

FROM FORTY-FIVE TO SIXTY

Word of Help to Women of Middle Age From Mrs. Rane.

Morse, Okla.—"When I was 45 years old Lydia E. Pinkham's Vegetable Compound carried me through the critical period of the Change of Life in safety. I am over 60 and have raised a family of eight children and am in fine health. My daughter and daughters-in-law recommend your Vegetable Compound and I still take it occasionally myself. You are at liberty to use my name if you wish."—Mrs. ALICE RANEY, Morse, Oklahoma.

Change of Life is one of the most critical periods of a woman's existence. This good old-fashioned root and herb remedy may be relied upon to overcome the distressing symptoms which accompany it, and women everywhere should remember that there is no other remedy known to carry women so successfully through this trying period as Lydia E. Pinkham's Vegetable Compound.

If you want special advice write to Lydia E. Pinkham Medicine Co., (confidential), Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

Acid Stomach Makes the Body Sour

Nine Out of Ten People Suffer From It

It sends its harmful acids and gases all over the body, instead of health and strength. Day and night this ceaseless damage goes on. No matter how strong, its victim cannot long withstand the health-destroying effects of an acid stomach.

Good news for millions of sufferers. Chemists have found a sure remedy—one that takes the acid up and carries it out of the body; of course, when the cause is removed, the sufferer gets well.

Bloating, indigestion, sour acid, gassy stomach miseries all removed. This is proven by over half a million ailing folks who have taken EATONIC with wonderful benefits. It can be obtained from any druggist, who will cheerfully refund its riding cost if not entirely satisfactory. Everyone should enjoy its benefits. Frequently the first tablet gives relief.

Ladies Keep Your Skin Clear, Sweet, Healthy With Cuticura Soap and Cuticura Talcum

POSITIVELY REMOVED by Dr. Barry's Cream

FRECKLES
Money Yield Higher.
The average yield of surplus honey in 1919 was 50 pounds to a colony of honey bees, as estimated by the bureau of crop estimates, United States Department of Agriculture. This is considerably above average of 45 pounds in 1918, and of 41 6-10 pounds for the five years 1913-1917. The relative proportions in which the honey of the last two years was marketed are indicated by 80 for extracted honey, 31 for comb honey and 10 for bulk honey. About one-third of the product goes to "outside" markets.

The Verdict.
"Do you think my son is now ripe for musical honors?"
"Ripe? No, sir; he's rotten."

It is easier to start a rumor than it is to head it off.

Get Back Your Health

Are you dragging around day after day with a dull backache? Are you tired, and lame mornings—subject to headaches, dizzy spells, and sharp, stabbing pains. Then there's surely something wrong. Probably it's kidney weakness! Don't wait for more serious kidney trouble. Get back your health and keep it. For quick relief get plenty sleep and exercise and use Doan's Kidney Pills. They have helped thousands. Ask your neighbor.

An Idaho Case

Frank Konecy, 88 River St., Wallace, Idaho, says: "My kidneys were out of order and the secretions were too frequent in passing. My back ached constantly through my kidneys. Hearing about Doan's Kidney Pills I got a box and they helped me so much right away I kept on taking them until I was cured of the attack."

Get Doan's at Any Store, 60c a Box
DOAN'S KIDNEY PILLS
MADE BY DOAN BROTHERS, BUFFALO, N. Y.

Kill All Flies! THEY SPREAD DISEASE
Daisy Fly Killer attracts and kills house flies, stable flies, and mosquitoes. Lasts all season. No odor. No stain. No harm to anything. Guaranteed.
FLY KILLER
at your dealer or
by EXPRESS, prepaid, U.S.
DOAN BROTHERS, 180 De Kalb Ave., Brooklyn, N. Y.

N. U., Sa'l Lake City, No. 20-1920

The American Legion



Here and There Among the World War Veterans

(Copy for This Department Supplied by National Headquarters of the American Legion)

GOOD OF COMMUNITY SERVICE CHAPLAIN AMERICAN LEGION

Ideals and Purposes Are in Evidence Now That Initial Organization Is Completed.

