

## Mrs. America Meets the War

With more cheese available for consumers than ever before, government food supply experts are advising Americans to eat more cheese.

A year ago it was doubtful whether production of American cheese could meet the demands for shipment abroad. Now in addition to the quantities bought by the government for feeding our overseas armed forces and our allies, civilians at home will have plentiful supplies for their dinner tables.

The same things that make cheese an ideal food for shipment abroad, recommend it for greater use here at home. Cheese is a concentration of all good values that make milk a "must" in any diet, and can be used as part of the daily milk allowance. Cheese contains the proteins needed for building strong muscles, it has many of the vitamins and minerals necessary for health and growth, and is rich in energy-giving fats.

When cheese is plentiful, advised Mrs. Lamar Tooze, Oregon County Office of Price Administration, the housewife who uses it in her meals is providing her family with nourishing food at low cost. "And she is making a contribution to the war effort as well, when she buys food that is abundant rather than using foods which are more limited in supply."

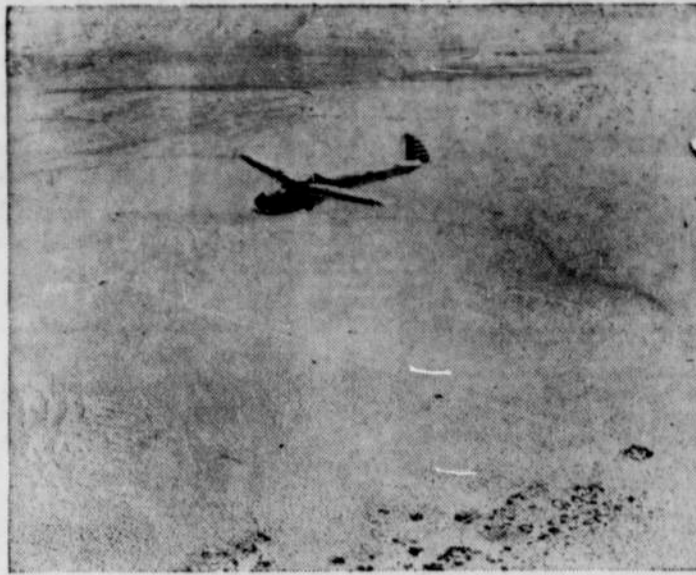
Silk stockings are precious items in milady's wardrobe these days, but used silk hosiery also has an important use. Government experts have found a way of turning used silk hose to the manufacture of powder bags and other war purposes. For some time reclaimed silk could be used for military purposes

when it was blended with longer silk of which there has only been a limited amount. Experiments conducted during the past year developed a way of making war products entirely from discarded stocking silk. The WPB froze all silk hosiery in the hands of dealers, with minor exceptions, to be reclaimed for war purposes. However, the government does not contemplate a campaign for collecting old stockings from the general public.

If you are not able to secure your usual selection of meat at the butcher shop during the summer seasonal period of meat shortage, don't complain. Remember that our armed forces and those of our allies must have the first call on the country's meat supplies. So heed the advice of Price Administrator Henderson to "buy carefully, buy conservatively and buy less, if possible during the next six weeks." And by the way, OPA price ceilings on beef, veal and pork have saved homemakers money. If prices for meats were unchecked, they might have gone skyhigh because of competitive buying for the remaining supplies after purchases for the armed forces and lend-lease.

One of these days everyone may be walking an extra block or two to help street cars and buses meet their wartime transportation problems. Transit companies are being urged by the Office of Defense Transportation to reduce the number of stops made by buses and trolleys. In this way the same frequency of service can be provided despite the use of less equipment on the line. That means transit companies will be able to shift buses and street cars for needed service on other lines.

