

END OF EIGHT YEARS MISERY

Used Lydia E. Pinkham's Vegetable Compound and Recovered.

Newark, N. J.—"The doctor said I had an organic trouble and treated me for several weeks. At times I could not walk at all and I suffered with my back and limbs so I often had to stay in bed. I suffered off and on for eight years. Finally I heard that Lydia E. Pinkham's Vegetable Compound was a good medicine and tried it with splendid effect. I can now do my housework and my washing. I have recommended your Vegetable Compound and your Blood Medicine and three of my friends are taking them to advantage. You can use my name for a testimonial."

You are invited to write for free advice. No other medicine has been so successful in relieving woman's suffering as has Lydia E. Pinkham's Vegetable Compound. Women may receive free and helpful advice by writing the Lydia E. Pinkham Medicine Co., Lynn, Mass. Such letters are received and answered by women only and held in strict confidence.

BETTER DEAD

Life is a burden when the body is racked with pain. Everything worries and the victim becomes despondent and downhearted. To bring back the sunshine take

GOLD MEDAL MARLEM OIL CAPSULES

The national remedy of Holland for over 200 years; it is an enemy of all pains resulting from kidney, liver and uric acid troubles. All druggists, three sizes. Look for the name Gold Medal on every box and accept no imitation.

ABSORBINE Reduces Strained, Puffy Ankles, Lymphangitis, Puff Swellings, Boils, Swellings; Stops Lameness and allays pain. Heals Sores, Cuts, Bruises, Blisters, Chafes. It is a SAFE ANTISEPTIC AND GERMICIDE. Does not blister or remove the hair and horse can be worked. Pleasant to use. \$2.50 a bottle, delivered. Describe your case for special instructions and Book 5 Free. ABSORBINE, JR., antiseptic liniment for man and horse. \$1.00 a bottle. Price \$1.25 per bottle in bulk. W. F. YOUNG, P. O. Box 210 Temple St., Springfield, Mass.

Cuticura Soap The Velvet Touch For the Skin

Miles Standish Was Manxman. Evidence that Miles Standish was a Manxman and born into the Manx family of Standish of Ellanbane, has been discovered by the secretary of the Isle of Man Antiquarian society. The family of Standish probably came to Man with the Derby family in the fifteenth century, it is stated, for there is a record that they held property in the capital of the island in the year 1511. This was seventy-three years before Miles is supposed to have been born.

YOUR COLD IS EASED AFTER THE FIRST DOSE

"Pape's Cold Compound" then breaks up a cold in a few hours. Relief comes instantly. A dose taken every two hours until three doses are taken usually breaks up a severe cold and ends all the gripe misery. The very first dose opens your clogged-up nostrils and the air passages in the head, stops nose running, relieves the headache, dullness, feverishness, sneezing, soreness and stiffness. Don't stay stuffed-up! Quit coughing and snuffling! Clear your congested head! Nothing else in the world gives such prompt relief as "Pape's Cold Compound," which costs only a few cents at any drug store. It acts without assistance, tastes nice, contains no quinine—insist upon Pape's!—Adv.

The Difficulty. "Does your boy Josh know anything about how the place ought to be run?" "I'll say he does," answered Farmer Cornusson. "I'll say he knows all about it. The trouble seems to be that the hired man and I are too dumb to follow out instructions as fast as Josh can give 'em."

MURINE Night and Morning. Have Strong, Healthy Eyes. If they are Itchy, Smart or Burn, if Sore, Irritated, Inflamed or Granulated, use Murine often. Soothes, Refreshes. Safe for Infant or Adult. At all Druggists. Write for Free Eye Book. Home Eye Remedy Co., Chicago.

LIVE STOCK

MORE AND BETTER PASTURES

Problem in Coastal Plain Section of South Has Become Increasingly Important.

