



Note how it relieves that stuffy feeling after hearty eating. Sweetens the breath, removes food particles from the teeth, gives new vigor to tired nerves. Comes to you fresh, clean and full-flavored.



"Albers stands for Better Breakfasts"



Albers Carnation Mush

A hot, nourishing cereal is the prime morning need of a growing child. This is why the wise mother always serves Carnation Mush to Her Highchair Highness. Whole wheat and delicious!



The House behind the goods

Our 35 years of improvement and perfection of oil and grease have made **MonaMotor** the pass word of proper lubrication. Say **MonaMotor**. Every quart of **MonaMotor Oil**, each can of **MonaMotor Grease** is backed unconditionally by **MonaMotor Oil Company** San Francisco, Cal. Los Angeles, Cal.

MonaMotor Oils & Greases

A hasty demand requires a leisurely reply.

Calumet Wheat Cakes
2 c. flour 1 level tsp. salt
1 level tsp. Calu- met Baking Powder 2 tbs. melted butter
1 1/2 c. milk
Sift flour, baking powder and salt well together. Beat eggs until light and combine with milk. Add to flour making a soft batter. Bake.

It is doubtful if humility ever did much good.

Well-Merited Success

Honored politically and professionally, Dr. R. V. Pierce, whose picture appears here, made a success few have equaled. His pure herbal remedies which have stood the test for fifty years are still among the "best sellers." Dr. Pierce's Golden Medical Discovery is a blood medicine and stomach alterative. It clears the skin, beautifies it, increases the blood supply and the circulation, and pimples and eruptions vanish quickly. This Discovery of Doctor Pierce's puts you in fine condition, with all the organs active. All dealers have it. Send 10 cents for trial package of tablets to Dr. Pierce, Buffalo, N. Y.

BATHE TIRED EYES with Dr. Thompson's Eye-Saver. Day or night. Buy at your druggist or "The River, Troy, N. Y. Bookies."

BLOTCHY SKIN need not annoy you. Pimples, black heads, etc. are quickly dispelled by Resinol

Green's August Flower for Constipation, Indigestion and Torpid Liver. Successful for 59 years. Buy and use bottles—ALL DRUGGISTS

FARM STOCK

LET BABY BEEVES RUN ON PASTURES

Each year a number of boys and girls "pasture feed" the calves which they have entered in the baby beef club project. They allow their calves to run with the herd during the day and bring them in at night for their grain ration.

I have never found a single case where this plan proved satisfactory, says A. A. Dowell, live-stock specialist of the agricultural extension service, University of Minnesota. The calves grow, and, perhaps, make fair gains, but do not put on the finish required in the show ring. There are good reasons why this plan should be avoided. The calves suffer from the heat and flies. They spend too much time running around and too little time resting. To make good gains, they must be well fed, comfortable, and get just enough exercise to keep in good health and vigor.

The best plan is to keep the calves in during the day and turn them out in the lot at night for exercise. Give them the freedom of a roomy, well-bedded box stall. Never keep them tied up day after day. The box stall should have ample window space. By removing the windows, and by covering the openings with gunny sack, much needed fresh air is obtained and flies are kept out as well as the heat from the sun. The box stall should be cleaned and fresh bedding should be added each day. More than one calf may be kept in the same box stall, but the animals should be as near the same age as possible.

If calves are to be allowed to run on pasture at all, it should be at night, and the field should be comparatively small and located near the buildings to prevent too much exercise. The thing to keep in mind is that a reasonable amount of exercise is necessary to promote health and vigor and keep the calves active on their feet and legs; but if overdone, it invariably retards gains.

Small Sheep Flock Very Profitable Investment

A small flock of sheep upon every farm would not be a bad mark to set, providing, of course, that the owner of the farm liked sheep. A small flock of sheep is valuable in destroying weeds, cleaning the fields and fence corners. Sheep will eat 90 per cent of all the plants which are regarded as weeds, while cattle and horses will only eat about 50 per cent. They consume material that cannot be readily utilized by the other farm animals, and convert this into wool and mutton. The grain left in the stubble is not lost to a flock of sheep and they will graze volunteer growth and aftermath on fields where the growth is too scanty for other live stock.

The animal investigation section of the Colorado Agricultural college in co-operation with the United States government at Akron, Colo., were able to maintain sheep at the rate of 100 ewes upon 90 to 40 acres of sod. These ewes lived upon the weeds and by-products of the cropping system. Many farms have land which is not easily put under cultivation. This waste land can be used for profitable returns by a small flock of sheep. There is an opportunity to increase the farm income by a small flock of sheep.—B. W. Fairbanks, Extension Service, Colorado Agricultural College.

