WOMEN OF MIDDLE AGE

May Pass the Critical Period Safely and Comfortably by Taking Lydia E. Pinkham's Vegetable Compound.

Summit, N. J.—"I have taken Lydia E. Pinkham's Vegetable Compound during Change of Life and I think it is a good remedy in such a condition. I could not digest my food and had much pain and burning in my stomach after meals. I could not sleep, had backache, and worst of all were the hot flashes. I saw in the papers about Vegetable Compound so I tried it. Now I feel all right and can work better. You have my permission to publish this letter."—Victoria Koppl, 21 Oak Ridge Ave., Summit, N. J.

If you have warning symptoms such as a sense of suffocation, hot flashes, headaches, backache, dread of impending evil, timidity, sounds in the ears, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness, inquietude, and dizziness, get a bottle of Lydia E. Pinkham's Vegetable Compound and begin taking the medicine at once. We know it will help you as it did Mrs. Koppl.

Skin Troubles
—Soothed—
With Cuticura
Soap 25c, Ointment 25 and 50c, Talcum 25c.

What Doctors Laugh At.

In the last 50 years the science of medicine has advanced more than in the previous 50 centuries. But the average man still thinks he knows an infallible cure for a cough.—Journal of the American Medical Association.

HEAD STUFFED FROM CATARRH OR A COLD

Says Cream Applied in Nostrils Opens Air Passages Right Up.

Instant relief—no waiting. Your clogged nostrils open right up; the air passages of your head clear and you can breathe freely. No more hawking snuffing, blowing, headache, dryness. No struggling for breath at night; your cold or catarrh disappears.

Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic, healing cream in your nostrils. It penetrates through every air passage of the head, soothes the inflamed or swollen mucous membrane and relief comes instantly.

It's just fine. Don't stay stuffed up with a cold or nasty catarrh.—Adv.

Paradoxical Quality.

"There are not many square men like him."

"Not enough to go 'round."

SHE DYES HER OLD GARMENTS LIKE NEW

"Diamond Dyes" Make Faded, Shabby Apparel So Fresh and Stylish.

Don't worry about perfect results. Use "Diamond Dyes," guaranteed to give a new, rich, fadeless color to any fabric, whether it be wool, silk, linen, cotton or mixed goods,—dresses, blouses, stockings, skirts, children's coats, feathers—everything.

Direction Book with each package tells how to diamond dye over any color.

To match any material, have dealer show you "Diamond Dye" Color Card. —Adv.

Happiness doesn't consist of having everything you want, but in the ability to get more.

WAS DISCOURAGED

St. Charles Man Tells How He Suffered Before Doan's Cured Him.

"Heavy strains on my back and being exposed to all kinds of weather, weakened my kidneys," says John S. Shelton of St. Charles, Mo. "The misery in my back was constant and I had to get up several times during the night to pass the kidney secretions. I got no rest night or day and lost twenty-two pounds in weight. My eyes burned as if there were fire in them. I also had dizzy spells and would feel as if I were going to pitch forward. Sharp catches would take me in my back as if someone were driving a sharp knife into my back. My kidneys were so weak I had no control over them and the secretions were scanty and burned in passage. I had pains in my bladder too. I was discouraged. I tried different remedies but received no benefit. I was advised to use *Doan's Kidney Pills* and when I did so I was soon relieved of my misery. *Doan's* cured me."

Mr. Shelton

Get Doan's at Any Store, 60c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

BELGIUM SKETCHES

"N'Oublions Pas"

By Katharine Eggleston Roberts.

(Copyright, 1920, Western Newspaper Union)

Near a field where the yellow grass struggled to grow in the shell-holes, white-faced, pinched little children played among the dead fruit trees. Summer had come and gone in a land once more at peace, but the trees had shown no green, for the Boche had murdered them, and the fields had produced no grain, for the Hun had steeped them in poison. Here in the chill autumn mists, the children played to forget that, into the half of their house that remained, the night wind would blow through the shrapnel chinks.

