

Weekly News Review
New World Crawls Into Shell
As Revitalized Reich Expands

By Joseph W. La Bine

International

The U. S. has long maintained splendid trade relations with Western hemisphere nations, has more-over done this without resorting to heavy armaments. Until five years ago the U. S. was similarly strong in China. Reason: European and Asiatic nations have always been busy at home, not daring to risk invasion of the Western hemisphere.



BRAZIL'S PRESIDENT VARGAS
His door is closed to Germany.

can now be regarded as a serious threat to U. S. commerce. Of the two, Germany will be a greater threat because she has adopted an aggressive foreign expansion program, moreover because her new Sudeten territorial acquisitions bring glassware, leather and textiles into the Reich for export sale.

Focal point of German expansion will be Latin America, which last year gave the Reich 14 per cent of its trade, compared with 34.7 per cent to the U. S. In this trade war, it has become apparent the U. S. will attempt to sell South Americans on democracy, while Germany sells them Nazism.

Long favored in South America through her Monroe doctrine, the U. S. has just helped preserve Western hemisphere peace by joining in settlement of the 100-year-old Chaco dispute between Paraguay and Bolivia.

A natural result of this activity has been growing American disinclination to complete the long-pending U. S.-British trade pact, a sentiment resulting from the rebirth of isolationism which followed Munich's peace treaty.

Aiding the U. S. will be increased domestic desire to woo South America. Already a campaign is under way to boost our consumption of South American goods.

Meanwhile, Germany is coalesce of her position. Busily flitting from one European capital to another, Economics Minister Walter Funk has completed bilateral accords based on barter of goods with several Balkan states.

War
A large part of China's war supplies for defending Hankow have come up the railroad from rich, southerly Canton. Moreover, Cantonese troops have shown remarkable bravery, reportedly wiping out 10,000 Japs near Tehan early this month.

that city's capture easier; (2) to cut the Hankow-Canton railroad and stop war supplies; (3) to force Canton into an independent peace with Japan.

But if Japan hopes thereby to force surrender of China's Generalissimo Chiang Kai-shek, she will be disappointed. Though 70 per cent of China's war materials have come through Canton, General Chiang has foreseen that city's fall and developed four alternative lines of entry.

Far more likely than Chinese capitulation is a breach between Great Britain and Japan. Not since the siege of Japan has the British lion been so imperiled. Canton lies a scant 75 miles from the crown colony of Hong Kong, whose prosperity depends largely on trade with Canton.

Races

During the World War Great Britain helped liberate Palestine's Arabs from the Turks, thereby winning Arabic support against Turkey. Although Arabs expected they would be rewarded with complete domination over Palestine, England's Lord Balfour led a successful campaign to establish part of the Holy Land as a haven for the wandering Jew.

Since then world Jewry has sent 400,000 persecuted Hebrews to Palestine, investing \$385,000,000 to build a national home. But disgruntled Arabs have protested with warfare, keeping harried Britain busy policing the land over which she was given a mandate in 1923.

Meanwhile, Jew-hating Germany and Italy have given restrained cheers for the Arabic cause, cheers that need no longer be restrained since the Munich peace treaty has placed Great Britain on the defensive. Faced with threats of Italo-German intervention unless Arabs were given a square deal, Prime Minister Neville Chamberlain has been reported ready to "sell out" the Holy Land's Jews.

Throughly miserable, Prime Minister Chamberlain and Secretary MacDonald (son of the late Prime Minister Ramsay MacDonald) were bombarded with protests the minute their weakened position was ru-



MALCOLM MAC DONALD
Palestine's Jews are his problem.

more. To make matters worse, Dr. Chaim Weizmann of London, president of the Zionist federation, has aroused U. S. Jewry to such an extent that President Roosevelt has been deluged with pleas to intervene. Thus Great Britain risks losing a measure of badly needed U. S. sentiment if she capitulates to Arabic demands.

