

When you select your bank consider: The Character and Ability of the men you entrust with your money; the Officers Directors and Stockholders.

Consider: if the loaning policy is safe, conservative and at the same time accommodated to the needs of the patrons.

Desirable new business invited.

MALHEUR COUNTY BANK

Capital and Surplus \$40,000.00

NYSSA, OREGON.

H. J. WARD,
President.

JOHN RAY,
Vice President.

J. H. WOLF,
Cashier.

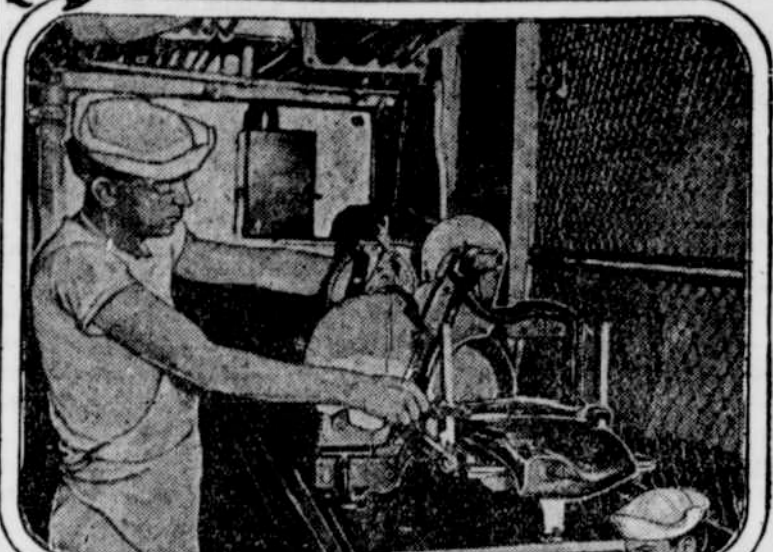
DIRECTORS:

J. J. Sarazin
H. J. Ward

George L. Phillips
J. H. Wolf

John Ray

AMERICAN NAVY ELIMINATES WASTE



SLICING BACON ON BATTLESHIP

BACKIES in the American navy are classed as the best fed body of men in the world. In the ship's galleys every effort is made to eliminate waste.

In the upper photo one of the cooks on the North Dakota is operating a meat slicer that cuts bacon with the least possible wastage.

Fat is fuel for fighters. Bacon is badly needed in the allied armies and navies. The allied needs in pork products are 150,000,000 pounds monthly, three times as much as before the war.

Another waste eliminator on the North Dakota is the potato peeler, shown in the lower photo. Nothing is lost except the actual potato skin.

There is a sufficient quantity of po-



NEW TYPE POTATO PEELER

tatoes in America for greater use in every home and for all needs of army and navy. Eat more potatoes, eat less wheat.

GATE CITY JOURNAL

Published every Friday at Nyssa, Oregon, by BROWN & SHEETS

Entered as second-class matter April 15, 1910, at the postoffice at Nyssa, Oregon, under the Act of March 3, 1879.

SUBSCRIPTION RATES:
One year, in advance \$1.50
Six months in advance .75c

FRIDAY, MAY 31, 1918

Notice to Advertisers.
All copy for changes of advertisements should be in the hands of the printer not later than Wednesday noon to insure its insertion in the following issue.

CHILDREN FIRST.

Reports from various parts of the country show that many mothers, in a patriotic effort to co-operate with the food administration in the conservation of food, are not providing enough nourishment for their children, and as a result the little ones are actually suffering and their health and physical development are endangered. The trouble seems to be due to a misapprehension of the suggestions put forward by the food administration, says Washington Post. Mothers, instead of exercising discrimination as to the kind of food to give the children, are in reality reducing the amount of nourishing food below the danger line. It is not remarkable that anyone should be confused by the many and, apparently, conflicting bulletins issued by the food administration in behalf of food conservation. They are enough to baffle the wits of the average person. But, of course, it is not intended that the saving of food should be carried to the extent of undernourishing the future citizens of the land. The aim is to prevent waste and to promote more general use of the things of which there is a plenty in order to conserve the supply of those things of which there is a shortage.

