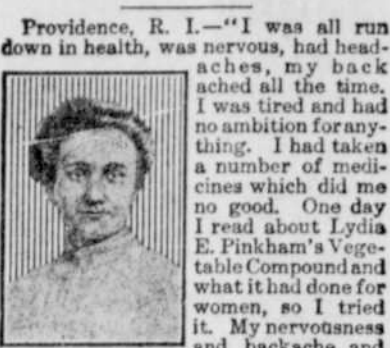


HOW TO AVOID BACKACHE AND NERVOUSNESS

Told by Mrs. Lynch From Own Experience.



Providence, R. I.—"I was all run down in health, was nervous, had headaches, my back ached all the time. I was tired and had no ambition for anything. I had taken a number of medicines which did me no good. One day I read about Lydia E. Pinkham's Vegetable Compound and what it had done for women, so I tried it. My nervousness and backache and headaches disappeared. I gained in weight and feel fine, so I can honestly recommend Lydia E. Pinkham's Vegetable Compound to any woman suffering as I was."—Mrs. ADELIN B. LYNCH, 100 Plain St., Providence, R. I.

Backache and nervousness are symptoms or nature's warnings, which indicate a functional disturbance or an unhealthy condition which often develops into a more serious ailment. Women in this condition should not continue to drag along without help, but profit by Mrs. Lynch's experience, and try this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound—and for special advice write to Lydia E. Pinkham Med. Co., Lynn, Mass.

ABSORBINE
TRADE MARK REG. U. S. PAT. OFF.
Reduces Bursal Enlargements, Thickened, Swollen Tissues, Cuts, Bruises, Filled Tendons, Soreness from Bruises or Strains; stops Spavin Lameness, allays pain. Does not blister, remove the hair or lay up the horse. \$2.50 a bottle at druggists or delivered. Book 1 R free.
ABSORBINE, JR., for mankind—an antiseptic liniment for bruises, cuts, wounds, strains, painful swollen veins or glands. It heals and soothes. \$1.25 a bottle at druggists or postpaid. Will tell you more if you write. Made in the U. S. A. by W. F. YOUNG, P. O. F., 310 Temple St., Springfield, Mass.

WHY NOT PURE-BREDS?
If any farmer will put in a registered Shorthorn female and keep the female increase he will soon have a valuable herd at small cost.
A Kansas farmer produced 94 head of side and standard in 12 years.
A Wisconsin farmer produced 129 head from one cow in less than 12 years.
The value counts up to \$100,000 for the pure-breds.
AMERICAN SHORTHORN BREEDERS' ASSN., 13 Dexter Park Ave., Chicago, Ill.

Cuticura Soap is Easy Shaving for Sensitive Skins
The New Up-to-date Cuticura Method
Ever Try It?
Smith—I understand Jebbs is learning to run a typewriter. What system is he using, the touch system?
Brown—No, he says it's the hunt and poke system; mostly poke.

THE MEN IN CLASS A1
A sound, healthy man is never a back number. A man can be as vigorous and able at seventy as at twenty. Condition, not years, puts you in the discard. A system weakened by overwork and careless living brings old age prematurely. The bodily functions are impaired and unpleasant symptoms appear. The weak spot is generally the kidneys. Keep them clean and in proper working condition and you will generally find yourself in Class A1. Take GOLD MEDAL HARLEN OIL Capsules periodically and your system will always be in working order. Your spirits will be invigorated, your muscles supple, your mind active, and your body capable of hard work.
Don't wait until you have been rejected. Commence to be a first-class man now. Go to your druggist at once. Get a trial box of GOLD MEDAL HARLEN OIL Capsules. They are made of the pure, original, imported Harlen Oil—the kind your great-grandfather used. Two capsules each day will keep you toned up and feeling fine. Money refunded if you do not like the GOLD MEDAL Brand. In three sizes, sealed packages.—Adv.

All Mixed Up.
"Do you want to see the book of the opera?" "No, I'm confused enough as it is."—Kansas City Journal.

"Cold In the Head"
Is an acute attack of Nasal Catarrh. Persons who are subject to frequent "colds in the head" will find that the use of HALL'S CATARRH MEDICINE will build up the system, cleanse the blood and render them less liable to colds. Repeated attacks of Acute Catarrh may lead to chronic Catarrh.
HALL'S CATARRH MEDICINE is taken internally and acts through the blood on the mucous surfaces of the system. All Druggists The. Testimonials free.
Even for army and navy that HALL'S CATARRH MEDICINE will not fail.
F. J. Cheney & Co., Toledo, Ohio.

First-Hand Knowledge.
Bellevue—What's the floor tax?
Neil—Why, the one they put on carpets, of course.