Fish Meal Is Valuable Material for the Pigs

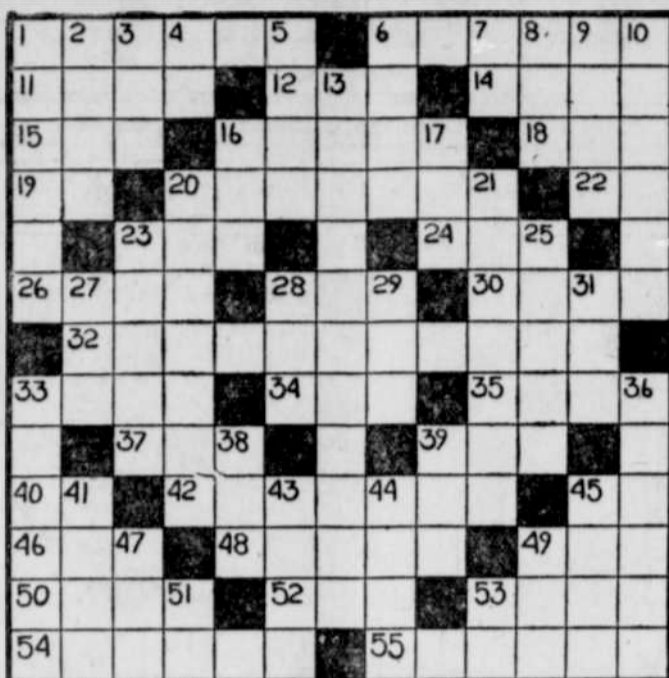
That farmers would profit by using larger quantities of fish meal for hog feeding, is the opinion of W. L. Robson, in charge of swine investigations at the Ohio experiment station. When carried in dry lot from 67 to 238 pounds in weight and when tankage and fish meal were valued at the same price a ton, pigs receiving corn and fish meal made cheaper and more rapid gains than those receiving corn and tankage. The cost of feed for each 100 pounds of gain for the pigs getting fish meal was \$5.92, age-fed pigs. With few exceptions fish meal has proved to be worth more for feeding purposes than an equal weight of tankage. A summary of experiments at different stations shows a saving of 83 cents in the cost of feed for each 100 pounds of gain in favor of fish meal.

Fish meal also compared favorably with skimmed milk for feeding in connection with corn. If middlings, linseed meal, or soy beans are fed with corn, or corn and other grains, the benefit from feeding fish meal will be even greater than when it is substituted for dairy by-products or tankage.

Time for Lambs

Whether it will pay better to have lambs come early or late will depend on how you are fixed to take care of them. If you have a good shed for them and will have time to give individual attention to the ewes and lambs at lambing time, you will find the month of March one of the best months in which to have the ewes lamb. The lambs produced in March can be put on an earlier fall market as a rule before the prices begin to drop very much.

CROSS-WORD PUZZLE



(Copyright, 1925.)

- Horizontal.**
- 1—A man's name
 - 6—A quick sharp reply
 - 11—To prepare for publication
 - 12—A girl's name
 - 15—A dirty animal
 - 16—On fire
 - 18—A period of time
 - 19—By
 - 22—The Roman gods
 - 23—A small mass of butter
 - 24—Condensed moisture
 - 26—A row or rank
 - 28—The foot of an animal
 - 30—To pull along
 - 32—Re-establishment
 - 33—A kind of plant
 - 34—Familiar name for father
 - 35—A kind of chalcid
 - 37—Transgression
 - 39—A tug boat
 - 40—A preposition
 - 42—Outcasts
 - 45—Popular name for the governor of New York
 - 46—An unshaped piece of timber
 - 48—A cent
 - 49—A man's nickname
 - 50—Ireland
 - 53—A small bird
 - 55—To irritate
- Vertical.**
- 1—To go away
 - 2—An entrance or passage
 - 3—To equip a vessel with shrouds, stays, braces, etc.
 - 4—That thing
 - 5—A place for keeping valuables
 - 6—Unusual
 - 8—Queer
 - 10—Attempting
 - 13—Depreciating
 - 16—A branch of learning
 - 17—Finish
 - 21—Firesome
 - 25—Not right
 - 28—A seed envelope
 - 29—A roll of money (slang)
 - 31—One, no matter what one
 - 33—Stories
 - 36—Any of three isomeric hydrocarbons of the benzene series
 - 38—A short sleep
 - 39—An old formal way of saying "your"
 - 43—To examine print with the eyes
 - 44—Soon
 - 45—The brother of Cain
 - 47—An intoxicating liquid
 - 49—Human ingenuity
 - 51—Nickel (symbol)
 - 53—Weight (abbr.)
- Solution of Last Week's Puzzle.**
- BANK CLAP
ALSO POPAL
STEP CRAP TIER
STOW CURES LEER
HAM WREATHES TSY
ON SAYS P YAP RO
EDUCATE THE REMIT
ATE BOERS ROB
TREND PRE PROUD
AD TOP N BEY TO
RIP GALATEA SIP
EZRA DOLED SLOE
EARN PIN SHIN
YEAR A SKID
SPAR TRIP

HOW TO SOLVE A CROSS-WORD PUZZLE

When the correct letters are placed in the white spaces this puzzle will spell words both vertically and horizontally. The first letter in each word is indicated by a number, which refers to the definition listed below the puzzle. Thus No. 1 under the column headed "horizontal" defines a word which will fill the white spaces up to the first black square to the right, and a number under "vertical" defines a word which will fill the white squares to the next black one below. No letters go in the black spaces. All words used are dictionary words, except proper names, abbreviations, slang, initials, technical terms and obsolete forms are indicated in the definitions.

