

**"---and we are a healthy, happy family now"**

— Louis Gingras



**T**INGLING with abundant energy, appetites hearty, nerves strong and steady and their faces radiant with the glow of perfect health, the entire family of Louis Gingras, 9 Harrison Ave., Providence, R. I., are an eloquent tribute to the powers of Tanlac, the greatest family medicine the world has ever known.

"I've put Tanlac to the test four times right in my own family and it hasn't failed me once," declared Mr. Gingras. "My wife, my son and my daughter, as well as myself, have all been built up from a half-sick, run-down, worn-out set of people into a healthy, happy family brimful of new life and energy."

And the experience of this family is only typical of thousands of others whose statements are on file in the Tanlac offices. Hardly a day passes that does not bring scores of such messages of praise from every part of the United States and Canada from families where mother, father, son and daughter have all found health, contentment and the joys of living through simply taking a course of Tanlac.

Take, for instance, the case of John Widner, 1571 Roosevelt Ave., Los Angeles, Calif., who says: "My wife, myself and little boy are now as healthy, happy family as you will ever see—and it's all due to Tanlac."

Or that of Mrs. John Marquis and her family of sixteen living in Manchester, N. H., at 292 Belmont St. She says: "Tanlac has been the only medicine used in our house for two years and it has kept every one of the sixteen here in the best of health."

In Chicago, Frank R. Richards, of 441 South Wood St., writes: "We will never be without Tanlac in our house after the remarkable way it has built up my wife, my son and myself to where we are the very picture of health."

**Query Stumps Smoker.**

When James Murphy of Long Island City was arraigned in the Long Island City police court on a charge of smoking in a subway station, he was asked by the magistrate to give an explanation. Murphy said:

"Judge, I paid my fare, and had just filled my pipe and went down into the subway, and I had my pipe in my hand, and having no place to put it, I put it in my mouth. It's the first time it has ever happened, Judge."

"All right, Murphy," answered Judge Doyle. "I will suspend sentence on you this time. But suppose you had an umbrella in your hand?"

Murphy grinned, and left the courtroom.

**Self-Supporting.**

An attorney of Los Angeles advertised for a chauffeur. Some twenty-odd responded and were being questioned as to qualifications, efficiency and whether married or single. Finally, turning to a negro chap, he said:

"How about you, George; are you married?"

"Naw-sir, boss, naw-sir. Ah makes mah own livin'."—From Judge.

Wise is the man who catches at the right time and lets go at the psychological moment.

It's high finance if you win, but it is highway robbery if the other fellow wins.

Women are fond of bargains, yet a cheap man is never popular with them.

Though the ostrich is no gambler, he has tips on many races.

**DAIRY BARN FOR HERD OF 20 COWS**

Structure Planned to Keep Animals Healthy and Productive.

**WELL EQUIPPED MILK PLANT**

Building Is 36 by 52 Feet and Houses Animals and Their Feed—Sunlight and Ventilation Provided For.

By WILLIAM A. RADFORD

Mr. William A. Radford will answer questions and give advice FREE OF COST on all subjects pertaining to the subject of building work on the farm, for the readers of this paper. On account of his wide experience as Editor, Author and Manufacturer, he is, without doubt, the highest authority on all these subjects. Address all inquiries to William A. Radford, No. 1827 Prairie avenue, Chicago, Ill., and only inclose two-cent stamp for reply.

The value of a dairy herd has been proven to many thousands of farmers since the prices of grains have been down. Cheap feed means cheap milk production, and milk means a weekly or monthly check from the creamery or milk distributing companies in the cities.