(Prepared by the United States Department of Agriculture.) The pasture problem in the coastal plain section of the South must be solved to bring about agricultural utilization of these lands. The problem has become increasingly important since the high prices of feeds are more and more forcing attention to the only cheap feed—pasturage. The bureau of plant industry has recently done a great deal of work along this line. The investigators have confirmed the bluegrass experiments, in which it was shown that heavy pasturing was much the best method



A Fine Southern Pasture.

both agronomically and economically. Unfortunately, say the specialists, facilities for experiments and demonstrations are wholly inadequate in attempting to work out a system of better handling of northern pastures. On the coastal plains of the South, unless the soils are much affected by drought, continue the experts, carpet grass supplemented with lespedeza makes excellent pasture. Golden crown grass is also excellent. Efforts are being made, with the aid of a new stripping machine, to place carpet grass seed on the market in adequate quantity. Several newly introduced grasses are promising as pasture possibilities.

SAFEGUARDING SHEEP FLOCK

Large Number of Animals Lost Each Year From Some Preventable Disorder.

Thousands upon thousands of sheep die each year from a great variety of preventable causes. The killer dog is not the chief cause of loss. He may cause perhaps 1 per cent of the deaths due to accidental causes, but the most serious losses are attributable to ignorance and carelessness upon the part of the owner or his shepherd. Among the chief causes of loss may be mentioned lack of shelter for lambing ewes and their newborn lambs. A sudden snow or rain storm coming at lambing time often finds ewes and lambs exposed, and many deaths result.

PASTURAGE CUTS FEED BILLS

Cost of Pork Production Can Be Reduced by Providing Suitable Pasture for Hogs.

Farmers can reduce the cost of pork production next year by providing a suitable pasture for their hogs, says W. H. Peters of the animal husbandry division, University farm. Most pasture grasses are rich in protein. The call for high grain rations is therefore less urgent a matter to be taken into consideration in these days of falling prices for hogs and pigs. Alfalfa and bromegrass are best for growing pigs, but no matter how good a pasture is some grain must be fed if the hogs are to thrive and make profitable gains.

BULL OF CHANGEABLE MOODS

Wise Plan to Play Safe at All Times by Keeping Animal Completely Under Control.

The bull is of very changeable moods, and one never can tell when that mood is going to change. The only wise plan is to take no chances with his moods—play safe at all times by keeping him wholly under control, or where he cannot reach you.

PASTURE FOR GROWING PIGS

Clover, Rye, Rape, Sorghum or Any thing Green is Good—Something Else is Needed.

Plenty of good pasture is very important in growing pigs. Clover, grass, rye, rape, sorghum—in fact almost anything green that pigs will eat is good for them while growing, but pasture alone will not make big-boned, stocky pigs.

"DANDERINE" STOPS HAIR FALLING OUT

Hurry! A few cents will save your hair and double its beauty.



A little "Danderine" cools, cleanses and makes the feverish, itchy scalp soft and pliable; then this stimulating tonic penetrates to the famished hair roots, revitalizing and invigorating every hair in the head, thus stopping the hair falling out, getting thin, scraggly or fading.

After a few applications of "Danderine" you seldom find a fallen hair or a particle of dandruff, besides every hair shows more life, vigor, brightness, color and thickness.

A few cents buys a bottle of delightful "Danderine" at any drug or toilet counter.—Adv.

Professional Loss.

His friend noticed that the dentist was looking blue and inquired, "What's the matter Joe?" "Why, I've had an ulcerated tooth and yesterday it got so bad I had to pull it myself." "Did you get relief?" "Oh, yes." "Then why this grouchy?" "Why this grouchy? Because, you idiot, I once got \$400 for treating a tooth like that."—Boston Transcript.

CONVENIENT!

If Constipated, Bilious or Headachy, take "Cascarets."

Cascarets never gripe, sicken or inconvenience one like Salts, Oil, Calomel or harsh Pills. Feel bulky! Be efficient! Don't stay sick, bilious, headachy, constipated. Remove the liver and bowel poison which is keeping your head dizzy, your tongue coated, your breath bad and stomach sour. Why not spend a few cents for a box of Cascarets and enjoy the nicest, gentlest laxative-cathartic you ever experienced? They work while you sleep. Adv.

