

Sure Relief

BELL-ANS

SQUEEZED TO DEATH

When the body begins to stiffen and movement becomes painful it is usually an indication that the kidneys are out of order. Keep these organs healthy by taking

GOLD MEDAL

PARLOR OR

CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles. Famous since 1896. Take regularly and keep in good health. In three sizes. All druggists. Guaranteed as represented. Look for the name Gold Medal on every box and accept no imitation.

HEARTBURN

Caused by

Acid-Stomach

That bitter heartburn, belching, food-repeating, indigestion, bloating after eating—all are caused by acid-stomach. But they are only first symptoms—danger signals to warn you of awful troubles if not stopped. Headache, biliousness, rheumatism, sciatica, that tired, listless feeling, lack of energy, dizziness, insomnia, even cancer and ulcers of the intestines and many other ailments are traceable to ACID-STOMACH.

Thousands of millions of people who ought to be well and strong are mere weaklings because of acid stomach. They really starve in the midst of plenty because they do not get enough strength and vitality from the food they eat.

Take EATONIC and give your stomach a chance to do its work right. Make it strong, cool, sweet and comfortable. EATONIC brings quick relief for heartburn, belching, indigestion and other stomach troubles. Improves digestion—helps you get full strength from your food. The only tonic for acid stomach in the world. Brought them relief when everything else failed.

Our best testimonial is what EATONIC will do for you. So get a big size box of EATONIC today from your druggist, use it five days—if you're not pleased, return it and get your money back.

EATONIC

(FOR YOUR ACID-STOMACH)

Quickly Conquers Constipation

Don't let constipation poison your blood and curtail your energy.

If your liver and bowels don't work properly take CARTER'S Little Liver Pills today. They are a gentle and your trouble will cease. For dizziness, lack of appetite, headache and blotchy skin nothing can equal them. Purely vegetable.

Small Pill—Small Dose—Small Price
CARTER'S LITTLE LIVER PILLS, Nature's great nerve and blood tonic for Anemia, Rheumatism, Nervousness, Sleeplessness and Female Weakness.

Seals must bear signature. Beware of imitations.

Ladies Let Cuticura Keep Your Skin Fresh and Young

Seap 25c, Ointment 25c and 50c, Talcum 25c.

A doctor who tells you your symptoms before you can tell them wins your eternal faith.

RECIPE FOR GRAY HAIR.

To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and 4 oz. of glycerine. Apply to the hair twice a week until it becomes the desired shade. Any druggist can put this up or you can mix it at home at very little cost. It will gradually darken streaked, faded gray hair, and will make harsh hair soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off.—Adv.

If there is to be much brotherly love, one has to make himself deserving of it.

Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fletcher*.

In Use For Over 80 Years. Children Cry for Fletcher's Castoria.

No woman is a thing of beauty to her maid.

MURINE

Night

Morning

Keep Your Eyes Clean—Clear—Healthy

Write for Free Eye Care Book Murine Co., Chicago, U.S.A.

DADDY'S EVENING FAIRY TALE

THE BALTIMORE ORIOLES.

"Ah," said one of the young Baltimore Orioles, "it won't be long now before it is spring and in the spring everything so fine happens."

"We choose our mates and our mates take us after a long while."

"Yes, I heard my father was ever so long waiting for my mother. They said that sometimes he'd ask her a hundred times a day to marry him."

"That was what they said of my father," said the first young Baltimore Oriole whose name was Jackie Oriole, while the second speaker was named Bruce Oriole.

"It is what they said of my father, too," said another Oriole, "and that my mother kept my father waiting the same way."

"Just what happened in our family," said yet another.

"And in ours," said still another.

"It's the way of the Baltimore Orioles," said Jackie. "But I'll keep after the one I care for until I win her."

"So will I," said Bruce. "I don't want to take the wrong one. No, indeed, I'd rather wait for the right one, I would."

"But dear me," said Jackie, "how the little dears will keep us waiting."

"It won't be long now before we begin our courtship," said Bruce.

"And we'll go North again," said Jackie.

"When did your parents leave for the South?" asked Bruce.

