

LOOK AT CHILD'S TONGUE IF SICK, CROSS, FEVERISH

URRY, MOTHER! REMOVE POISONS FROM LITTLE STOMACH, LIVER, BOWELS.

LIVE CALIFORNIA SYRUP OF FIGS AT ONCE IF BILIOUS OR CONSTIPATED.



Look at the tongue, mother! If coated, it is a sure sign that your little one's stomach, liver and bowels need a gentle, thorough cleansing at once. When peevish, cross, listless, pale, can't sleep, doesn't eat or act naturally, or is feverish, stomach sour, teeth bad, has stomach-ache, sore throat, diarrhoea, full of cold, give a spoonful of "California Syrup of Figs," and in a few hours all the foul, astipated waste, undigested food, sour bile gently moves out of the bowels without griping, and you've a well, playful child again. You needn't coax sick children to take this harmless "fruit laxative;" they love its delicious taste, and it always makes them feel splendid. Ask your druggist for a bottle of California Syrup of Figs, which has been recommended for babies, children of all ages and for grown-ups plenty on the shelf. Beware of counterfeiters sold to be sure you get the genuine, and to see that it is made by the "California Fig Syrup Company." Refuse any other kind with contempt.—Adv.

Right at Home. "Home is where the heart is." "That's what the young fellow who courted my daughter thinks. He hangs around my place all the time." St. Louis Globe-Democrat.

You Need a Medicine You Should Have the Best

Have you ever stopped to reason why that many products that are extensively advertised, all at once drop out of sight and are soon forgotten? The answer is plain—their makers did not fulfill the promises of the manufacturer. This is true particularly to a medicine, medicinal preparation that has real value, which sells itself, as like medicine, chain system, the remedy is recommended by those who have been benefited, to those who are in need of it. A prominent druggist says "Take for example Dr. Kilmer's Swamp-Root, a preparation I have sold for many years never hesitate to recommend, for in every case it shows excellent results, as many of my customers testify. My other kidney remedy has so large a following that I can't say more." According to sworn statements and affidavits of thousands who have benefited by the preparation, Dr. Kilmer's Swamp-Root is due to the fact that many people claim, that it fulfills all every wish in overcoming kidney, bladder ailments; corrects urinary troubles and neutralizes the urine which causes rheumatism. You may receive a sample bottle of Swamp-Root by Parcel Post. Address: Dr. Kilmer & Co., Binghamton, N. Y., in plain envelope also mention this ad. Large and medium size bottles sale at all drug stores.—Adv.

Super-sensitiveness is the child of timidity, however unwilling the offering may be to acknowledge the merit.

ALL WOMEN WHO ARE ILL

is Woman Recommends Lydia E. Pinkham's Vegetable Compound—Her Personal Experience.

McLean, Neb.—"I want to recommend Lydia E. Pinkham's Vegetable Compound to all women who suffer from any functional disturbance, as it has done me more good than all the doctor's medicine. Since taking it I have a fine healthy baby girl and have gained in health and strength. My husband and I both praise your medicine to all suffering women."—Mrs. JOHN KOTTELSEN, R. 1, McLean, Nebraska.

His famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, has been restoring women of all ages to health for more than forty years and it will well pay any woman who suffers from displacements, inflammation, ulceration, irregularities, headache, nervousness or "blue" to give this successful remedy a trial. For special suggestions in regard to ailment write Lydia E. Pinkham Medicine Co., Lynn, Mass. The result in long experience is at your service.

Queens

Ancient queens, with all their fabred wealth, never had more than is here for your selection. Our reliable prices ease the way.

BOYD PARK
MAKERS OF JEWELRY
106 MAIN STREET SALT LAKE CITY

BARGAINS IN USED CARS
40 splendid used cars—Buicks, Oldsmobiles, Vauxcals—1920 to 1926. Guaranteed first class running condition—easy terms if wanted by cash parties. Write for detailed list and description. Used Car Dept., Randall-Dodd Auto Co., Salt Lake City.

