

## Check Canning Methods Says Specialist

Whether canning for the first time this year, or canning again after a brief recess, homemakers would be wise to review their processing methods to insure a safe food supply, reminds Mrs. Judy Forest, Oregon State University extension foods and nutrition specialist.

Mrs. Forest expects a final flurry of canning as fall vegetables reach maturity and as harvest of summer fruits and vegetables comes to an end.

The OSU specialist reminds homemakers that all common vegetables except tomatoes must be processed in a steam pressure canner or pressure saucepan to achieve the temperature necessary to destroy organisms that cause food spoilage.

Proper use of the pressure canners include having pressure gauges checked for accuracy, using appropriate canning jars, and let the pressure canner vent for a full ten minutes or more to drive all the air from the canner before closing the petcock.

Excess air in the canner reduces the rate of heat penetration into the jar, she explains. This causes under-processing of the food which can lead to spoilage.

Noting that standard canning jars are scarce, Mrs. Forest adds that some companies are now selling other types of jars for home canning. She suggests that before buying these, the homemaker should check to be sure that the lids are new and that they have a rubber sealing compound on them. Not all lids have this compound.

Although the jars are safe to use, there may be more breakage, she notes. As with any home canned food, Mrs. Forest advises homemakers to check to make sure there is a vacuum seal on each jar when processing is completed.

In the canning process, Mrs. Forest reminds homemakers "to begin counting the processing time when the pressure again rises to ten pounds after venting. If canning in a pressure saucepan, you should add 20 minutes to the processing time.

"Proper venting of the canner, proper pressure, and close attention to the time of processing are three of the key steps in insuring a safe supply of home canned foods for the winter ahead," she emphasizes.

Homemakers who wish to review their canning procedures should re-read the instruction books that came with their pressure canners or saucepans, Mrs. Forest says, and ask their county extension office for information about canning fruits and vegetables.

## State Parks Vandalism Up

For the first time since 1969, acts of vandalism in Oregon's state parks showed an increase for the fiscal year ending June 30, it was announced by David G. Talbot, state parks superintendent.

Incidents of vandalism climbed 28 percent over the previous fiscal year which was considered a "good year". The cost to repair the resulting damage also increased.

The figures for 1972-73 show 121 reported acts of vandalism, which represents 3.97 reported acts per million visits. The cost to repair this damage was \$11,780, or \$387 per million visits. In 1971-72, there were 96 reported acts of vandalism which represents 3.41 reported acts per million visits. The cost to repair for this period was \$9,177 or \$326 per million visits. In 1969-70, there were 118 reported acts of vandalism, or 5.15 acts per million visits. The cost to repair was \$13,502, or \$590 per million visits.

"We have been encouraged by the downward trend in the acts of vandalism in our state parks," Talbot said, "and felt that it was due at least in part to the public's pride in their parks. We hope that this past year was an exception and that the downward trend will continue in the future."

Windows and park buildings continue to be the main targets. Theft is still a major factor with signs being quite attractive. National and State flags were another popular item, with one park even losing its flagpole halyard and snaps.

**FOREST GROVE COMMUNITY HOSPITAL**  
ADMITTING LIST

October 30 - Deurand Moreland  
October 31 - Richard Holce  
November 3 - Edgar P. Crawford; Isaac F. Wright

## Board of Commissioners

(Memorandum Minutes)

The Columbia County Board of Commissioners met in scheduled session with Chairman Fred Foshaug presiding. Commissioners Minkoff and Ahlborn and secretary Gloria Salvey (deputy clerk) present.

Commissioner Minkoff moved and Commissioner Ahlborn seconded the minutes of the regular meeting of October 17, and the special meeting of October 22, 1973, be approved. Motion carried.

Miscellaneous claims were approved.

Rollie Martin, Fire Marshal, met with the board to present a list of corrections to be made in the courthouse and annex.

The plat of "Wildwood Acres" was approved by the board.

Purchase Orders were approved as follows: No. 2595, St. Helens Paving Co., for pre-mix, \$1,500; No. 2594, Chevron Asphalt, asphalt, \$580.50; No. 2587, Pete Matico Co., rock, \$515.90 No. 1591, Columbia West, asphalt, \$14,200.

Mayor Van Gorder and Pete LeSollen of Rainier met with the board to inquire as to the Tax Lot

## Parks Show Slight Raise

Campsite reservations at Oregon State Parks participating in the reservation system showed a slight increase this year over previous seasons, it was announced today by David G. Talbot, State parks superintendent.

