

TOP PICTURE shows Rock Creek during October when everyone was wondering if it would ever rain again or if the drought would go on

forever. Bottom picture is Rock Creek last week after two days of snow and fifteen of rain.



# HELP Seminar Aids Workers In Procedure

A training Seminar for Volunteer workers was held Nov. 14 to discuss the procedure used in events of crisis, emergencies and other types of calls the on-call volunteer receive working for HELP Inc.

To some caller a crisis is being out of food where others consider only a suiside call to be a crisis. What ever the need be, the caller feels he is in a crisis and the need is an emergency to him, and all calls are treated as such.

In attendance for the seminar were 33 volunteers from all areas in Columbia County, three HELP staff person and three volunteers from the Portland N.E. Hot Line

New and old ideas were exchanged throughout the day and role playing was used as an important part of training volunteers how to handle call of crisis.

The Seminar was so well received that others will be scheduled and be offered in other areas in Columbia County to allow all volunteer workers to participate.

Eleven new volunteers were signed up to work with HELP Inc. as on-call for transportation, home helpers, visiting shut-ins etc.

If you have spare time on your hands and want to be helpful call HELP Inc. 397-3511 and become a volunteer worker, you are needed by someone, urge members of the organization.

Watch the paper for the next Volunteer Seminar to be offered

## PCC Offers New Workshop

An opportunity to learn and try the fascinating and versatile art of bread sculpture will be offered at Portland Community College on Saturday, December 1.

Using bakers clay, a concoction of flour, salt, and water, Mrs. Robert Bettendorf of Portland will demonstrate the various techniques for sculpting all sorts of delightful objects and then open the session for student creations.

"Bakers clay is very easy to work with," Mrs. Bettendorf explained, "because it is soft and pliable and yet holds its shape. All sorts of kitchen implements can be used to make patterns." After creations are baked they can be decorated with almost any kind of paint or with marking pens, or clay can be tinted with food coloring.

Mrs. Bettendorf hopes that people of all ages will come to the bread sculpture workshop. "This is something anyone can do and enjoy," she said.

Everyone is urged to bring a large bowl for mixing clay, a rolling pin, old terry cloth towels, and a variety of implements for making shapes, marks, and patterns. Objects such as beads, coins, and buttons can be imbedded in the clay to add interest to the designs.

The Bread Sculpture Workshop will be held from 1 to 3 p.m. on Saturday, December 1, in the Cedar Room at the Sylvania center, 12000 S. W. 49th Avenue. There will be a charge of 50 cents.

For further information, call Portland Community College, Community Services, 244-6111.

## Lights Off At Lloyd Center

Traditionally, Lloyd Center's holiday decorations have featured a brilliant display of 70,000 twinkling lights. 15,000 seven and one-half watt lights normally radiated from the giant Christmas tree on the Central Plaza. Another 15,000 highlighted the malls and exterior areas of the center. More than 15 miles of wiring were required to supply electrical current to light the display.

display.

In evaluating the electrical energy shortage last August, while finalizing plans for the center's fourteenth Christmas season, Lloyd Center officials decided to do away with Christmas lights as a committment to the public.

In foregoing the distinctive display of 70,000 lights, Lloyd Center is able to save more than 246,000 kilowat hours during the Christmas season. This savings, equated with utility company figures indicating the average amount of power used to light homes in the Northwest, means enough power is being conserved to light 1,638 homes during the same period.

This seasonal reduction in power consumption is accompanied by the center's on-going conservation effort. In addition to turning off 243 illuminated advertising signs, Lloyd Center has managed to substantially reduce in-store power usage.

On Friday, November 23, with the official opening of the Christmas shopping season underway, Lloyd Center will unveil one of the most spectacular Christmas settings in the nation.

A 93-foot Christmas tree has been decorated in the Central Plaza with a half mile of white garland. Afixed at the top of the giant tree is a six-foot garland covered star.

Below the tree and near the ice rink Alpenrose's Storybook Lane inhabited by live nursery rhyme animals will be open for public viewing. In addition, specially designed Christmas displays are located in the malls and over the ice rink.

