

BUILDING CONTRACTORS, ATTENTION!

Proposals are invited for the construction of an addition to the Public School Building at Nyssa, Ore., for the School District No. 20, Malheur County, Oregon.

Bids received by C. C. Hunt, clerk of School Board, until 7:30 p. m. Tuesday, October 12, 1920, at Nyssa, Ore. Bids received separately on General Construction and on Plumbing. A certified check in a sum not less than 5 per cent of the amount of the bid to accompany each proposal, or a Bidder's Bond.

Plans and specifications can be procured of the Clerk of the School Board or Tourtellotte & Hummel, Architects, 315 Overland Bldg., Boise, Ida. Building is of Masonry Construction, two stories in height and basement.

It contains four regular School Rooms, with Walls, Coat Rooms, Lavatories, Library, principal's Office, etc. School Board reserves the right to accept any, or reject all bids.

Signed: W. L. GIBSON, Pres. of Board. C. C. HUNT, Clerk of Board.

FOR SALE CHEAP—One Butterfly Cream Separator, No. 43 almost new. Inquire next door to Journal office. GEO. E. SCHWEIZER.

Mrs. Wooden and daughter, Mrs. H. C. Reed, of Idaho, were in Nyssa today.

White Leghorn Pallets for Sale.—Mrs. J. C. Beam, Nyssa—Adv. Oct.

GATE CITY JOURNAL

Published every Friday at Nyssa, Oregon, by WIN S. BROWN.

Entered as second-class mailer April 20, 1910, at the postoffice at Nyssa, Oregon, under the Act of March 3, 1879.

SUBSCRIPTION RATES:
One year, in advance..... \$1.50
Six months in advance..... 75c

THOMAS MacDONALD



Thomas H. McDonald, who is head of the federal government bureau of good roads.

CORK CITIZENS AND SOLDIERS IN CLASH

Cork.—Two military lorries loaded with soldiers which passed through the streets of Cork at 2 o'clock in the morning were attacked by civilians with bombs and blows up. Between sixty and seventy soldiers were injured. The civilians threw twenty-nine bombs.

This attack followed a night of terror into which the city was plunged as a result of street fighting in which Sinn Feiners and the military participated. Two men were killed and some forty were wounded in the gun fighting, which brought the total of casualties well over the 100 mark.

The fighting broke out as the result of a bayonetting incident in the street in which a former soldier was killed.

STARBUCK BANK LOOTED

Attaches Locked in Vault While Miscreant Makes Escape.

Starbuck, Wash.—A lone robber, wearing amber glasses, entered the Starbuck bank shortly before noon, and after locking the cashier, C. M. Zintheo, the bookkeeper, Mrs. Gladys Brotherton of Walla Walla, and C. H. List, a customer in the vault, robbed the cash drawer of between \$2000 and \$2500, all in bank notes of less than \$100 denomination.

Zintheo released himself and the others from the vault within five minutes, with the aid of a screwdriver, by taking the plate off the combination and moving the tumblers with his hand.

THE KITCHEN CABINET

As is an opportunity so less than you think, though in another dress; And as the evening twilight fades away, The sky is filled with stars, invisible by day.

SAVORY DISHES.

Often a cupful or two of cold leftover fish will make a most appetizing and nourishing dish.



Savory Fish.—Cut a two-inch cube of salt pork in dice and try out. To three tablespoonfuls of pork fat add three tablespoonfuls of flour, stir until well blended, then pour on gradually one and one-half cupfuls of cold milk. Boil and add one cupful of flaked halibut or haddock, three-fourths of a cupful of potato cubes which have been cooked, the pork scraps, and the yolks of two eggs. Season and serve hot.

Mock Crab.—Melt four tablespoonfuls of butter, add one-half cupful of flour, one and one-half teaspoonfuls of salt, three-fourths teaspoonful of mustard, one-fourth teaspoonful of paprika. When well blended pour gradually while stirring constantly one and one-half cupfuls of scalded milk. Bring to the boiling point and add one can of cornlet, one egg lightly beaten, three teaspoonfuls of Worcestershire sauce. Turn into a buttered dish, cover with a cupful of buttered crumbs and bake until brown.