"The third week in September," said Jackie.

"Mine left the fourth week," said Bruce. "We leave about the same time, don't we? Our great family is much alike—every Baltimore Oriole is much alike."

"It's very sensible," said Jackie.

"It's nice to think of being further North when they have their beautiful summer. In fact, we go ahead of the summer. We go North, so I've heard, for last year I wasn't around in the early spring, when things are beginning to come out."

"That's very sensible. We see the lovely spring and the summer, and we leave when everything is starting to go, the leaves, the summer birds, and the midsummer flowers."

"My father is so handsome," said Bruce, "that it is no wonder my mother loved him."

"Ah, you're handsome, too," said Jackie, "and your turn will come soon."

"Ah," said Bruce, "I don't want to be so handsome as I do want to be."

"Birds Like Crumbs."

loved and to have a happy time. Oh, happiness, that's the finest thing in the whole world!"

"It is," agreed Jackie, "and it is just what my family have brought me up to believe."

"Same with me," said Bruce.

"My mother was such a good home-maker," said Jackie.

"Ah, yes," said Bruce, "our home life was very lovely. That's the way it should be. What's the use in having a home life if it isn't happy and nice and comfy and cozy and cheery with each trying to make it so nice for the other."

"That's the nice part of a home and a home life that it can be made so jolly and nice."

"Why, where my family lived last summer there was the nicest family. They lived in their garden and on their back porch so much of the time and without any visitors around I'd hear them laughing and joking and having such a fine time. And when birthday came! Well, such celebrations as they used to have."

"And they never forgot that birds liked crumbs of birthday cake, too!"

"Well," the Master Orioles all said, "we must be moving North soon. It's almost springtime again."

"And in the meantime," said another, "let us not waste too much time in talking, but let us eat lots of grubs and worms before we go, for that helps along nice people."

So the happy, cheerful, gay Baltimore Oriole family worked hard eating and destroying bad insects and bugs and chirping all the time, saying, "We like people and we try to help them! Let's all eat yet another bug!"

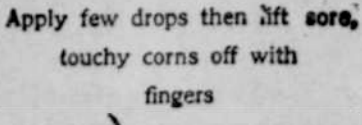
"And," added Bruce, "it's a very pleasant thing to do, too!"

No Longer Curious.

The older a man grows the less he is disposed to see how poor he can come to a shiner sign.—Boston Transcript.

LIFT OFF CORNS!

Apply few drops then lift sore, touchy corns off with fingers



Doesn't hurt a bit! Drop a little Freezone on an aching corn, instantly that corn stops hurting, then you lift it right out. Yes, magic!

A tiny bottle of Freezone costs but a few cents at any drug store, but is sufficient to remove every hard corn, soft corn, or corn between the toes, and the calluses, without soreness or irritation.

Freezone is the sensational discovery of a Cincinnati genius. It is wonderful.—Adv.

More Trifle.

Mr. Feathertop—I'm going to the races this afternoon, and I'm so excited I know I'll fairly lose my head there.

His Wife—Oh, don't worry about that, dear. But be careful of your money!

HOMELESS!

Constipation, Headache, Colds, Biliousness, driven out with "Cascarets"

Drive away those persistent enemies of happiness—biliousness and constipation. Don't stay headachy, sick, tongue coated, sallow and miserable! Never have colds, indigestion, upset stomach or that misery-making gas. Feel splendid always by taking Cascarets occasionally. Cascarets never gripe, sicken or inconvenience you like Colomel, Salts, Oil or nasty, harsh Pills. They cost so little and work while you sleep.—Adv.

Rest in the Newspapers.

"When I'm tired my wife reads to me the news of the day."

"I've tried that once."

"Yes?"

"But my wife couldn't see any news except about bargain sales and cooking hints."—London Answers.

WHY DRUGGISTS RECOMMEND SWAMP-ROOT

For many years druggists have watched with much interest the remarkable record maintained by Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder medicine.

It is a physician's prescription.

Swamp-Root is a strengthening medicine. It helps the kidneys, liver and bladder do the work nature intended they should do.

