

WOMAN WEAK DIZZY, FAINT

Found Relief in Taking Lydia E. Pinkham's Vegetable Compound. Always Recommends It



Bridgeport, Connecticut.—"I was completely run-down, had headaches, dizzy, faint feelings and other troubles women often have. As I had taken Lydia E. Pinkham's Vegetable Compound before, my husband said to take it again. I have now taken Lydia E. Pinkham's Blood Medicine, the Liver Pills, and six boxes of Lydia E. Pinkham's Vegetable Compound Tablets. I am feeling very good now and shall continue taking them for a while. I have been telling my cousin about the medicine and she wants to take it, too. I always recommend it."—Mrs. HENRY C. SMITH, R.F.D. No. 3, Box 6, Bridgeport, Conn.

Lydia E. Pinkham's Vegetable Compound is a splendid medicine for such conditions. It has in many cases relieved those symptoms by removing the cause of them. Mrs. Smith's experience is but one of many.

In a recent country-wide canvass of purchasers of Lydia E. Pinkham's Vegetable Compound, over 121,000 replies were received, and 98 per cent. reported they were benefited by its use. For sale by druggists everywhere.

No Doubts Then

Bob—What is the best way to find out what a woman thinks of you?
Rob—Marry her.—Stray Stripes.



No matter how long you may have been tortured and disfigured by some itching, burning skin eruption, just apply a little of that soothing, healing Resinol Ointment to the irritated surface and see if the suffering is not relieved at once. Healing usually begins that very minute, and the skin gets well quickly and easily unless the trouble is due to some serious internal disorder.

Doctors prescribe Resinol widely, so when you try it, you are using a remedy of proven value.



Resinol Soap is ideal for general toilet use. It is unsurpassed for the bath and shampoo.

The Expert

"Here is something new in screen announcements." "Whazzat?" "Grammar by Lindley Murray."

Mothers, Read This!

Seattle, Wash.—"While bringing up my family Dr. Pierce's Favorite Prescription was of great benefit to me as a tonic and nerve. It kept me strong and able to do my housework during pregnancy and I believe it prevented me from having any trouble with my kidneys. I think I owe a great deal of my present good health and strength to the condition I kept myself in at those trying periods, with Dr. Pierce's Favorite Prescription."—Mrs. F. M. Harrison, 3402-26th Ave., N.E. All dealers.

Send 10c to Dr. Pierce, Buffalo, N.Y., for a trial pkg. tablets.

Encouraging Lawyer

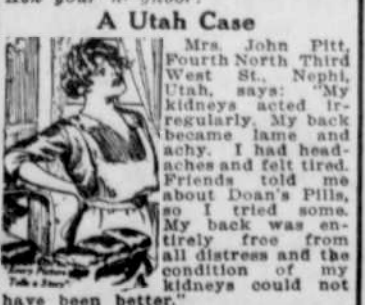
"De lawyer in de case was so good," said Uncle Eben, "dat his client was kind o' sorry he didn't steal several mo' chickens while he was at it."—Baltimore Star.

The One Time

Tom—"Does a fisherman ever tell the truth?" Harry—"Yes. When he calls another fisherman a liar."

Weak and Miserable?

Are you dull, tired and achy—both—ered with a bad back? Do you lack ambition, suffer headaches and dizziness—feel "all worn out"? Likely your kidneys are to blame. Lameness, sharp, stabbing pains, backache and annoying urinary disorders are all symptoms of weakened kidneys. Don't wait for more serious trouble. Get back your health and keep it! Use Doan's Pills, a stimulant diuretic to the kidneys. Thousands of folks tell their merit. Ask your neighbor!



DOAN'S PILLS
60c
STIMULANT DIURETIC TO THE KIDNEYS
Foster-Milburn Co., Mfg. Chem., Buffalo, N.Y.

MARY SUCCEEDS ON MAIN STREET

By LAURA MILLER

© by Laura Miller

KEEPING THE KIDS ON THE FARM

Out near Chickashaw, Okla., there's a little station—and by this time probably a post office—called Lyle. Nearby are three Lyle children on the 350-acre farm who show no enthusiasm for learning to become white-collared city folks. The story runs like this: There was a Tennessee farm boy who did things "just like dad" and stayed just as poor as dad was. There was a girl, an orphan, who grew up being waited on in her sister's home. Then the girl's father asked her to join him on a Texas ranch. "It was 21 miles from town," she laughs in retrospect, "and I had to cook or starve, and keep a nice house or live in filth. By and by the boy and girl became Mr. and Mrs. Bob Lyle, and tried farming on a big scale in Oklahoma."