During the 1973 season, there was a total of 63,940 reservations made at the 18 parks participating in the program. This past season seven additional parks were added to the reservation program. Many of these parks added to the program have had light usage in the past.

Figures for 1973 show a 20.5 percent increase over last year but when the same 11 parks that have participated in the program in previous years are compared, there is a 2.5 percent increase.

Of the reservations made, 74.2 percent were by Oregonians and 25.8 percent by non-residents. This compares to the 68-32 percent ratio for 1972.

Cancellations and no-shows continued to be a real problem as only 74.8 percent of the reservations were claimed. This is almost a 4 percent increase from the previous year. Among the reservations not claimed were 10,315 cancellations, or 16 percent of the reservations made. This is a 4 percent increase over the 1972 figure.

No-shows are a major problem area because this normally deprives someone of the use of the site. This year there were 5,817 no-shows, or 9 percent of the reservations made, the same percentage as the previous year.

The reservation program began in Oregon in 1970 and has proved quite successful. There is a \$1 reservation service charge. Plans call for the program to be continued next season in substantially the same form as this past year.

## Traffic Death Total Drops

Oregon's traffic death toll for the year continues to show a decrease over last year, with only two months remaining to be counted.

The Motor Vehicles Division reports that through October 553 people had been killed in traffic this year, a drop of slightly more than 12 percent over the comparable period in 1972 when 631 had been killed.

Sixty-four people were killed in 55 fatal crashes last month. In October last year, 72 people were killed in 61 fatal crashes.

Sixteen of the October deaths occurred in just seven crashes, on of which killed four people when a bus and pickup camper collided. October's toll also included two animal-related accidents. A passenger in a car died when the vehicle struck a horse and the other collision between a car and a horse killed the rider of the horse.

DMV also noted that failure to use seat belts may have been a factor in at least 17 of the October deaths.

Eighteen counties in the state recorded no traffic deaths last month. Lane County reported 11 fatalities; Multnomah, 6, Marion, 5; Coos, 5; Douglas, 4; Malheur, 4; Linn, 4; Clackamas, 4; Umatilla, 3; Josephine, 3; Deschutes, 3; Klamath, 3; Jackson, 2; Columbia, 2; and Yamhill, 2. Jefferson, Union and Washington counties each recorded one death.

1672-17 which Rainier would like to acquire for sewage treatment plant facilities. They were requested to set up a meeting between the district attorney, Rainier attorney, and themselves to further investigate the matter. They also inquired regarding availability of BOR funds as well as discussing the Portland Metropolitan Area Boundary Board of requirements.

Philip Dewey, surveyor and Keith Thompson, roadmaster, discussed with the board the request for road vacation submitted by Mr. and Mrs. E.L. Lankins. Dewey indicated that it appeared the original survey was in error by 23 degrees, the original map did not agree with the survey, and there was doubt that either were correct. In any event, Dewey indicated that neither the survey notes, nor the map would affect the property in question, but in order to eliminate any doubt of the title companies, he recommended vacation proceedings be instituted anyway, and presented a legal description of the area which might be affected. After discussion, it was concluded a letter would be written to the U.S. National Bank advising them of the status of the request for vacation.

Order No. 9 was signed directing the sale of mineral rights in Section 3, Township 4 North,

Range 2 West, WM.

An Order and Deed were signed conveying Tax Lot 43, Section 7, T3N, R1W, WM., to R.B. and M.J. Jones.

An Order and Deed were signed conveying Lots 21 and 22, Block 119, City of St. Helens to Vivian S. Schimmel.

An Order and Deed were signed conveying mineral rights on a parcel in Section 35, T6N, Range 2 West, WM., to Donald William Noe.

Robert Vagt met with the board to discuss encroachment on a county road by Mr. and Mrs. Grawl, and requested they be allowed to either (1) Purchase a portion of the road involved, (2) have a portion of the road vacated, (3) lease a portion of the road. Thompson indicated this was an FAS road involved, and new federal regulations regarding highways and safety standards could not permit the road to be sold or vacated. After considerable discussion of alternatives, it was concluded a letter would be written to allow the encroachment to remain until such time as it became necessary to widen and improve the road.

Thompson presented a copy of a letter directed to Ron Reeves, Planning Director, relating to a proposal for creation of a road by William Jensen and Ralph Nicholson.

Discussion followed regarding

need for resolutions to be prepared for Board signature relating to mud on county road as a result of logging and or other operations, and necessity of permits for loading of logs or other materials from county roads.

