

AN OPERATION RECOMMENDED

Avoided by Taking Lydia E. Pinkham's Vegetable Compound

Los Angeles, Cal.—"I cannot give too much praise to Lydia E. Pinkham's Vegetable Compound for what it has done for me. My mother gave it to me when I was a girl 14 years old, and since then I have taken it when I feel run down or tired. I took it for three months before my two babies were born for I suffered with my back and had spells as if my heart was affected, and it helped me a lot. The doctors told me at one time that I would have to have an operation. I thought I would try 'Pinkham's,' as I call it, first. In two months I was all right and had no operation. I firmly believe 'Pinkham's' cured me. Every one who saw me after that remarked that I looked so well. I only have to take medicine occasionally, not but I always keep a couple of bottles by me. I recommend it to women who speak to me about their health. I have also used your Sanative Wash and like it very much."—Mrs. E. GOULD, 4099 East Side Boulevard, Los Angeles, Cal.

Many letters have been received from women who have been restored to health by Lydia E. Pinkham's Vegetable Compound after operations have been advised.

RESINOL

Soothing and Healing Household Ointment

Condensations

Most people love platitudes.
Joys are wings; sorrows, spurs.
In politics experiments mean revolutions.—Disraeli.
A foresighted man always provides alibis beforehand.

No one ever became thoroughly bad all at once.—Juvenal.

Some make an affection of their absence of affection.

There is no love sincerer than the love of food.—G. B. Shaw.

When faith is lost, when honor dies, the man is dead.—Whittier.

Kill a man's vanity and you may kill the whole spirit of the man.

Of two evils the lesser is always to be chosen.—Thomas a Kempis.

Rear a large family and other noises won't bother you much.

Women talk for many and listen for few.

Sometimes it's the man who doesn't hesitate who gets lost.

No girl appreciates a lover who is unable to hold his own.

If a man re-lenses a piece of property he takes a fresh grip on it.

Matrimony is the post-graduate course of a woman's education.

He who discusses is in the right, he who disputes is in the wrong.—La Rochefoucauld.

A nonsinkable ship has been invented by a New York state man, who says his model has withstood 700 sinking tests.

LIVE STOCK

PURE-BRED STOCK FOR EVERY FARM

Pure-bred live stock on every farm will some day be the rule in the United States. It will come through the use of registered sires; then the addition of registered females, and finally by the weeding out of "pedigreed scrubs."

The pedigree is an index of quality, for "like begets like or the likeness of an ancestor." But pedigree is not absolute proof of exceptional quality—not in the United States, it isn't, says Farm and Breeder. It can be made so in time, and breeders are urged to bring that day to pass by culling every animal whose individual characters and the chances of passing them on to its offspring do not match up with its royal lineage.

In the past there has been great reliance on the herd book. Animals have been sold for reproductive purposes because they carried the blood of popular sires and dams. Many of them should have been sent to the block. It is bad enough that less than 10 per cent of the live stock in the United States is pure bred; it is worse for the breeding industry that short-sighted men see only the dime in front of their nose and not the dollar a few years off.

In Europe the culling of animals for breeding purposes is much more rigorous than in our own land. Over there pedigrees carry a guarantee of individual excellence, because it has been the custom among breeders to register only outstanding animals. That's what we will come to in America. A pedigree should stand not only for the presumption of inherited characters and prepotence; it should also represent high quality in the individual. Some day "pure-bred live stock on every farm" will indicate high-class farming in fact as well as in theory.

It Is Quite Economical to Let Swine Pick Corn

In this age of efficiency, when everyone is trying out labor-saving devices and economical systems, you may have overlooked the fact that in handling corn you may simply open the gate to the field and let the hogs help you in your work. Under the old system every ear of corn had to be handled at least three times. The ear is first pulled off the stalk and thrown into the wagon. Then it is thrown from the wagon into the crib. After that the basket is filled at the crib and the corn carried to the hogpen.

