

THIS WOMAN'S REMARKABLE RECOVERY

Entirely Due To Lydia E. Pinkham's Vegetable Compound

Forest City, Iowa. "My first child lived only a short time and I was sick for a year after. When I bent over and raised myself up again I could almost scream with pain in my back. One day I was so bad that I had to leave my washing and get ready to go to the doctor. He gave me medicine but it did no more good than if I drank just water.

Once when we had been in town a little book telling about Lydia E. Pinkham's Vegetable Compound was left in our car. I have taken five bottles of the Vegetable Compound now and I do all my housework and help with the milking and taking care of chickens and garden. Besides I have a fine baby girl eight months old, just the picture of health and I am feeling fine myself. You may use this letter as a testimonial and I will answer any letters asking about the Vegetable Compound."

Mrs. OSCAR F. BORGELIN, Route No. 6, Forest City, Iowa.

Lydia E. Pinkham's Vegetable Compound is for sale by all druggists.

How to build up your Weight

TO BE under weight often proves low fighting-power in the body. It often means you are minus nerve-power, minus red-cells in your blood, minus health, minus vitality. It is serious to be minus, but the moment you increase the number of your red-blood-cells, you begin to become plus. That's why S. S. S., since 1828,

has meant to thousands of underweight men and women, a plus in their strength. Your body fills to the point of power, your flesh becomes firmer, the age lines that come from thinness disappear. You look younger, firmer, happier, and you feel it, too, all over your body. More red-blood-cells! S. S. S. will build them.

S. S. S. is sold at all good drug stores in two sizes. The larger size is more economical.

S.S.S. The World's Best Blood Medicine

As It Seemed to Him

An old New York farmer attended a big picnic at Birmingham and stayed over to watch the dancing at night, says Town Topics. He hadn't been out in the world much, and he was deeply impressed with the girls' clothes at that dance.

"Some of the ladies' clothes I see here," he said, "plumb puts me in mind of a barbed wire fence."

Somebody asked him why.

"Well," said he, "it's this way—they appear to protect the property without obstructin' the view."

A new process by which any textile fabric, whether wool, cotton, or silk, can be made waterproof has been discovered in England. It is asserted.

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BELLANS FOR INDIGESTION 25 CENTS 6 BELLANS Hot water Sure Relief BELLANS 25c AND 75c PACKAGES EVERYWHERE

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ABSORBINE

Reduces Bursal Enlargements, Thickened, Swollen Tissues, Curbs, Filled Tendons Soreness from Bruises or Strains; stops Spavin Lameness, always pain. Does not blister, remove the hair or lay up the horse. Only a few drops required at each application. \$2.50 a bottle at druggists or delivered. Book 1 A free. W. F. YOUNG, Inc., 510 Leman St., Springfield, Mass.

DAISY FLY KILLER

PLACED ANYWHERE ATTRACTS AND KILLS ALL FLIES. Not clean, ornamental, convenient. Lasts all season. Made of metal, can't rust or tip over; will not soil or injure anything. Guaranteed effective. Sold by druggists or by mail, prepaid, \$1.25. HAROLD FARMER, 100 Du Kald Ave., Brooklyn, N. Y.

DAIRY FACTS

SURFACE COOLER IS BEST FOR COOLING

Prompt cooling to 50 degrees Fahrenheit is absolutely essential for producing milk of low bacteria count, warns F. C. Button, professor of dairying at the New Jersey College of Agriculture in New Brunswick.

The quickest and therefore best way of cooling milk is to run it over a surface cooler. On such a cooler the milk passes over the outside surface in a thin layer. Cold water is circulated through the inside and thus chills the milk. By this means the temperature of the milk can be brought within two or three degrees of the temperature of the water. Ice water will be needed in hot weather to bring milk to 50 degrees Fahrenheit.

Morning's milk should be cooled to at least 50 degrees Fahrenheit. Night's milk may, however, be cooled within two or three degrees of the temperature of spring or well water, since it is afterward placed in the cooling tank where further chilling can take place. The water in this vat should not be above 45 degrees.

After milk has been cooled by a surface cooler it can be held at 50 degrees Fahrenheit by placing in the vat two to two and a half pounds of ice for every gallon of milk. If the milk is not pre-cooled before being placed in the vat, four pounds or more of ice are needed to cool each gallon of milk. This pre-cooling will cut in half the amount of ice required in the tank.