The victory pie is ordered by the food administration at Washington. Patriots will eat it, but the epicures among them will look on it as a victory of patriotism over appetite.

No little silver quarter need feel coy and lonely while there is a Thrift stamp unpurchased.

The author of "Beautiful Snow" should be sent to an internment camp.

MEN WHO WORK.

Wherever there is work in the world to be done there are men who come and do it. They will face any danger. They will climb over the log jam. They will rush through burning streams. They will lasso, topping girders. It is they who ignite the dynamite charge. It is they who dig down into the center of the earth and toll and sweat and are killed by gas explosions. It is they who today sail the ships through the danger zones. It is they who live in huts besides the new "right of way." When the task is done these men put on their coats and go on to the next task. The praise and the reward for the building of the railroad, or the bridge, or the mine, or the steamship, or the grain elevator, or the giant dam, or the customhouse tower is left for those who did not do the actual building. The workmen do not expect great praise or great reward. They would not get it if they did. They could not get it. The machine of civilization does not work that way.

The December borrowings from the federal land bank on farm mortgages amounted to about \$9,000,000. Loans to the amount of nearly \$250,000,000 have been applied for. These figures show that the new system is a success so far as the farmers are concerned, says Farm Life. There is a demand for money on these long-time government mortgages. That demand will probably grow. As the war further disturbs the investment world it will become increasingly difficult in many sections for the farmers to obtain money at low rates. There will be greater need for the federal land bank. We think the present critics of the system are unfair. Conditions have been extraordinary. We cannot consistently say that the new plan is in any sense a failure until it has been fairly tried out under normal peace conditions.

The German press is repeating the story of the execution in this country of a German woman spy. No such execution ever took place, but the story serves to point the moral that the Germans are beginning to realize the damage the Edith Cavell murder has done to their cause and wants to offset it by charging similar atrocities on the part of their enemies.

Hudson Maxim says hereafter all battles must be won by aerial warfare. That's the way the politicians expect to win theirs.

GROCERS HELP IN 50-50 PLAN

SIGN PLEDGE TO CARRY OUT FOOD ADMINISTRATION PROGRAM.

POST CARDS IN STORES.

Explain New Wheat Ruling to Thousands of Customers—Insures Greater Food Saving.

Grocers of the nation have accepted enthusiastically the 50-50 basis for the purchase of wheat flour and are doing their utmost to explain the new regulation to the housewife. This ruling by the U. S. Food Administration requires each purchaser of wheat flour to buy one pound of cereal substitute, one kind or assorted, for every pound of wheat flour. It was necessary to restrict the use of wheat flour in order that the allies and our fighting forces abroad might be assured of an adequate supply of wheat to meet their vital needs. This supply must come from our savings because we have already sent our normal surplus.

Wheat saving pledge cards were forwarded by the Food Administration to all retail food merchants, and these are being signed and posted in stores throughout the country. This card states, "We pledge ourselves loyally to carry out the Food Administration program. In accordance with this order we will not sell any wheat flour except where the purchaser buys an equal weight of one or more of the following, a greater use of which in the home will save wheat:

"Cornmeal, corn flour, edible corn starch, hominy, corn grits, barley flour, potato flour, sweet potato flour, soy bean flour, feterita flour and meals, rice, rice flour, oatmeal, rolled oats and buckwheat flour."

Some confusion has resulted on the part of the consumer in construing this "50-50" ruling to mean that an equal amount in value of substitutes must be purchased with wheat flour. This is a mistaken idea. The ruling states that the consumer in purchasing flour shall "buy at the same time an equal weight of other cereals."