The hog not only reduces the number of handlings but eliminates them completely. All that is necessary is to open the gate and drive the hogs into the field. They clean up the corn with less waste than if it were harvested by men, and they also spread the manure over the field.

In sections where the seed will mature, cowpeas, or soy beans, sown broadcast through the corn at the last cultivation, produce a large quantity of feed in addition to the corn. The beans, being high in protein, balance the ration and make almost an ideal feed for hog fattening. The hogs eat not only the beans themselves, but much of the green vines. Rape is another excellent crop to broadcast in the corn at the last cultivation to help out the sum total of hog feed. In some instances it may be advisable that a part of the field be set off by a temporary fence and the hogs not allowed to cover too much ground at one time.

Health Hints for Live Stock in Summer Months

During the summer months one of the most important factors in maintaining the health of live stock is to see that they have plenty of pure drinking water. Overheat or sunstroke may be avoided, especially during harvest time, if the horses are watched closely and watered two or three times during the hottest periods of the day.

A small quantity of water in a pail given to the team will increase the amount of sweating. Evaporation of moisture from the body acts as a cooling agent. The small amount of trouble involved in getting plenty of water to work animals will be repaid by their ability to stand more work.

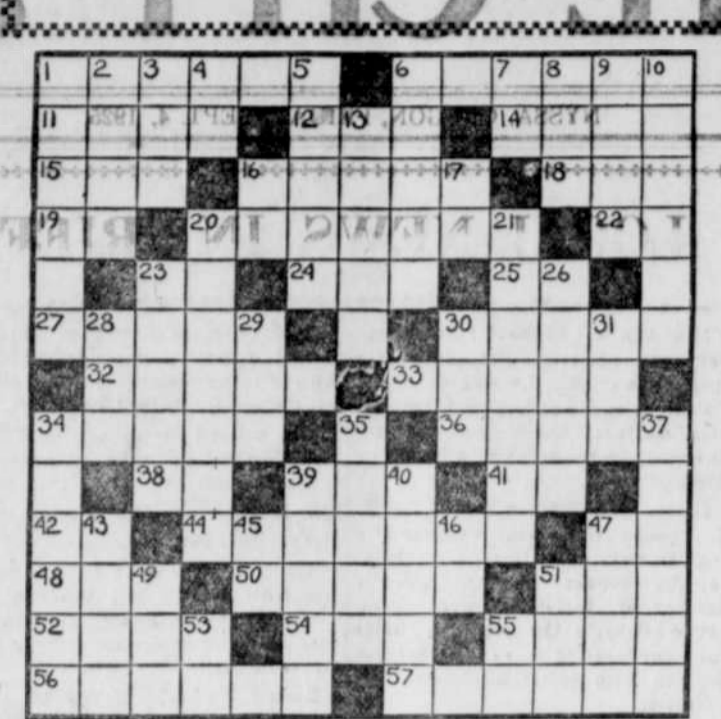
A good supply of pure water is just as necessary for cattle and hogs as for work horses during the hot weather. Where young and adult cattle are pastured together, the young ones are sometimes skimped on water on account of being crowded away, and the water riled and muddied by the larger animals. In some instances this can be avoided by increasing the tank space and having more water available when the herd comes to drink.

Culling Sheep Flock

As the lamb crop gives the best return it is given the first consideration when culling. A good type is most desirable. Cull out the ewes with weak backs or saddle backs. Ewes with long legs, shallow body and weak constitution are off type.

When it comes to wool production all sheep that produce light, frowy wool, lacking density, or those producing wool with too much variation in the size of the fibers should be removed from the flock.

CROSS-WORD PUZZLE



(Copyright, 1925.)