Swamp-Root has stood the test of years. It is sold by all druggists on its merit and it should help you. No other kidney medicine has so many friends.

Be sure to get Swamp-Root and start treatment at once.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

Some men waste a lot of time trying to convince others that they are truthful.

OUCH! LUMBAGO PAIN! RUB BACKACHE AWAY

Instant Relief With a Small Trial Bottle of Old "St. Jacobs Oil."

Kidneys cause Backache? No! They have no nerves, therefore can not cause pain. Listen! Your backache is caused by lumbago, sciatica or a strain, and the quickest relief is soothing, penetrating "St. Jacobs Oil." Rub it right on your painful back, and instantly the soreness, stiffness and lameness disappears. Don't stay crippled! Get a small trial bottle of "St. Jacobs Oil" from your druggist and limber up. A moment after it is applied you'll wonder what became of the backache or lumbago pain.

Rub old, honest "St. Jacobs Oil" whenever you have sciatica, neuralgia, rheumatism or sprains, as it is absolutely harmless and doesn't burn the skin.—Adv.

For never, never, wicked man was wise.—Pope.

The Cuticura Toilet Trio

Having cleared your skin keep it clear by making Cuticura your every-day toilet preparations. The soap to cleanse and purify, the Ointment to soothe and heal, the Talcum to powder and perfume. No toilet table is complete without them. 25c everywhere.—Adv.

There are no buffet cars on a train of disasters.

SATISFIED WITH TWO MEALS

Roosevelt Family, While on Vacation, Decided There Should Be No Unnecessary Dish Washing.

"Practical Politics" was but one of many subjects the late Colonel Roosevelt had made his own. His many-sided common sense approached nothing without going straight to the practical heart of it. In his inimitable letters to his children, the chapter, "A President as Cook," gives an example of this, remarks the New York Evening Post. The letter is from "Pine Knot," the isolated little Virginia retreat where from time to time during their last years in the White House, and when in need of complete rest Mr. and Mrs. Roosevelt repaired, taking no servants with them. After descriptions of several meals of chicken fried by the president with appetizing mention of beefsteak and corn-bread, bacon and eggs, also cooked by him—all interspersed with animadversions upon the Russo-Japanese war and the peace he was endeavoring to bring about—comes this: "As we found that cleaning dishes took up an awful time, we only took two meals a day, which was all we wanted." How the housewife's heart, specially in these without-a-cook-times, warms to that sentence! How true it is that "cleaning dishes" takes up "an awful time," and how practical the two-meals-a-day cure! Few families would endorse the cure, of course—it might be worse than impractical to establish it. And also, of course, the whole thing would be heresy from housewives themselves. But they relish the comfort of such distinguished sympathy.

GOAT ALWAYS GOOD FIGHTER

"Billy" Seldom Looks for a Scrap, but He Is Equal to It When Forced on Him.

"Mr. A. B. Fenwick related to me the particulars of a battle of two Indians, fifteen dogs and two horses with a Billy goat that had wandered out upon Joseph's prairie, where Cranbrook B. C. now stands," says Dr. William T. Hornaday in his article on "The Rocky Mountain Goat at Home," in Boys' Life. "The Indians thought that with their horses and dogs (but no guns) they could capture the goat alive. The goat thought otherwise. A little later a squaw saw that they were having a bad mixup and ran out to the Indians with a rifle. One of them shot the goat. All but two of the dogs were killed on the spot, or died very shortly. It was with the greatest difficulty that the Indians saved their horses from getting punctured by those terrible little horns."

"It is on record that a full-grown grizzly bear was killed by a full grown Billy goat while the bear was killing him. The dead bodies of the two were found only a few yards apart."

"So you see, although the goat is deliberate in thought and in action, and wise in self-preservation, when the time comes to fight he is right on the job."

Resigned to Fate.

In the early days of the war a group of optimistic young men assembled at the officers' training camp at Fort Myer, Va., with all the necessary appointments of officers, from spurs to an extra pair of field glasses. Later on, as it became necessary for the authorities to hand out little pink slips and one-way tickets home, it grew into a custom for the departing candidates to auction off his equipment.