Soon after the organization of the American Legion an official order went out from the headquarters of War Camp Community Service to its field workers. Assistance and good will were to be given to the American Legion in all localities. On its side the Legion had already expressed its attitude toward the fast developing program of community service by the following clause in its constitution: "to inculcate a sense of individual obligation to the community, state and nation."

When the American Legion began its drive for membership and sought to establish posts, the accumulated experience of War Camp Community Service with soldier and sailor needs proved helpful. The services of nine organizers of proved ability were placed at the Legion's disposal. As necessity demanded, offices, clubs and information booths became centers for the campaign. The swift advance of the organizers as post after post was established showed that common ideals and a common purpose constituted a great propelling power in this drive for members. And now that initial organization has been completed, these same common ideals and purposes are evident.

The friendliness of the American Legion for Community Service has recently been manifesting itself in various ways. In Fayetteville, N. C., the Legion is pledging funds for the 1920 program of a community club and three officers of the local post are working on the general Community Service committee. The entire community work in another place was continued at the suggestion and with the backing of the Legion. The Girls' Community Service League members are being asked to discuss with the local post and the leading men of the town the building of a community house. One of the Legion members in Freeport, Long Island, is so interested in the Community Service program that he is devoting a great deal of time and effort to engage the public in extensive plans for a civic center and community house. In several places a "community council" of Legion members has been appointed as a special committee to work with Community Service. Wherever the girls' groups are continuing activities the American Legion members are the popular guests at dances and parties.

In Nassau-Queens county, New York, the girls' clubs are successfully working out with the Legion community forums and social evenings. The forum discussions often lead to warm debates on national and international topics. The ex-soldier is keen to discuss current events and the girls are prepared to cope with several up-to-the-minute subjects. The patriotic stimulation and sociability resulting from these meetings is showing good results.

In less pretentious but nevertheless practical ways the Legion is working with Community Service in other places. For example in Baltimore it is giving free use of its ballroom each Saturday night to the girls' clubs. In Fredericksburg, Virginia, it helped in the production of a minstrel show; in Chelsea, Michigan, the post is opening its club rooms for a general Community Service in its request for the use of the armory for a recreational program.

A recreational and social program that is often common to the American Legion in many communities where the War Camp Community Service ceased to exist after the demobilization of the soldier. In cases where the soldiers' club or "hospitality house" was vacated by the government the American Legion went in and began a "carry on" movement. This was true in Dallas, Texas, where the American Legion, together with the Rainbow, 30th and 90th divisions, assumed the responsibility of running the soldier club. In Junction City, Kansas, the Legion has practically full charge of the Community House and its program.

The numerous occasions on which Community Service has been able to assist in programs given by the various local posts serve as other examples of the co-operation between the two organizations. From coaching the chorus of a minstrel show to the arrangement of an entire evening, orchestra to speakers, the Community Service workers have willingly put themselves at the beck and call of the Legion. In Hackensack, New Jersey, the opportunity of helping in a musical entertainment led to the possibility of forming a glee club of the Legion men; and the colored post of Englewood, New Jersey, has asked the help of Community Service in arranging a year's program of activities. The community council of Chelsea, Michigan, is co-operating with the Legion in conducting two weekly dancing classes, followed by a community dance. The Legion club rooms in Houston, Texas, were renovated and redecorated with the help of Community Service. In many places the Community Serv-



FATHER FRANCIS A. KELLY. Latest Photograph of the National Chaplain of the World War Veterans' Organization.

ice club rooms are housing the offices of the social center of the Legion. This has worked out for the benefit of both organizations, the Legion often taking part in the community entertainments and Community Service offering its assistance in membership campaigns and publicity. Often the local organizer is asked to explain the community program at banquets given by the local post. The understanding arrived at on such occasions usually has definite results.