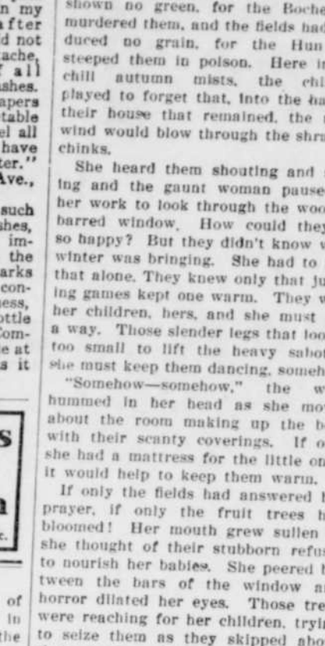
She heard them shouting and singing and the gaunt woman paused in her work to look through the wooden-barred window. How could they be so happy? But they didn't know what winter was bringing. She had to face that alone. They knew only that jumping games kept one warm. They were her children, hers, and she must find a way. Those slender legs that looked too small to lift the heavy sabots—she must keep them dancing, somehow.

"Somehow—somehow," the word hummed in her head as she moved about the room making up the beds with their scanty coverings. If only she had a mattress for the little ones, it would help to keep them warm.

If only the fields had answered her prayer, if only the fruit trees had bloomed! Her mouth grew sullen as she thought of their stubborn refusal to nourish her babies. She peered between the bars of the window and horror dilated her eyes. Those trees were reaching for her children, trying to seize them as they skipped about their games. They were stretching their hideous gray arms, snatching at the frail little figures, and the fields were sending up the mist to conceal them in their crime.

She knew now, she knew. Round and round whirred the chaos in her head. That was it, that was it—she could see it all now clearly—more clearly—those fields, those trees—they were infected with the venom of the Hun, they had become allies in his fiendish scheme to squeeze out the lives of her children.

Shrieking, she ran from the house. "Beware!" she cried to the children.



"Somehow—Somehow," She Repeated.

"Beware, they are after you!" and she struggled with a dead tree whose branches swayed in the wind.

With startled screams, the children fled a little way, then turned to look. But nothing came. No one pursued them. Why did their mother cling to that old tree? They ventured back. They felt afraid of her and knew not why. Some neighbors, who had heard the calls across the fields, came hastening and saw her as she loosed her hold and fell.

They raised her to her feet. She stared at them and at the children whimpering in their fear, stared and knew nothing till she saw the trees and then the light of vengeance lit her face—the only light her mind was doomed to know—and through her hate-clenched teeth the warning came, the words of not forgetting, the grim chant she muttered through the years to come, "N'oublions pas—n'oublions jamais."

WHEELS TURNING IN BELGIUM

Minor Industries Have Resumed Operation, but All Embarrassed by Lack of Fuel.

Most of the minor industries in Belgium are said to have resumed operation, although all have been more or less embarrassed by the lack of fuel and the uncertainty of delivery of raw materials. There is no lack of sugar in Belgium, and a surplus is available for export. Nearly all the sugar mills were kept in operation by the Germans throughout the war.

To avert labor disturbances, the government has taken an active part in disputes between the workers and employers with gratifying results. While wages have increased in most industries at least 100 per cent, and in some instances considerably more, they have not kept pace with the increase in the cost of living. Labor union leaders have been generally disposed to adopt conciliatory methods where possible, and the government has been able to force arbitration in nearly all cases where trouble has arisen.

PROMINENT FOLKS TESTIFY

Sacramento, Calif.:—"For years I was a great sufferer. I had indigestion very badly and it seemed that there was no help for me as I had tried so many, many different remedies without getting any help. Finally, I tried Dr. Pierce's Golden Medical Discovery and it cured me. I took only two bottles." J. P. Culverson, 3230 2nd Ave.

AFTER INFLUENZA Heart and Circulation Bad

Baker City, Oregon:—"I was taken with Influenza January 4th and also had a nervous breakdown. My stomach was so bad I did not retain any food for three or four weeks and I was troubled with gas and sourness. I doctored with my two favorite doctors and a Chiropractic who said my nerves were so badly deranged that I was on the verge of hysteria. My heart was bad and circulation so bad that my limbs were almost paralyzed. One day I sent for a copy of Dr. Pierce's Common Sense Medical Adviser, which I read and decided to make a trial of Dr. Pierce's medicines. At that time I was only able to stay up a few minutes at a time. After taking two bottles I was able to be on my feet all day. I am now able to eat anything without discomfort and never have the dryness in my mouth in the morning nor any bowel trouble. The 'Pleasant Pellets' and the 'Medical Discovery' according to directions, and the salt baths as directed in the 'Medical Adviser' were all I used. I walk 18 or 19 blocks at a time now and feel no ill effects.