SEND US YOUR FROZEN, LEAKY, DAMAGED RADIATORS
We pay transportation one way. Returned like new. ACETYLENE WELDING in all its branches. We save you time and money.
H. & E. Radiator & Welding Co.
252 Edison Street, Salt Lake City, Utah

HELP WANTED If you want big wages learn barber trade. Many small towns need barbers. Good opportunities open for men over draft age. Barbers in army have good as officers commission. Get prepared in few weeks. Call or write. **Moler Barber College**, 43 S. West Temple St., Salt Lake City.

TURKS' "FEAST OF BAIRAM"

Day That is Observed by Moslem Corresponds With the Christmas of the Christians.

The Turk takes his pleasures pretty early; about the only time he publicly relaxes is during the feast of Bairam, which in the way of gift giving, feasting and good will to man corresponds to our Christmas. On that day every good Moslem kills a lamb, its fleece dyed a bright orange with gold or silver leaf, says the Christian Science Monitor.

When the lamb has been sacrificed on the morning of the festival, its flesh is divided into three portions, one being given to the poor, another to relatives, the third being kept for the household. On that day the sultan goes to the mosque which is nearest the Yildiz Kiosk—the vast assemblage of buildings which go to make up the imperial residences—thousands collect to watch the bent, frock coated, yellow faced, blackeyed, red fozzed little man driven slowly by, in a plain black barouche; followed by regiments of cavalry, infantry and marines; also—a quaint custom—by a half-dozen led horses—beautiful, graceful Arabians.

The month-long fast of Ramadan is held by the Moslem to be a divine institution. Its observance is strictly enjoined on all true believers over the age of fourteen. Invalids and travelers only excepted. Ramadan is held in the sixth month of the Mohammedan year. The Moslem year being lunar, Ramadan makes in the course of time the round of the seasons. But through the winter days, from sunrise to sunset, the pious Mohammedan does not take a bit of food or sup of drink; he also abstains entirely from coffee, tobacco and sweets. But the moment the echoes of the sunset gun have died he is at liberty to break his fast.

Gautier and His Cats.
One of Gautier's peculiarities was love for cats. As soon as he could conveniently do so he afforded himself the luxury of twelve of the handsomest felines that money could procure. It was an interesting sight to behold this Hercules in his writing room playing with his regiment of cats, whom he had taught to love one another as they did himself. When some of them broke a valuable object of art—his study, by the way, was a curiosity shop—he seriously deliberated upon getting rid of them; but when the man he had engaged came to remove the obnoxious pets, he relented and sent him away. He named each one of them after some well-known person to whom he fancied it bore resemblance, physical or otherwise. He seldom wrote anything without a cat or two in his lap.—Maurice Mauria.

Arctic Circle Flower Garden.
A flower garden in Spitzbergen sounds like an anomaly, Spitzbergen being within the arctic circle. A party of British travelers, struck with the beauty of a plateau, called it the Flower Garden ever after. It was in the nineties of last century and the party that of Sir Martin Conway. Leading in midsummer on one of the headlands by Dickinson bay, they were impressed with the deep water, clear as crystal, the marvelous wealth of seaweed, the splendor of a great glacier and the sharp blue peaks of the mountains separating glacier from glacier; while in another direction, over Advent point, coiled wreaths of ragged clouds. Added to it all was a carpet of flowers—Andromeda, saxifrage and dryas; so the Flower Garden was actual after all.

French in South America.
Throughout South America French is almost universally read; editions of the classics are in most homes, and book stores are filled with modern French writers of prose or verse, both in translation and in the original.

Wholesome Don't.
Don't lose your temper. It is of far more importance to keep good temper and undisturbed even if things do go a little wrong than to set the nerves of the whole family on edge because of some omission.

Kindergarten Helps for Parents

Articles Issued by the Department of the Interior, Bureau of Education and the National Kindergarten Association

TEACHING OBEDIENCE

By MRS. LOUISE GULDIN SIMENSON.

A garden is a place where a plant receives the nurture it needs for its development, the proper amount of heat, light and moisture. So a kindergarten may be thought of as an enclosure where each child is supplied with the right conditions for its development—no forcing nor pushing, just a natural unfolding of life.

Considering how much a child learns during his first six years, how important it becomes that he should be supplied with just the right material and the most intelligent supervision!

