

WOMEN NEED SWAMP-ROOT

Thousands of women have kidney and bladder trouble and never suspect it. Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease.

If the kidneys are not in a healthy condition, they may cause the other organs to become diseased. Pain in the back, headache, loss of ambition, nervousness, are often times symptoms of kidney trouble.

Don't delay starting treatment. Dr. Kilmer's Swamp-Root, a physician's prescription, obtained at any drug store, may be just the remedy needed to overcome such conditions.

Get a medium or large size bottle immediately from any drug store. However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Advertisement.

The Difference.

Miss Lena Ashwell's part in "Mrs. Dane's Defense" was one night taken by an understudy. In the audience was a warm admirer of Miss Ashwell, who wept bitterly as the piece continued. "It is lucky for you Miss Ashwell isn't playing," said her friend. "If this moves you so much, you wouldn't be able to stand that." "Miss Ashwell not playing?" said the admirer, and at once began to dry her tears with a resentful expression.

CATARRHAL DEAFNESS

Is greatly relieved by constitutional treatment. HALL'S CATARRH MEDICINE is a constitutional remedy. Catarrhal Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed Deafness is the result. Unless the inflammation can be reduced, your hearing may be destroyed forever. HALL'S CATARRH MEDICINE acts through the blood on the mucous surfaces of the system, thus reducing the inflammation and restoring Nature in restoring normal conditions.

Personal Exemption. Mrs. Henpeck—Hereafter, bring me your pay envelope as it is handed you, unbroken. There's a shortage here. Explain. Mr. Henpeck (travely)—I took out my car fare and lunch money, which under the income tax law I interpret as my personal exemption.—New York Sun.

Freshen a Heavy Skin

With the antiseptic, fascinating Cuticura Talcum Powder, an exquisitely scented, economical face, skin, baby and dusting powder and perfume. Renders other perfumes superfluous. One of the Cuticura Toilet Trio (Soap, Ointment, Talcum).—Advertisement.

Interrupted Profit.

"I understand there is oil in the neighborhood of Crimson Gulch." "There is," replied Cactus Joe. "But it was mismanaged. They insisted on tryin' to get it out in paying quantities instead of goin' on forever sellin' stock."

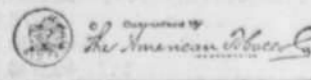
We shall not find it so difficult to love our enemies if we begin by pitying them.

There may be as good sea-serpents in a drug store as ever came out of a saloon.



GENUINE "BULL" DURHAM tobacco makes 50 good cigarettes for 10c

We want you to have the best paper for "BULL." So now you can receive with each package a book of 24 leaves of BULL—the very finest cigarette paper in the world.



BETTER DEAD

Life is a burden when the body is racked with pain. Everything worries and the victim becomes despondent and downhearted. To bring back the sunshine take

GOLD MEDAL HARLEM OIL CAPSULES

The National Remedy of Holland for over 200 years; it is an enemy of all pains resulting from kidney, liver and uric acid troubles. All druggists, three sizes. Look for the same Gold Medal on every box and accept no imitations.

Secretarial School: First of Its Kind



W.D. SCOTT UNIVERSITY HALL AND HARRIS HALL

NATIONAL School for Commercial Organization Secretaries, under the auspices of the Chamber of Commerce of the United States, the National Association of Commercial Organization Secretaries and Northwestern University.

Moreover, this National Secretarial school is believed to be a project of far-reaching importance in the business and civic life of the country. John Hilder, manager of the civic development department of the Chamber of Commerce of the United States, speaking for himself and for President Joseph H. DeForest, puts the situation like this:

"The American business man today stands in a position of greater responsibility and greater opportunity than ever before in our history, for we are becoming predominantly an urban and a business nation. His responsibility cannot be discharged, his opportunity met by individuals acting separately—they must organize. The character and purpose of the business man's organizations therefore are of first importance to the nation. Not only must they be public-spirited and propose to serve constantly and definitely the common interests of their community, but in order that they may so serve they must know that good intentions alone never produce results.

"The effectiveness of a commercial or trade association depends in large measure on the secretary. As he increases in knowledge and understanding, not only of his own business technique and of his local field, but of the general principles that underlie and affect all business and civic interests, he will become increasingly valuable to his organization and to American business generally.

