AILMENTS OF YOUNG GIRLS

Relieved by Lydia E. Pinkham's Vegetable Compound School Teacher's Experience

Evanston, Wyoming.—"A few years ago I had troubles every month such as girls often have, and would suffer awfully every time. I was teaching school and it made it hard for me as I had to go to bed for two or three days. One day my mother suggested that I take Lydia E. Pinkham's Vegetable Compound, which I did, and it did wonders for me. In the course of a year I married and after my first baby was born I got up too soon and it caused a displacement. This troubled me so that I could hardly walk or do my housework. I knew what the Vegetable Compound did for me before so I took it again. It strengthened me and now I have five little kiddies. The eldest is six, the baby is five months old and I have twin boys three years old and a boy of five years. I do all my own housework, washing and ironing, and I never felt better in my life. I owe my health to your wonderful medicine and I recommend it to all my friends."—Mrs. VERBENA CARPENTER, 127 2nd Avenue, Evanston, Wyoming.

If people only knew the facts about their skin

THE real cause of skin trouble—rashes, blackheads, excessive oiliness, etc.—is way down in the lower layers of the skin. It cannot be expected therefore that mere surface remedies can reach the disorder.

Thousands of physicians are daily prescribing Resinol Ointment and Resinol Soap. They know this gentle, yet effective treatment *does* sink deep, and will often soothe away in a few days the most stubborn rash as well as a trifling blemish. No home should be without these products—the soap for general toilet use—the ointment to check the first bit of skin eruption. At all druggists.

RESINOL

All of the people can fool themselves all of the time, more or less.

If You Need a Medicine You Should Have the Best

Have you ever stopped to reason why it is that so many products that are extensively advertised, all at once drop out of sight and are soon forgotten? The reason is plain—the article did not fulfill the promises of the manufacturer. This applies more particularly to a medicine. A medicinal preparation that has real curative value almost sells itself, as like an endless chain system the remedy is recommended by those who have been benefited, to those who are in need of it.

A prominent druggist says: "Take for example Dr. Kilmer's Swamp-Root, a preparation I have sold for many years and never hesitate to recommend, for in almost every case it shows excellent results, as many of my customers testify. No other kidney remedy has so large a sale."

According to sworn statements and verified testimony of thousands who have used the preparation, the success of Dr. Kilmer's Swamp-Root is due to the fact, so many people claim, that it fulfills almost every wish in overcoming kidney, liver and bladder ailments, corrects urinary troubles and neutralizes the uric acid which causes rheumatism.

You may receive a sample bottle of Swamp-Root by Parcel Post. Address Dr. Kilmer & Co., Binghamton, N. Y., and inclose ten cents; also mention this paper. Large and medium size bottles for sale at all drug stores.

Don't forget that education is the getaway to all reforms.

Fresh Strawberry Shortcake.

Sift 4 cups of flour in large mixing bowl, add 4 teaspoons Calumet Baking Powder and 2 teaspoons butter, pinch salt, two eggs and enough milk to make a soft dough. Place the dough in layer cake pan and bake in hot oven for 20 minutes. Cool and split in 2 layers. Spread 3 tablespoons butter between the layers and let cool. Cut cake in desired size and pour fresh crushed strawberries over cake. Serve with whipped cream.

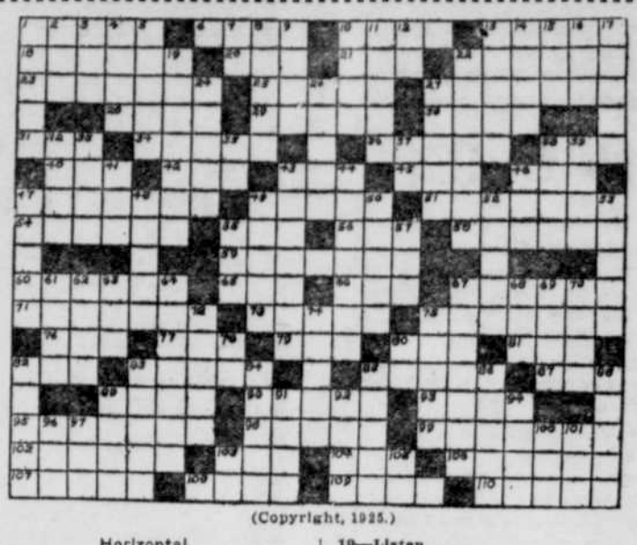
If an automobile makes one happier, doesn't that justify it?

