

ALONG WITH businesses sprucing up the downtown area in preparation for Jamboree visitors is the city crew, busy painting crosswalks and curbs in the downtown area.



CLEAN & Beautiful, Inc., Seattle, Washington

# **CLEAN Urges Public Care**

"An ice-cream wrapper weighs 3/16 of an ounce. How come it's too heavy to carry to a litter basket?'

That question posed by the above illustration is one that is being asked by CLEAN and Beautiful, Inc. in its campaign to help rid the state of litter.

CLEAN is the public service litter prevention agency sponsored by business, industry and labor in Washington and Oregon.

"If each person visiting a beach or a park would carry his few ounces of litter to the nearest litter receptacle, the landscape would remain uncluttered for all to enjoy," John Christianson, vice president of CLEAN declared.

Calling attention to the many summer outdoor events drawing large crowds, Christianson said, "Litter is always a greater prob-

### **Home Canning** Tips Offered By Economist

It's time to get ready for the canning season, reminds Judith Forest, extension food and nutrition specialist at Oregon State University. If you plan to can vegetables, you will need a pressure canner

If you don't have one, you may, be able to borrow or rent one, or buy one new, or perhaps secondhand

Each year the canner needs to be checked over thoroughly. If it has a dial pressure gauge, have it checked for accuracy. Ask the dealer or your county extension home economist where to have it checked.

An accurate gauge is essential to the safety of home canned foods. If the gauge is off five pounds or more, you'd better get a new one. If the gauge is not more than four pounds off, you can correct it as explained in the bulletin, "Home Canning of Fruits and Vegetables," available free from your county extension office.

If the canner has a weight gauge, it must be thoroughly cleaned. Clean the openings of the safety valve and the petcock which closes it by drawing a string or narrow strip of cloth through them.

Wash the canner kettle. Wipe the cover clean with a damp cloth. Take the gasket out, wash it and turn it over before putting it back.

The boiling water bath methods is used for canning fruits and tomatoes and for processing pickles. The water bath canner or other container used must be deep enough to allow two to four

inches of water above the jars. Good canning jars are also necessary, Mrs. Forest emphasizes. You may get some se-condhand; but they must be checked carefully for nicks on the rims. Nicked jars that do not seal perfectly could allow foods to spoil. The same problem might occur with jars in which food comes from the grocery. These are not designed for home canning and may not seal prolem where people gather for a short period of time. Last year, for instance, it took two men one full week to clear nearly 38 tons of litter from the scene of one hydroplane race, and it took 16 men two full days to remove nearly 15 tons at another course.



"HERE'S an easy way to help handicapped people," says Phyl-lis Diller." When you give to GOODWILL INDUSTRIES the things you don't need, you help provide work experience and job training for the handicapped. You also help by shopping in GOODWILL STORES. I do. Please help GOODWILL INDUSTRIES."

#### Oregon Guard Pilot Program

Oregon's Adjutant General, Colonel Richard A. Miller has announced that the Oregon Army National Guard has been selected as one of 16 states to pilot a ninety-day test, starting July 1, of a new enlistment option for Non-Prior Service-

The option, referred to as the REP-63 (3x3) Enlistment Option, will permit nonprior service personnel to enlist for six years with the option of serving three years in an Army Guard unit and three years in the Individual Ready Reserve (IRR) Control Group for Annual Train-

The purpose of this test is to determine if there would be any significant increase in the number of enlistments as opposed to the present straight six year enlistment program of the Reserve Forces. The six year program will still remain in effect. Test results will be evaluated at the end of each 30 day period to determine results.

Colonel Miller stated that the Oregon Army National Guard has an authorized strength of 6,446 officers and enlisted members and is currently at 6,020 members, 93.39 percent of auth-

orized strength. Oregon was chosen as a result of its outstanding increase in strength since January 1, 1973 while operating in a voluntary

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Army concept. He also stated that "The citizens of Oregon can be proud of the record of our Army and Air National Guard units and members in their support of not only the Reserve Readiness Posture but of the many and varied community activities in which the Guard is participating in daily

### Four-H Co. Fair Results

HORSE SHOWMANSHIP Champion - Christie Heacock.

Reserve Champion - Sharon Love, Clatskanie Blue Awards: Donna Willard, Vickie Pitt

Red Awards: Scott Fleck, Kathy Kretsch-mer, Gary Fleck, Shelley Wil-

coxen, Donna Shinn PONY EQUITATION

Blue Awards: Vickie Pitt, Donna Shinn WESTERN EQUITATION Junior Champion: Raelynn

Young, Scappoose Reserve Junior Champion: Shereen Proper Senior Champion: Regina

Housley, St. Helens Reserve Senior Champion: Christie Heacock, St. Helens Blue Awards: Gary Fleck

Red Awards: Donna Willard, Shelley Wilcoxen, Scott Fleck

ENGLISH EQUITATION Champion: Jayne Purvis, Scappoose Reserve Champion: Sandy

Young, Scappoose Red Awards: Scott Fleck

TRAIL HORSE Junior Champion: Carma Bernard, Rainier Senior Champion: Christie Heacock, St. Helens

Blue Awards Gary Fleck, Vickie Pitt, Scott Fleck

Shelley Wilcoxen, Donna Shinn **GROUND TRAINING - Yearling** 

White Awards:

Red Awards: Gary Fleck GROUND TRAINING-2 year old Blue Awards: Kathy Kretschmer

A handful of cash is better than a garage full of "stuff.



# Eagle Want Ads Get Results



LAST FRIDAY afternoon was Senior Citizens Day at the 1973 Columbia County Fair and pictured above are several of the fair-goers

ving the 1:30 p.m. program honoring the

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BAN	DONS	

CHEESE WESTERN FAMILY PINEAPPLE/ GRAPEFRUIT

JUICE DRINK

FROZEN FOOD VALUES

BREAD DOUGH LEAR 18 79

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4 oz 11

WHITE & LEMON, LIQUID DETERGENT CRYSTAL

WHITE CHUN KING, DIVIDER PAK

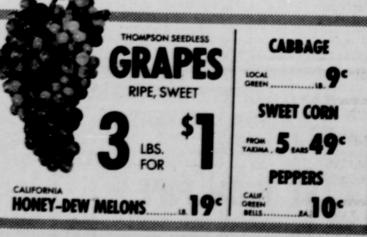
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MEIN : PORK



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