#### Conserve On Energy Families Reminded

Every family can help ease the crunch of the energy crisis, reminds Carol A. Ashley, Columbia County extension agent.

Because the state's energy is limited, the family should conserve it in everyway it can. Families help themselves, too, by saving on electric bills, Mrs. Ashley notes. And if the price of natural resources increases as predicted, families with good habits in using electricity will save even more.

A general rule for all to follow is turning off lights that are not in use. While this shortens the life of the bulb, saving electricity is of far greater importance right now.

Mrs. Ashley suggests using flourescent lights in areas that are used often, such as hallways or work areas. A flourescent light gives off more light per watt than an incandescent bulb.

"The colors in a room also affect the lighting," says Mrs. Ashley. "A light, textured ceiling will reflect light and diffuse it to the rest of the room. Light-colored walls and floors absorb less light than medium and darker colors. Window treatment should allow as much daylight as possible into a room. Lamp shades should be light in color and translucent to make the best use of what you're paying for," she adds.

To get the most light from bulbs, be sure they are dusted regularly. And discard any blackened bulbs—since the y may reduce light as much as 60 percent.

## Engineering Enrollment Up

Engineering enrollments "are finally on the increase again" and the big engineer shortage predicted for the late 1970's might be eased if the strong trend continues, says the dean of engineering at Oregon State University.

"Engineering graduates in the last half of the decade will find job opportunities comparable to those following World War II," according to Fred J. Burgess. "The demand is up and the supply is down because of significantly smaller graduating classes nationally in recent years."

OSU's engineering enrollment of 1,849 this fall is 4.1 percent above the 1,777 of a year ago. The 1970 total, however, was 2,045 and Burgess hopes registration will reach that level again soon.

Signs of an engineering shortage are showing already, Burgess noted. June 1973 graduates, for instance, found the job market substantially improved over 1972. Things look even better for 1974 graduates, he added. More companies are coming to the campus for interviews with graduating seniors already.

Starting pay of the average engineering graduate this year was \$922 a month.

The U.S. has 219 accredited schools-departments of engineering. OSU is the only one in Oregon.

# Energy Aid Co-Sponsored

Looking to both long and short term solutions to the nation's energy c r i s i s, Congressman Wendell Wyatt (R-Ore) has announced his co-sponsorship of two separate bills designed to halt the export of domestic fuel and to encourage better home insulation.

The first of Wyatt's bills directs the President to stop all exports of gasoline, distillate fuel oil, and propane gas until it is determined that no shortage of such fuels exists in the United

The second piece of legislation would afford tax deductions to persons who incur expenses in repairing or installing insulation materials in home or business property to prevent the needless loss of heat.

Some building codes, which were formulated in a time of energy abundance, have left us with homes and offices which might as well not have any door on the hinges.

# Trucks, Etc. To Be Limited On Highways

Trucks, campers, buses and vehicles with trailers will have a more limited use of Oregon highways as a result of action taken by the Oregon Transportation Commission.

tation Commission.

The commission adopted a new signing policy to implement legislation passed during the last session of the legislature to con trol use of oversized vehicles and

improve driving safety.

Signs will soon be installed by the Highway Division prohibiting vehicles of 6,000 pounds gross weight and more, trucks, campers, buses and vehicles with trailers from using the extreme left lane of all freeways and highways which have three travel lanes in the same direction.

Such vehicles can only use the

extreme left lane when entering or leaving the highway, in the case of emergencies, or when otherwise directed.

The new sign policy will also restrict truck, camper, bus and trailer use of the left lane of all divided highways having two travel lanes in the same direction to those occasions when they can do so without impeding normal traffic. Trucks, campers and buses and vehicles with trailers will be directed to use the right lane in all other instances.

Fred Klaboe, administrator of the Highway Division and state highway engineer, told the Commission that the Legislative Ways & Means Committee had directed that the new restrictions be posted and the Division should conduct "before and after" studies to determine the effectiveness of the restricted use law.







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