One Secret of Beauty Is Foot Comfort

Frequently you hear people say, "My feet perspire winter and summer when I put on rubbers or heavier footwear—then when I remove my shoes my feet chill quickly and often my hose seem wet through." In every community thousands now use **Allen's Foot-Ease** in the foot-bath daily and then dust the feet and shake into the shoes this antiseptic, healing powder. Full Directions on box. Trial Package and a Foot-Ease Walking Doll sent **Free.** Address, Allen's Foot-Ease, Le Roy, N. Y.

RUB YOUR EYES? Use Dr. Thompson's Eyewater. Buy at your druggist's or 218 River, Troy N. Y. Booklet.

CROSS-WORD PUZZLE



(Copyright, 1925.)

Horizontal.

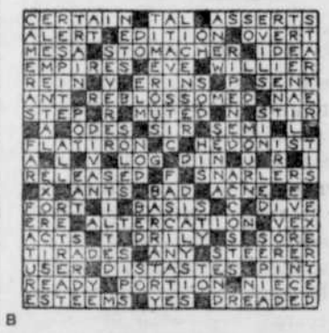
1—Footgear
6—Every
10—Flout
13—The smallest amount
18—The floor of a fireplace
20—Also
21—A kettle
22—One who carries something
23—Items of record
25—Pertaining to a pole
27—To pass from one place to another
28—To break short
29—Exhausted
30—Jewel
31—Rule established by authority
34—Clan
36—Hostelry
38—Extremity
40—Domestic animal
42—Instrument used to operate a lock
43—Snare
45—Color
46—Bustle
47—Marks made by folding
49—Sort of skeleton found in the sea
51—Striking gently
54—Piece of instruction
55—Sort of preserved fruit
56—Pouch
58—Epistle
59—To enliven
60—Body of land surrounded by water
65—Hastened
66—An edge
67—Rapacious bird
71—To wind, as a brook
73—Burdened
75—Small dagger
76—To set free of
77—Horse
79—To allow
80—Correlative of "neither"
81—Period of time
82—A possessive pronoun
83—A delicious drink
85—Arbor
87—A measure of length
89—Entrance
90—Machine which gives motion
93—At any time
95—Tells
98—A variety of quartz
99—Dwells
102—Fastened
103—Bond
104—Tag
106—Recollect
107—Older
108—The fruit of the pine tree
109—Lyric poems
110—An aromatic herb

Vertical.

1—Hard covering
2—Female fowl
3—Grain
4—Sins
5—Provide for meagerly
7—Near
8—Thicket
9—Metal or wooden band
10—Short space of time
11—Merit
12—Neuter pronoun
13—According to law
14—A nobleman
15—A southern constellation
16—Fixed
17—Inclination
19—Listen
22—Having two feet
24—Seen
26—A bar of metal for raising weight
27—Sacred musical composition
32—Land measure
33—Troubles
35—Beside
37—Otherwise
38—To prepare for publication
39—Not any
41—Part of verb "to be"
43—Existing only in name
44—A silk used for upholstering
46—Expert
47—Demand
48—Whole
49—Artificial waterway
50—High school subject
52—Delicious nut
53—Great
55—Receptacle
57—Precious stone
61—Dry
62—Home of a wild beast
63—A conjunction
64—Indicated
67—Always
68—To recline
69—Anxiety
70—Spoken
72—Runs swiftly
74—A triangular piece of land at the mouth of a river
75—Potency
78—To depart
80—Negative
82—Domestic animal
83—To supply food or amusement
84—Furiously
85—A food
86—Set again
88—Fine lace
90—Strong wind
91—Sort of molding
92—Common name of old German emperors
94—Wealthy
96—Soft-finned fish
97—Boy
100—Span of 24 hours
101—Kind of tree
103—Forward
105—Exist

The solution will appear in next issue.

Solution of Last Week's Puzzle.