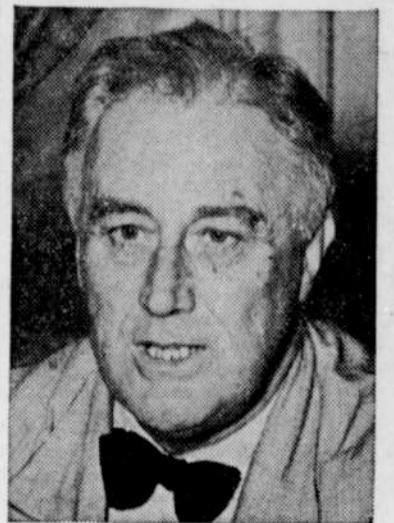
As Prime Minister Chamberlain prepared to act, the least harmful settlement Hebrews could expect was a heavy restriction on Jewish immigration to the Holy Land. Even this, commented Jews, would almost make Great Britain an accessory to the Italo-German race persecution program.

Quotes
MISS MARGUERITE WELLS of the National League of Women Voters, on aroused interest in world issues: "One of the things about the dangers facing the world today is that it makes us in America realize how well off we are."
DR. WILLIAM L. LEAP of Birmingham (Ala.) university, on divorce: "The remedy does not lie in making divorces difficult to obtain. The problem should be met from the opposite direction—by making marriage requirements more stringent."

Politics

On Tuesday, November 8, the United States will elect an entire house of representatives, one-third of its senate and a host of governors. Since U. S. politics swings back and forth from Republican to Democratic domination, since the Democratic swing which began in 1933 has reached and passed its peak, the safest prediction is that Republicanism will start swinging back into power this year.

Obviously, it is Franklin Roosevelt's ambition to stymie a Republican comeback. But his chief interest in last summer's primaries was not Republicanism, but the construction of a coherent liberal party through so-called "purge" tactics. Since "purge" failed, since preservation of New Deal gains already made is now more important than



FRANKLIN ROOSEVELT
At election time, a peacemaker.

party purification, November's election has resumed normal political color for the first time since 1930.

As in 1936, this year's Republican candidates can base a strong campaign on New Deal failure. Unlike 1933 and 1936, this year's Democratic campaign becomes essentially a defensive proposition. But developments of the past month show that the New Deal's defense will not feature such argumentative points as AAA, relief and budget-balancing, will attempt instead to shift public interest on Franklin Roosevelt's accomplishments as a peacemaker.

World Peace: The world may never know if President Roosevelt helped smooth over the Czech-German crisis, but his final message to Adolf Hitler and simultaneous pleas to every other world power came only a few hours before the Reichsfuehrer called his historic Munich parley. But, coming when it did, Roosevelt intercession looked tremendously successful. Thus, praising the administration's foreign policy as a safeguard to world peace, Democrats hope the voting public will overlook the fact that Munich's meeting did nothing to help democracy's cause, was instead a bloodless victory for Germany.

Business Peace: If the administration's foreign policy helped win world peace, it also helped U. S. business. Upshot has been a tremendous stock market upturn, greater steel and automobile production, higher railroad carloadings. But part of this upturn is also due to governmental "pump priming," which is just beginning to show its effect. Nevertheless these signs of optimism came at a time when U. S. business decided to quit warring on the administration, choosing instead to play ball until a Republican government throws out New Deal measures which it considers oppressive. President Roosevelt has asked for less "saber rattling" and more cooperation between government and business. Charles Hook, president of the National Association of Manufacturers, has assured him that business is eager for co-operation. Thus, Franklin Roosevelt looms as a peacemaker with business.

Industrial Peace: When the American Federation of Labor convened in Houston, Texas, the President messaged his desire for a settlement of the factional war between A. F. of L. and John Lewis' Committee for Industrial Organization. Obviously a solid labor front, thoroughly New Deal, would be a potent vote getter. How it could exercise this solidified strength against employers is an unpleasant thought, but the average business man is inclined to hope a patch-up will bring more conservatism to labor. Already the Rooseveltian business upturn has brought men back to work, resulting in fewer disputes between labor and capital. Though the President's efforts for peace between C. I. O. and A. F. of L. have been unsuccessful, the nation may well appreciate his gesture.

Despite the political connotations these peace efforts must certainly carry during election season, the President's self-chosen role of arbiter wins favor with a war-weary U. S. populace. Whether this popular appeal will overshadow Republican criticism on November 8 is anybody's guess.

Navy

Few navies have a definite system for naming their armor-clad war chariots. Even England's huge navy mingles historic and geographical names with unconcern. But the U. S., having started its gigantic naval construction program, will not permit such confusion. The new nomenclature system: Battleships named after states, cruisers after large cities, aircraft carriers after historic ships and battles, destroyers after naval officers.