Thompson advised the contract for paving of the road into Beaver Industrial site had been awarded to St. Helens Paving Company, who has five days to get started.

Thompson reported installation of the new culvert on the Link Road had been completed.

With reference to a complaint received from Mr. and Mrs. BenTre, regarding a gate closure on Wickstrom Road, Thompson advised the road in question is not the Wickstrom Road, but the Dahlgren Road, and there is no record of this ever having been accepted. He also indicated the original survey indicated a "30-foot right of way where the road exists." Thompson felt there was no county responsibility involved in either openings or maintaining the roadway involved.

Thompson showed slides of an area where a car had gone off Anliker Road, which seemed to indicate the road was not narrow therefore it was not county responsibility for the car leaving the road.

Thompson presented several

personal action forms making changes in road department personnel. He indicated there are still four positions open: sign maintenance man, a temporary person in St. Helens, deputy roadmaster, and mechanic. He also indicated two pending retirements of present personnel.

Thompson requested authorization to attend the AOC Convention, and also requested Ted Morgan be allowed to attend one day. These requests were approved.

Thompson reported he had been elected treasurer of the American Public Works Association, Oregon Chapter.

Order No. 74-73 was signed declaring intent to vacate a portion of the C.C. Barger Road, No. P35, located in Section 26, T5N, R2W, WM. and setting December 12, at 2 p.m. in Room 308, Courthouse, as time and place for hearing.

Thompson was reminded of a dead alder tree hanging over the Nicolai Road, and was requested to see that it was removed before it fell and blocked the road.

A petition was received from Paul Jolma, attorney for Donald T. Montgomery, requesting vacation of a dedicated road between Tracts 51 and 60, Pleasant View Acres. An order was signed declaring intent to vacate, and 3 p.m. on December 12, 1973, in Room 308, Courthouse, was set

as time and place for public hearing on the vacation.

Order N. 76-73 was signed, accepting a deed for county road purposes, from Frederick H. and Judith H. Marracci, and Maude Johnson, being "Rodney Road" leading into the Five Peaks Estates and subdivision.

An offer of \$100 was received from Harry L. Wray to purchase Tax Lot 1632-8, being .27 acres in Section 16, T3N, R2W. The offer was rejected because the property in question had never been advertised for resale.

An offer of \$150 each was received from Earl N. Seawright to purchase Lots 1, 2, 3, 4, and 10, Block 1, and Lots 21 through 24 inclusive, Block 2, Railroad Addition to St. Helens. Commissioner Minkoff moved and Commissioner Ahlborn seconded the offer be accepted. Motion carried.

Personnel actions for Deputies Carson and Ray, requesting one-step increases were denied as being in conflict with the union contract and returned to the department.

A request for Option for Road Easement was received from Bonneville Power Administration for access to transmission lines through the fairground property. Commissioner Minkoff agreed to discuss the matter with Paul DeShazer prior to approval of the easement.

# FREE PIZZA SAMPLES AT THE MEAT DEPT.

## RESER'S FRESH PIZZA

Featured This Week  
Not Frozen —  
22-oz. Size

**\$1.49**  
EACH

### STUF, SHOP & SAVE AT SENTRY

 <p><b>TOMATO JUICE</b> HUNT'S 46-OZ TINS</p> <p><b>3 FOR \$1</b></p>	 <p><b>BLADE CUT POT ROAST</b></p> <p>U.S. CHOICE <b>69¢</b> LB.</p>	 <p><b>OREGON GROWN CUT-UP FRYERS</b></p> <p>FRESH <b>59¢</b> LB.</p>	 <p><b>POT PIES</b> MORTON-FROZEN BEEF, CHICKEN, TURKEY 8-OZ.</p> <p><b>5 FOR \$1</b></p>
 <p><b>BAKED BEANS</b> 8 AND 16 BRICK OVEN</p> <p><b>2 FOR 79¢</b></p>	 <p><b>BONELESS HAMS</b> HYGRADE 1/2 OR WHOLE WATER ADDED FOR TENDERNESS &amp; FLAVOR</p> <p><b>\$1.29</b> LB.</p>	 <p><b>GROUND BEEF</b></p> <p>SENTRY FRESH, REGULAR U.S. CHOICE ARK CUT <b>98¢</b> LB.</p>	 <p><b>AA LARGE EGGS</b> RUSHED FRESH TO SENTRY</p> <p><b>65¢</b> DOZ.</p>
 <p><b>APPLESAUCE</b> WESTERN FAMILY</p> <p><b>5 FOR \$1</b></p>	 <p><b>GRAPEFRUIT</b> SWEET, TEXAS PINKS</p> <p><b>10 FOR 99¢</b></p>	 <p><b>SLICED BACON</b></p> <p>WESTERN FAMILY U.S. CHOICE ARK CUT <b>11¢</b> LB.</p>	 <p><b>BISQUICK MIX</b> BETTY CROCKER</p> <p><b>79¢</b> 40-OZ. PKG.</p>
 <p><b>PAPER TOWELS</b> NORTHERN GIANT ROLLS</p> <p><b>4 FOR \$1</b></p>	 <p><b>VALENCIA ORANGES</b></p> <p>CHOICE CALIFORNIA <b>7 LBS. \$1</b></p>	 <p><b>LARGE AVOCADOS</b></p> <p>FRESH FROM FLORIDA <b>EACH 39¢</b></p>	 <p><b>ENRICHED FLOUR</b> WESTERN FAMILY 10-POUND BAG</p> <p><b>\$1.29</b></p>