"Will always recommend Dr. Pierce's remedies."—Mrs. Wm. Hoggard, 2630 Church St.

Service.

Joe, Frank and Warren were discussing Christmas in Eastern avenue.

"I've been working all day decorating our house for Santa Claus," said Warren, with a knowing wink at Frank.

"Yes, sir," quickly exclaimed Joe, the youngest of the three. "Santa will fix our tree. We've got service at our house."—Detroit Free Press.

"CALIFORNIA FIG SYRUP" IS CHILD'S LAXATIVE

Look at tongue! Remove poisons from stomach, liver and bowels.

Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious fruity taste. Full directions for child's dose on each bottle. Give it without fear.

Mother! You must say "California." —Adv.

Wouldn't Recognize Him.

He—Will you love me if I give up all my bad habits?

She—But, George, how could you expect me to love a perfect stranger?—London Answers.

WHY DRUGGISTS RECOMMEND SWAMP-ROOT

For many years druggists have watched with much interest the remarkable record maintained by Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder medicine.

It is a physician's prescription.

Swamp-Root is a strengthening medicine. It helps the kidneys, liver and bladder do the work nature intended they should do.

Swamp-Root has stood the test of years. It is sold by all druggists on its merit and it should help you. No other kidney medicine has so many friends.

Be sure to get Swamp-Root and start treatment at once.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

Never Sees It Now.

Mae—If we get a divorce I want a chance to see the child once a month.

Rae—But that would break your record.

RECIPE FOR GRAY HAIR.

To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and ¼ oz. of glycerine. Apply to the hair twice a week until it becomes the desired shade. Any druggist can put this up or you can mix it at home at very little cost. It will gradually darken streaked, faded gray hair, and will make harsh hair soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off.—Adv.

If a man would have an untarnished name he should keep his doorplate well polished.

MURINE FOR YOUR EYES Night and Morning. *Have Strong, Healthy Eyes.* If they Tire, Itch, Smart or Burn, if Sore, Irritated, Inflamed or Granulated, use Murine often. Soothes, Refreshes. Safe for Infant or Adult. At all Druggists. Write for Free Eye Book. Murine Eye Remedy Co., Chicago

Colds Break

Get instant relief with "Pape's Cold Compound"

Don't stay stuffed-up! Quit blowing and snuffling! A dose of "Pape's Cold Compound" taken every two hours until three doses are taken usually breaks up a cold and ends all grippe misery.

The very first dose opens your clogged-up nostrils and the air passages of your head; stops nose running; relieves the headache, dullness, feverishness, sneezing, soreness, stiffness.

"Pape's Cold Compound" is the quickest, surest relief known and costs only a few cents at drug stores. It acts without assistance. Tastes nice. Contains no quinine. Insist on Pape's! —Adv.

Thought It Mental.

Gussie—The dentist told me that I had a large cavity that needed filling.

Ethel—Did he recommend any special course of study?

HAIR FALLING? HERE IS WHERE IT SHOWS

Don't worry! Let "Danderine" save your hair and double its beauty.

To stop falling hair at once and rid the scalp of every particle of dandruff, get a small bottle of delightful "Danderine" at any drug or toilet counter for a few cents, pour a little in your hand and rub it into the scalp. After several applications the hair usually stops coming out and you can't find any dandruff. Your hair will grow strong, thick and long and appear soft, glossy and twice as beautiful and abundant. Try it!—Adv.

A great many men reason in a circle; that's why there is no end to their arguments.

"ROSY-FIT"

If Bilious, get your Pep and Color back with "Cascarets"

Furred Tongue, Bad Taste, Indigestion, Sallow Skin, and Miserable Headaches come from a torpid liver and sluggish bowels, which cause the stomach to become filled with undigested food which sours and ferments, forming acids, gases, and poisons. Cascarets tonight will give your bilious liver and constipated bowels a thorough cleansing and have you feeling clear, bright and as fit as a fiddle by morning. Cascarets never sicken or inconvenience you like nasty Calomel, Salts, Oil, or griping Pills. They work while you sleep.—Adv.

Silence is anything but golden to the poor girl who is dumb to the entreaties of a wealthy suitor.

TAKE ASPIRIN ONLY AS TOLD BY BAYER

"Bayer" Introduced Aspirin to the physicians over 18 years ago.