All the virtues are developed in kindergarten. The first and most important one is obedience. We mothers know how difficult it is to establish this habit. Now the kindergarten believes that a child may be led into obedience without being forced into it and it uses many devices to strengthen the habit of obedience during the early years.

One of the ways in which kindness is taught in the kindergarten is to have the children prepare and give gifts at Easter, Valentine's day and May day.

Courtesy is developed through games and stories.

The habit of orderliness is started by requiring the children to put their playthings away neatly when they are through with them, and they instinctively acquire a sense of order from the orderly procedure followed in the plays and games and work.

Kiddies Love Stories.

The stories used in kindergarten are such as all children love to hear. They are written by experts in child study, and prepared and told in an interesting manner. While they are always amusing and delightful, they also contain a vital truth which sinks deep into the subconscious mind, imperceptibly teaching the children some important moral or ethical lesson. We mothers little know how much of the courtesy, cheerfulness and gentleness which our little ones seem naturally to possess may be traced back to some impressions made upon their plastic minds through these stories.

The music and songs of the kindergarten appeal strongly to the child. All that the child feels within he must be given frequent opportunity to express without, for, as Froebel says, even affection may die in a child if not properly nourished. The following song is part of a game in which the children play they are gathering flowers for father's birthday:

The Flower Basket.
Weave the little basket, fill it up with posies,
Roses from the garden, blossoms from the wood,
With our birthday wishes, with our songs and kisses,
Give it to the father, dear and kind and good.
With smiles and with singing,
Our gift we are bringing;
But love is the treasure
We give without measure.
—Emily Huntington Miller.

A child feels a great deal which he cannot express in words. Froebel noted the restlessness of the little child and his constant use of his hands. He therefore devised a series of occupations appropriate to this mental stage. Ella Flagg Young said that the child-mind to be trained efficiently must have much emotional as well as purely academic or intellectual experience. She spoke of the industrial work of the school as giving this in its most wholesome form and said that every time the child's hand grasped a tool with which he might work out an idea he had an emotional impulse that benefited him. Now the child in kindergarten is given material and tools and allowed to work out his own ideas. Thus the powers of imagination and creativeness are kept alive instead of being allowed to die out, perhaps never to appear again, as is the case with so many people.

Want to Make Things.
Such construction work has helped my children greatly, for, after they come home from kindergarten, they always want to make things, and if I supply material, appreciation and interest in what they are doing, they pass many busy happy hours during the afternoons in severe winter weather when it is too cold to play outdoors. It has developed their ingenuity to a remarkable extent, until now they see possibilities in almost everything.

For instance, from the cards found in milk chocolate packages they cut out the pretty houses and barns, mount them on stands and make villages.

They cut away one end of a gelatin box, put gables on the other end, and cut doors and windows in the sides.

From oatmeal boxes they cut out the figure of the man, and also cut out the letters for making little words or learning the alphabet.

In a picture book which they had themselves colored and become tired of they found pictures of a wolf and some flowers. They cut out and mounted. On an old calendar they found a picture of a little girl re-

sembling Red Riding Hood, which they also cut out and mounted. Thus, with the wolf and the flowers and the little girl, they were able to picture out the whole story, all from materials which would otherwise have been destroyed. I think it is their kindergarten training which has developed such ingenuity in the children.

CONTROLLING CHILDREN

By MRS. ISABEL S. WALLACE.

How many things can be made by folding ordinary wrapping paper? Soldier caps for small boys kept them amused a long time. A house and furniture with a few cut-out dollies make such busy little girls. After all it is the simplest thing that makes children happiest.

When at my mother's home one time my little girl folded and cut a house, windows, doors and all. Her grandmother was delighted and the little one said: "We'll keep it to show grandpa and I guess he'll say I am a smart tottie." With a little thought mothers can learn how to fold and teach their children to fold a number of things. It is excellent practice in accuracy and neatness, besides affording the joy of making something.

In a regular kindergarten all the sets of blocks, which are of different sizes, are kept in boxes with covers, and each child puts his away carefully and correctly or else the cover will not fit. Then all the sets are collected and packed in a closet by a few of the children. Children love to help keep things in order and enjoy doing it.