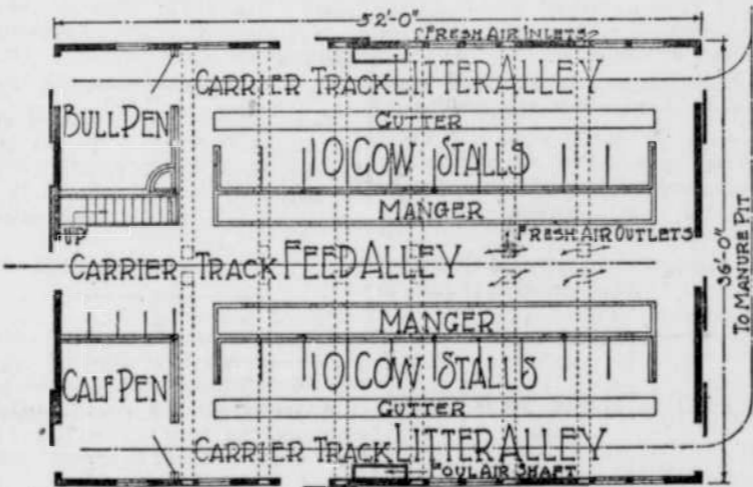
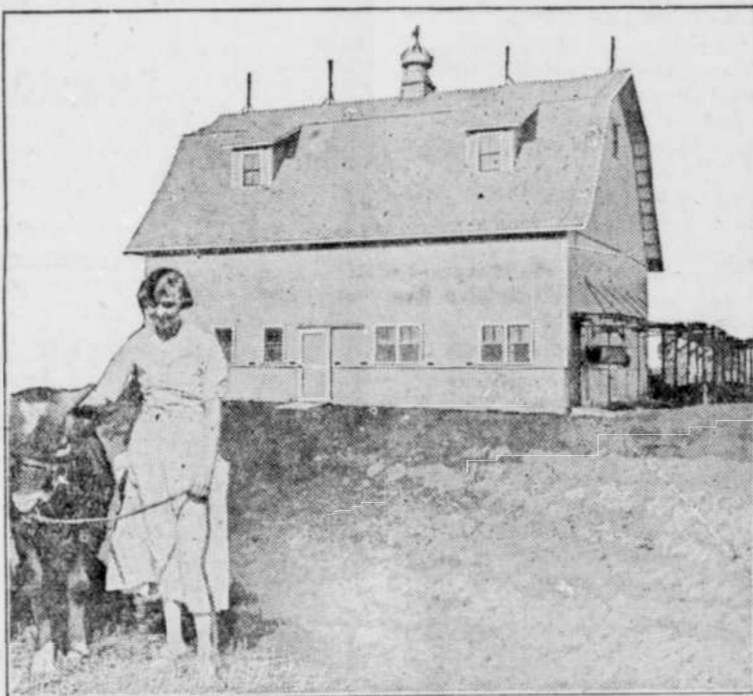
There are two essentials to profitable dairying. The first is well-bred animals, either pure-breds or grades. It costs little more to feed a pure-bred than a scrub, while the milk production is several times as great. It re-

set in two facing rows, 10 stalls in each row. This method takes the strong light out of the cows' eyes, and permits the sunshine to strike the gutters. Sunshine helps to keep the stable healthful, as it kills germs. Over both the feed and litter alleys are carrier tracks, which save labor when the feed is being carried to the mangers and the litter is being removed. The tracks over the litter alleys run to the manure pile, shown at the rear and one side of the barn.

Fresh air inlets are located at the center of the stable ceilings, and are connected with chutes that lead to the openings that may be seen just above the foundation wall in the picture. Inside, at the center of the building, is the foul air shaft that is connected with the suction ventilator on the roof. Thus is the foul air sucked out of the stable and replaced by fresh air, which comes in so that there is no draft on the animals. The mangers at the stall heads are continuous and are built of concrete. They should have a slight pitch to a drain at one end, so that they may be hosed out when cleaning is required. The stall partitions are of steel, and are set into the concrete when the floor is laid. The roof of the building is covered with prepared roofing, and the barn is equipped with lightning rods, as all farm buildings should be.

This is a completely equipped, well-planned milk producing factory, where the cows will be comfortable and highly productive, and where during cold weather they will be warm and the feed they consume will go to make milk rather than to keep them warm.

It is now approaching the time of the year when building operations in the central and northern states can be started. But before a farmer con-



quires no more time or labor to care for the one than for the other.

At the last census—1929—less than 3 per cent of the dairy cows in the United States were pure-breds. The average milk production per cow was under 4,000 pounds. It is a mighty poor pure-bred, and one that breeders do not consider worth keeping, that does not give more than twice that amount.

The second requirement for success with dairy herds is the right sort of housing. Dairy animals to produce at their maximum must have warm, well-ventilated quarters during the five or six months they are not on pasture. They must have a continuous supply of fresh water. These are the requirements for maximum milk flow.

Shown in the illustration is the type of barn that dairymen build to house their herds. This dairy barn is small—designed to house 20 cows—but it has the requirements that go to make dairying profitable. It is a well-constructed, weathertight frame building set on a concrete foundation. The stable floor is of concrete, also, making it easy to keep clean and sanitary. Above the dairy stable is mow room for a supply of hay large enough to carry the animals through the winter, while by adding a silo at one end the dairyman will have storage capacity for all the feed the cows will require during the months they are indoors.

The barn is of what is known as "plank frame construction" method of building that eliminates posts in the mow floor, the roof being self-supporting. The barn is 36 feet wide, a size that barn architects have found to be the most economical to build and sufficient for two rows of stalls, a feeding alley through the center and litter alleys along the sides.