"But we liked to work our fool selves to death," recalls Bob. And, "nine months of the year I was kept busy feeding 20 farm hands and baling the hay crop," says his wife, "and when the bottom dropped out of the hay market, and the war took all our labor, we decided we'd let the hogs do the baling and save me the cooking."

At one time they made a record shipment of 28 cars, filled with 2,250 head of hogs. They brought \$64,000 and the Lyles felt proud until they happened on a sale of pure bred hogs where 50 head sold for more than \$27,000. Then and there the Lyles discarded all faith in old-fashioned methods. They substituted high-bred pigs and treated them with the consideration due to breeding. That they're succeeding financially is evidenced by the fact that three sales last year netted \$75,000.

Mrs. Lyle is the business manager of the firm, carrying all correspondence, keeping the books, working up pedigrees (which for human folks had always fascinated her), and doing some clever advertising. At the fairs, where Lyle pigs are carrying off prizes, there's a funny hooklet always for distribution. It is called "Pig Tales," and the long braids of hair on four girls spell out "Leave it to Lyle." Inside are scraps of Mr. Lyle's humorous philosophy turned into sales arguments.

And the little Lyles? Each one had a pure bred pig sold him or her on interest. At the end of the year they sold enough pork on the hoof to pay off their notes and start them in a business that at the end of five years, their mother estimates, should give each the equivalent of 8,000 pigs worth \$75 each!

LEGISLATORS AS HOME-KEEPERS

For years progressive women have been resenting the dictum that their place is in the home, but a brilliant man recently remarked, once out of the home the worth-while ones all turn instinctively to home affairs. There's the case, for instance, of the first woman in the Texas legislature.

When Edith Wilms took her seat last winter there was a wall of custom, an impalpable but apparently impassable barrier between her, "the woman messing in politics," and the rest of the legislators. It took just three weeks of her sunny disposition and calm determination to do her work well to dissipate the miasma.

It seems a bit absurd to chronicle this first, but she did not try to stop the men members from their immemorial privileges of smoking and putting their feet on their desks. If she kept on being feminine, she felt, she owed it to the men not to interfere with their being masculine.

She brought in the bills on which she had won her campaign by a majority of 17,000, and gained solid support for them. To accomplish this so quickly she must have had good preparation, you say. She had.

As the wife of a lawyer, she grew interested while her three children were at school in the difficulty of having good schools without good school laws. She took up the study of law with her husband, who later died, so that her five years of active law practice was necessary as well as good training.

Of the four hundred cases she tried, with the loss of only two, a large proportion dealt with women and children. Mrs. Wilms successfully escaped being swamped in divorce cases, with which the Dallas courts are choked. But the very necessity drove her to put in as one of her first legislative bills, one for the establishment of a domestic relations court. Her other bills were to modify the mothers' pension law, to raise the compulsory school attendance age to eighteen, and to require a health certificate from both persons before issuance of a marriage license. Years of experience as a member of the "third house," or unpaid lobbyist for welfare measures, have given her knowledge of how to gain support from her fellow legislators. Even her opponents now acknowledge that she can honestly love her home first, and yet make a brilliant success as a legislator.

POULTRY

ROASTING CHICKENS FINISHED ON MILK

Much of the poultry sold to the consuming public is in an unfinished condition. Fleshing or fattening puts weight onto the birds, improves the flavor, causes the muscles to become tender and the bones brittle. Theoretically the fat is distributed between the muscle fibers in a way similar to the marbling in roasts and steaks. In the roasting method of cooking poultry, the fat assists in shortening the time of cooking. This may be contrasted with the lean bird which requires longer cooking and from which the water evaporates, leaving the bird in a dry and tough condition.

Most milk feeding of roasting chickens by the producer is done in the fall when the weather is cool and the birds can better stand confinement. The time just preceding Thanksgiving and Christmas is most desirable. Young birds weighing from 3½ to 4½ pounds are about the right weight for fall feeding. Broiler fleshing is done in the spring when the birds weigh about one-half pound less than the market demand, which is normally two pounds.

Two common methods of feeding are pen and crate fattening. For farm purposes pen fattening will be satisfactory because no special equipment is needed. The birds are confined to a limited coop area where they will get little or no exercise. The lack of exercise helps to make the bird tender.

Purdue university has found the following ration and method of feeding quite satisfactory:

Two pounds ground corn
One pound ground whole oats
One pound four middlings
Eight pounds liquid buttermilk.

This is mixed at the feeding prior to the one it is to be fed. When fed, it should pour and be of a thick cream of pancake-batter consistency.

The birds should receive no feed for 24 hours previous to their first milk feeding. This is done in order to free the intestines from feed and to get the birds hungry. Thereafter they should be fed in troughs twice a day, early in the morning and late in the afternoon. From 10 to 14 days is the usual length of time for feeding. For the first three or four days until they are "on feed," the feed should be in front of them for only 10 minutes; for the next three or four days, 15 minutes; and for the last days, 20 minutes. The birds should be hungry at each feeding. If they are not hungry at each feeding, that feeding should be withheld.

