

Senior Citizen News - - -

Senior citizens thank the Issak Walton League for donating glass and aluminum toward our recycling project.

We are always in need of papers to roll - call 429-3912 and we will pick them up. Thanks for those who take time and effort for bringing them to the center.

Since we have a paid driver our transportation has picked up considerably.

A new chevy van has been ordered and delivery should be in the very near future.

Call and make appointments for doctor, hospital, etc. Our driver will be glad to pick you up.

Don't forget to attend our 5 area potluck here in Vernonia at our center Monday January 28.

Senior Citizens potluck will be this Friday January 18 at 12:30 p.m. All Senior Citizens are welcome.

AFL-CIO Sets Scholarship Awards Date

College scholarship awards totalling \$3900 will be awarded to four seniors in high schools in Oregon in May this year by the Oregon AFL-CIO, Dean Killian, president announced today.

All high schools in the state have received notification of the contest and have been provided posters which contain contest details.

The four students who score highest in an examination concerning labor and industrial history and the part that organized labor plays in American industrial society will be interviewed by a professional panel of persons not connected with the AFL-CIO.

The panel members will determine the order of the awards with first place winner to receive \$2400 scholarship payable at \$600 per year for the four years of undergraduate study. Three other students will receive \$500 each.

The qualifying examination will be given to interested students in any high school in the state where the principal or teacher of social studies has notified the Oregon AFL-CIO by March 24 of the number of students who wish to take the test which is concerned with labor, management and governmental issues. Funds for the scholarships are provided by voluntary donations of unions throughout Oregon.

The panel will interview the finalists early in May.

Winners may use the awards to attend any college or university in the United States or any public community college in Oregon.

The state labor body has conducted the contest since 1947.

U of O Invites Parents Visit

Prospective University of Oregon students and their parents are invited to learn about UO programs during U of O Preview, February 9.

The Preview features a general session with an overview of the University, two morning sessions about available academic choices, and afternoon sessions on other concerns such as admissions and financial aid, career planning and placement, housing, and extracurricular activities.

Vernon Barkhurst, director of UO Admissions, notes that participants in this year's Preview are being encouraged to use buses and car pools due to the present gas shortage.

Some 1,000 high school students and their parents normally attend the annual visitation on the Oregon campus.

Registration forms are available from the Office of Admissions at the U of O. The forms must be returned by February 4 in order for a schedule to be prepared for each visitor.

Oregonians Vie In Race

The Permatex 200 to be run in Riverside, California next Saturday may be along ways away for local residents but for two Oregon residents and auto racing fans it means a lot.

For Hershel McGriff, of Bridal Veil, Oregon and Bud Fitzgerald of Scappoose, a lot rides on the outcome of the Saturday 200 mile. McGriff, driving a car tuned and crewed by Fitzgerald, set a new track record in qualifying for the Saturday race. Driving the famous Oly special with a motor build by Bor-A-Car of Portland, McGriff beat the existing track record by over two seconds in qualifying for the pole position.

Runnerup in qualifying was Bobby Allison, who earned the outside position with a qualifying time of 129.05 compared to McGriff's top time of 126.75.

Home Heating Costs Can Be Cut If Wise

Cutting the costs of home heating has always been a good idea simply because of the money-saving factor, but with all forms of energy now in tighter supply there are additional good reasons to make wise use of the heating system.

An eleven-point program outlined by Len Gassner, Executive Director, Oil Heat Institute of Oregon, will accomplish such savings without discomfort to the homeowner.

He suggests that:

1. The thermostat should be turned down during the day if no one is home.

2. When retiring at night set the thermostat about seven degrees below the comfortable daytime setting. Setting it much below this point will make the furnace work that much harder in the morning to bring the temperature to the desired level.

3. If you open bedroom windows at night, be sure to close the bedroom door to avoid chilling the entire house.

4. If the home has an attic, be certain that it is closed off. Heated air rises and will be wasted in this little-used space if not shut off.

5. Radiators or registers in unused rooms should be shut off or closed and the door should remain shut.

6. Ask your dealer to check your heating system at least once a year. Often a minor adjustment or replacement of a faulty part will produce excellent savings.