HOW TO SOLVE A CROSS-WORD PUZZLE

When the correct letters are placed in the white spaces this puzzle will spell words both vertically and horizontally. The first letter in each word is indicated by a number, which refers to the definition listed below the puzzle. Thus No. 1 under the column headed "horizontal" defines a word which will fill the white spaces up to the first black square to the right, and a number under "vertical" defines a word which will fill the white squares to the next black one below. No letters go in the black spaces. All words used are dictionary words, except proper names. Abbreviations, slang, initials, technical terms and obsolete forms are indicated in the definitions.

LOOKS DIFFERENT NOW

Mrs. Bride—You shouldn't complain about these little bills. Before we were married you liked to see me wear pretty things.

Her Husband—Sure! But your father paid for 'em then.

Cattle and Poultry as Weather Prophets

Can meteorologists, even with the aid of wireless, forecast weather with more accuracy than country folk who watch nature's own barometers? If cattle in a field scratch themselves vigorously, or stand with their tails to the wind the countryman will tell you it is going to rain and his prediction is invariably correct. If the fowls come out to feed on a wet morning there is little chance of it clearing up that day, says the Flower Grower. The appearance of toads, frogs and earthworms in unusual numbers invariably means rain, and so do the singing of blackbirds, the falling of soot or the creaking of furniture. If the ants in the garden build their walls frequently or the house sparrow keeps to the ridge country residents prepare for rain, though if birds' frequent the eaves they will confidently prophesy fine weather.

Storms from the northwest or southwest are usually brief, but a storm from the northeast is likely to be long and severe. A veering wind brings fine weather, a backing wind means rain. These are the countryman's barometer. Their significance is based upon the observation and experience of centuries, and the forecast made from them is quite as reliable as any issued from the meteorological observatories.

Genuine BAYER **ASPIRIN**

Say "Bayer Aspirin"

INSIST! Unless you see the "Bayer Cross" on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians for 24 years.

Safe Accept only a Bayer package

which contains proven directions

Handy "Bayer" boxes of 12 tablets
Also bottles of 24 and 100—Druggists

Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid

Clear The Pores Of Impurities With Cuticura Soap

Soap, Ointment, Talcum sold everywhere.

CORNS

Lift Off—No Pain!

Doesn't hurt one bit! Drop a little "Freezone" on an aching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers.

Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the foot calluses, without soreness or irritation.

If kissing cured indigestion everybody would have dyspepsia.

Intellect doesn't necessarily mean sense.

Sure Relief FOR INDIGESTION

6 BELL-ANS Hot water Sure Relief

BELL-ANS

25¢ AND 75¢ PACKAGES EVERYWHERE

FOR OVER 200 YEARS

haarlem oil has been a world-wide remedy for kidney, liver and bladder disorders, rheumatism, lumbago and uric acid conditions.

GOLD MEDAL HAARLEM OIL CAPSULES

correct internal troubles, stimulate vital organs. Three sizes. All druggists. Insist on the original genuine GOLD MEDAL.

How *to build up your* Weight

TO BE under weight often proves low fighting-power in the body. It often means you are minus nerve-power, minus red-cells in your blood, minus health, minus vitality. It is serious to be minus, but the moment you increase the number of your red-blood-cells, you begin to become plus. That's why S. S. S., since 1826, has meant to thousands of underweight men and women, a plus in their strength. Your body fills to the point of power, your flesh becomes firmer, the age lines that come from thinness disappear. You look younger, firmer, happier, and you feel it, too, all over your body. More red-blood-cells! S. S. S. will build them.

Free Booklet

Send name and address to S. S. S. Co., 111 S. S. S. Bldg., Atlanta, Ga., for special booklet on the Blood.

S. S. S. is sold at all good drug stores in two sizes. The larger size is more economical.

S.S.S. The World's Best Blood Medicine

ORCHARD GLEANINGS

"JUNE BUDDING" AS TIME-SAVING PLAN

"June budding" does not, as the term might imply, necessarily mean budding that is done during the month of June, although this is the conception most fruit growers have. Instead, it refers to budding done usually during the early summer, the bud growing the same season. In other words, the process of budding completed, growth commences soon after. It so happens in most sections that budding is best done during the month of June. However, in other sections late May may be the best time and in still others, July. The time to do "June budding" will vary with the year and the condition of the stock.