Head Lettuce With Peas.—A most attractive and appetizing salad is this: Arrange the crisp heart leaves of lettuce on the salad plates and fill each nest with eighth of carefully peeled peas. A few strips of red pepper placed over them as a garnish adds to the appearance, but paprika may be used, sprinkled over the dressing. If French dressing is used, add a bit of onion and a dash of cayenne.

Coffee-Date Pudding.—Soak a box of gelatin in one-half cupful of cold coffee. Add a pint of boiling coffee, one-half cupful of sugar and a pinch of salt. Strain and cool. When beginning to thicken add one-half pound of quartered dates and a half cupful of walnut meats. Serve with cream.

Pineapple Custard.—Add a cupful of diced, sugared preserved pineapple, to any good recipe for custard and bake as usual.

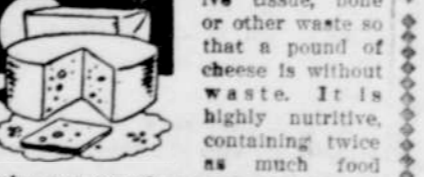
Nellie Maxwell

The KITCHEN CABINET

Fame is the scentless sunflower, With golden crown of gold; But friendship is the breathing rose, With sweets in every fold. —Oliver Wendell Holmes.

TIMELY TIPS FOR HOUSEWIFE.

Of all our food, cheese is the most compact and concentrated. It contains no connective tissue, bone or other waste so that a pound of cheese is without waste. It is highly nutritive, containing twice as much food value per pound as meat, and is much more economical to buy.



Cheese has been called hard to digest, because being rich it slips down with little mastication and being in hard lumps in the stomach does often cause distress. This same compactness which gives us such valuable food in small compass, makes it harder of digestion unless it is eaten with coarse food, such as dry crackers or vegetables which need good mastication.

Other meat substitutes which will lend variety to the diet are whole wheat, dried beans, peas and lentils, peanuts, walnuts, pecans, eggs, butter, cream, olive oil, milk, macaroni, and rice. Dried fruits as well as fresh are indispensable in a well balanced diet. These foods in various forms and in combinations with others will give a sufficient variety.

Children, when teething and suffering with swollen gums, will be greatly refreshed by cool fruit juice or scraped apple. A worrying baby is often suffering for frequent drinks of pure, cool water. It is well to remember that young children and animals cannot tell us what they need, and often suffer because of the carelessness of those who should be responsible.

Foods which must be denied children should not be placed temptingly before them—a strong reason for having the children eat alone. Their food should be palatable and attractively served. Table manners may be learned very early which will never have to be relearned.

Currants and raisins may be cleaned by rubbing them with flour, then shake it off to remove all dust.

To get the flavor of orange for tea, sauce or for any other dish, rub a cube of sugar over the rind to absorb the essential oil. One orange will furnish flavor for two or three cubes.

FRESH FISH
We have it every **FRIDAY**

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During the year 1919 on the Pacific Coast, losses on automobiles alone, paid by the insurance companies, amounted to \$2,807, 953.

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We don't overinsure, therefore in the event of loss we can guarantee immediate and equitable settlements.

List your real estate with us and if not unreasonably high will find you a buyer. Prospective settlers expected from the East in September, 1920.

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Oregon must Have a Port Equal to Any Port on the Pacific Coast

Initiative Measure No. 310 on the ballot gives to the Port of Portland means to create such a port.

The primary object of this bill is to furnish the means to insure the opening and maintaining of a 30-foot channel from Portland to the sea and of building and establishing port facilities at the City of Portland sufficient to handle the foreign and coastwise shipping of that port.

The cost of this improvement will be met by the people living within the boundaries of the Port of Portland.

When you go to the polls November second vote \$10 YES and give to the Port of Portland the power to maintain its 30-foot channel to the sea and to build adequate port facilities to handle all the great products of the interior of the state.

The passage of this bill means lower freight rates for the products of Oregon in reaching the markets of the world and a consequent greater profit to the producers.

This is the most important and the most valuable measure that has ever been put up to the voters of the interior portions of the state.

Vote 310 YES
Oregon Port Development League,
G. S. O'NEAL Secretary.

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