7. Be sure that your water faucets do not leak or drip. Continual dripping of hot water will cause the heater to operate unnecessarily.

8. You will save considerable amounts of hot water by first turning on the cold water and then slowly opening the hot water faucet until the desired temperature is reached.

9. Furnace filters should be replaced at least once a year to prevent reduction of heated air delivered to the room.

10. Do not permit rugs, draperies, or furniture to block the flow of heat from radiators, convectors or diffusers.

11. Storm doors and windows as well as good weatherstripping at doors and windows will help prevent heat loss.

Road Deaths Decrease

Traffic deaths in 21 of Oregon's 36 counties decreased during 1973, according to the Oregon Motor Vehicles Division.

Wheeler county in north central Oregon, recorded no traffic deaths for the fourth straight year. Wallowa county also recorded no traffic deaths for the year while Crook, Hood River and Polk counties recorded drops of 50 percent or more in the number of people killed in highway accidents.

On the other side of the coin, Klamath county recorded 32 deaths, an all-time record. Nine other counties also recorded increases in traffic deaths. Of those counties, Tillamook showed the biggest jump, from nine to 19. Clatsop, Douglas, Gilliam, Grant, Jefferson, Morrow, Umatilla and Union counties also recorded increases in motor vehicle fatalities. Over half of Clatsop county's increase came in May when five people were killed in one crash.

The tri-county, metropolitan Portland area recorded a 26 percent reduction in traffic deaths, with Multnomah county leading the way with a 35 percent decrease.

Tax Booklet Available

The 1974 edition of "Your Federal Income Tax" is now available at Internal Revenue Service offices in Portland, Eugene, Medford and Salem and also in most post offices, it was announced recently.

Ralph B. Short, IRS District Director for Oregon, said the perennial best-seller contains detailed tax information on such items as interest and dividends, rental income, sales and dispositions of assets, standard vs. itemized deductions, and adjustments to income, including moving expenses, sick pay, and employees' business expenses.

The 192-page booklet also summarizes important changes in the tax law and alerts taxpayers to the effect of the changes on their own situations.

"For those taxpayers who have special situations or who want more comprehensive information on specific tax circumstances, there is a convenient order blank in the back of the book for additional tax forms and publications," Short said.

"Your Federal Income Tax," IRS Publication 17, is priced at \$1 and is also available by mail for \$1.25 postpaid from the Superintendent of Documents, Government Printing Office, Washington, D.C., 20402.

Youth For Christ Plans Winter Rally

Portland Youth for Christ presents its Winter Rally opening on Saturday, January 26, at the Lloyd Center Auditorium at 7:30 p.m. featuring the film, "In the Presence of My Enemies."

Also featured will be special music by the Youth for Christ "Forever Free" and guest guitarist, Ron Marrs. Admission is free.

Bowlers Set Tournament

Sign-up dates for the women bowlers city tournament will be January 21 to January 31. No late date entries will be accepted. Each bowling will be on regular league bowling time, February 19, 20, and 21. Singles and doubles will be bowled on February 22, 23, and 24.

Trophies will be given for both scratch and handicap in all the

events except team, oops, and sponsor.

Entry in the tournament will be open to the Vernonia Womans Bowling Association members and every entrant must be a member of WIBC.

A set of tournament rules will be available in the near future for anyone that would like them. Contact Rose Dunaway or Enid Parrow if there are any questions about the City Tournament.

VHS Grad On Honor Roll

Marsha Jensen, daughter of Mr. and Mrs. Richard Jensen, Box 13 Timber, Oregon is one of 124 students earning a place on the fall term honor roll at George Fox College.