**MORE GROCERY BUYS**

ASSORTED FLAVORS, DESSERT	<b>ROYAL GELATIN 12 3/4 \$1</b>
DOW AEROSOL BATHROOM CLEANER	20-oz 79¢
LIBBY'S FOR PIES	
<b>PUMPKIN MIX 2 2/8 98¢</b>	
VAN CAMP'S	
<b>PORK &amp; BEANS 2 2/8 71¢</b>	
NALLEY'S MEAT BALL	
<b>STEW 11-oz 58¢</b>	
NALLEY'S, WITH SAUCE	
<b>RAVIOLI 2 2/8 88¢</b>	
RED ROSE	
<b>TEA BAGS 48-ct 69¢</b>	
FRIBURY ASTRO MIX	
<b>BUNDT CAKE 3 3/4-oz 83¢</b>	
FRIBURY SUGAR & CHOC. CHIP	
<b>REFRIGERATOR COOKIES 1-lb. 59¢</b>	
NARSCO PREMIUM 1-LB. PKG.	
<b>SALTINE CRACKERS 39¢</b>	
GOLDEN GRODGE	
<b>MAPLE SYRUP 12-oz 45¢</b>	
NALLEY'S LIQUID FRENCH	
<b>DRESSING 3-oz 11¢</b>	
PORTER'S LONG-ITAL	
<b>SPAGHETTI 27-oz 53¢</b>	
CRESCENT	
<b>WALNUT MEATS 4-oz 59¢</b>	
WOODBURY BEAUTY BAR	
<b>SOAP 3-oz 25¢</b>	
FURNITURE POLISH	
<b>LEMON BOND 7-oz 79¢</b>	

**BOILING ONIONS**  
SWEET, YELLOW, CRISP

3-LB. BAG **29¢**

WELCH'S FROZEN **GRAPE JUICE 2 1/2 98¢**

COTTAGE **FROZEN FRENCH FRIES 9 9-oz 91¢**

LARRY'S (2 PER PKG) FROZEN **POOR BOY SANDWICH 16-oz 99¢**

**SENTRY COUPON VALUES**

HUNT'S BIG JOHN'S HAMBURGER FIXINS' 7 1/4 OZ	(W/OUT 42¢)	<b>39¢</b>
COFFEE FAVORITE	(W/OUT \$2.97)	
<b>HILLS BROS. 3 2/4 249</b>		
DEODORANT BAR	(W/OUT 3/75)	
<b>DIAL SOAP 3 2/4 59¢</b>		

**SENTRY Markets**

<b>ORAL ANTISEPTIC</b> SCOPE, REG. '2.05	<b>ALKA SELTZER</b> ANT-ACID REG. 79
<b>THROAT LOZENGES</b> CEPACOL	<b>RAZOR BAND</b> GILLETTE TECHMATIC ADJUSTABLE
<b>59¢</b>	<b>\$1.59</b>
	<b>ANACIN TABLETS</b> FOR PAIN RELIEF REG. \$1.67
	<b>\$1.25</b>

**VERNONIA SENTRY**  
U.S.D.A. AUTHORIZED FOOD STAMP STORE  
MEMBER UNITED GROCERS, INC.  
735 JEFFERSON AVE. — VERNONIA, OREGON

<b>BAYER ASPIRIN</b> FOR RELIEF OF PAIN	<b>VANQUISH TABLETS</b> PAIN RELIEVER
REG. 74	REG. 11.09
<b>68¢</b>	<b>99¢</b>

This Land Is Your Land Keep It Clean