One exception to this ruling is concerning graham flour and whole wheat flour, which may be sold at the ratio of three pounds to five pounds of wheat flour. This provision is made because approximately 25 per cent more of the wheat berry is used in the manufacture of these flours than standard wheat flour.

Another exception is that concerning mixed flours containing less than 50 per cent of wheat flour, which may be sold without substitutes. Retailers, however, are forbidden to sell mixed flours containing more than 50 per cent of wheat flour to any person unless the amount of wheat flour substitutes sold is sufficient to make the total amount of substitutes, including those mixed in flours, equal to the total amount in wheat flour in the mixed flour. For instance, if any mixed flour is purchased containing 60 per cent wheat flour and 40 per cent substitutes it is necessary that an additional 20 per cent of substitutes be purchased. This brings it to the basis of one pound of substitutes for each pound of wheat flour.

A special exemption may be granted upon application in the case of specially prepared infants' and invalids' food containing flour where the necessity is shown.

Some misunderstanding seems to exist on the part of consumers in assuming that with the purchase of wheat flour one must confine the additional 50 per cent purchase to one of the substitutes. This is not the case. One may select from the entire range of substitutes a sufficient amount of each to bring the total weight of all substitutes equal to the weight of the wheat flour purchased. For instance, if a purchase of 24 pounds of wheat flour is made a range of substitutes may be selected as follows:

Cornmeal, 8 pounds; corn grits, 4 pounds; rice, 4 pounds; buckwheat, 2 pounds; corn starch, 1 pound; hominy, 2 pounds; rolled oats, 3 pounds.

These substitutes may be used in the following manner:

Cornmeal, 8 Pounds.—Corn bread, no flour; corn muffins or spoon bread, one-fourth flour or one-third rice or one-third hominy; 20 per cent substitutes in whole bread.

Corn Starch, 1 Pound.—Thickening gravy, making custard, one-third substitute in cake.

Corn Grits, 4 Pounds.—Fried like mush, used with meal in making corn bread.

Rolls Oats, 3 Pounds.—One-fourth to one-third substitutes in bread, one-half substitute in muffins; breakfast porridge, use freely; oatmeal cookies, oatmeal soup.

Buckwheat Flour, 2 Pounds.—One-fourth substitute in bread, buckwheat cakes.

Hominy, 2 Pounds.—Boiled for dinner, baked for dinner, with cheese sauce.

Rice, 4 Pounds.—One-fourth substitute in wheat bread, one-third substitute in corn bread, boiled for dinner (a bread cut), as a breakfast food, to thicken soups, rice pudding instead of cake or pie, rice batter cakes.

Several grocers have stated that their customers who strictly observe the 11 wheatless meals each week find it necessary to buy substitutes in addition to those ordered under the 50-50 plan.

Quit the Tobacco Habit.

Quit-Tobac Tobacco Treatment will do the work promptly and permanently. No matter in what form you use tobacco—smoking cigars, pipe, cigarettes, chewing tobacco or snuff. No matter how much you use, or how long used, Quit Tobac will break you of the habit in from three to five days. Pleasant to take, no inconvenience, no remaining away from work or business.

A simple home treatment. No craving or desire for tobacco in any form after you begin taking Quit-Tobac. Don't try to quit the tobacco habit unaided. It's a losing fight against heavy odds and means a serious shock to the nervous system. Let the tobacco habit quit YOU. It will quickly quit you, if you will take Quit-Tobac according to the simple directions we send you. It is a thoroughly reliable and permanent remedy for the tobacco habit, but is not a substitute for tobacco.

Thousands have been freed from the habit. Why not you? Write at once for particulars and testimonials.

A. F. HALL & CO.,
118 N. LASALLE ST., CHICAGO.

Serial 013803
NOTICE FOR PUBLICATION.
Department of the Interior,
U. S. Land Office at Boise, Idaho.