Although success can be had when employing "June budding" on all deciduous fruit trees, best results are obtained with the peach.

The chief advantage of "June budding" lies in the fact that a fruit tree can be propagated from seed to readiness for orchard planting in one year's time, while if a bud was inserted in late summer, according to the usual practice, a second season would be necessary for it to grow into a tree. The root of a "June-budded" tree is only one year old, while the root of a fall-budded tree is two years old at the time of planting in the orchard. The advantage of the one-year root is that it is smaller and that more of it therefore remains intact when removal from the nursery takes place.

There are three requisites for "June budding":

1. The seedlings must be large enough early in the season to be budded conveniently.
2. The bark must slip readily.
3. The desired dormant buds must be available. Sometimes they are not mature enough to use in May or early June.

About ten days after the bud has been inserted, the string holding it in place should be cut so as not to cut the rapidly growing tree. Immediately after cutting, the seedling should be bent over and broken about four inches above the bud. Care should be taken not to completely sever this top portion, but to allow a few strands of wood to remain intact. Complete removal of this portion of the tree at this time will cause the bud to be "drowned out" owing to too much sap going to the bud. As soon as the bud has started to grow vigorously, the top should be cut off about one-half inch above the growing bud. Given the proper conditions, the young tree should be large enough to plant in the orchard the following winter.

Removing Weak Canes Is Best for Berry Patch

Some interesting results have been obtained from raspberry pruning investigations carried on by the department of horticulture of the Michigan agricultural experiment station. While the results obtained seem to be applicable to Michigan conditions, the same methods might not prove to be of value under different climatic and growing conditions. The first thing to determine when pruning a black raspberry plant is the number of canes to leave. The results of this investigation show that the number will vary with the vigor of the plant. Strong, vigorous canes should be left, while the weak, spindly canes should be removed. Some plants will be able to handle six or seven canes while others should only have two or three. The size of the cane is of great importance. The larger the cane the better when both total yield and size of fruit are considered. Canes 16-32 of an inch in diameter (at a point six inches above the ground) had an average yield of 6.16 ounces, while canes 18-32 of an inch in diameter had an average yield of 8.92 ounces. When the size of the cane increased to 21-32 of an inch the average yield also increased to 12.47 ounces.

Clover Is Satisfactory Cover Crop for Grapes

Nearly all of the clovers have made very satisfactory cover crops for vineyards. A few varieties of clover, however, make a slow start in the spring and may, during unfavorable seasons, make a rather short crop to turn under. The crop selected should be one which will give good growth in your locality.

Hubam clover is probably as good a green manure crop as can be produced in one year. It may be planted as late as August first and still produce an abundant growth before frost. It may then be plowed under about the first or middle of May the following spring.

Spray for Scale Insects

Where young trees become infested with scale insects, a strong spray of lime-sulphur is necessary. If the liquid lime-sulphur is used, eight gallons should be diluted in each 50 gallons of water. Where the powdered form is used, 15 pounds are necessary for 50 gallons. This spray must be strong in order to get these protected scale insects. It is so strong, in fact, that if it were applied during the growing season it would seriously burn the foliage of the trees.

NEXT WEEK

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Genuine Alabastine comes only in package with *Cross* and *Circle* printed in Red. Demand the best.

costs a little more than Kalsomine—

but it's worth more. And it won't rub off when properly applied. Full instructions on every package. Ask your dealer for the Alabastine colorcard or write Miss Ruby Brandon, the Alabastine Company, Grand Rapids, Michigan.

Alabastine—a powder in white and tints. Packed in 5-pound packages, ready for use by mixing with cold or warm water. Full directions on every package. Apply with an ordinary wall brush. Suitable for all interior surfaces—plaster, wall board, brick, cement, or canvas.

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from a Bone Spavin, Ring Bone, Splint, Curb, Side Bone, or similar troubles and gets horse going sound. It acts mildly but quickly and good results are lasting. **Does not blister or remove the hair** and horse can be worked. Page 17 in pamphlet with each bottle tells how. $2.50 a bottle delivered. Horse Book 9 A free.

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