The price you'll pay per can for soup produced after June 30 will be a bit higher than the cost of



Banking on a left turn as it catches a strong air current, this glider from one of the West Coast Air Forces Training Schools for glider pilots soars serenely along without the aid of a motor-driven propeller. Power pilots are now being trained to fly gliders that are expected to play a large part in troop transportation. After releasing the tow rope that gets his ship aloft, the glider pilot can fly for hours.

others on the grocers' shelves. However, you won't be getting the same article because the new product will conform to the requirements of the WPB tin conservation order for additional solids and larger metal saving cans. Naturally that creates an increase over March, 1942 cost levels in production of canned soup, and the OPA pricing formula takes this into consideration. The new products will have considerably more food value per ounce than soup canned prior to June 30. Incidentally, housewives bought more than \$100,000,000 worth of canned soup during 1941.

No need to worry about a lack of cream of tartar for baking powder or other household uses. In order to make up for the supplies cut off by the war, the WPB is helping the wine industry to produce cream of tartar without using critical materials. "Cream of Tartar" is the common name for tartrate, a by-product of wine production obtained from grape pomace and residue from wine tanks. Before the war we largely depended upon imports from France, Italy and Spain. Later we acquired some from South America but this is uncertain because of shipping shortages. Besides its use in the kitchen, cream of tartar also is used in such products as explosives, medicines, rayons, dyes, photographic materials and tobacco.

If you've been used to sending your family wash to the laundry for a less expensive type of hand-

ling like "rough dry" or "wet wash" the OPA says that you'll still be able to get the same service for the highest price you paid in March. It had been reported that some laundries were discontinuing less expensive services, thus requiring customers to have higher priced work done including full starching and ironing. However, according to the OPA if a laundry offered several types of services at different prices during March, it cannot now drop its lower price services while handling work for which the price is lower.

Save your waste kitchen fats and greases to help steer Uncle Sam's ships to the fighting fronts. Glycerine is derived from waste kitchen greases, and that is what a ship's compass floats upon. As more and more Liberty ships slide down the ways, more and more glycerine is needed. Since our fat and oil imports have been cut off because of war, it's the kitchens of the country to the rescue by salvaging waste grease for its precious glycerine.

The limited quantity of new wool available for civilian use doesn't mean that there will be a shortage of warm clothing when the winter months roll around. The WPB conservation order is intended to stretch the amount of cloth to be made out of the limited amount of wool that is not earmarked for military purposes can go into all-wool fabrics was decreased there is an increase of the allotment for mixture with reworked or reused wool or cotton or rayon.

Military insignia has been popular costume jewelry, but no more. As soon as present stocks in civilian stores are exhausted the insignia may be sold only to Army and Marine Post exchanges and Navy Shore Service Stations. In the future all officers' military insignia will be made of solid gold and sterling silver. Other metals have been prohibited except copper alloy which may be used on a restricted basis in "gold color" insignia.

Baby's powder won't be restricted by the WPB order on toilet articles as long as it contains neither zinc nor titanium oxide. Mr. America won't be bothered by the order either because there's no restriction on the amount of shaving cream that can be produced as long as no critical materials are used.

## Classified Ads . . . . .

FOR SALE—Modern house and 2 lots, on reasonable terms. 941 First St., Vernonia. A. H. Tidale. 30t3

FOR SALE—Scratch pads. Assortment of sizes. Pound 15c, 2 pounds 25c. You pick them out. The Vernonia Eagle. 29t3

FOR SALE—Packing boxes. Two for 5c. Get them from J. C. "Abe" Lincoln, The Men's Store. 12 tf

FOR SALE—Bundles of old papers suitable for starting fires. 10c per bundle. Get them at the Eagle office. 29t3

## Business-Professional Directory

**Roland D. Eby, M. D.**  
PHYSICIAN and SURGEON  
Town Office 891

For Your Beauty Needs  
**ELIZABETH'S BEAUTY SALON**  
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Elizabeth Horn  
Hair Stylist and Cosmetologist

**Dr. U. J. Bittner**  
Dentist  
Joy Theatre Bldg. Phone 662

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**Nehalem Valley Motor Freight**