Only in very hot weather should anything other than the two regular feedings be given. At such a time the birds may have a very thin mixture of the ration given at noon.—L. H. Schwartz, Purdue University.

Summer Hardest Season to Produce Good Eggs

Summer is the hardest season in which to produce quality eggs and for that reason a producer of such should have very little trouble getting a few cents more per dozen. It really costs no more to produce a good egg than a poor one, though it is perhaps a little more work.

The first thing to do when producing quality eggs is to dispose of the roosters. This is the greatest trouble with summer egg production. The egg starts to incubate and then the embryo dies leaving the egg unfit for food. The second thing to do is to never neglect gathering the eggs twice a day.

The third thing to do is to keep the eggs in a cool cellar or cave. They should never be kept in a musty place as an egg will take up odors as quickly as milk. By following these three rules you will not find it difficult to produce eggs that will be a credit to the producer.

Poultry Notes

Keep grain before all the stock.

Select best pullets and give good care.

Keep young chicks moving on to new ground. It prevents coccidiosis.

Pullets that are small for their age and apparently lacking in vigor are seldom profitable.

It pays to watch the development of the pullets and if they seem to be maturing too rapidly you can take away the mash and feed only scratch grain.

It pays to cull the pullets. Many flocks are reduced in vigor because every pullet that is pure bred is held over.

Crowding in the houses overheats the birds at night. When they come out on the cool ground in the morning there is a danger of taking cold.

Every farmer who markets eggs can help to establish confidence in eggs as a palatable, tasteful food by collecting his eggs daily and marketing them at least twice a week.

MAKING GOOD IN A SMALL TOWN

Real Stories About Real Girls

By MRS. HARLAND H. ALLEN

(© 1924, Western Newspaper Union.)

TEACHING FOREIGN-BORN TO SPEAK "AMERICAN"

WHEN making good means making money, try teaching foreigners to speak the English language.

Ambitious foreign born men, anxious to make good in business; foreign born mothers, whose children are growing away from them with the adoption of a new tongue; foreigners who can't speak a word of English and foreigners who merely want to improve their speech—all these will be your prospective pupils.

So says a girl who, after graduation from college, spent nearly a year wondering "what on earth" she could do, since she didn't want to teach in the public schools, in her home town.

"The fact that there is a large element of foreign born people in here gave me my idea," she told me. "And I've made a good income ever since I started 'on my own' to give these people private lessons in English."

Since every small town is a part of the "melting pot" which is America, no matter where a girl lives, she is almost sure to find a good number of the foreign born who flock yearly to our shores. Here are her pupils. As for desks, chairs, chalk, blackboards and other customary schoolroom accessories, she needs none of these to be "school m'am" in this kind of school. The lessons are all private ones, and may be given at the pupil's own home.

The would-be teacher should advertise for her pupils in the local papers. To those who answer the advertisement, she may say that the charge for each two-hour lesson is three dollars, and that two a week will probably be satisfactory. Of course, she may vary the price to meet the local situation. She should supply herself with good text books, and should keep her advertisement running. If she obtains, eventually, more pupils than she can manage, she may then branch out and hire other teachers to assist her.

However big her business grows, she should never give group lessons instead of private ones, for it is the element of privacy that will make her venture a success. The foreigner who has been backward in learning his English does not want to display his ignorance before a class. He wants private lessons. Even if the teacher should organize a class and persuade him to join, he will, in most cases, soon drop out.

There are very few towns where the foreign element in the population is negligible—and the girl who does happen to live in such a town should go into something else. But for the girl whose "Main Street" has its foreign sections, the risk is small, the possibilities great.

THE "CIRCULATING STENOGRAPHER"

"I HAD always wanted a business career," said the small-town girl whose mother was too feeble to be left entirely alone, "so I decided to be what I call a 'circulating stenographer.' Since circumstances prevented my taking a 'regular job,' I have several employers instead of one."

This ingenious "circulating stenographer" fitted herself for the work by means of a correspondence course. She visits the different offices on her list—there are ten of them—and takes dictation at each place. She makes it a point to be at each office on schedule time, and, since her employers know she can be relied upon to do so, she is seldom kept waiting; her promptness conserves her own time, as well as theirs.

For the small-town girl who cannot leave home all day; who knows, or is willing to learn, stenography, here is an opportunity. Business men who do not have enough work to be done to justify their employing a full-time stenographer will welcome a part-time stenographer.