One of the most recent services which Community Service was glad to render was the arranging of a program for the presentation, through the American Legion, of the certificates from the French High Commission to the nearest of kin of those who lost their lives in the world war. A complete program for the service was drawn up by an official at Community Service headquarters and sent out to all Legion posts as suggestive for Washington's birthday. It included appropriate numbers of the French and American music, a reading of Markham's poem, "France in Battle-flame," and a fitting poignant scene. Many cities used the service as written, others adapted it to suit local conditions.

MURPHY SAW OVERSEAS DUTY

New Director of Service Division at National Headquarters Is Native of Vermont.

Gerald J. Murphy, the new director of the Service division at national headquarters of the American Legion, Indianapolis, is a native of Rutland, Vt., and has served with the American Legion since the establishment of temporary national headquarters in New York.

He was born in 1898. He was graduated from St. Michael's college, Winoski, Vt., with the class of 1917 and then matriculated at Georgetown University Law school, Washington, D. C., but left to join the Infantry before the completion of the year.

He was later attached to the war risk section, then being formed by the late Maj. Willard D. Straight, and sailed for overseas duty December 12, 1917. He saw service at the various debarkation camps in England and Scotland. He left Brest in January 1919, and was discharged from the army, February, 1919. He has risen to the rank of regimental sergeant major, but was never commissioned.

He was assistant head of the special service section of the bureau of war risk insurance for three months and was then called to headquarters of the American Legion as assistant head of the insurance division and later of the service division, which took over the work and handled all other claims of ex-service men.

Mr. Murphy succeeds Charles F. Sheridan of Syracuse, who has been head of the service division at national headquarters of the American Legion for the past eight months, and who resigned to resume the practice of law in his native city.

DEW HAS VITALIZING EFFECT

Abundant Proof That It Possesses Invigorating Action That Affects Growth of Plants.

Dew is vitalizing, not entirely because it is water but because it possesses an invigorating action due partly at any rate to the fact that it is saturated with oxygen, and it has been stated that during its formation peroxide of hydrogen and some ozone are developed. It is not improbable that the peculiarly attractive and refreshing quality that marks the early-morning dew is due to the fact that the dew which is formed under a tree in full leaf is well known and is generally explained by saying that the tree absorbs the nourishing constituents of the soil or that it keeps the sunlight away from the grass and protects it from rain. It is doubtful whether any of these explanations is true, the real reason most probably being that the vitalizing dew cannot form upon the grass under a tree, whereas as a rule both rain and light can reach it.

Unexplored Libya.

Italian Libya now comprises the two provinces of Tripolitania and Cirenaica and lies along the northern coast of Africa, between Tunis (French) on the west and Egypt on the east, in longitude from about 9 to 23 degrees east. The extremely northerly part of Libya is at about the parallel of latitude 33 degrees north; the southernmost point is unknown, as the territory runs south into the unmapped Sahara indefinitely.

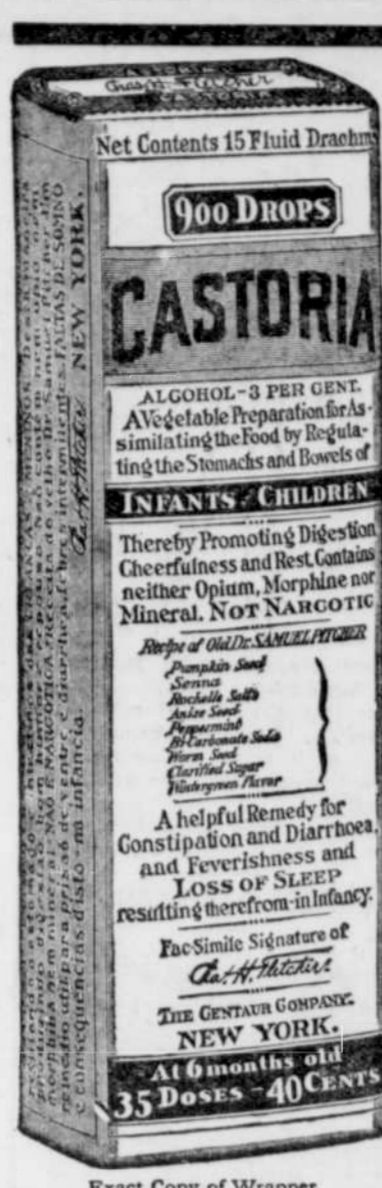
To Be Washed Out.