No Life Saver.

"I asked the boss for a raise today; told him I couldn't live on my present salary." "Fine, and what did he say?" "That he didn't think a man in his position should be considered merely as a life saver."—Lexington Leader.

NAME "BAYER" IS ON GENUINE ASPIRIN

Take tablets without fear, if you see the safety "Bayer Cross."

If you want the true, world-famous Aspirin, as prescribed by physicians for over eighteen years, you must ask for "Bayer Tablets of Aspirin."

The "Bayer Cross" is stamped on each tablet and appears on each package for your protection against imitations. In each package of "Bayer Tablets of Aspirin" are safe and proper directions for Colds, Headache, Neuralgia, Toothache, Earache, Rheumatism, Lumbago, Neuritis, and for Pain in general.

Handy tin boxes containing 12 tablets cost but a few cents. Druggists also sell larger "Bayer" packages. Aspirin is the trade mark of Bayer Manufacturing of Monoaceticacidester of Salicylicacid.—Adv.

Things to Be Reckoned With.

"There are no sure things in life," sighed the pessimist. "Oh yes, there are," argued the philosopher. "How about the expenses you hadn't counted on?"

RECIPE FOR GRAY HAIR.

To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and 4 oz. of glycerine. Apply to the hair twice a week until it becomes the desired shade. Any druggist can put this up or you can mix it at home at very little cost. It will gradually darken streaked, faded gray hair, and will make harsh hair soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off.—Adv.

Business.

Remo—He always rubs it into the people, friends or no friends. Henry—Always knocking, eh? Remo—No; he's an osteopath.

Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of *Wm. A. Fletcher* In Use for Over 30 Years. Children Cry for Fletcher's Castoria

An Inquiry. "Who are you?" "A seeker after truth?" "Had any luck so far?"

DADDY'S EVENING FAIRY TALE



THE MODERN BIRD.

"This," said the little bird, "is a true story."

"It most certainly is," said the first little bird who had spoken. He had a buff-colored breast and was a little land bird who was on a great ship far out in the ocean. They had named him Buffy.

"Of course, you know how I came here?" he asked. "I knew there was a great deal of excitement," the canary said. "Perhaps you would tell me your story from the beginning. I am sure I would appreciate it greatly if you would."

"Oh, very well," said Buffy. "I will tell you the whole story. But first I will tell it to you as it happened."

"Why, were you going to tell it to me in any other way?" asked the canary with his head on one side, looking most extremely shocked. "Oh, no," said Buffy. "You quite misunderstood me, or, perhaps, I should say I was not very clear."

"I will not interrupt any more," chirped the canary. Both birds were in large cages. The canary belonged to a sailor on the ship which was crossing the Atlantic ocean. The little buff bird had been found on the deck one morning, very nervous and frightened, his feathers wet, his heart beating fast, by the sailor who owned the canary.

He saw that the little buff bird was still alive and he took him to his cabin and saw that he was warm again and that he had some of the canary's extra supply of food. Then he gave him another cage he had and when Buffy felt better put his cage in the warm, snug cabin where the canary was and where the men on board came to read.

"They thought," the canary said, "that you had been blown out to sea—that is, some of them thought it. They knew you weren't a sea bird and yet very few could believe that you had either flown or blown such a long distance. They said that very few of the water birds would fly such a distance. And they didn't see how you could have been blown such a distance and still be alive when you got here. You were alive, but oh, my master said, you were very tired and wet and nervous!"

"I should think you would have been flying to a ship like this in the middle of the ocean. But here I am talking some more."

"What did, they finally decide was the way I had come?" asked Buffy. "They decided," the canary answered, "that you must have flown from your cage in the cabin of another ship and that you took a little airing and that a storm suddenly arose and you couldn't find your way back through the storm—and so you happened upon our deck."

"Well," said Buffy, "that wasn't such a bad guess, but it isn't right. I will tell you all about it."