To be on the Dean's List students must achieve a grade point average of 3.5 or above and carry more than 12 hours of

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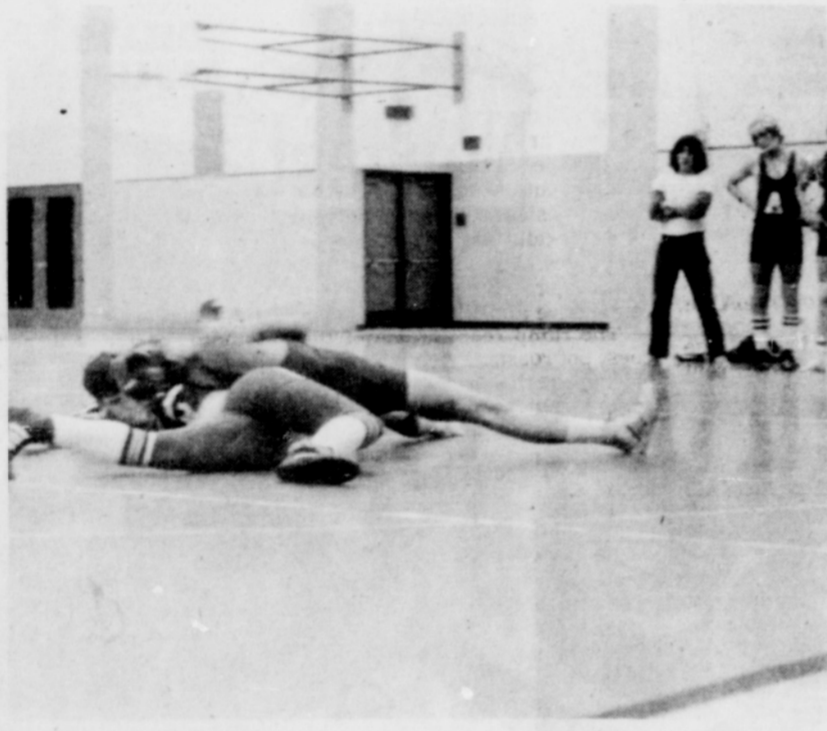
classes. Marsha Jensen is a Home Economics Major at George Fox.

George Fox is a four-year Christian liberal arts college founded by the Friends Church in Newberg, Ore., in 1891. The college offers 24 majors in six divisions of education, fine and applied arts, natural science religion, and social science.

VERNONIA HIGH LOGGERS

Winter Sports ROUND-UP

WRESTLING



WARRENTON - P. CHRISTIAN - VERNONIA -- Here

Thursday, January 17--6:30 p.m.

JEFFERSON TOURNEY -- There
Saturday, January 19--1:00 p.m.



BASKETBALL



VARSIITY & J.V.

J.V. Starts 6:15 P.M. — Varsity 8:00 P.M.

KNAPPA at VERNONIA
Friday, January 18

VERNONIA at DAYTON
Saturday, January 19

FRESHMAN

VERNONIA at NEAH-KAH-NIE
Thursday, January 17

Washington Grade School—6:30 P.M.

VERNONIA at KNAPPA
Monday, January 21

6:00 P.M.

Support the Loggers . . . Join These Boosters & Attend the Games

Allied J&H Lumber Co.

Bellingham Logging Co.

Bruce Berndt Excavating

Bill Horn Rlty. & Ins.

Brunsmann Hardware & Electric

C&C Logging

Crown Zellerbach

E. P. Stamm Managed Forest

Dave's Automotive—ARCO

Davies Chevrolet

Don's Auto Service

Loren Ellis Jr. and Sons

Ellson Cedar Products

F&E Logging

Fisher's Electric

General Telephone Co.

Holce Logging

International Paper Co.

Kimmel's Apparel

Lew's Restaurant

Mike's Tavern

Mist Shake and Ridge

National Public Service

Insurance—Dave Brunsmann

New Vernonia Hotel

Olympic Forest Products

Ostrander and Son

Perry's Basketball Camp

Pine Cone

Ralph's Chevron Service

Sam's Food Store

John Serafin Logging

Sew Simple Shop

Smith & Hult Logging, Inc.

U. S. National Bank

Vernonia Branch

Vernonia Clinic

Vernonia Drug

Lincoln Savings & Loan

Vernonia Golf Club

Vernonia Milk Farms

Vernonia Sanitary Service

Vernonia Sentry

Vernonia Variety

West Oregon Electric Co-op.