At home, also, a child should have a place for his toys. A playroom is ideal, but if this cannot be provided, some place surely can be found, even in a small flat, which a child may have for his very own to keep his toys in. From the age of sixteen months I insisted that my little girl put her toys away neatly. We began it as play, and now it is a habit. Of course, sometimes she is in very much of a hurry to do something else, but the toys are put away in the end. We made her a large drygoods box, standing up on end. My husband put cheap castors on it and two shelves across it. There all the small toys are kept. The blocks have their own boxes; the small things have baskets; and crayons, pictures and papers go into a box with a cover. All of them fit into the shelves; also the animals, dolls, trunks, washbuds and many other such things.

Teaching Good Order.
One day when my child was not at home, a little girl came in for a visit. I took her into the playroom and left her there very happy. After a short time she went home. When I returned to the playroom I found everything so scattered over the floor that there was hardly room to walk. The next time the little girl came, I had a talk with her. I have made it a rule, and it is a hard rule to keep, for some mothers are offended, that if a child will not help put away the toys carefully when he is ready to go home, then he cannot come back to play with that toy again until he is ready to do what I ask. My little girl was playing at a neighbor's a few days later. When it was time to come home I went for her. The children were cutting out pictures and had made a dreadful mess on the table, chairs and floor. I told my little girl to help put them up before putting on her things. The mother said: "Oh, that's all right, Sadie never picks up scraps; I do that. So don't make your little girl do it." And my child smiled and calmly said: "It's all right, mother, I don't have to pick up here." Then I told the mother about my rule and explained that it wasn't mere crankiness on my part, but a desire to form good habits in the children.

All children are naughty at times and it is so hard to know how to deal justly with them. One day when I was very busy my little girl came in from playing in the garden. I suppose she was tired and hungry, but she did not herself know what was the matter. She began to try a new kind of naughtiness, lying down on the floor, kicking and screaming and saying naughty things to me. I was amazed, and quite puzzled as to how to treat such a proceeding. At first I ignored her, but she kept it up. I asked a few questions in a kindly way, but that seemed to fan the flame. I was busy, in a hurry, warm and tired and began to get very angry.

Controlling Temper.
Nevertheless I realized that if I could not control my temper, I could not expect a five-year-old child to do so. So I pondered over what to do. Finally I went and picked her up and carried her to a chair where we both sat, or flopped down, as it was no easy task carrying a kicking, crying mass of humanity. I never said a word, but rocked her quietly. After a little while she stopped, and I began to sing softly. She almost went to sleep. Then I knew she was "uply over-tired" and I was so thankful that I had not indulged my own temper in any way. After a short time we had lunch and then she went to bed for her afternoon nap. She slept hours, repairing the wasted energy and her nerves in blessed sleep. She has never tried that trick again.

I find a word of praise goes so much farther than blame, and the bright eyes give back such a grateful look.

Last autumn my little girl began to go to kindergarten. She loves the work and is always so proud to show what she has made. I was very anxious for her to go, as she was shy and needed to learn "team work" and to rub up against other children in order to polish the corners.

OLDEST CITY IN BELGIUM



The Grand Place and Cathedral.

TOURNAI, the oldest city in Belgium, on the capital of the Merovingian kings, is truly a city of romance, whether we think of the tomb of Childeric, the father of Clovis, with its wonderful treasures, discovered after being lost to sight for nearly 1,200 years, or of the poor, deluded youth, Perkin Warbeck, the tool of the Yorkists, and through them brought to an ignominious death, says a writer in Sketch.

For us in England perhaps its primary interest centers in its being the birthplace of Perkin, whose real name was Pierce Osbeck. This strange impostor was the son of a simple Flemish weaver. Made a puppet by some of the Yorkist party, including Margaret of York, dowager duchess of Burgundy, to personate Richard Duke of York, whom they declared had not been murdered in the Tower with his brother, but had escaped and been concealed, only awaiting an opportunity to declare his royal birth, he succeeded for a time in exciting a formidable revolt against the king, Henry VII.

After many strange adventures and much ill success, in spite of the recognition of his claims by the kings of Scotland and France, Perkin, finding himself insufficiently supported in his sorry fraud and realizing that he "had not the heart of a king," but only "the heart of a weaver's son," made confession of his imposture and was imprisoned in the Tower. Soon after, on attempting to escape, he was hanged at Tyburn, finishing with a rope round his neck instead of the promised crown upon his head.