"The National School for Commercial Organization Secretaries will give to these men in a short time what it would take years for them to learn individually, and will in addition give them a sense of their common problems and responsibilities which can be secured only by a group of men representing many communities studying their problems impersonally and under able leadership.

President R. B. Beach of the National Association of Commercial Organization Secretaries sees in the attendance of nearly 200 a real demand and a real field of service for the training course. He says:

"It will create a sound, practical basis for chamber of commerce service as a result of which the chambers of commerce of this country may expect the highest efficiency and competency in business administration and in the execution of their varied activities.

President Walter Dill Scott of Northwestern University is a man of many parts. He is a graduate of Northwestern (A. B., 1897) and of McCormick Theological seminary (1898). He is a Ph. D. (Leipzig, 1909). Probably he is best known as a psychologist.

He was a colonel, U. S. A., 1917-9, and was awarded D. S. M. for "devising, installing and supervising the personnel system in the U. S. Army." He is primarily interested

Ostracism.

At one period in the history of ancient Greece the people of Athens possessed the power of removing from the state, without making a definite charge, any leader of the people likely to overthrow the government. This was so abused that in time it became the right to drive into exile any person who had become unpopular without much regard to the cause of his loss of popularity. The decision was



JOSEPH H. DEFOREST

in the benefit the country will receive through the increased efficiency of the secretaries. He says:

"The students at our summer school session for commercial secretaries are mature men of unusual ability and leaders in their communities. The effect of the summer school on these men will be to strengthen their faith in the modern, practical, scientific method of dealing with their problems and to strengthen them in their faith in the necessity of analyzing all local problems in terms of wider experience.

"I am particularly interested in this session of the summer school, not primarily for what those who attend will receive, but for the added service they will be able to render their communities upon their return. In this period of reconstruction and readjustment, our progress is dependent upon our application of science and our profiting by experience wherever available. I feel, therefore, that this school will be of inestimable value because of the increased value these secretaries will be able to render their communities."

This secretarial school is, in brief, an intensive course of two weeks in secretarial problems and methods. That there is need of this school is shown by the registration of the first year, which surprised even the officials of the three organizations back of it. This registration of 200 men was representative of every section of the United States, including Hawaii. Canada sent its quota and Cuba was represented. Several women attended. While most of those in attendance were registered as secretaries of chambers of commerce, the list shows others in considerable variety.

The study was of two kinds, fundamental and technical. The instructors in the former were educators of national prominence and in the latter leading authorities in the secretarial ranks. Harris hall was used as a class room. Two hours a day was devoted to fundamentals and three and a half hours to technical subjects. Munson Havens, secretary of the Cleveland Chamber of Commerce, lectured on "The Secretary, His Relation to the Varied Forms of Service, What is Expected of Him and What He Should Expect of Himself."

The technical studies and the groups of secretaries who directed the study of them are: Organization (What It Is), J. A. McKillop, general secretary, Boston Chamber of Commerce, assisted by John Wood, secretary, Romko (Va.) Chamber of Commerce, and Colvin H. Brown, chief organization service bureau, civic department, United States Chamber of Commerce.

arrived at by vote, each citizen writing his vote on an oyster shell. The Greek word for oyster shell, expressed in our alphabet, is ostracism, and because the ostracism was used as a ballot, the expelling of a person from the state by popular vote was called ostracism, which means blackballing or expelling.

Nine Cents a Day Paid Hatters. The use of beaver in making hats commenced about 1200, for Chaucer mentions it. Flanders turned out the

first. Hatters' guilds began to appear in England, and apprentices were taught the art of making felt hats and decorating them. Nine cents a day was then a hatter's wages. In the sixteenth century the first hat stores began to do business and hats, therefore as widely decorated as poetic fancy, began to be standardized. In other words—style began to rule. By 1600 styles were very much in evidence, but were very changeable. Shakespeare's plays speak of varied types of hats then worn.



BY THE LAKE

Program (What to Do), George E. Foss, general secretary, Pennsylvania State Chamber of Commerce, assisted by Robert B. Beach, business manager, Chicago Association of Commerce and John E. Northway, secretary of the Hamilton (O.) Chamber of Commerce.