- Horizontal.**
- 1—A floor covering
 - 6—An instrument used for mowing
 - 11—An uproar or tumult
 - 12—Division of a play
 - 14—Players on one side in a contest
 - 15—A poem
 - 18—A lump or knob
 - 19—Civil engineer (Initials)
 - 20—A lawless fellow
 - 22—To perform
 - 23—France (abbr.)
 - 24—A ribbed material
 - 25—A measure of area
 - 27—A Biblical word
 - 30—Showers white flakes of ice
 - 32—Severity or exactness
 - 33—An Italian city
 - 34—A kind of boat
 - 36—An office assistant
 - 38—Tellurium (symbol)
 - 39—A dance step
 - 41—A printer's measure
 - 42—A negative
 - 44—Was skeptical
 - 47—A preposition
 - 48—Without moisture
 - 50—To cook on live coals
 - 51—Aged
 - 54—Before
 - 55—A prison compartment
 - 56—A girl's name
 - 57—Scanty
- Vertical.**
- 1—A spring flower
 - 2—Assistant
 - 3—Eggs of fishes
 - 4—A measure (abbr.)
 - 5—A large South American animal
 - 7—A strip of leather used for flogging
 - 8—A New England state (abbr.)
 - 9—To recognize
 - 10—To examine with raised work
 - 13—Confined
 - 16—Elder (abbr.)
 - 17—Tin (symbol)

Solution will appear in next issue

Solution of Last Week's Puzzle.

D	R	A	I	N	H	A	S	P	I	T	H	S
R	E	I	N	C	A	N	A	L	F	E	E	T
E	A	R	P	U	G	P	I	G	A	R	A	
A	M	T	E	E	S	P	I	N	O	N		
M	A	H	A	W	E	E	G	O	B	C		
E	D	G	E	B	E	A	R	S	N	I	L	E
R	E	S	A	S	T	I	E	S				
R	E	N	A	C	T	S						
E	N	A	C	T	S							
E	D	U	E	T	R	A	N	T	E			
D	O	U	R	T	E	N	E	M	I	R	I	S
I	M	U	D	O	N	E	I	T	S			
T	O	S	I	R	D	J	O	Y	F	I		
I	L	L	M	O	B	F	A	N	J	A	M	
W	I	L	S	B	U	Y	E	R	B	O	L	O
N	O	D	A	L	T	E	N	L	O	B	E	S

HOW TO SOLVE A CROSS-WORD PUZZLE

When the correct letters are placed in the white spaces this puzzle will spell words both vertically and horizontally. The first letter in each word is indicated by a number, which refers to the definition listed below the puzzle. Thus No. 1 under the column headed "horizontal" defines a word which will fill the white spaces up to the first black square to the right, and a number under "vertical" defines a word which will fill the white squares to the next black one below. No letters go in the black spaces. All words used are dictionary words, except proper names. Abbreviations, slang, initials, technical terms and obsolete forms are indicated in the definitions.

THRIFT AND BEAUTY

By THOMAS ARKLE CLARK

There is a lot of hard work attached to it, and that there are whole regiments of insect enemies to be subdued, but I'm game. I'm going to keep a strict account of all my expenditures, charge the "missus" for all the fresh vegetables I furnish—she'll never pay, of course—and see how we come out. If there is a deficit I'll charge it up to exercise.

"If there is one thing we learned from the war," Watkins said to me as he sat with a seed catalogue in his lap, "it's to be thrifty. Now I should never have thought of having a garden if it hadn't been for the war."

"Well, we need it," I assented. "Did you ever see the gardens in England, France and Italy?" he asked. "Every foot of ground utilized."

I had seen the gardens of those countries, and they had made the strongest impressions upon me. Every cottage has one, every plot of ground, no matter how small, in country or in village is utilized, and is full of fruit trees, and vines and bushes and the tenderest vegetables I have ever eaten.