Hogg—Wrote a ballad on my cuff the other day. What would you advise me to do with it?
Hogg—Send it to the laundry.—London Tit-Bits.

Her Idea.

Edith—I like an engagement with some snap about it.
Maud—One that breaks easy, eh?

An occasional domestic storm is necessary to clarify the matrimonial atmosphere.



CASTORIA

For Infants and Children.

Mothers Know That Genuine Castoria

Always Bears the Signature of

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

Naturally. "Why are you lashing yourself into such a state of excitement?" "Because I want to get off the beaten track."

If a man will stand for being petted his wife has no earthly use for any other pet animal.

No Prohibitionist. "Don't you think James has a great deal of dry wit?" "Yes, but I would like more spirit in it."

A young man may be as old as he feels, but he is seldom as rich as he looks.

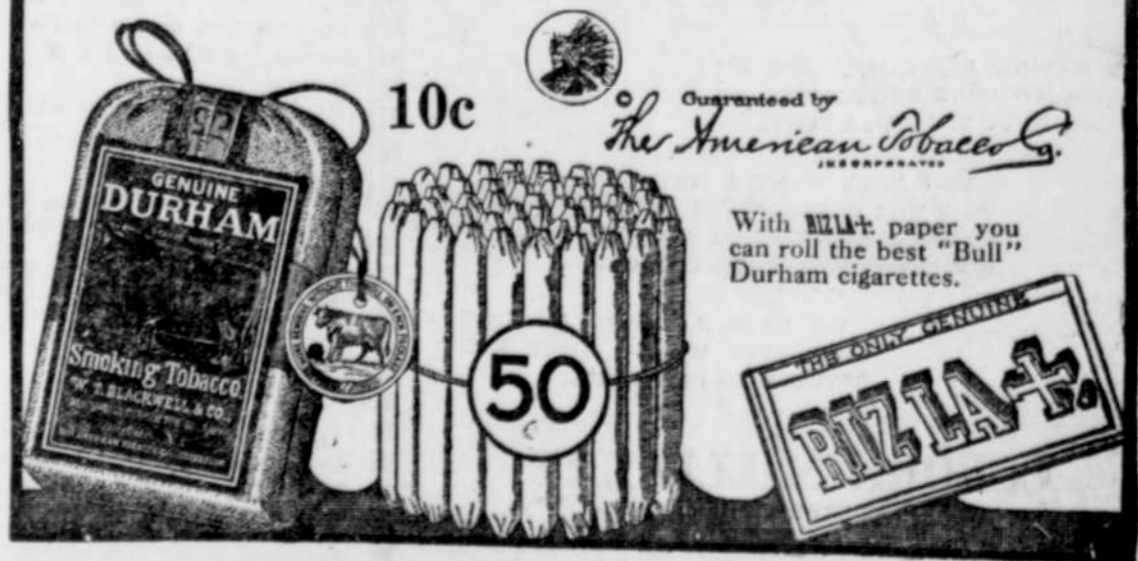


THERE HE STANDS!

GRAND old "Bull" Durham. He belongs in this country's Hall of Fame. Can you think of a more familiar figure? For over half a century Bull has been part of the landscape; the tobacco he represents has made millions and millions of friends.

You can roll fifty-thirty cigarettes from one bag.

GENUINE "BULL" DURHAM TOBACCO



With BULL paper you can roll the best "Bull" Durham cigarettes.