Meetings (How It Is Done), John M. Guild, general secretary, Kansas City (Mo.) Chamber of Commerce, assisted by J. S. Cady, secretary, Minneapolis Civic and Commerce association, and J. T. Daniels, secretary of the Columbus (O.) Chamber of Commerce.

Membership, C. F. Holland, secretary, Jackson (Mich.) Chamber of Commerce, assisted by Paul V. Bunn, general secretary, St. Louis Chamber of Commerce, and Roy S. Smith, secretary, Albany (N. Y.) Chamber of Commerce.

Finance, J. D. Larson, commissioner, Omaha Chamber of Commerce, assisted by Arthur J. Dodge, business manager, Denver Civic and Commercial association.

Publicity, Ralph H. Faxon, general secretary, Des Moines Chamber of Commerce, assisted by F. Roger Miller, secretary, Macon (Ga.) Chamber of Commerce, and Merle Thorpe, editor of The Nation's Business.

Office Organization, S. C. Mead, secretary, Merchants' association, New York, assisted by G. W. Lemon, secretary, Troy (N. Y.) Chamber of Commerce, and F. D. E. Babcock, general secretary, Worcester (Mass.) Chamber of Commerce.

Specific Departmental Activities: 1. Commercial, Lee H. Bierce, secretary, Grand Rapids (Mich.) Association of Commerce, assisted by John B. Reynolds, general secretary, Indianapolis Chamber of Commerce, and Warren R. Jackson, secretary, Harrisburg (Pa.) Chamber of Commerce.

2. Industrial, Walker Parker, general manager, New Orleans Association of Commerce, assisted by Emmett Hay Naylor, secretary, Writing Paper Manufacturers' association, New York, and W. S. Millner, secretary, Williamsport (Pa.) Board of Trade.

3. Civics, Roland B. Woodward, secretary, Rochester Chamber of Commerce, assisted by Harry Welch, Phoenix Chamber of Commerce, and John Hilder, manager, civic development department, United States Chamber of Commerce.

4. Research, John M. Redpath, manager research department, United States Chamber of Commerce, assisted by Don E. Mowry, secretary, Madison (Wis.) Chamber of Commerce, and Joseph E. Caine, secretary, Oakland (Cal.) Chamber of Commerce.

Why That Bad Back?

Is backache keeping you miserable? Are you "all played out," without strength or vigor for your work? Then find what is causing the trouble and correct it. Likely, it's your kidneys! You have probably been working too hard and neglecting rest and exercise. Your kidneys have slowed up and poisons have accumulated. That, then, is the cause of the backache, headaches, dizziness and bladder irregularities. Use Doan's Kidney Pills. Doan's have helped thousands and should help you. Ask your neighbor!

An Idaho Case

J. F. T. Haave, retired farmer, Fourth St., Emmett, Idaho, says: "When I have had attacks of kidney trouble, I have suffered with pains in my back and hips. The kidney secretions have passed too freely and have been highly colored. I tried Doan's Kidney Pills and they did me so much good. I have always used them when I have needed a kidney remedy since."

Get Doan's at Any Store, 60c a Box DOAN'S KIDNEY PILLS FOSTER-MILBURN CO., BUFFALO, N. Y.

Cuticura Soap Clears the Skin and Keeps it Clear

Soap 25c, Ointment 25 and 50c, Talcum 25c.

So Considerate. Two golfers sliced their drives into the rough and went in search of the balls. They searched for a long time without success, a dear old lady watching them with kindly and sympathetic eyes.

At last, after the search had proceeded for half an hour, she spoke to them. "I hope I'm not interrupting you, gentlemen," she said sweetly, "but would it be cheating if I told you where they are?"

Burglary as a profession is apt to prove rather confining.

Make your environment test your environment unmake you.

The fit of a tailor-made suit often depends on the pockets.

Act, or you'll react.

Advertisement for Bell-Ans for Indigestion, featuring an illustration of a bottle and a glass.

THE TRIALS OF A HOUSEWIFE

How They Have Been Endured and How Overcome by Lydia E. Pinkham's Vegetable Compound

Experience of a Providence Woman



Providence, R. I.—"I took Lydia E. Pinkham's Vegetable Compound for a female trouble and backache. It began just after my baby was born, and I did the best I could about getting my work done, but I had awful bearing-down pains so I could not stand on my feet. I read in the papers about Lydia E. Pinkham's Vegetable Compound and the good it was doing other women, and I have got many results from it and will always recommend it. You can use these facts as a testimonial if you wish."—Mrs. HERBERT L. CASSEN, 18 Meni Court, Providence, R. I.