Keep clean inside as well as outside by taking a gentle laxative at least once a week, such as Doctor Pierce's Pleasant Pellets. Adv.

A literary hack sometimes carries the publisher over the road to wealth.

Your Eyes
Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy. No Smarting, just Eye Comfort. At Your Druggists or by mail 60c per bottle. For Book of the Eye Free write to Murine Eye Remedy Co., Chicago.

FAIR STOCK

NECESSARY FEED FOR STOCK

Animals Help to Retain Fertility of Soil and Provide Profitable Use for Roughage.

(Prepared by the United States Department of Agriculture.)
Now that farming is to be restored to a peace-time basis, the United States department of agriculture believes that many lands formerly devoted to pasture or meadow but recently used for emergency grain production should be resowed to grass. The signing of the armistice found the United States with relatively large supplies of foods and relatively small supplies of feeds, with much land impoverished by having been planted to grain year after year, and with a still



Raise More Dairy Calves—the Nation Needs Them.

increasing demand for meat and fats. Numbers of all classes of live stock have been maintained. Those of swine and sheep have been increased, the former largely, the latter slightly. But the quantities of forage and pasturage for live stock have been diminished.

Sound agricultural practice demands, the department thinks, the reestablishment of regular and satisfactory rotations so that fertility may be restored and the live stock carrying capacity of the land increased. Live stock, since it helps to retain fertility on the land, provides a profitable use for large amounts of roughage and gives employment to labor throughout the year, should find a place on a larger number of farms. Diversified farming should become more general, to the end that each farm shall produce the necessary food for its family and the necessary feed for its live stock. Loss from preventable plant diseases should be guarded against by seed treatment and spraying. Harvesting of fruits and vegetables before exposure to frost, and greater care during harvesting, packing, storing, and marketing, are urged, together with continued organized efforts for the prevention and control of diseases of animals.

MORE LIVE STOCK PRODUCED
Increase in Pork in West Virginia More Than Million and One-Half Pounds—Silage Is Fed.

(Prepared by the United States Department of Agriculture.)
County agents of West Virginia, in carrying out the program of the United States department of agriculture and the state agricultural college to increase food production, last year encouraged the farmers of the state to keep additional sows, the result being that these sows produced 13,722 pigs, which increased West Virginia's pork production by more than a million and half pounds. The value of good blood in live stock breeding has been one of the things particularly emphasized by the agents and thereby 16,449 cows were bred to registered sires instead of scrubs, which meant an increased value at birth of calves of at least \$164,400. It is estimated. The agents report that 7,520 cattle were fed silage for the first time last winter with a resultant saving of not less than \$37,000 to their owners. Ewes to the number of 6,895 were bred to registered rams instead of scrubs with a prospective increased value of the lamb crop of upward of \$8,800. Sheep numbering 4,225 and valued at more than \$21,000 were saved from the ravages of parasites through the activities of the various county agents.



Some hog men prefer to hand-feed their pigs during the weaning period.

If we are to continue to eat beef we must exert ourselves to produce more beef cattle.

More pigs are lost between farrowing and weaning than at any other period.

Oats, scattered out thinly to force exercise, are fed to brood sows by many good hog men.

There are a lot of cows in barns that ought to be in tin cans. The cow-testing associations find them.

FAMOUS PEACE TREATIES

By H. IRVING KING
(Copyright, 1919, by the McClure News Paper Syndicate.)

TREATY BETWEEN EMPEROR CHARLES V. AND FRANCIS I.

A Treaty of Peace That Was Longer in the Making Than in the Observance.
The treaty between the Emperor Charles V and Francis I of France is an example of a treaty which was longer in its making than it was in its observance. It is cited by all writers on international law and commentators on peace treaties in their arguments as to the binding force of a treaty signed under duress—though, as a matter of fact, every treaty signed by a defeated nation may be said to be signed under compulsion. It is also worthy of note that after the peace conference had lasted six months, the treaty had been signed and the high contracting parties to it had taken their solemn oaths to observe it, the emperor and the king challenged each other to a duel over it.

In February, 1525, the armies of France were defeated at Pavia by the armies of Charles V, emperor of Germany and king of Spain. The French king was taken prisoner and sent from the stricken field his celebrated message: "All is lost save honor." Francis was taken to Spain and moved about from one strong castle to another, the emperor refusing to see him except once when, Francis falling ill, Charles went to him and was greeted by the French king with the remark: "So you have come to see your prisoner die."