The use of small-top milk pails and clean, sterilized utensils, and the milking of clean, healthy cows help to keep bacteria out of milk. Some always get in, however, and unless the milk is cooled quickly they multiply rapidly. In warm milk bacteria double their number every half-hour. At 50 degrees they reproduce very slowly.

Cows Swallow All Sorts of Dangerous Objects

Cows swallow all sorts of strange things, including clothes off the fence, rags, bones, leather, crockery, bits of metal, pebbles, bark, wood and, unfortunately, sharp objects, such as nails, wires, pins, needles, tacks, hairpins and staples. A swallowed sharp object is extremely dangerous. It lodges in the second stomach, is churned about there, at length may work through the stomach wall, pierce the diaphragm and then the sac to the heart. If that happens incurable and often fatal inflammation of the sac results, causing a disease of the heart called traumatic pericarditis.

Wires that fasten labels to feed sacks are a real menace. Shingle nails have caused many losses. The practical farmer makes it a habit to dispose of every sharp object he sees where it can do no harm. Punctures of the hoof often end in fatal lockjaw, horses being the commonest sufferers. People may contract the disease in the same way. A dairyman of my acquaintance used a wire brush to scrub the cow mangers. Wires fell out and got into the feed. Seven cows died.—Dr. A. S. Alexander, Wisconsin.

Various Roots Are Good

Feed for the Dairy Cow Roots of all kinds are good feed for dairy cows. Beets are especially valuable, for they not only supply nutrients in a good form, but they do not in any way affect the quality of milk. Rutabagas and turnips do affect the quality of milk, and especially if fed just before milking. If they are fed after milking, it is difficult to discern any flavor in the milk, but butter made from it will, upon standing a few weeks or months, develop an objectionable flavor. This has led some creameries producing high-quality butter to request their patrons not to feed turnips or rutabagas.

Dairy Notes

Cows do not enjoy moldy silage, and it makes horses sick.

Feeding minerals to dairy cows is relatively new, and we have not learned about it yet.

Clean the barn lots and dairy premises and haul off litter in order to destroy breeding places for flies.

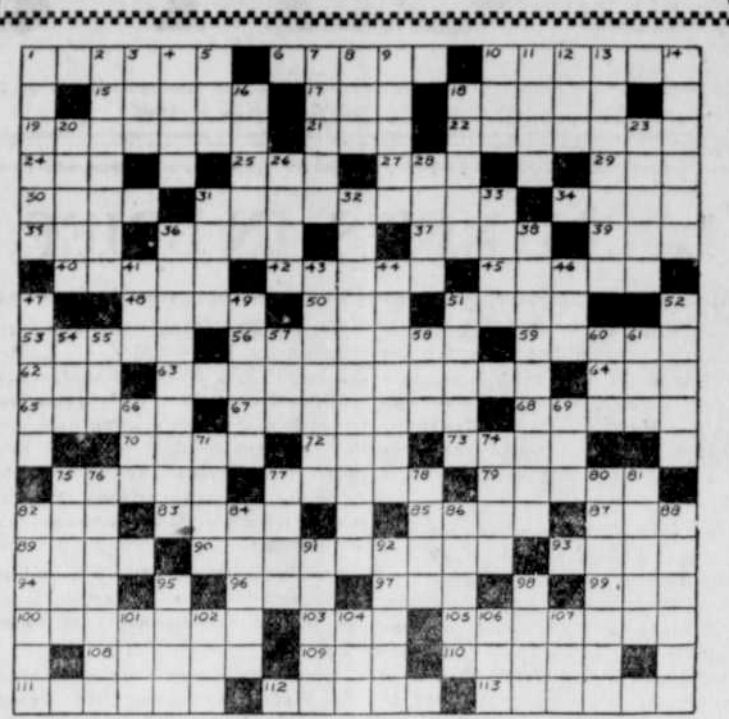
The choice of a herd sire may make or break a man in the dairy business, says dairy specialists of the Pennsylvania State college. The future herd is dependent upon influences in operation now.

Remove the cows from pastures infested with wild onions and bitter weeds three hours before milking, to prevent bad odors and flavors to milk and cream.

Seed or sod the pastures with Bermuda, lespedeza or other desirable grasses. Native pasture grasses cannot be depended on.

The good cow shows femininity in conduct, in disposition and in expression.