But it is not the thrift which these gardens suggest which impressed me most when I saw them (and the owners are thrifty), but the beauty. Everywhere among the vegetables the English and the continental gardener finds a place for flowers. There are violets and daffodils and crocuses in the early spring, and all through the summer and early autumn there is a succession of bloom that is glorious. I have never seen such roses anywhere as in England and France, and I have never seen such a riot of flowers as in Italy. The poorest peasant has them to give away. So it is beauty quite as much as thrift that the foreign garden suggests to me, and I wish that in all the gardens that spring up over this country we should find a place for flowers, and learn from our allies not only the lesson of thrift, but the lesson of beauty.

Watkins and I have already begun to pick out our flower seeds. We shall have a row of scarlet runner beans; we shall plant an edging of marigolds about our lettuce bed, and bordering our potato patch there will be hollyhocks and cosmos and sweet peas. We shall proclaim beauty while we learn thrift.

(© 1925, Western Newspaper Union.)

Left Her Pondering

Earnestine—"Most people admire my mouth. Do you?" Ernest—"Rather! I think it is immense!"—Progressive Grocer.

POULTRY

GRAIN PROPORTION LOWER IN SUMMER

Although equal parts of mash and grain are often recommended, it is not desirable to hold to any such arbitrary figures. It is desirable, however, to know what proportion is being consumed so that production may be somewhat regulated. During warm seasons the proportion of grain should naturally be lower than in winter as less sugars, starches and fat are needed for body warmth.

When egg production and health are satisfactory it is wise to let well enough alone regardless of whether more grain or more mash is being consumed. If production and consumption of mash are both low, the trouble may lay in too much grain being fed, or in an unappetizing mash. If the birds are poor in flesh and subject to colds, the feeding of more grain is usually the correct procedure.

Feeding wet mash instead of dry mash is occasionally practiced with success by skilled feeders. Because there is considerable risk of overfeeding by this method, and because no better results are secured for the time expended, wet-mash feeding is not recommended as a substitute for hopper feeding of dry mash.

Wet mash in addition to hopper feeding throughout the year is usually unnecessary and dangerous in the hands of the average feeder. This practice is probably desirable and to be advocated from July 1 to September 1 to postpone the moult, and on slow-maturing pullets in the fall. Three quarts before wetting to 100 birds is sufficient. Feed mash at noon, so that it can be gradually discontinued when the desired results have been secured without upsetting the regular feeding schedule.—O. C. Krum, Extension Service, Colorado Agricultural College.

Promoting Chick Growth by the Use of Sunlight

Direct sunlight as an essential in promoting growth in chicks and in preventing the development of leg weakness has been proved by recent experiments just announced by the poultry department of the State College of Agriculture, New Brunswick, N. J.

One thousand chicks kept under glass weighed only one-fourth pound at the end of 12 weeks, whereas 200 chicks of the same age, but kept outdoors in direct sunlight averaged one and one-half pounds each.

Cod liver oil has for some time been considered an effective growth stimulator and preventive of leg weakness, so the truth of this was also investigated by the experimenters. Of the chicks under glass 800 were fed varying amounts of the oil. At the end of 12 weeks they were no more thrifty than those receiving no oil. After the fifth week leg weakness began to appear among all of the birds under glass, whether they were being fed cod liver oil or not. In contrast with this the chicks kept in direct sunlight showed no leg weakness at all.

The combination of direct sunlight and cod liver oil was tried by the experiment station. Using 200 chicks and feeding oil equivalent in weight to 1 per cent of the ration, it found that an average weight of one and three-fourths pounds per chick had been attained. This was one-fourth pound more than the weight of the chicks getting sunlight but no oil.

It was found that chicks kept behind glass and developing leg weakness could be cured by a half-hour exposure to sunlight on four days.

Value of Limestone and Oyster Shell for Hens

According to Maryland Bulletin 244, a crushing test of eggs laid by oyster-shell-fed and limestone-fed hens showed no appreciable difference in the strength of shell.

"There was practically no difference in the thickness of shell of production in the limestone pen.