Tomb of Childeric.
An interest wholly different from this passing futile deception, however romantic some of its circumstances may have been, attaches to Tournai when we think of it as the seat of the Merovingian kings. In 1633 some workmen, whilst digging foundations for a hospital, came upon a collection of gold ornaments, a sword mounted

with gold, some remains of human bones and a gold signet ring bearing the inscription, "Childeric." Here was the key to discovery, for the presence of the ring led experts to consider that this was the burial place of Childeric, king of the Salian Franks, whose capital was at Tournai, and who died in 481.

This conjecture was further strengthened by an examination of the different objects, which were of such fine workmanship that they could only have been wrought for some great chief or royal personage. The hilt and scabbard of the sword were mounted with gold, enriched with a mosaic of garnets and other precious stones held in gold cloisons. Gold ornaments in the form of bees, and having the wings outlined with an inlay of garnets set in gold, and also a small votive object in the form of a bull's head, with the solar disk on the forehead, recalling Mycenaean examples, formed part of the treasure, and on the ring bearing the king's name was engraved the head of a man with the long, straight hair worn by the Merovingians, and with the gold torque or collar round his neck. Perhaps this was meant for a representation, as near as might be, of Childeric.

This rare treasure, after changing hands two or three times, eventually found its way to the Cabinet des Medailles, Paris. In 1831 thieves, in an evil hour, broke in and stole almost the whole of it, leaving behind them only the mounting of the sword, two golden bees, a fibula and a few stray fragments.

The golden bees had been discovered in considerable numbers, and were thought to have decorated the royal robes, and it is interesting to recall that Napoleon, ever entering into the spirit of historical display, chose this decoration for his coronation robes.

Has Beautiful Buildings.
Tournai claims to be the oldest of the cities of Belgium, and is certainly one of the most interesting and most picturesque, and contains a large number of beautiful buildings. There has always been great sympathy between the people of Tournai and the French, and much intercourse between the town and Lille, just across the frontier.

In the Grande place stands a statue of the Princess d'Epinoi, who distinguished herself in the defense of Tournai against Alexandro Farnese in 1581. She fought in full armor and saved the town by her energy and courage. The beautiful cathedral is one of the finest examples of the Romanesque type of architecture, and challenges comparison with the splendid churches of northern France.

CANNOT RANK AS DIPLOMAT
General Smuts Disqualified Himself by His Unpleasant Employment of Plain Language.

The language of the law is the most formal in the world and the most precise. It seeks the definite so ardently that, with its repetitions and whereas, it confuses its own message and only that rather perverted form of intellect, the legal mind, can wind through its labyrinthine verbiage. The language of diplomacy, borrowing something of formality from the law, is nevertheless far more dignified. The law deals merely with estates and private contracts. It decrees the fate of the individual. But the fate of nations may hang on the phraseology of diplomacy. Its greater importance has

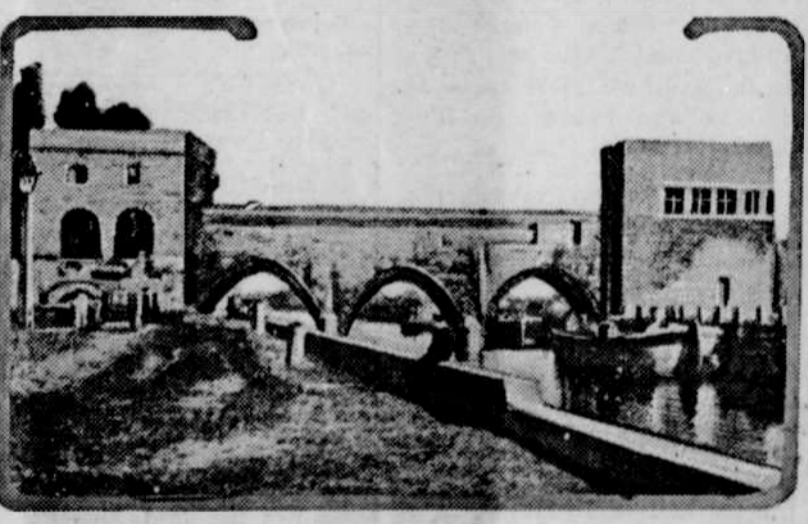
imparted to its diction greater dignity. And the purpose of words in diplomatic exchanges being to conceal thought, as Talleyrand said, the language of chancelleries is far more liquid. It must fit the cast of the particular die into which it is poured.