CROSS-WORD PUZZLE



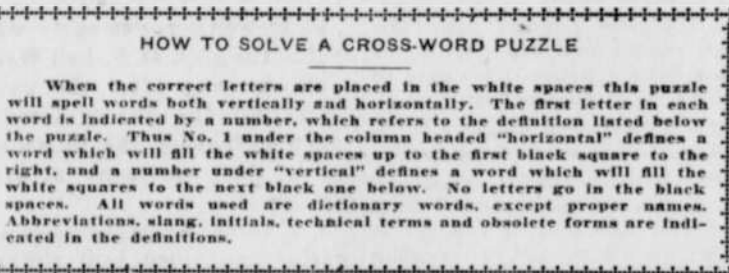
(Copyright, 1925.)

- Horizontal. 1—Pertaining to an oceanic race 6—Mohammedanism 10—A modern form of assembly 17—Cymbals used by Hindu dancers 18—Mountain lions 19—Thoroughbreds 21—Ovum 22—Put back 24—Child 25—Beverage 27—Past 29—Toss 30—Chemical radical 31—Shoed 34—Cake 35—Illumined 36—Additions 37—Poet 39—X 40—South American animal 42—Warried 45—Hoarder 48—Infatua 50—He III 51—Preposition 53—Frothing 56—Dispraise 59—Undo 62—Hoy 63—City in Chile 64—Heroine in Spencer 65—Seize 67—Proceed 68—Ties 70—Place 72—Run (Scotch) 73—Labbr 75—Fright 77—Defests 79—Requested 82—Beverage 83—Therefore 85—Civil offense 87—Vigor 89—Fast 90—Petal prints 93—Opera singer 94—Piece 96—Metallic rock 97—Due 99—Negative 100—Angered 103—Present 105—Survivors 108—Curtain 109—Star 110—Solent 111—One who seasons 112—Concise 113—Vomiting

The solution will appear in next issue.

- Vertical. 1—Pertaining to mail 2—Shakespearean character 3—Utile 4—Egyptian god 5—Negative 7—Oblique 8—Linger 9—Sea life 10—Hex 11—Siberian city 12—A container 13—Seclude 14—Pertaining to Thebes 15—Preface 16—Understood 23—Clothe 26—Italian woman's name 28—Grotto 31—Mathematical term 32—Asceticisms 36—Chinese city 38—Follower of ceremony 41—Word play 43—Trumpet call 44—Graceful 46—Descendant 47—Lowest point in a ship 49—Musical composition 51—Attack 52—Animal 55—Mountain in Greece 57—Inole (S. Africa) 58—Entangle 60—Wine cask 61—Dark fluid 66—Spring 69—Tribes 71—Slave 74—Paddles 75—Killed 76—Middle 77—Lost 78—Cooked mixture 80—Shows 81—Golf term 82—Head nun 84—Merchant's 86—Musical form 88—Chateaux 91—Strained 92—Cities 95—Giant 98—III 101—Skill 102—Bodily organ 104—Pronoun 106—Female sheep 107—Anger

Solution of Last Week's Puzzle.



HOW TO SOLVE A CROSS-WORD PUZZLE

When the correct letters are placed in the white spaces this puzzle will spell words both vertically and horizontally. The first letter in each word is indicated by a number, which refers to the definition listed below the puzzle. Thus No. 1 under the column headed "horizontal" defines a word which will fill the white spaces up to the first black square to the right, and a number under "vertical" defines a word which will fill the white squares to the next black one below. No letters go in the black spaces. All words used are dictionary words, except proper names. Abbreviations, slang, initials, technical terms and obsolete forms are indicated in the definitions.

Safety or Disaster Matter of Speculation

An amusing story is told illustrating the comforts of sea travel of a generation or so ago. It concerns a nervous old lady who booked a passage aboard a tramp steamer bound from an east African port to Karachi.

After a few days at sea a terrific storm broke, and the ramshackle tramp steamer began to reel and plunge violently. Clutching her way along the deck, the passenger presently reached the captain's cabin, where she found that worthy mariner poring over a dirty piece of parchment.

"Are we safe?" she gasped. "Madame," replied the skipper, "you see this 'er thing I 'ave in front of me. Well, it is a chart of the Indian ocean. On it you will observe there is a lot of little black dots. Now, madam, if those dots is dirt we're all right. But if they're rocks, madam, we're bound for Kingdom Come."