One Saturday morning Captain Blank sold cheaply to Candidate Jones of Company X.

"Mr. Jones, drill the company,"

Mr. Jones stepped forth. Taking his place before the company, he was suddenly stricken dumb.

"Well?" demanded the captain with a strongly rising inflection.

Jones gulped. "Wh-wh-wham I offered for my truck locker?" he stammered.—Home Sector.

A Wager Lost on Coolidge.

At a reunion a '95 man met a classmate on the campus. The latter wore a broad grin.

"What's the joke?"

"I made a wager that I could get Cal Coolidge into a five-minute conversation. I just tried it. Here's the conversation!"

"Cal, I understand they're going to knock the tar out of you this election."

"Maybe."

"I hear that a spellbinder is up against you."

"Yes."

"Perhaps that will help you; you may shine by contrast."

"Perhaps so."

"I was stuck for anything more to say. I'm now going to pay the wager."

—George MacAdam in World's Work.

Steel Want General.

All around the globe there is a demand for American steel. Portuguese East Africa has extensive railroad plans, and in Siam there is a call for 32,000 tons of rails. A New York firm has contracts for \$5,000,000 for office buildings and other structures in Tokyo and other Japanese cities. In Rome there is a building program for housing government employees. South American requirements are extensive.

Gloomy Outlook.

"When Mrs. Crableigh died she told Mr. Crableigh she would meet him in another world."

"Did Mr. Crableigh act as if he thought she would keep her promise?"

"I judge so. The neighbors said he looked greatly depressed."—Birmingham Age-Herald.

IF BACK HURTS USE SALTS FOR KIDNEYS

Eat less meat if Kidneys feel like lead or Bladder bothers.

Most folks forget that the kidneys, like the bowels, get sluggish and clogged and need a flushing occasionally, else we have backache and dull misery in the kidney region, severe headaches, rheumatic twinges, torpid liver, acid stomach, sleeplessness and all sorts of bladder disorders.

You simply must keep your kidneys active and clean, and the moment you feel an ache or pain in the kidney region, get about four ounces of Jad Salts from any good drug store here. Take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and is harmless to flush clogged kidneys and stimulates them to normal activity. It also neutralizes the acids in the urine so it no longer irritates, thus ending bladder disorders.

Jad Salts is harmless; inexpensive; makes a delightful effervescent lithia-water drink which everybody should take now and then to keep the kidneys clean, thus avoiding serious complications.

A well-known local druggist says he sells lots of Jad Salts to folks who believe in overcoming kidney trouble while it is only trouble.—Adv.

It requires some thoughtfulness to even send "best regards" to other members of the family.

BOSCCHIE'S SYRUP.

A cold is probably the most common of all disorders and when neglected is apt to be most dangerous. Statistics show that more than three times as many people died from influenza last year, as were killed in the greatest war the world has ever known. For the last fifty-three years Boscchie's Syrup has been used for coughs, bronchitis, colds, throat irritation and especially lung troubles. It gives the patient a good night's rest, free from coughing, with easy expectation in the morning. Made in America and used in the homes of thousands of families all over the civilized world. Sold everywhere.—Adv.

THERE TO GET INFORMATION

Sandy Mush Citizens Vitalize Interest in Knowledge Possessed by Fellow Townsman.

"When I got home tuther evening," related a citizen of Sandy Mush, "I found a couple of dozen of my acquaintances and several fellows that I'd never heered of before, setting on my porch and otherwise hanging around, waiting for me."

"What was coming off—a surprise party, or something that-a-way?" inquired the neighbor to whom the incident was being related.

"Nope; nuth'n' specially surprising about it, considering that some infernal liar had told 'em I'd been norating around that I recollected when the court house in Tumlinville was built a bottle of fine old licker was put in the corner stone. They wanted to know which corner."—Kansas City Star.

Benefit of Silence.

"I don't see your name in the paper quite so often as it used to be, senator."

"No," replied the senator. "I find it just as well not to inform the public of my whereabouts. When they don't actually know where I am it is natural for them to believe that I am busy working for their interests."