Ohio woman for three years could hardly keep up and do her housework she was so ill. Made well by Lydia E. Pinkham's Vegetable Compound: Fayette, O.—"For about three years I was very nervous and had backache, sickness, dragging-down pains, could not sleep at night, and had no appetite but it did not help me. I saw Lydia E. Pinkham's Vegetable Compound advertised in a newspaper and took it with good results, and am now able to do my housework. I recommend your medicine to my friends and you may publish my testimonial."—Mrs. CHESTER A. BALL, R. 15, Fayette, Ohio.

An Illinois woman relates her experience: Bloomington, Ill.—"I was never very strong and female trouble kept me so weak I had no interest in my housework. I had such a backache I could not cook a meal or sweep a room without raging with pain. Rubbing my back with alcohol sometimes eased the pain for a few hours, but did not stop it. I heard of Lydia E. Pinkham's Vegetable Compound, and six bottles of it have made me as strong and healthy as any woman; and I give my thanks to it for my health."—Mrs. J. A. McQUITTY, 617 W. Walnut St., Bloomington, Ill.

The conditions described by Mrs. Cassen, Mrs. Ball, and Mrs. McQuitty will appeal to many women who struggle on with their daily tasks in just such conditions—in fact, it is said that the tragedy in the lives of some women is almost beyond belief. Day in and day out they slave in their homes for their families—and beside the daily routine of housework, often make clothes for themselves and for their children, or work in their gardens, all the while suffering from those awful bearing-down pains, backache, headaches, nervousness, the blues, and troubles which sap the very foundation of life until there comes a time when nature gives out and an operation seems inevitable. If such conditions would only profit by the experience of these three women, and remember that Lydia E. Pinkham's Vegetable Compound is the natural restorative which conditions it may save them years of suffering and unhappiness.

There is hardly a neighborhood in any town or hamlet in the United States wherein some woman does not reside who has been restored to health by this famous medicine. Therefore ask your neighbor, and you will find in a great many cases that at some time or other she, too, has been benefited by taking it, and will recommend it to you. For more than forty years this old-fashioned root and herb medicine has been restoring suffering women to health and strength.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent to you free upon request. Write to The Lydia E. Pinkham Medicine Co., Lynn, Massachusetts. This book contains valuable information.

ASPIRIN

Name "Bayer" on Genuine



Warning! Unless you see the name "Bayer" on package or on tablets you are not getting genuine Aspirin prescribed by physicians for twenty-one years and proved safe by millions. Take Aspirin only as told in the Bayer package for Colds, Headache, Neuralgia, Rheumatism, Earache, Toothache, Lumbago and for Pain. Handy tin boxes of twelve Bayer Tablets of Aspirin cost few cents. Druggists also sell larger packages. Aspirin is the trade mark of Bayer Manufacture of Monocetate of Salicylic Acid.—Advertisement.

Evolution of a Name. "I thought your wife's name was Elizabeth?" "So it is." "Then why do you call her Peggy?" "Short for Pegasa." "What has that got to do with it?" "Why, Pegasa is feminine for Pegasus." "Well?" "Well, Pegasus is an immortal steed." "What of that?" "Sh! Not so loud. She's in the next room. You see an immortal steed is an everlasting nag, and there you are!"

Correct English. A Franklin mother had been teaching her three-year-old son correct English and told him he must never say "ain't."

One day, while eating his dinner, he stopped abruptly and said: "Mother, you mustn't ever say 'ain't,' for it's a naughty word." "Yes," said mother, "you are right, Robert, but what shall I say?" He looked puzzled and then his face lighted up and he replied: "Why, mother, you must say 'excuse me,' meaning 'excuse me.'"—Indianapolis News.

She's Suffering. A Detroit mother with one child stated in court that she is not able to get along on \$21,000 a year. How much happier we all could be were it for not being compelled to read at times of the suffering of others.—Detroit News.

If a man is a success he knows it; if he is a failure all his neighbors know it.

We all have wealth that we can dispense to others: Kindness.