If she does the housework before she starts to work each day, she will probably leave home in the mid-morning and return in the mid-afternoon. She can type her letters at home, getting them done easily before six o'clock. She can sign and mail them in the evening. Should any one of her employers discover additional letters he wants sent out the same day, she can take his dictation over the telephone. In her home "office," she should keep supplies of stationery from each place of business she visits.

"The way to begin is to begin," simply calling on and applying to those business men whose work she thinks might justify their having some stenographic work done, but probably not full-time work. Some friend of the family may need a little stenographic work done regularly; he may be able to suggest her name to other business men who would be glad of her services.

She may enlarge her field, as more business men hear and approve her plan, by employing other girls to work under her. She would have them report each day at her headquarters, assigning them either to offices on the regular route, or to business men who may have telephoned to have a special piece of work done. There is a big future for the "circulating stenographer" with ambition.

FEELS LIKE A PERSON MADE ALL OVER AGAIN

Mrs. Riggs Pays High Tribute to Tanlac for Ridding Her of Nerve and Stomach Troubles.

Mrs. Anna M. Riggs, R. F. D. 1, Box 128, Colorado Springs, Colo., is another woman of prominence in her community from whom the Tanlac treatment has elicited high commendation. Her statement follows:

"When it comes to stomach and nerve troubles and the miserable feelings that come from indigestion and constipation, Tanlac and the Tanlac Vegetable Pills certainly do make an

ideal combination. That is what I took in January of this year and since then I have felt like a person made all over again.

"Before taking Tanlac I was just so shaky, nervous and weak that I just dragged around and was almost past going. But now I sleep like a child, digest my food perfectly and have all the energy and strength a person needs. In fact, my health is fine and I am praising Tanlac for it."

Tanlac is for sale by all good druggists. Accept no substitute. Over 40 million bottles sold.

Tanlac Vegetable Pills for constipation; made and recommended by the manufacturers of Tanlac.

Fish Frozen in Ice

It is said that there are authenticated cases of fishes and frogs which have survived after having been incased in solid ice. This is because cold-blooded creatures such as fish and frogs have a very low standard of heat. Their body temperature is only slightly above that of the surrounding atmosphere. However, fishes and frogs frozen in ice would not usually survive.—Pathfinder Magazine.

Record Electric Sign

The world's largest electric advertising sign now flashes out the merits of a brand of ginger ale from a building in Times square, New York city. The sign extends for an entire city block and is 58 feet tall, almost equal to the height of a six-story building, says Popular Science Monthly.

Important to All Women Readers of This Paper

Swamp-Root a Fine Medicine

Thousands upon thousands of women have kidney or bladder trouble and never suspect it.

Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease.

If the kidneys are not in a healthy condition they may cause the other organs to become diseased.

You may suffer pain in the back, headache and loss of ambition.

Poor health makes you nervous, irritable and may be despondent; it makes any one so.

But hundreds of women claim that Dr. Kilmer's Swamp-Root, by restoring health to the kidneys, proved to be just the remedy needed to overcome such conditions.

Many send for a sample bottle to see what Swamp-Root, the great kidney, liver and bladder medicine will do for them. By enclosing ten cents to Dr. Kilmer & Co., Binghamton, N. Y., you may receive sample size bottle by parcel post. You can purchase medium and large size bottles at all drug stores.—Advertisement.

Good Investment

The Artist—Say, you are taking that Ferris girl out to dinner all the time. Isn't it rather expensive?

The Writer—Yes, but it pays in the end. She cracks ten or twelve jokes every night and I sell them to the comic magazines.

Don't Forget Cuticura Talcum

When adding to your toilet requisites. An exquisite face, skin, baby and dusting powder and perfume, rendering other perfumes superfluous. You may rely on it because one of the Cuticura Trio (Soap, Ointment and Talcum), 25c each everywhere.—Advertisement.

Helping Him Along

Reporter—And in what state were you born, professor?

Professor—Unless my recollection fails me, in the state of ignorance.

Reporter (scribbling)—Yes, to be sure. And how long have you lived there?—Iowa Frivol.

Hall's Catarrh Medicine

is a Combined Treatment, both local and internal, and has been successful in the treatment of Catarrh for over forty years. Sold by all druggists.

F. J. CHENEY & CO., Toledo, Ohio

Should Attract Fishermen

The Nile has a greater variety of fish than any other river in the world. An expedition sent by the British museum brought back 9,000 specimens.

Love's blindness is not incurable. Otherwise there would be no breach-of-promise suits.

ASPIRIN

SAY "BAYER ASPIRIN" and INSIST!

Unless you see the "Bayer Cross" on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians 24 years for

Colds	Headache	Neuralgia	Lumbago
Pain	Toothache	Neuritis	Rheumatism

Safe

Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100.—Druggists.

Aspirin is the trade mark of Bayer Manufacture of Monaceticacid of Salicylicacid