

cluding the circulation of large blood vessels. In a ha-"We have a record any nation can be proud of," Col-bitual slouching posture the blood of the abdomen tends by militarism and officialism that kept a record of the onel Dickson says, "and we don't need to exaggerate to stagnate in the liver and the splanchnic circulation individual from the cradle to the grave. headache, coldness of hands and feet, and chronic fa-

A good posture can not be maintained unless the mus-

It is not enough to have an erect carriage and a well-The truth is that while American soldiers have always poised head. We must also have well directed feet. The

> Good posture pays because it improves the health, in-report. creases your economic value, gives you social standing, and inspires you with the spirit that wins.

Therefore, be it resolved that in 1927 I will establish phal as the story of Washington and the cherry tree, the habit of maintaining a good posture.—Oregon State

#### FARMING BY THE MOON

Sowing, reaping, breeding, butchering, shearing, and other farm activities are regulated by many according to the "light" or "dark" of the moon. Such practices are foolish and only relics of the Dark Ages, according

Farming according to the moon has no support from any scientific point of view, as the moon has no influence on animals, the weather or the soil, though many old sayings have led people into superstitious beliefs regarding it. In France, before the revolution there was a law forbidding the cutting of trees between the new moon

Like many other fallacies which have gained wide currency among various peoples, these fanciful ideas are giving way before the investigations of science, but ages must yet elapse, perhaps, before superstition shall be entirely eradicated from the minds of men.

We are not agitated over that new method of squarwould interest us mightily.

A big male deer met and charged a Ford car on a Pennsylvania road, wrecking the machine in spite of the driver's attempt to pass the buck.

#### IS OUR DOOM PATERNALISM

Paternalism is a python skinning and swallowing our free institutions in the shining jaws of officialism.

State, federal, city and county now maintain official bureaus to merely record the birth of a child, and draw salaries for doing it. The latest wrinkle is a birth certificate mailed from the Department of Commerce, Bureau of Census. The citizen is warned of its great importance in all future affairs of life.

We are following in the wake of the most highly paternalistic country in the world. Germany was backed

How far the Children's Bureau of the Census under the Department of Commerce will carry its supervision of the family no one knows.

The history of nations shows that the python of selfextending officialism grows by what it feeds on. Is it crushing the free, independent citizenship of Our Coun-

A suitor, also, occasionally has a third party scare. All the freaks are not on exhibition in side-shows. A friend in need is a fellow who always has matches. Some husbands don't even dare to make a minority

A Nebraska man stood his wife on her head and she kicked.

Anyway, Czar Landis couldn't send Cobb and Speaker

to Siberia. A Chicago woman sued for divorce because she was

tired of living alone. The surest road to a good federal job is to fail of re-

election to Congress. Judgment day will be a sad occasion for reformers,

with all their jobs gone. A pessimist is disagreeable, but he gives less foolish

advice than an optimist. Where there is a will there are always lawyers willing

to find a way to break it. A committee of judges, evidently not gentlemen, select-

ed a brunette as Toledo's prize beauty. Jurors are bound by oath to decide in favor of the

side producing the most convincing liars. Imagine the stunts Frank and Jesse James might

have pulled off with good roads and a high-powered car. Mussolini wants to visit America, but we warn him that our gunmen are better shots than the lady who pinked his nose.

Mathematics professor committed suicide in Louisville with \$29,000 in his pocket. Probably went crazy trying to count it.

#### Vale Brevities Glenn Pounds, who recently com-

pleted training in Seattle, is the ew barber in Carey's shop.

H. R. Dunlap, of the Vale Tradwill spend the next month or so with

C. H. Millering of LaGrande is engineer. Until this week he has been working on the John Day in

man and John Morgan of Vale.

Mrs. E. M. Crail, county school ing the state convention of county school heads. She is expected home within a day or so. Charles accompanied her to Portland.

On Central Oregon Survey-

J. E. Peck, state engineer, made Drewsey market road and Harney valley, which will be surveyed soon as a part of the Central Oregon highway. The survey will be start-

and merchant of Harper, attended

the meeting of the county court from the Westfall-Harper section

Joseph T. Barnes of Drewsey, is a newcomer at the Vale Hot Springs from a general breakdown. After i few days at the sanitarium, Mr. Barnes says he is already feeling much better. He praises highly the able reputation.

# BOOSTERS

### What Are Boosters?

BOOSTERS are the Public Spirited men who are always ready to stand back of the town in which they live, whether he is a merchant, resident or a farmer who calls that town home. A booster is a man who wants to see his home town go ahead and is putting his shoulder to the wheel in an effort to make it go ahead.

#### Boosters Are Those Who Advertise

The newspaper in your community is the biggest booster of them all. When some public enterprise is set afloat, the chances are ten to one that the local paper was the biggest factor in the lot in bringing about its accomplishment, so why not patronize the merchants that are boosting your town and thereby become a boost-

Check over the paper this week and see just who the boosters in Nyssa are—and they want your trade too because they are asking you for it-THE'RE BOOSTERS.

Trade With Merchants Who Want Your Trade

## The Gate City Journal

NYSSA, OREGON