Making your holiday fruit

cake? Try sweetening it with

honey. Thats the suggestion of

Jane Knapp, acting nutrition spe-

cialist with Oregon State college's

She said fruit cake made with

Research shows that when

honey replaces part of the sugar

in the recipe, baked goods are

better than ever. Honey im-

proves color, flavor and texture,

foods keep moist and they last

Information on using honey is

available from our office in the

courthouse at St. Helens. The

phone number is 411.

honey has richer flavor and slices

extension service.

better.

longer

By Helen Sellie Home Extension Agent

There are so many ways to celebrate Thanksgiving and to show our thanks for our many benefits but none so practical as holding a "giving party."

A "Care package party" can be celebrated as a white elephant auction or old-fashioned pie social. Here the main event of the evening is the auction to raise money to buy Care packages. The preliminary activities could include spelling bees, blackboard relays, challenges in mathematics or group singing.

At a "toy shop party" children are admitted if they bring a toy which can be repaired and sent to orphanages, hospitals or overseas.

A "platter party" to collect re. cords for service clubs would be a wonderful activity for a teenage group. Musical games and dancing would be the featured activity of the evening.

For those groups planning on giving baskets of food where most needed, a "pantry shelf" party would be a gay occasion. Part of the activity during the evening could be sorting, packmg and decorating the baskets. Games played later could end in fines or forfeits to raise money for the perishable foods to be added later.

A variation of bingo, eliminaton bingo, would make a fun way to raise money at a giving party.

Elimination bingo - Cut sufficient slips of five different colors of paper so that there is one slip for each participant. Give each person a bingo card and one of the slips of paper. The game is played in the usual way, except that when a player "bingos" he calls out the color of his paper and all players holding that color are eliminated from the game.

The play continues (cards of the remaining players are not cleared as each group is eliminated) until one of the remaining players gets a bingo and all those holding his color are out. This process of elimination continues until only one group is left. Each of the players in the group must pay a fine to the food fund. This game may be repeated several times.

A Happy Thanksgiving to you! plans for the Thanksgiving dinnor of a huge, golden brown sturkey, sage dressing and all the other traditional foods for this day's menu.

Plenty of food for the holidays, that's the forecast by the bureau of agricultural economics for the S. d partment of agriculture.

Fresh fruits, potatoes, sweet potatoes and beef supplies will be even larger than last year. On the other hand, there will be less pork, processed fruits and

Families should be able to eat almost as much turkey as in November and Decemebr last year.

4-H Officers to Train Saturday

A special training meeting for officers of 4-H clubs in Columbia county will be held Saturday, November 21, at the McBride grade school beginning at 10:30, announces Harold Black, county * attension agent in charge of 4-H

Part of the meeting will be devoted to special group sessions with Miss June Goetze, information specialist, Corvallis, working with news reporters; Mrs. Elmer Loyd, Deer Island, with secretaries; and Helen Sellie, eounty home extension agent, and Harold Black with presidents and

wice-presidents. "What Makes A Good 4-H Club Meeting" will be discussed at a general session of all those prasent. John Whipple, Columbia county judge, will speak to the group on "What It Means to Be an Officer of a 4-H Club." Groups games and singing are also being

The noon meal will be sack kinches, with those attending prowiding their own lunches. Club secretaries are requested to bring their secretary books to the meetáng.

The date of Jesus' birth is placed at 4 B.C.

At 4-H Leader Banquet

Mrs. John Becker, St. Helens, received her 25-year leaders pin at the Columbia county 4-H leader's banquet held November 12 at the First Lutheran church in St. Helens.

Leaders pins were presented by Elmer Jensen, manager of the St. Helens branch of the United States National Bank of Portland. Those receiving pins for five years of 4-H club leadership were: Mrs. Earl Avis, Columbia City; Mrs. W. E. Curtis, Apiary; Mrs. Elmer Loyd, Deer Island; Mrs. Robert Bock, Chapman; and Henry Anderegg, Vernonia. First year leadership pins were also pre-

Political parties first figured prominently in the campaign between Jefferson and Adams in 1789

PMA Men Select Year's Officers

Returns of the Columbia county PMA committee election held in Mist Thursday, November 12, show that Wm. Armstrong of Marshland was elected chairman; W. A. Kessi of Scappoose, vicechairman and Floyd Leever of Goble, regular member. Joe Banzer of Mist and J. C. Skeans of Rainier were elected as alternates.

All the committeemen are well known farmers in their communities. Armstrong, Kessie, Skeans and Leever were reelected while Banzer is a new member.

The committeemen will take office on January 1, 1954 and will be responsible for the county administration of the agricultural conservation program, price support activities, federal crop insurance and numerous activities which may be assigned during the year.

range for the training of the com- conservation practices carried out munity committeemen, direct the in Columbia county.

operation of the county office and The committee will also ar- have responsibility for approval of



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This is the famed young Beltsville White Fryer Turkey, bred especially to give you lots of ten-der juicy white meat.

Tender, young Turkeys for the family desiring a Turkey in the weight range of

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Pan-Ready

1

PINEAPPLE SLICED

Medium Shrimp Sweet Potatoes

Marshmallows Fluff-i-est 290 I.lb.