To get quick relief follow carefully the safe and proper directions in each unbroken package of "Bayer Tablets of Aspirin." This package is plainly stamped with the safety "Bayer Cross."

The "Bayer Cross" means the genuine, world-famous Aspirin prescribed by physicians for over eighteen years.

"Bayer Tablets of Aspirin" can be taken safely for Colds, Headache, Toothache, Earache, Neuralgia, Lumbago, Rheumatism, Joint Pains, Neuritis, and Pain generally.

Handy tin boxes of 12 tablets cost but a few cents. Druggists also sell larger "Bayer" packages. Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid.—Adv.

Good advice is the kind you remember too late that you forgot to take.

DADDY'S EVENING FAIRY TALE

by Mary Graham Bonner

WHITE-TAILED DEER.

"Well," said Mrs. White-Tailed Deer to Mr. White-Tailed Deer, who was in the next little house in the zoo, "your dangerous season has passed."

"What do you mean by that?" asked Mr. White-Tailed Deer. "Are we not animals of the dark forests, and do we not see that there are plenty of us left because we do not do foolish and foolhardy things? We do not put ourselves in the way of danger.

"We stay off by ourselves and keep where it is safe. We live near rivers where few others live and where it is wild, and because we don't try to be too sociable there are still lots of us living.

"It doesn't do to be too sociable, do you think so?"

"No, I think we're wise," said Mrs. White-Tailed Deer. "But then we're in the zoo now. It isn't the free, wild life, but at least it is safe. Here we can be sociable and no one will harm us.

"The zoo people will not let anyone hurt us. They will only let people come to admire our antlers and our fine bodies and our great beauty."

"That's true," said Mr. White-Tailed Deer, "but at the same time we do nice things for them. We don't like some animals, refuse to let our babies be born here. No, we let the babies come and we show them we're grateful to them for their kindness to us and for their protection."

"You too have spoken the truth," said Mrs. White-Tailed Deer. "We are rather nice, sensible, pleasant, good-looking animals."

"What do you mean when you say we are 'rather' nice?" asked Mr. White-Tailed Deer. "We are very nice, aren't we?"

"Of course," said Mrs. White-Tailed Deer; "I only said we were rather nice, meaning that we were very nice."

"Then why didn't you say what you meant?" asked Mr. White-Tailed Deer.

"Still cross?" asked Mrs. White-Tailed Deer.

"No," said Mr. White-Tailed Deer, "only it seems sensible to say what one means."

"It does seem that way," said Mrs. White-Tailed Deer, "but I forget sometimes and put in words I don't mean and leave out those I do. I didn't

"We Can Be Sociable."

mean to use that word 'rather' at all. It just crept in without being noticed."

"I noticed it," said Mr. White-Tailed Deer.

"I didn't," said Mrs. White-Tailed Deer, "or I might have been able to stop it in time."

"Oh, well, it is all straightened up now," said Mr. White-Tailed Deer.

"Yes," said Mrs. White-Tailed Deer, "and while I'm a deer and a dear at the same time I can't have everything my own way and be a speaker too!"

"Oh, gracious," said Mr. White-Tailed Deer, "the very idea of you cracking that old, old joke about deer and dear. But you did say something that interested me. You asked me if I were still dangerous, didn't you?"

"No," said Mrs. White-Tailed Deer, "you have made a mistake too. I said that your dangerous season had passed."

"Oh, well, we've each made a mistake in our talk so we're even that way," said Mr. White-Tailed Deer, "but pray tell me what you mean when you say my dangerous season has passed."

"I mean," said Mrs. White-Tailed Deer, "that during September and October and November you cannot be trusted, for you are dangerous and are apt to go at creatures with your three strong, spearlike antlers and your great weight pushing you on."

"Oh, yes, that is so," said Mr. White-Tailed Deer, "but why speak of the fact that my dangerous season has passed so long after the time when it has passed? It's well on in the winter now."

"Oh, well," said Mrs. White-Tailed Deer, "I'm so perfectly sure it has passed now, you see!"

Better Still.

The postmaster's boy and the professors' boy were playing together. A question of precedence arose, and the professor's boy exclaimed, "You ought to let me go first! My father's an A. M."

"Huh!" replied his companion. "That's nothing. My father's a P. M."

Didn't Deserve Zero.

