

 Postcaros or rom ioux mid.


## PIERCE'S FOOD PRODUCTS

New Habits Enthuse Horsewomen
 CUT UP FAMOUS SAPPHIRE

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CASTORA
What to Take for SICK HEADACHE a good dose of Carter's Little Liver Pills
then take 2 or 3 for a few nights after. A few doses restore your organs to their
proper functions and the Headache and the prouser of it pass away. In the same manner
They regulate the Bowels and prevent Constipation. They regulate the Bowels and prevent Constipation.

SYSTEM DID NOT WORK WELL


Almost as Easy as Wishing
Your breakfast cup is ready without trouble or delay when

## Instant Postum

is the table beverage.
Tb a teaspoonful of Indtant Postum in the cup. add hot weter, stir, and you have a cetiffying, comfort ing drink, delightfal in tasteand with no harm to nerves or difestion. As many cups as you like, without regret.

## "There's a Reason"

Your grocer sells Postum in two forms Postum Cereal (in packages) instant Postum in tina made instantly in the cup by adding hoo water
Made by Postum Cereal Ca. Inc., Battle Creek, Mich.