The floor plan that accompanies the exterior view of the building shows how the stalls are arranged. They are

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**If You Need a Medicine You Should Have the Best**

Have you ever stopped to reason why it is that so many products that are extensively advertised, all at once drop out of sight and are soon forgotten? The reason is plain—the article did not fulfill the promises of the manufacturer. This applies more particularly to a medicine. A medicinal preparation that has real curative value almost sells itself, as like an endless chain system the remedy is recommended by those who have been benefited, to those who are in need of it.

A prominent druggist says "Take for example Dr. Kilmer's Swamp-Root, a preparation I have sold for many years and never hesitate to recommend, for in almost every case it shows excellent results, as many of my customers testify. No other kidney remedy has so large a sale."

According to sworn statements and verified testimony of thousands who have used the preparation, the success of Dr. Kilmer's Swamp-Root is due to the fact, so many people claim, that it fulfills almost every wish in overcoming kidney, liver and bladder ailments; corrects urinary troubles and neutralizes the uric acid which causes rheumatism.

You may receive a sample bottle of Swamp-Root by Parcel Post. Address Dr. Kilmer & Co., Binghamton, N. Y., and enclose ten cents; also mention this paper. Large and medium size bottles for sale at all drug stores. Advertisement

**Different Interpretations.**  
That all people do not have the same slant of humor is illustrated in the following story:  
One of the wealthiest men in Youngstown recently said to a friend:  
"I had a funny dream last night."  
"What was it all about?" the friend encouraged.  
"I dreamed I got into a little flivver that climbed up a telephone pole, turned a somersault on the wires, and then slid down another pole."  
"Well, that certainly was some dream."  
"Yes," the rich man exclaimed. "Imagine me in a flivver."

**Important to Mothers**  
Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of *Wm. L. Fletcher* In Use for Over 30 Years. Children Cry for Fletcher's Castoria

**Catch as Catch Can.**  
"Don't rush away, old man."  
"I must. My wife is sitting up and if I miss the last train I shall catch it, but if I catch it I shall miss it; that is, what I would catch if I didn't catch it, therefore I don't want to miss it because I don't want to catch it. Catch on?"

**Cuticura Comforts Baby's Skin**  
When red, rough and itching, by hot baths of Cuticura Soap and touches of Cuticura Ointment. Also make use now and then of that exquisitely scented dusting powder, Cuticura Talcum, one of the indispensable Cuticura Toilet Trio.—Advertisement.

**Poets Laureate.**  
There is no poet laureate of America and no such appointment has ever been made. The first and only state to appoint a poet laureate is Nebraska, which in 1921 declared John G. Nehardt, a native of that state, entitled to that honor.

**YOU CAN WALK IN COMFORT**  
If you shake into your shoes some ALLEN'S FOOT-POWDER, the Antiseptic, Healing powder for shoes that pinch or feet that ache. It takes the friction from the shoe and gives relief to corns and bunions, hot, tired, sweating, swollen feet. Ladies can wear shoes one size smaller by shaking Allen's Foot-Powder in each shoe.—Advertisement.

A man may not be able to find his wife's pockets, but she always knows where his are located.

Marriage may be a failure in some cases, but with the advent of twins it becomes a howling success.

Most men who don't would be glad to pay a large income tax.

**Government by Commission.**  
The commission form of city government varies widely in the different states. The characteristic feature is the combining of all legislative and executive powers in a single body, usually consisting of from three to seven members. These members are elected at large. The mayor, as a rule, is one of the commission, but has no more power than his associates, though being the official head of the city. The administrative work of the commission is divided into departments, each headed by one commissioner. As a safeguard against the commission form of government almost invariably includes initiative, referendum and recall.

**Saved the Knifeboard.**  
When Jane, the new maid-of-all-work, arrived, Mrs. Brown was careful to impress upon her the necessity of guarding against all waste, everything being so dear.  
That night they had friends to supper. Just as the meal had started Jane's mistress made the horrifying discovery that the knives were cleaned on one side only, that side being the one which was laid uppermost.  
"Jane," she asked in tragic tones "what is the meaning of this?"  
"Well, mum," came the reply, "you told me to make spare of everything, and knifeboards is hup."—Tit-Bits.

**Sure Relief FOR INDIGESTION**



**BELLANS**  
6 BELLANS Hot water Sure Relief  
25c and 75c Packages, Everywhere

**PARKER'S HAIR BALM**  
Removes Dandruff—Stops Itchy Scalp—Restores Color and Beauty to Gray and Faded Hair. 50c and \$1.00 at Druggists. Wholesale Club, 518, Folsom St., N. Y.