So we must conclude that General Smuts is not a diplomat. He has not the diplomatic method of expression. When the general met a diplomat, trained in the school of Metternich, to discuss informally a separate peace with Austria, he put the question of such a peace squarely to the be-ribboned, bearded representative. There was hesitation and equivocation. "Good-night!" was the general's exclamation as he left the confused diplomat.

General Smuts may not wear shirt sleeves in diplomatic councils, but this use of the vernacular shows that his verbiage at least takes its coat off. The acid touch of a bit of slang put an end to the prolonged ambiguities and deceptions of which diplomacy is so fond.

His Retort.
"You should work for something besides money."
"If you mention something besides money that my grocer and coal man will take, I'll be glad to work for it."

Mutual Help.
"I understand from what your wife says you help each other with the house bills."
"Sure we do. She hands me the bills and I foot them."



The Pont des Troues Over the Escart.

Every Little Task a Burden?

To the women worn-out with weak kidneys, housework is a heavy burden. Backache, sick headaches, nervousness, dizziness, "blue" spells and a weak, tired condition, make the simplest tasks difficult and the ever-present daily duties give the weakened kidneys no time to recover. Use Doan's Kidney Pills. They relieve and comfort thousands of weak, suffering women.

An Idaho Case
Mrs. S. E. Reed, nurse, Mountain Home, Idaho, says: "Two years ago I had an attack of kidney trouble and it grew quite serious in a short time. It came on suddenly and my kidneys seemed to give out. I got Doan's Kidney Pills and one box was all that I needed to make me well. Doan's Kidney Pills acted on my system, strengthening my kidneys and stopping all the pains. I have had no sign of the trouble since."
Get Doan's at Any Store, 60c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

When a fool opens his mouth, you can see right through him.

Headaches, Bilious Attacks, Indigestion, are cured by taking Mag Apple. Also, they make into Pleasant Pellets (Dr. Pierce's). Adv.

It is willingness to pay a good rent that gives his Satanic majesty the choice of apartments in some homes.

Important to Mothers
Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of *Wm. C. Little*. In Use for Over 30 Years. Children Cry for Fletcher's Castoria

You have probably observed that when some persons speak their minds they don't say much.

RECIPE FOR GRAY HAIR.
To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and 1/2 oz. of glycerine. Any druggist can put this up or you can mix it at home at very little cost. Full directions for making and use come in each box of Barbo Compound. It will gradually darken streaked, faded gray hair, and make it soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off.—Adv.

Evidently.
"This is a clear case of blackmail," "What? That letter?"
"Yes; it's my coal bill."

An Advance Copy.
While Newton T. Hildren was a member of the staff of a recent Hoosier governor, he made friends with one of the porters of a train that runs into Indianapolis. The other day he was on the train and was recognized by the porter. "Hain't you in Europe?" he asked. "I done would think they would a took you on that peace party."

Mr. Hildren smiled. "Not me," he returned. "I'm a Republican."
The porter sighed and then looked disappointedly at Mr. Hildren. "You would have made such a handsome edition," he deplored.—Indianapolis Star.

Couldn't Do Without That.
Attached to the office of the attending surgeon, headquarters, S. O. S., is a French doctor who treats the French civilian employees. One of his patients has been suffering from a severe abscess on her leg, and the other day he had one of the army ambulances take her to the hospital.

The next day he called again, gave the same name and address, and said he wanted the patient taken to the hospital.
"But," he was told, "we took that woman to the hospital last evening."
"I know," he said, "but she forget to take her bread ticket and had to walk back home and get it."

Why... POSTUM instead of coffee

Try the change for ten days if health or other reasons appeal to you

You'll like this excellent table beverage with its rich mild coffee-like flavor & the results of the change will appeal to you. That's why so much Postum is sold nowadays