"The consumption of limestone per bird was much less than the consumption of oyster shell even though there was a greater egg production in the limestone pen.

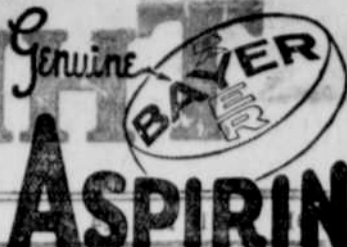
"This test would indicate that limestone can be safely used as the sole source of supply of material for egg-shell making with laying hens."

When to Fatten Turkeys

During the summer and early fall turkeys can find an abundance of feed on the average farm. About October 1, it is advisable to begin fattening them for market, giving only a little feed at first and gradually increasing this until the birds are marketed. The marketing season for turkeys is very short, running only from the middle of November to the latter part of December.

Kill Lice on Fowls

Use either sodium fluoride or bin ointment to get rid of lice on poultry. Of the former it will require 1 pound for each 100 hens. Use the "pinch" method, which is to take a pinch of the powder and rub into various parts of the body. The bin ointment is applied in similar places, being rubbed into the skin well. Mix the ointment with equal parts lard and divide into pieces the size of a small garden pea. Keep away from children, as it is a poison.



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Quickly disappear when Dr. C. H. Berry's Freckle Ointment is used. One jar of this fragrant snow-white cream is usually sufficient to remove the most stubborn freckles. Easily applied. Keeps skin clear and soft. Price 65c and \$1.25. At all drug and department stores. Send for FREE Beauty Booklet.

DR. C. H. BERRY CO., 2975 Michigan Ave., CHICAGO

Nature Embossed Carved Initials

An American beech tree was cut down about one mile north of Morrisville, Pa. On splitting a section of this tree into firewood a remarkable work of nature was brought to light.

On one of the pieces of wood were plainly embossed the initials "A. J. D., J. E. D., 1839," and on the other pieces were letters and figures exactly corresponding to the embossed ones, says Nature Magazine. A careful examination shows that the tree must have been about sixty-seven years old when the initials were cut. The embossed part was nearest to the bark.

It is supposed that the tree, in growing, gradually overgrew the part with the initials cut in it, when its tissue was pressed into the mold-like initials, forming genuinely embossed letters and numerals. Who has a better explanation? What a story of love or romance! The sections of wood are owned by Henry Moon of Morrisville, Pa.

FIRST AID TO BEAUTY AND CHARM

Nothing so mars an otherwise beautiful face as the inevitable lines of fatigue and suffering caused by tired, aching feet. ALLEN'S FOOT-EASE the Antiseptic, Healing Powder, insures foot comfort. It is a Toilet Necessity. Shake it in your shoes in the morning. Sleep all day—Dance all evening—then let your mirror tell the story. Trial package and a Foot-Ease Walking Doll sent Free. Address Allen's Foot-Ease, Le Roy, N. Y. Sold at Drug and Department Stores.

'Twas Mostly Talk

The dignified old Southerner was strolling along Fifth avenue with a friend. He was discussing negroes. "Ah ain't got much use fo' 'em," he announced. And thus he continued. Suddenly he stopped.

"Aixcuse me a moment, sah!" he said. The friend turned and looked.

The old southerner was escorting an aged blind colored woman across the street. At the far curb he patted her back and said:

"Now you' all right, mammy!"

And then he returned to his friend—New York Evening World.

Won the Medal

The announcement that President Coolidge was going to spend the summer at Swampscott, Mass., recalled to Kit Cormac, Universal's cross-word puzzle champion, that she used to be a school teacher there, and brought back the recollection of a funny experience.

She was teaching the Odyssey and asked a young Swampscotter what a harpy was. He replied:

"A harpy is a monster with a face like a woman, only more horrible."—Los Angeles Times.

Necessity Before Luxury

"Will you ask her to marry you?" "Not till I get my car paid for."—Chicago Daily News.

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