Student—There must be some mistake in my examination marking. I don't think I deserve an absolute zero.

Inspector—Neither do I; but it is the lowest mark I am allowed to give.

THOUSANDS PRAISE THE MERITS OF PE-RU-NA
Read Their Letters

Mrs. Martha C. Dale, Cannon, Del., writes: "PE-RU-NA entirely cured of chronic catarrh of the stomach and bowels. PE-RU-NA."

Mr. J. Bayer, Glenville, Ohio: "There is no medicine like PE-RU-NA for catarrhal deafness."

Mrs. Kate Marquis, Ohio: "PE-RU-NA cures catarrh of the head and throat."

Mr. J. H. Collins, Mississippi: "PE-RU-NA makes me feel vigorous and able to work without that tired, worn-out feeling usually have otherwise."

Mrs. P. Ludvigsen, Minnesota: "I got rid of my trouble and can eat anything taking PE-RU-NA."

Mrs. L. Hearing, 230 St., New York City: "PE-RU-NA of the head and stomach. found PE-RU-NA better than other medicine."

Mr. W. H. Edgar, 49 Atlanta, Georgia: "PE-RU-NA cured me after I had suffered fifteen years with rheumatism."

Mrs. Leona Dodd, 1 Medon, Tennessee: "PE-RU-NA is a grand medicine for colds."

So many diseases are due to catarrh and catarrhal conditions that makes PE-RU-NA the best medicine in the world to have in the house for emergencies and general protection. Thousands of families are never without a bottle of PE-RU-NA or a box of PE-RU-NA Tablets in the medicine chest. That is the safe way.

You can buy PE-RU-NA anywhere in tablet or liquid form.

WATCH THE BIG

Stomach-Kidneys-Heart

Keep the vital organs healthy by regularly taking the world's standard remedy for kidney, liver, bladder and uric acid troubles.

GOLD MEDAL HAARLEM OIL CAPSULES

The National Remedy of Holland for centuries and endorsed by Queen Wilhelmina. At all druggists, three sizes.

Look for the name Gold Medal on every box and accept no imitation

HEADACHE
Often Caused by
Acid-Stomach

Yes, indeed, more often than you realize. Because ACID-STOMACH, starting with indigestion, heartburn, belching, headache, dizziness, bloat and gas, if not checked, will eventually affect every vital organ of the body. Severe, blinding, splitting headaches are therefore, of frequent occurrence as a result of this upset condition.

Take EATONIC. It quickly banishes sour stomach with its sour bloat, pain and gas.

It aids digestion—helps the stomach get full strength from every mouthful of food you eat. Millions of people are now living weak, sick and ailing because of ACID-STOMACH. Poisons, created by partly digested food charged with acid, are absorbed into the blood and distributed throughout the entire system. This often causes rheumatism, biliousness, cirrhosis of the liver, heart trouble, ulcers and even cancer of the stomach. It robs its victims of health, undermines the strength of the most vigorous.

If you want to get back your pep and mental strength—be full of vim and vigor—enjoy life and be happy, you must get rid of your acid-stomach.

In EATONIC you will find the very thing you need and it's guaranteed. So get a 50c box from your druggist today. If it fails to please you, return it and he will refund your money.

EATONIC
FOR YOUR ACID-STOMACH

If With Due Care.

"Now, be careful. These canoes turn over very easily."

"Would it be safe," began the fat man timorously, "to—to——"

"Yes?"

"To shift my chewing gum to the other side of my mouth?"

To Have a Clear Sweet Skin.

Touch pimples, redness, roughness or itching, if any, with Cuticura Ointment, then bathe with Cuticura Soap and hot water. Rinse, dry gently and dust on a little Cuticura Talcum to leave a fascinating fragrance on all. Everywhere 25c each.—Adv.

The Supply.

Knicker—Favorite sons are pleasing.

Bocker—Yes, some states even have twins.

The Main Thing.

"That office-holder says he has divorced himself from politics."

"How much alimony did he get?"

INFLUENZA starts with a Cold

Kill the Cold. At the first sneeze take

HILL'S CASCARA QUININE BROMIDE

Standard cold remedy for 20 years—in tablet form—safe, sure, no opiates—breaks up a cold in 24 hours—relieves grip in 3 days. Money back if it fails. The genuine box has a Red top with Mr. Hill's picture.

At All Drug Stores