Butlers Are Scarce.

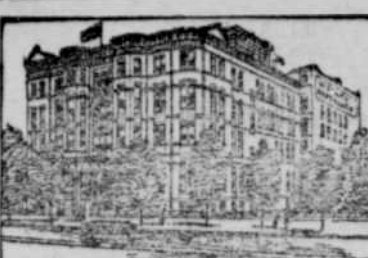
"The servant problem in gilded circles must be acute."

"Why do you think so?"

"I see where the wife of a multimillionaire has brought suit against the wife of another multimillionaire to recover the person of one English butler."—Birmingham Age-Herald.

Pessimists Live long—like Voltaire and Schopenhauer—in spite of their pessimism about all things.

A father gets some of his boy's company if the boy has to come to him for pocket money.



A WELL-KNOWN INSTITUTION.

Probably no institution in America is more widely known than Doctor Pierce's Invalids' Hotel in Buffalo, N. Y. Although established many years ago it is today a modern sanitarium, having all the latest facilities for the correct diagnosis of diseases and their successful treatment through medicine or surgery.

It was Dr. Pierce, its founder, who over 50 years ago gave to the world that wonderful stomach tonic and blood purifier, "Golden Medical Discovery," and that famous non-alcoholic medicine for women, "Favorite Prescription."

In his early professional career, Dr. Pierce realized that every family, but especially those who live remote from a physician, should have at hand an instructive book that would teach them something about First Aid, Physiology, Anatomy, Hygiene; how to recognize different diseases, how to care for the sick, what to do in case of accident or sudden sickness, etc., so he published that great book, the "Medical Adviser," an up-to-date edition of which can be procured by sending 50 cents to Doctor Pierce's Invalids' Hotel in Buffalo, N. Y.

Later, Dr. Pierce added another link to his chain of good works by establishing a bureau of correspondence to which any one can write for medical advice, without any expense whatever, and if necessary, medicines especially prepared in Doctor Pierce's Laboratory will be sent by parcel post or express for use at home, at a reasonable cost.

Thus those who have symptoms of disease need not suffer mental agony fearing that they have some serious ailment, but can have a diagnosis made free by a physician of high professional standing. Write to Dr. Pierce relating your symptoms if you need medical advice for any chronic disease. All letters regarded as confidential.

W. N. U., Salt Lake City, Mo. 12-1020.

FAMOUS BOWERY IS NO MORE

Prohibition and General Good Times Responsible for Disappearance of Its Oldtime Characteristics.

New York's old-time Bowery is no more. No final rites have marked its passage, nor has the last requiem been sung, but of recent months the change has been progressing swiftly and noticeably.

Only old-timers can remember the "Tub of Blood" and other famous dives, but now even the modern hangouts are disappearing one by one before the advent of national prohibition.

Most potent of the changes in America's former driftway of human wreckage is the virtual disappearance of the "Bowery bum." A newspaper feature writer recently sojourned on the street for a time, and he reported that the "bums" are now almost all at least casual workers, and that "cans," or a sizable roll of the "long green," abounds.

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"Why do you think so?"

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Health and Comfort Flavor and Economy

POSTUM CEREAL

gives you every desirable quality in a table beverage and has none of the harm of coffee.

This All-American table beverage must be boiled 20 minutes.

For children and grown-ups.

"There's a Reason"

Two Sizes 25¢ and 15¢ All grocers.

Made by Postum Cereal Co. Battle Creek, Mich.

A WANI

By JE

Oh, 1920, by Me

Alice Disbr girl who sat rude camp.

"Isn't it fu you here?" she voice. "How wilderness?"

"I think it's the 6' on the She looked admiration. her opposite, delicate and of a wild-flow and the wide streamers. Holmes saw t forget-me-nots, above them, t let of lips that

That was wh so out of place was no more camp life than dress, her high were not made

Agatha looked rough boots, a brown hands. For one instant artificialities th so charming, have suited Ag ple, too sincer fuge to cover h

Besides, she ing could make strong white te and gray and good features.