LOVE OF ALMA MATER

By THOMAS ARKLE CLARK
IT WAS Daniel Webster, I believe, who in the famous Dartmouth case, said of his alma mater, "It is a small college, but there are those who have learned to love it." Love of alma mater is a thing to be cultivated, a thing to be expected. It is a very unappreciative man or woman who will live four years upon a college campus, work and study and go about among its faculty and its student body, and then leave it without feeling or regret. And yet—

Aldrich came in to see me last May to ask me to excuse him from attendance upon the commencement exercises. All sorts of unexpected things happen to men and women even in college, and with the hundreds we have graduating each June there are always some who find it impossible to be present on commencement day. It is my job to excuse those who can't be present, and to talk to those who do not want to be.

"What is your difficulty?" I asked Aldrich. "I haven't any especial difficulty," he said, "excepting that it seems to me a foolish waste of time and money for me to have to wait around here for a week with nothing to do, just to put on a cap and gown and walk in a darned fool procession. I have a job that I could go to the day after I finish my last examination, and I could be making money instead of lying about here."

"Haven't you any sentiment about it?" I asked, "any love or feeling for the place?"

"I should say not," he replied, "I came down here to study chemistry, and when I have finished the course I've got what I want and I'm through."

He was not one of those who had learned to love his alma mater; he was satisfied to get out of her all he could and then to turn his back upon her. I have been very much interested in reading of the wonderful things which have been done for the colleges of the country by those who have gone out from their doors and who have carried with them a sentiment and a love for the institution as well as a trained mind and a store of information. What we love most we desire most to keep in contact with, to revisit, to make sacrifices for, and nothing strengthens our love for an individual or for an institution more than the

fact that we have given to it. The institution whose graduates keep most closely in touch with it, contribute most to its support, is most fondly loved by its graduates.

We spend money, when we have it, for the things we love—pleasure, clothes, amusements of one sort or another, luxuries, and we do so with little thought or regret. The man who loves his college will support it, will keep in touch with it, will give to it, even if these things sometimes mean the sacrifice of some other things.

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Fast Worker

The village doctor went to the city for a specialist to assist in the treatment of a small colored boy who was desperately ill with meningitis.

Arriving at the cabin the doctors placed the patient on a table for spinal injection.

Just as the needle was introduced into the spine the child gave one last quiver and died.

The silence in the room was suddenly broken when one of the negroes who had been watching whispered in an awe-stricken voice, "My G—d, don't he kill 'em quick?"—Tennessee Tar.

Torrents of the Ages

When the ice began to melt in earnest towards the close of the glacial period, floods occurred and formed rivers that would dwarf many of our largest ones today. So great were these torrents, says Nature Magazine, that enormous boulders were rolled along like pebbles, and thus transported miles beyond their original positions.

Just Plain Turtle Soup

Did you ever eat turtle soup? Not mock turtle soup, nor green turtle, nor sea turtle, nor terrapin a la Maryland, but plain turtle? You know; regular mud turtle—all fixed up with garlic and onions and small fresh carrots and petites pois and tiny new potatoes and just the right amount of seasoning and all that? What! Never did? Neither did L—Phil Moore, in Forest and Stream.

One Case, at Least

"From the earliest day you men have blamed woman for every evil." "Oh, I don't know. I notice that we invariably impute sin to the old Adam in us; never to the old Eve."—Boston Transcript.

Children Cry for



Fletcher's CASTORIA
MOTHER:—Fletcher's Castoria is a pleasant, harmless Substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups, especially prepared for Infants in arms and Children all ages.

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Sales 2 1/2 Times Those of Any Other Brand

Concrete protects against Fire, Tornado and Earthquake

Ask Dad— See If He Knows

Father and mother are always thinking of your welfare—there isn't a thing within reason they wouldn't do for you.

But they may unknowingly have been risking your life every day.

When you are at dinner tonight with dad, ask him this question:

"Dad, is our school firesafe?"

Perhaps he won't be able to answer—he may not know.

Ask dad if he knows that somewhere in the country a schoolhouse burns every day. Ask him if he knows that one-third of all the schoolhouses in the country are nothing better than firetraps—maybe your school is one of them.

Of course dad knows that buildings can be built that will not burn. They are being built everywhere, every day.

If your school is firesafe, you're lucky. If it isn't, ask dad what he is going to do about it. You have a right to know.

The highest type of firesafe construction is concrete. Our illustrated booklet "Concrete Schoolhouses" contains a wealth of information on firesafe construction with which every parent ought to be familiar. Write today for your free copy.

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