**HINDERCORNS** Removes Corns, Calluses, etc., stops all pain, ensures comfort to the foot, makes walking easy. 10c, by mail or at Druggists. Blood Chemical Works, Patchogue, N. Y.

**DROPSY TREATED ONE WEEK FREE**  
Short breathing relieved in a few hours; swelling reduced in a few days; regulates the liver, kidneys, stomach and heart; purifies the blood, strengthens the entire system. Write for Free Trial Treatment. COLLUM DROPSY REMEDY CO., Dept. S.O., ATLANTA, GA.

**HOMENTA**  
instantly opens your head and makes breathing easy. Fine for CATARRH COLDS COUGHS  
75¢ at stores or 85¢ by mail. Address New York Drug Concern, New York

**The Cutter Laboratory**  
"Cutters" on Serum, Vaccines and all diseases signifies, Made by The Laboratory that Knows How. It's my five years of conscientious endeavor in one line count for something. The Cutter Laboratory Berkeley (U.S. License) California

**Really New.**  
Agent—"I've got a device here for getting energy from the sun." Mr. Jones—"Here! Give me one for mine."

**Man's Troubles.**  
Audley—"Every man has his troubles." Bass—"Yes; and most of them wear skirts."

Everybody sentimentalizes over the dear old farm except those who have to work on it.

**Mothers of the World Mothers!!**  
Write for 32-Page Booklet, "Mothers of the World"

**Lloyd Loom Products**  
Bully Carriages & Parlorium  
Use This Coupon  
The Lloyd Mfg. Company  
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**A REAL \$20.00 VIOLIN FREE**  
If you study our new one note at a time violin lessons, simple as A-B-C, Corigan as Arithmetical. Over 40 pieces included; Easy to play; Easy to play; Lessons in youth; Your success and violin guaranteed.  
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**Baschall Players—Demonstrate Professional model Givens, Mita. \$9 glove free. American Co-op. Mfg. Co., Box 1573, Salt Lake City, Utah.**

**W. N. U., Salt Lake City, No. 15-1922.**



**WARNING! Say "Bayer" when you buy Aspirin.**  
Unless you see the name "Bayer" on tablets, you are not getting genuine Aspirin prescribed by physicians over 22 years and proved safe by millions for

- Headache
- Toothache
- Earache
- Colds
- Neuralgia
- Lumbago
- Rheumatism
- Neuritis
- Pain, Pain

Accept only "Bayer" package which contains proper directions. Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists. Aspirin is the trade mark of Bayer Manufacture of Monacochemicalwerke of Salzbrenn

**HOW TWO WOMEN ESCAPED OPERATIONS**

**Doctor Advised Use of Lydia E. Pinkham's Vegetable Compound**

**Happy Results in Both Cases**

St. Joseph, Missouri.—"Both of my sides swelled and hurt me so that I could not move or do any of my work. There was heavy pressure and pains through my lower organs and the doctor told me to try Lydia E. Pinkham's Vegetable Compound for these troubles. He said I had this one chance, and if the Vegetable Compound did not help me nothing but an operation would. After taking several bottles I felt it was helping me and now I am able to do my own work. If my testimonial will help others I shall be glad for them to read it and hope your Vegetable Compound will do them as much good as it did me. —Mrs. Wm. LOCKMAN, 513 N. 4th St., St. Joseph, Mo.

White Plains, N. Y.—"I had such a pain that I could hardly walk and the doctor said that I needed an operation. I was sick for a year before I started taking your medicine and I could not work. I saw your advertisement in a little book and that is how I came to take Lydia E. Pinkham's medicine. I have been taking the Vegetable Compound and Lydia E.

Pinkham's Blood Medicine, also Lydia E. Pinkham's Liver Pills and used Lydia E. Pinkham's Sanative Wash and the capsules and prescription recommended. I am doing all my work and have gained twenty pounds. I am taking the medicines still, but I feel fine. You have my permission to use this letter for the good of others."

—Mrs. MARY MARK, 37 Hamilton Ave., White Plains, N. Y.

Some female troubles may through neglect reach a stage when an operation is necessary. But most of the common ailments are not the surgical ones; they are not caused by serious displacements, tumors, or growths, although the symptoms may appear the same.

When distressing ailments first appear, take Lydia E. Pinkham's Vegetable Compound to relieve the present distress and prevent more serious troubles. Many letters have been received from women who have been restored to health by Lydia E. Pinkham's Vegetable Compound after operations have been advised by attending physicians.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent you free upon request. Write to the Lydia E. Pinkham Medicine Co., Lynn, Massachusetts. This book contains valuable information.