A Bit of Variety

RONA MORRIS WORKMAN

New-daughter came trotting into the kitchen last evening just as I was starting dinner. "Oh," she said, and I thought her voice held a note of disappointment, "have you got dinner very far along? I thought it would be fun to have a picnic supper down by the swimming hole. I've got some hot-dogs," she continued hopefully, "and we can roast them on sticks over the coals. Dinner isn't too far along, is it?" she finished coaxingly.

If I had had the whole dinner ready to put on the table I would still have agreed that hot-dogs stove and served properly and deplus other things served down by the river was to be preferred any old day, that was sunny, to a "sittin'-down meal" eaten in the house. In Sarah Orne Jewett's delightful book, "Country of the Pointed Firs," a country woman remarks, "Some folks wash on Monday and iron on Tuesday even the alder leaves made a little if the circus is goin' by, but I world that was subtly different like variety myself." That wom- from our routine life. an and I are sisters under the

one of the baskets to the Big Boss

unies of picnic eating, in a little alder grove on the island where the river curves.

Now I don't care for hot-dogs as a rule, nor do I eat potatoes, but there was something about a weinie that is toasted brown (and a wee bit black in spots) over glowing coals, and a fat potato roasted in hot ashes, then dusted off and spread with butter, that made a real appeal to that capricious thing we call the appetite, and the smell of hot coffee wafting up from the two steaming pots by the fire blended

everything into a perfect meal. We hadn't gone far from the We were not eating food radically different from that which we would have cooked on the cently on the dining table, and our little excursion didn't cost us an extra cent, yet we four enjoyed the change it made in our quiet lives. The leaping flames of our campfire, the slowly deepening dusk of evening, and the occasional whisper of wind through watched the alder logs burn down to a mass of glowing coals and So I eagerly collected my share our talk ranged from lightest jest of the makin's of a picnic, handed to the far reach of space and stars so many light-years away, -who growled like a wolf at from common every-day events having to walk down to the river to the wonders that the future to get fed-and we went through may hold. It was good talk, yet the barn-lot, across the gravel when we were silent the river bar and found a campfire burning, and the night talked with us and, and a card-table spread with the who knows, perhaps in that silence sities and a few of the lux- we gained a bit of wisdom, a

of daily life. And when the fire had burned down to only flickering lights, regretfully we smothered their last glow and and gathering up the housethings we walked slowly home through the soft darkness.

We all need a change, a bit of variety, to break the daily routine of our days. If we do not have it, there is a hunger that nothing can fill, dreams die, life loses its lilt and laughter and we go plodding wearily along the road of existence. We do not need to travel far from our hearthstone to find a bit of change. Across the road or just around the nearest corner will bring us a new view. Opening our minds to a new thought will widen our horizon; breaking the routine of our daily tasks or introducing new methods of working will give us impetus for further effort. It is in the mind that the deadly sameness of unchanging routine day after day leaves its mark. If men and women travel the same path to work and thought for too long without change, they forget to "lift up their eyes to the hills." .Life becomes stale and flat, like a pool into which no fresh water ever runs, yet there are sweet springs of clear water all about us if we just reach out to them. Walk in the quiet dark alone, or with one who understands, and look at the stars. out the night and the stars. Let your imagination take wings and fly across the intervening light years of space, and when you-come back to your lighted house the things which had depressed you before have stepped back into their proper relationship with life. Facing the infinite, the finite loses its power to bind.

Yes, I am like the old country woman, I like a bit of variety. If the circus comes by, or I want to climb out of my daily rut, then I am going to go sometimes, even if the washing has to wait until Tuesday. Or if duty calls too sternly and I dare not go, then I will think new thoughts. I will send my mind into strange lands and it will bring back rich cargoes. I will play a bit while I am living, even if only in my thoughts, or in having our evening meal by a campfire instead of within four walls that shut

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man once said, "If you have two

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white hyacinths," and the gypsy

chieftain in "Lavengro"-I think

it was-made this simple state-

Day and night, brother, both sweet

both sweet things,

There is likewise the wind on the

along the furrow of daily routine.

I shall miss too much of the real

beauty of life if I do not break

away from it sometimes. The

walls of my self-made furrow

may limit my vision and I may

forget to look at the stars.

No, I dare not plod unceasingly

moon and stars, brother,

"Life is sweet, brother;

things;

heath."

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