British Hunter Bags Tiger With Bad Record

The man-eating tiger of Kudu, Burma, said to have killed 100 human beings has been slain, says Capper's Weekly. The natives called him "Tiger with Man's Brain," because of his cunning and boldness.

At first the tiger attacked natives in the jungle, then came into the villages even in daylight. The terrorized villagers held shelves in their homes and high platforms, but couldn't escape that way. Believing the brute led a charmed life, the people nearest his lair finally fled to other settlements.

Cave Pictures Seen as Early Fashion Plates

That there is little new under the sun, even with regard to women's fashions, was pointed out by Ethbert Brand, curator of the Rotherham (Eng.) museum in the course of a recent lecture. Referring to an illustration of women dancers on the walls of a Spanish cave, he said these paleolithic belles were very near to the present-day women with their high hats, chignons, tight waists and bell-shaped skirts. These cave pictures were probably the earliest fashion plates in the world, and were drawn about 20,000 years ago, declared Mr. Brand.

Fearful Prospect

The late Lew Dockstader of minstrel fame was opposed to censorship, and in an after-dinner speech in New York he once said:

"The scantiness and transparency of the new fashions has caused a demand for a censor of girls' clothes. But a censor's task, gentlemen, is to cut out, to eliminate, to subtract—never to add.

Will Please Children

Children's rooms offer an excellent field for stencils, especially to the home without a nursery. Frolicking children, animals, windmills and clowns, flowers and domestic fowls are designs in keeping with the world of play. Background colors for such rooms should be light and cheerful. Applied decorations usually look best if done in primary or strong contrasting colors.

Flour From Wheat

The amount of flour obtained from wheat depends very much on the size and weight of the kernels and varies from 65 to 80 per cent. A fair average is 4.7 bushels of wheat to one barrel of flour, weighing 190 pounds, or one bushel of wheat to 41 pounds of flour. The shorts or middlings average 11 to 12 per cent of the wheat, and the bran 3 per cent.

LIVE STOCK

PASTURE FOR PIGS MEANS BEST GAINS

A common practice among commercial hog men is to have the sows farrow in the spring as early as possible. Under such management, there is less tendency for the feeder to neglect the sow and her pigs as spring work has not yet started. During the first few weeks the sow and her litter usually receive excellent care and attention but when the pressure of spring work comes there is a tendency to slight the sow and litter. If a pasture is provided, the sow and litter are then under ideal conditions for the saving of both time and labor.

The best results in raising hogs are always obtained upon pasture. The pigs will be induced to take plenty of exercise and be out in the direct rays of the sun, which is a stimulant to growth. This fact is not thoroughly appreciated by all hog men. Upon pasture they will make greater gains at a 15 per cent cheaper cost than under any other conditions. The healthy pigs are the pasture grazed pigs, for the pasture affords ideal sanitary conditions. If the weather is very hot, shade should be provided.

Pasture for sows' suckling litters during the winter will be beneficial. There are many warm days when the sow and litter could be turned upon a winter pasture of rye or some other neat crop.

A permanent pasture like blue grass sod comes in handy during muddy spells when other pastures are short, also before other pastures have started growth in the spring. Some feeders attempt to have their pigs finished for an early fall market. It is necessary then to start them upon pasture as early as possible and while they are still nursing. The finishing of spring pigs upon the corn field is a practice of growing popularity. Experience has taught us that the pig which will economically hog off a field is the well grown pasture fed pig.—B. W. Fairbanks, Extension service, Colorado Agricultural college.

Water and Salt Needed for Health of Sheep

Keep plenty of fresh water and salt before your sheep at all times, and provide shade in hot weather. It is not essential that your barn be so very warm, except at lambing time, but it is very necessary that they be kept and pastured in a dry place.

Always avoid using a scrub ram. The saying that the ram is half the flock is very true, so if a scrub is used, no improvement can be expected in the lambs. If the industry is to improve, the scrub must be eliminated. Flocks of inferior breeding demand much more care and feed than a well-bred flock, and the shepherd finds no enjoyment in caring for this type of stuff when he could, with the same amount of feed and care, be raising a much better grade of stock. So, in every case where possible, secure the services of a pure-bred ram, and even the most biased observer will agree that the results are surprisingly favorable.