"Yes, I've done most of the talking," the canary said, "and I wanted to hear about you."

"In the first place," said Buffy, "I am happy here and I wasn't so happy on my own ship. I wasn't made such a pet of as I am here. They really didn't care for birds like your master and his friends do."

"So one day I thought I would take a trip. I had heard, during the past few months or more—I'm not much on time you know—though I know when it is spring and winter and summer and autumn and molting time and mating time and such—but on the seas I'm not so certain as to when it happened—"

"Anyway—I'm getting rather too far ahead on my story—I had heard for quite a little while of the wonderful people who flew across the ocean—men in airships. I heard how they won prizes and how fine it was."

"Well, I thought I'd like to do the same. It would be a fine thing for me, a land bird, to fly across the ocean. So I left my ship when my cage door was opened and off I came to fly across the ocean. I hoped at the end I would receive a big trunk of seed and a nice box of lettuce and a suitcase of cuttlefish for my rewards. But also, I was overtaken by storm as so many flyers are, birds and men. And I was forced to make this landing! But I'm glad I did and I don't believe I'll fly again for awhile. It's still a bit risky—even if one has his wings right with him!"

"Oh," said the canary admiringly "what a modern bird you are, what a very modern bird!"

Part (inent) Question. Enthusiast—The boy I had before I could twice as much as you, I've had to get it!

THREE YEARS WITHOUT HOPE

A Story of Sickness and Suffering with Final Return to Health It will do you good to read it

No matter how long nor how much you have suffered, do not give up hope. Do not decide there is no help for you. There is. Make up your mind to get well. You can. There is a remedy in which you may place full reliance as did Mrs. Rosalia Kanis of 39 Silver Street, New Britain, Conn. This is what she says: "I had cramps for three years and thought I would never be any better. I could not eat without distress. Slept with my mouth open and could hardly breathe. No medicine helped me. I had catarrh of the stomach. Now I have no cramps and am feeling well and healthy. I wish every suffering person would take PE-RU-NA."

Catarrh effects the mucous membranes in any organ or part. PE-RU-NA, by regulating the digestion and aiding elimination, sends a rich, pure supply of blood and nourishment to the sick and inflamed membranes and health returns.

For coughs, colds, catarrh and catarrhal conditions generally, PE-RU-NA is recommended. If you are sick, do not wait and suffer. The sooner you begin using Dr. Hartman's well-known PE-RU-NA, the sooner you may expect to be well and strong and in full possession of your health. A bottle of PE-RU-NA is the finest emergency, ready-to-take remedy to have in the house. It is fourteen ounces of prevention and protection.

Sold everywhere in tablet or liquid form.

Where Can I Find Relief From Itching, Terrifying Eczema?

Question on Lips of Afflicted. There is a harassing discomfort caused by Eczema that almost becomes a torture. The itching is almost unbearable, and the skin seems on fire with the burning irritation. A cure from local applications of salves and ointments is impossible, because such treatment can only allay the pain temporarily. The disease can only be reached by going deep down to its source, which is in the blood, the disease being caused by an infection which breaks out through the skin. That is why the most satisfactory treatment for all so-called skin diseases is S. S. S., which acts by cleansing the blood. Get a bottle to-day, and you will see results from the right treatment. Medical advice free. Address Medical Director, 48 Swift Bldg., Atlanta, Ga.

JACK FROST'S CLEVER TRICKS

Chief Among Them Is Ability to Make Water That Is Frozen an Exception to the Rule.

Jack Frost is a very clever fellow, for not only is he an artist—for everyone has seen the beautiful designs he draws on the window—but he also does some wonderful conjuring tricks.

As you know, he bursts pipes, and this is how he does it, the Montreal Herald states: "First of all, you should remember that 'Jack Frost' is merely another name for the extreme winter cold, which is below freezing point. Nearly every substance in nature expands or stretches when heated and contracts or occupies a smaller space when the temperature falls, but water is an exception to this rule. For, though it expands when heated, it does not contract when frozen; on the contrary, it expands once more."