Frank Hartwick, Proprietor  
Portland - Timber - Vernonia  
Sunset - Elsie - Cannon Beach  
Gearhart - Seaside  
Vernonia Telephone 1042

**G. J. Ten Brook, M. D.**  
Physician and Surgeon  
Office Phone 72  
Residence Phone 102-6

**NEAL W. BUSH**  
Attorney at Law  
Joy Theatre Bldg., Phone 663  
In Vernonia Mondays and Tuesdays

FOR RENT—House with garden spot. Near city dump. See Mrs. W. O. Porterfield, 376 North St. 32t8—

FOR RENT—9-room house. Will be vacant August 15. 1162 State St. See C. A. Boeck, 1142 State St. 32t3

LOST—A small Bulova wrist watch. Leave at Eagle office. Reward. 32t1

TIMBER WANTED—8-foot sawed fir ties, all sizes. Telephone collect price f.o.b. mill, quantity can supply, earliest shipment. Niedermeyer-Martin Lumber Co., Portland, Ore. 31t4—

## Lodges

**Vernonia Lodge No. 246 I.O.O.F.**  
Meets Every Tuesday 8 P. M.  
Harry George, N. G.  
Dwight Strong, Secretary 4-42

**Vernonia F. O. E.**  
(Fraternal Order of Eagles)  
I.O.O.F. Hall  
Vernonia  
2nd and 4th  
Friday Nights  
8 o'clock

Lee Miller, W. P.  
Willis Johnson, W. Sec'y. 7-4

**Knights of Pythias**  
Harding Lodge No. 116  
Vernonia, Oregon  
Meetings:—I. O. O. F. Hall, Second and Fourth Mondays Each Month.

**Pythian Sisters**  
Vernonia Temple No. 61  
Vernonia, Oregon  
Meetings:—I. O. O. F. Hall Second and Fourth Wednesdays each month 2t43

**Order of Eastern Star**  
Nehalem Chapter 153, O. E. S.  
Regular Communication first and third Wednesdays of each month, at Masonic Temple. All visiting sisters and brothers welcome.  
Verla Porterfield, Worthy Matron  
Mona Gordon, Secretary 1-43

**A. F. & A. M.**  
Vernonia Lodge No. 184  
A. F. & A. M. meets at Masonic Temple, State Communication First Thursday of each month. Special called meetings on all other Thursday nights, 7:30 p. m. Visitors most cordially welcome.  
Special meetings Friday nights, Elmore Knight, W. M.  
Glenn F. Hawkins, Sec. 1-43

**VERNONIA POST 119 AMERICAN LEGION**  
Meets First Wed. and Third Mon. of Each Month.  
AUXILIARY  
First and Third Mondays 1-42

**The Forest Grove NATIONAL BANK**  
Invites You to Bank by Mail if Inconvenient to Come in Person  
J. A. Thornburg, President  
"THE ROLL OF HONOR BANK"



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Originator and Outstanding Leader "Truck Conservation Plan"

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A Safe Place to Trade Vernonia, Oregon

## Harrington Takes Coordinator Post

Owing to rapid expansion of the work of the Columbia County Defense committee, Judge Tarbell has found it necessary to resign as county coordinator. This position was accepted by Judge Tarbell when the Civilian Defense program was instituted in this county in June, 1941, somewhat under protest, as he then felt he would be unable to spare the required time for this work and do justice to his county work. Judge Tarbell placed his resignation in the hands of the county committee some time ago but the committee was reluctant to accept the resignation in view of the important services to be performed in the organization and work of this committee.

R. J. Harrington, manager of the Columbia Theatre at St. Helens, has been appointed as county coordinator in the place of Judge Tarbell and assumed his duties this week. Mr. Harrington has been actively interested in the defense organization of St. Helens, has many excellent qualifications, which insure him as a worthy successor to Judge Tarbell.

It is expected that an office will soon be opened in St. Helens where all information, bulletins, inquiries, etc., dealing with the Civilian Defense program will be available.

## Bank-by-Mail

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