

# THE PEOPLE SPEAK -

(Editor's note: The following is an excerpt from a letter received by Welcome Rumbaugh, Vernonia high school principal, which made him proud to claim Vernonia as his school and he wishes to share it with others so that they can know the impression Vernonia high school students are making when they are other places.)

Nehalem, Ore.  
Rt. 1, Box 417  
March 7, 1966

Dear Mr. Rumbaugh,

... We were so impressed with both the students (of Vernonia high school) and the players when you played at Neah-Kah-Nie; our players (we have a son on JV) said the Vernonia boys were outstandingly not only the best team but the cleanest players they played all year, and the students who attended the game were the best-behaved and nicest looking kids we saw all year. The kids who attended the playoff said one of the nicest things that happened there was the chance to get better acquainted with "the Vernonia bunch", the nicest kids they'd seen, and although everyone is elated -- naturally! -- over winning, they are also sorry they had to do it by eliminating Vernonia. With all the kids from other schools we saw all year at games, when a bunch is as "outstandingly nice kids" as yours, it seems only fair to tell them so. More power to you.

Sincerely,  
Jean & Quentin Smith

March 10, 1966  
Star Rt. 2B Box 716  
Yucca Valley, California

Hi, All our Friends in Vernonia and Elsewhere!

Marvin, I hope you don't mind I've been asked to write another letter through your fine paper The Eagle!

I'll hurry and write this as I sit in the hot sun. It is a perfect day, like we had the first years we came to the Hi Desert, calm, sunny and not a sound, except, off in the distance, an occasional cooing of a dove. It is truly heavenly calm, but tomorrow? May be snow. On our 46th wedding anniversary, March 2, we woke up to everything white with snow. Looked beautiful but was gone as soon as the big sun came up, which now is about 6:15 a.m. Soon it will be coming up before 5 a.m. It is always such a big round sun.

## Vernonia Eagle

8 THURSDAY, MARCH 17, 1966

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We had a pleasant surprise from Zella and Truman Davenport inviting us to visit them at their nice home at 216 E. Merrill in Rialto near San Bernardino. Zella saw our address in the Vernonia Eagle. While we were visiting our neighbor who is in the Loma Linda hospital recovering from a severe heart attack, we gave Zella a ring and drove out to visit them overnight.

Imagine their little old cute red head, Steven, trying out for Little League baseball. He is now 9, and a fine boy, tall and good looking. Naturally, we had that good old Southern breakfast, that Zella is noted for.

Truman was having a bout with that old Flu Bug, and very lonesome for Oregon. 'Twas great being with them for a visit. We also visited Zella's father, Robert J. Whitmire, in his cute little home, with yard filled with flowers. He owns his home two doors from Zella. He wasn't feeling well at all, and Zella was taking him to doctor that day. He looked handsome though.

C. J. has had a second bout with that old flu bug. So far I'm fat and fine!

Had a lovely letter from my sister Esther Ring, about three weeks ago, stating she was busy as could be knitting, taking daily driving lessons, making a dress, taking painting lessons on velvet, learning the making of leaded glass and keeping house for our little mother and our brother. Now today I learn Esther has had another set back and has been in bed at our niece's for two weeks, but is better since being taken to a doctor in Bremer-ton who took a cyst from her back. She feels better than she had for some time, but is still under the doctor's care.

When able Esther hopes to visit her family in Portland, and then back out to Vernonia.

We hear she misses us and wants us home now but C. J. thinks we will be here until June, so that we may visit our son, Bus and family at the time Sheryl graduates from Santa Rosa Hi.

Vicki is still happy with her marriage to Curt.

Oh, a butterfly just passed by and I see the little tiny lizards moving today, but we don't look for rattlers until our cute turtles pop out in our yard from nowhere. Just all of a sudden there they are!

That's where we take off for our dear old Vernonia, Oregon.

We surely thank our friends for the many anniversary cards. Hope you are all with us for our 50th.

An especial thanks to Lester Sheeley for the lovely antique book. I never let go of it for a couple days and two nights. It's very educational. Thank you Lester!

Then, another most lovely surprise was the big pot of golden bronze chrysanthemums with adorable card which read, "God be with you both, your other son, Robert Weidman."

Now that truly was thoughtful, and we do thank you Robert! I hope they live and grow forever! I shall try to keep them.

Kate, you are going to be surprised at the "old bull" I'm painting for you.

Love to all and don't forget our beauty operators.

C. J. and Essie Nance

## Chest Disease, Smoking Linked

Get young people to realize that smoking is "neither smart nor a sign of social achievement" and you'll save them years of suffering and solve most of the chest disease problems, physicians agreed this week at an Oregon State University conference on chest diseases.

"Don't smoke" educational programs are making headway in America, the six participating doctors said.

"Stop smoking" campaigns are far less effective because few persons who have smoked for a long period of time can stop, they added.

Dr. R. Bruce McFadden, heart disease control officer with the Oregon Board of Health, said a person who smokes two packs of cigarettes a day has three or four times the chance of having a heart attack when he reaches age 50 as a non-smoker.

Emphysema is increasing at a frightening rate, it was noted. Deaths from the disease (which causes the lungs to become greatly enlarged) have increased six times over in the last 10 years. In Oregon, emphysema has moved into the top 10 causes of death.

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## Pre-School Immunization for Polio Decreases, Doctor Warns

The level of immunity against polio among Oregon's preschool population appears to be decreasing, warns Dr. Richard H. Wilcox, state health officer.

He stated that survey figures recently compiled by the Oregon Immunization program indicate nearly 32 percent of all children under the age of five years have never received polio immunization. An estimated 50,000 preschool children in the state are currently susceptible.

The buildup of a new population vulnerable to polio enhances the danger that further outbreaks, or even epidemics, could occur again in Oregon, Dr. Wilcox said. He urged that parents make sure their children receive the complete polio vaccine series, preferably within the first year of life.

"It is a misconception to believe that polio has been completely stamped out," he declared.

Within the past two years, polio epidemics have occurred in England, the Bahamas, Jamaica, Chile and Nicaragua--all within a few jet travel hours from our own country, Dr. Wilcox pointed out.

Paralytic polio in the United States last year numbered 43 cases, according to preliminary report information from the Communicable Disease Center, Atlanta, Georgia. During 1964, there 94 new victims of paralytic polio.

But on the West Coast, polio actually increased during the past

year, Dr. Wilcox said. Five cases were reported in 1965 compared with only three in 1964. Oregon recorded one case during each of the past two years.

The state's most recent polio victim is a four-year-old boy who was stricken in September, 1965. He had not been immunized.

Several of the nation's leading medical authorities have in recent weeks publicly expressed concern over the mounting population of unprotected children. They include Dr. Albert Sabin, whose research led to development of oral polio vaccine; Dr. Aiex Langmuir, epidemiology chief of the U. S. Public Health Service Communicable Disease Center; and Dr. James H. Sterner, chairman of the American Medical Association committee on environmental and public health.

Dr. Sterner has been quoted by the official AMA news publication as stating that, according to data available to his committee, "there now exist areas in which the level of polio immunity is so low that the possibility of an epidemic is a very real one."

A girdle underneath stretch pants keeps women from extending the truth.

Experience ripens judgment—it teaches to live and let live.