You can prove this yourselves on a frosty day by this simple experiment: Fill a bottle with water right up to the cork, and leave it out to freeze overnight. In the morning you will find that the cork is right out of the neck of the bottle on a piece of ice. Now, this shows that water expands when frozen, and that is exactly what happens when the water freezes in a pipe. It expands and bursts the pipe, and it is not until the water thaws and gushes out that we know about it.

Three Claimants. "You may be sharp," said the thread to the needle, "but I notice you are always getting it in the eye." "Oh, you can't talk," retorted the needle, "for whenever you get into a hole I have to pull you through." "Be quiet, you two," chirped in the thimble. "If it wasn't for my push, neither of you would get along."—London Tit-Bits.

Not Noticeable. "The cost of living is terrible!" "Yes, but mighty few people are anxious to die to save money."

Try It, Ladies. Mrs. Upstairs—I understand Mrs. Nextdoor has a new hat. How did she get it? Mrs. Downstairs—Her husband came home late the other night and she placed her old hat so that he sat on it; consequently he had to buy her a new one.

Why Marry? Galey—I haven't seen much of Gadsby at the club of late. Wonder what happened to him? Haey—Bottled in the bond of matrimony.

The average politician is as tough as India rubber and his conscience is more elastic.

"What a Modern Bird!" other ship and that you took a little airing and that a storm suddenly arose and you couldn't find your way back through the storm—and so you happened upon our deck."

"Well," said Buffy, "that wasn't such a bad guess, but it isn't right. I will tell you all about it."

"Yes, I've done most of the talking," the canary said, "and I wanted to hear about you."

"In the first place," said Buffy, "I am happy here and I wasn't so happy on my own ship. I wasn't made such a pet of as I am here. They really didn't care for birds like your master and his friends do."

"So one day I thought I would take a trip. I had heard, during the past few months or more—I'm not much on time you know—though I know when it is spring and winter and summer and autumn and molting time and mating time and such—but on the seas I'm not so certain as to when it happened—"

"Anyway—I'm getting rather too far ahead on my story—I had heard for quite a little while of the wonderful people who flew across the ocean—men in airships. I heard how they won prizes and how fine it was."

"Well, I thought I'd like to do the same. It would be a fine thing for me, a land bird, to fly across the ocean. So I left my ship when my cage door was opened and off I came to fly across the ocean. I hoped at the end I would receive a big trunk of seed and a nice box of lettuce and a suitcase of cuttlefish for my rewards. But also, I was overtaken by storm as so many flyers are, birds and men. And I was forced to make this landing! But I'm glad I did and I don't believe I'll fly again for awhile. It's still a bit risky—even if one has his wings right with him!"

"Oh," said the canary admiringly "what a modern bird you are, what a very modern bird!"

Part (inent) Question. Enthusiast—The boy I had before I could twice as much as you, I've had to get it!

Hard Work Tires muscles and nerves, and then to whip them with coffee, with its drug caffeine, makes a bad matter worse.

POSTUM CEREAL

is a drink for workers that contains no drug, but furnishes a finely flavored beverage, full-bodied and robust, pleasing to former coffee drinkers. Two sizes At grocers Usually sold at 25¢ & 15¢ Made by Postum Cereal Co., Battle Creek, Mich.

Fly

A Brief

A. E. Scott, who "flu" is able to be Clarence McCom here on business

Wallace Lpneh the first of the w Leland Fenn w Sunday.

Born—To Mr. ar sen on March 20, a Nellie Kirk, of C relatives here the Mrs. W. Smith o week end at home evening.

Wood is the idea you want it. N kitchen will be c

Now is the time the fuel shortage the need will be word now you w needs.

We fill o small. P a carload can't use 1 neighbor. Price \$3.7

F. A. BOISE PA

Buy You

You still hav electric vacu This special s ers in your h

You can dep thoroughly a and hanging

Phone us today Operate one for Place your ord cleaners go bac