Opening of Negotiations.
As early as July 20, however, negotiations were opened at Toledo between the ambassadors of Francis and he was still king of France. He had his ambassadors—and the emperor and his advisers. The terms proposed by the imperial delegates were harsh in the extreme and amounted to virtual dismemberment of France. Henry VIII sent delegates, being anxious to form an alliance with the emperor and share in the spoils. But the English people, for once, firmly opposed Henry's policy, so he switched around to the French side and signed a treaty with the regent, Louise of Savoy, for which that astute woman paid Henry 2,000,000 crowns and gave the negotiator, Cardinal Wolsey, a pension of 100,000 crowns—a crown at that time being worth \$1.12.

The emperor gradually abated his terms and on January 14, 1526, the treaty was signed at Madrid. By it Charles was to have Burgundy and its dependencies, Francis was restored to liberty, leaving his two sons as hostages for the fulfillment of the conditions of the treaty, and peace was to

be. During the captivity of Francis there had been a cessation of hostilities; but no sooner did Francis feel himself once more seated on his throne than he began to organize for a renewal of the war.

After waiting three months Charles sent emissaries to Francis, demanding the fulfillment of the treaty of Madrid. The king said he would have to consult the Burgundians. The Burgundians refused to be handed over. Francis would pay an indemnity for Burgundy and keep the rest of the treaty, including the relinquishment of all his Italian possessions.

Francis Set His Army in Motion.
The king of France swore that if the treaty was not kept he would return and deliver himself up. "Let him keep his oath," said Charles, adding some other remarks about conduct unbecoming a man of honor, which were reported back to Francis. Francis set his army in motion on August 8, and the war between him and the emperor began again after a truce of fifteen months, to last three years longer. Angered at the charge of bad faith made by Charles, Francis sent a herald to the emperor with a cartel written in his own hand, saying: "You have lied in your throat in saying that we have done anything unworthy of a gentleman of honor. Appoint a time and place of meeting and we will bring our sword for you to cross."

When Charles received this challenge he consulted the grandees of his kingdom. The duke of Infantado gave the opinion that, whatever might be the popular opinion, kings were bound by the laws of honor as other people. However, he did not think the fulfillment of a treaty was a fit subject to be decided by a duel. Charles, nevertheless, sent his herald to Francis, accepting the challenge and appointing a time and place for the meeting. He also gave the herald a long written argument on the treaty of Madrid, and treaties in general, with which he was to preface the acceptance of the challenge.

When the herald began to read, Francis stopped him with: "I will hear nothing but the time and place. Does he accept?"
"Permit me to do my office," said the herald.
"Nay," cried the king; "you shall not speak before giving me the time and place."

"Sire, then give me my safe conduct home," said the herald.
"Let him have it," cried the king—and so there was no duel.

THE PEACE OF CAMBRAI (THE LADIES' PEACE) 1529.

Two Women Worked to Bring Peace to a War-Wearied World.

The famous Peace of Cambrai, known as "The Ladies' Peace," because negotiated by two women, was signed in 1529 at a town famous in the annals of the recent war, and put an end to another "world war" which, with an intermission of 15 months, had been ravaging Europe for eight years and involved all the principal nations of Christendom. By the end of 1528 it was felt that Europe was exhausting itself in indecisive warfare. The French army in the kingdom of Naples was wasting itself in inconclusive engagements. The vast empire of Charles V felt the strain of the prolonged conflict and only the gold and silver which were beginning to flow in from America saved it from financial collapse. On all sides there was a desire for peace.

In June of 1529 peace was concluded between the pope and the emperor of Barcelona and it was suggested that delegates be appointed to try and bring about a peace between the two great heads of the war, the emperor and the king of France. King Francis appointed his mother, Louise of Savoy, and the emperor appointed his aunt, Margaret of Austria. It will be seen that the recent appointment of a woman as Hungarian ambassador to Switzerland was not without precedent.

Experienced in Political Affairs.
The two women to whom were now entrusted the destinies of the civilized world were not without experience in political affairs. Louise having twice been regent of France and Margaret having been regent of the Low Countries for her nephew. They were both about fifty years old. Louise, who had been a great beauty in her youth, still retained a portion of her good looks. In character they were the very opposite of each other. Louise was notorious for her amorous life, passionate, unprincipled and brilliant. Margaret was gentle, retiring, with a character above reproach and a clear, strong intellect.

It might have been expected that the meeting of two such strong and yet opposite characters, especially of the feminine gender, would have been more productive of "crosses and ructions" than of a world peace. But such was not the case. The two ladies agreed to meet at Cambrai in the latter part of June. They hired adjoining houses and secretly had a passage constructed between them. There were a lot of other delegates and representatives of various nations gathered at Cambrai, of course, and according to the customs of those days

WRIGLEY'S

The Flavor Lasts!



Always the best buy for the price

The greatest five-cents worth of beneficial refreshment possible to get.

Sealed Tight—Kert Right

WRIGLEY'S SWEETENED TOBACCO

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