May 6, 1918.
Notice is hereby given that Emma Garrigues, of Nyssa, Oregon, who, on December 20, 1912, made Homestead Entry No. 013803, for N $\frac{1}{4}$ NE $\frac{1}{4}$ SE $\frac{1}{4}$ NE $\frac{1}{4}$ Section 34 and NW $\frac{1}{4}$ NW $\frac{1}{4}$ Section 35, Township 7 North, Range 5 West, Boise Meridian, has filed notice of intention to make three year proof to establish claim to the land above described, before the Register and Receiver, at the United States Land Office at Boise, Idaho, on the 14th day of June, 1918.

Claimant names as witnesses: Norman R. McFall of Boise, Idaho; Abbie P. McFall of Boise, Idaho; Myrtle Cowins of Nyssa, Oregon; C. Smith, of Parma, Idaho.
Frank S. Heer, Register.

PROFESSIONAL.

JACOB PRINZING, M. D.
Surgeon and Diseases of Women

W. J. WEESE, M. D.
Internal Medicine

EDGAR S. FORTNER, M. D.
Eye, Ear, Nose and Throat

OFFICE HOURS:
9 to 12 and 2 to 5
Office over First National Bank
Telephone No. 33 J. Ontario, Oregon

DR. J. J. SARAZIN
PHYSICIAN & SURGEON
Office between Second and Third
on Main street.
Nyssa - - - - - Oregon

W. H. BROOKE - P. J. GALLAGHER
ATTORNEYS-AT-LAW

Wilson Bldg. Ontario, Or

R. W. SWAGLER
ATTORNEY-AT-LAW
Rooms 12, 14, 15
Wilson Bldg.
ONTARIO - - - - - OREGON

C. C. WILSON
LAWYER
NYSSA - - - - - OREGON

P. J. PHILLIPS
ATTORNEY-AT-LAW

NYSSA - - - - - OREGON

DR. W. G. HOWE
DENTIST

PHONES: { Office, 11/
 { Res. 117-2

ONTARIO - - - - - OREGON

MISS HELEN PECK
TEACHER OF
VIOLIN
& PIANO
In Nyssa every Saturday
For information, telephone or
write Nyssa R. F. D.

Allen Shoe Co.

INC.

Successors to Newton's. Ontario, Oregon.

Let Us Send You
Some Shoes and
Hose
on approval

The Latest Creations in
SHOES AND HOSIERY

LINK'S BUSINESS COLLEGE

The School that Gets Results

SUMMER TERM BEGINS JUNE 3d

Special Summer Rates of Tuition

300,000 men have just been drafted. 305,000 more will be drafted this month. ANOTHER LARGE DRAFT WILL BE MADE IN JUNE. 100,000 bookkeepers and stenographers were employed by the GOVERNMENT LAST YEAR. ANOTHER 100,000 WILL BE NEEDED THIS YEAR.

YOUNG WOMEN

DO YOU KNOW, OR HAVE YOU GIVEN IT A THOUGHT, that it is impossible for enough women to enter school and prepare themselves to fill the positions that must be filled as rapidly as the men will be drafted?

Young Women, IF YOU WANT TO PUT YOURSELVES ON A PAR WITH THE YOUNG MEN, who have joined the colors, in rendering patriotic service to your Country, enter our school JUNE 3 and prepare yourselves to fill positions of responsibility and trust in business offices.

IT PAYS TO GET THE BEST—INVESTIGATE LINK'S

WRITE FOR CATALOG

W. H. COPPEDGE, Manager, Boise, Idaho



STOP A MOMENT

YOU who are without Telephone Service; compare its daily cost to you with many other things you buy each day. We believe you will find that it will save you money. Try it.

Malheur Home Telephone Co

ROBERTSON'S TRANSFER

J. M. ROBERTSON, PROP.

SUCCESSOR TO WILLS TRANSFER

THE MAN
WHO DELIVERS
THE GOODS

RATES MOST REASONABLE

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