Sheep Industry Is Due for Some Big Fat Years

"Government statistics show that in 1900 we had five sheep to every eight people, in 1916 we had four sheep to every eight people, and in 1923 we had only three sheep to every eight people," was a statement made by H. E. Reed, professor of animal husbandry at the Kansas State Agricultural college, in a discussion of the history and development of the sheep industry. "Such a condition as this, in addition to the inability of the range to increase its present production and the improbability of over-production among farm flocks, should make the sheep man's life a pleasant one for several years to come."

Live Stock Hints

Treat sheep for stomach worms.

Many a good-tempered colt is spoiled by a bad-tempered owner.

Water horses and mules both before and after feeding, but never when they are very hot.

Remember that the hind legs of a horse are his propellers, and that poor shoe fitting causes much lameness.

In the management of all classes of live stock, there are times when careful, watchful attention is required. That time in sheep production is the lambing season.

Give sows suckling pigs a liberal grain mixture.

Feed lambs grain in a creep so that they will be fat and ready for the market when they weigh 60 to 80 pounds.

The weaning pigs weighing from 30 to 100 pounds may be fed from 30 to 85 parts corn, and 15 to 20 parts tankage, or instead of this ration you can use 75 to 80 parts corn, ten parts wheat middlings, and ten to 15 parts tankage.

WRIGLEY'S

after every meal

Parents—encourage the children to care for their teeth! Give them Wrigley's. It removes food particles from the teeth. Strengthens the gums. Combats acid mouth. Refreshing and beneficial!



EUREKA VACUUM CLEANER

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MIEN—Order Your Tobacco Direct From Factory

Save money; select natural leaf chewing and smoking; 30 BIG DIME TWISTS, \$2.10, prepaid. Satisfaction guaranteed; send money order to Southern Tobacco Co., 352 N. Front St., Memphis, Tenn.

Anybody Mailing Their Name and Address to Adelaide Culp Rheas, Composer and Publisher, to Littleton, P. O., Colorado, suburb of Denver, with NO MONEY, will receive postpaid Western Welcome and Wyoming Girl songs 25c each. Dedicated to Cow Boys. Also Camp Fire Song 25c. Dedicated to Camp Fire Girls and Boy Scouts. Just out song. If you like them, remit price for one, or all, or return them at my expense after one week's try out. That's fair, ain't it?

DRINK

this true fruit beverage on all occasions—FAM-LY-ADD. One tube makes a gallon of the most refreshing soft drinks. Orange, Lemon, Lime, Grape, Raspberry, Berry, Root-Bear, Cherry. One tube, 55c; three tubes, \$1.00. Mailed prepaid for check, cash or money order; or C. O. D., plus postage. Send for some today. FRUIT VALLEY CORP., Department 261 Rochester, N. Y.

L. D. S. Business College

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Unbeatable

Smith and Jones had a lawsuit. Smith sat in the courtroom before the case opened, with his witnesses around him. Then Jones bustled in. He stopped abruptly and looked Smith's witnesses over carefully. Presently he turned to Smith and asked: "Are these your witnesses?" "They are," Smith replied. "Then you win," Jones exclaimed. "I've had them witnesses twice myself."—Pathfinder.

A FEELING OF SECURITY

You naturally feel secure when you know that the medicine you are about to take is absolutely pure and contains no harmful or habit producing drugs. Such a medicine is Dr. Kilmer's Swamp-Root, kidney, liver and bladder medicine. The same standard of purity, strength and excellence is maintained in every bottle of Swamp-Root.

It is scientifically compounded from vegetable herbs. It is not a stimulant and is taken in teaspoonful doses. It is not recommended for everything. It is nature's great helper in relieving and overcoming kidney, liver and bladder troubles.

A sworn statement of purity is with every bottle of Dr. Kilmer's Swamp-Root.

If you need a medicine, you should have the best. On sa' at all drug stores in bottles of two sizes, medium and large. However, if you wish first to try this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.

Slam at Agriculturalists

A scientist predicts that by the use of a new rapid-growth serum with which he is experimenting, the farmer will plant wheat one day and harvest the crop the next. That will leave 363 glorious days in which to grumble.—Humorist (London).

Shake into your Shoes

And Sprinkle in the Foot-Bath ALLEN'S FOOT-EASE The Antiseptic, Healing Powder for tired, swollen, smarting, aching feet. It takes the friction from the shoe, prevents blisters and sore spots and takes the sting out of corns and bunions. Always use Allen's Foot-Ease to break in new shoes. Sold everywhere. Trial packages free. Address ALLEN'S FOOT-EASE, Le Roy, N. Y.

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