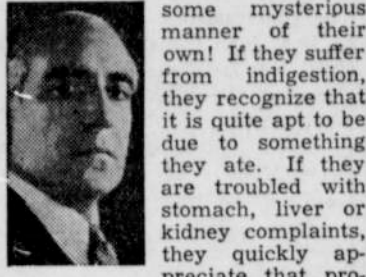
WHAT to EAT and WHY

C. Houston Goudiss Discusses Vitamins And Vision; Explains How and Why You Should Feed Your Eyes

By C. HOUSTON GOUDISS

FOR a number of years, scientists have stressed the importance of a well-balanced diet as a means of maintaining health, promoting growth and preventing disease. Recently, an even more significant development has occurred. It has been determined that a carefully chosen diet is absolutely necessary to preserve the general health and efficiency of every bodily function and that there is a close relationship between a good diet and good eyesight.

Your Food and Your Eyes
Many people regard their eyesight as one of the five senses which operate in some mysterious manner of their own! If they suffer from indigestion, they recognize that it is quite apt to be due to something they ate. If they are troubled with stomach, liver or kidney complaints, they quickly appreciate that prolonged dietary indiscretions may be at the root of the trouble.



But it never occurs to them that what they eat may affect the eyes just as profoundly as it affects the internal organs.

It is not uncommon, during an attack of biliousness, to suffer a disturbance of the vision. But that disturbance usually disappears with the disorder that caused it. On the other hand, a deficient diet may produce eye troubles that have a far reaching effect upon health, efficiency, and even personal safety.

Night Blindness Explained
For example, it has been established that there is a definite relation between your vision and the vitamins in your diet; between your ability to drive a car safely at night, and the amount of vitamin A-containing foods that you consume.

To understand this astonishing fact, it is necessary to know that vision under faint illumination is accomplished by means of chemical changes in the pigment at the back of the eye. This is known as the "visual purple" of the retina and one of its important components is carotene, which is the active form of vitamin A.

The visual purple might be compared to the film in a camera. When you are in a dim light and the eyes are suddenly exposed to bright light, the visual purple is greatly reduced or bleached. This change results in a stimulation of the optic nerve and enables you to see clearly.

When an adequate supply of vitamin A is present in the body, the visual purple is rapidly regenerated. But when the supply is inadequate, a much longer period elapses before the corrective chemical change takes place. During the intervening time, many people find it difficult to see.

That is the condition known as "night blindness." And it accounts for the fact that a large proportion of serious motor accidents occur at night. Victims of this deficiency disease are first blinded by approaching headlights, then cannot quickly readjust themselves after the oncoming car has passed. Their ability to drive safely is subsequently impaired for they cannot clearly see the road ahead, and they may miss dangerous curves, pedestrians or other vehicles.

A Common Complaint
Unfortunately, the prevalence of night blindness is not generally recognized, though it is held that urban dwellers are more conscious of it than those living in the rural areas. This is borne out by the fact that ocular disorders from vitamin deficiency are less common in urban than in rural areas.

Children Often Victims
Since the discovery of the close connection between vitamin A and the ability to see in dim light, scientists have tested large numbers of school children to determine whether vitamin A was present in their diet in adequate amounts. It was revealed that from 26 to 79 per cent of the children examined had incipient night blindness.

The same deplorable conditions were found among adults. Mild to moderate degrees of vitamin A deficiency were present in from 10 to over 50 per cent of each group tested.

Yet here is the remarkable thing—in nearly every case, a diet rich in vitamin A for a few weeks restored the vision to normal.

A Significant Experiment
An even more striking example of the power of food to affect the eyesight is to be found in the report of an experiment in which breeding sows were given food in abundance but lacking vitamin A for 160 days before and for 30 days after breeding. In three litters of 35 pigs, all were blind. In another litter of 14 pigs, all were

tamin G. This is found most abundantly in meat, milk, eggs, fruit and vegetables.

Were she concerned about protecting the blessing of good eyesight alone, that would be sufficient reason why every homemaker should plan meals that are rich in vitamins. But it is not only the eyes which are dependent upon vitamins, for they have many other functions to perform.

An improper diet may cause people to drive automobiles blindly at night so that they are dangerous not only to themselves and their passengers, but to everyone on the streets and roads. A deficient diet will also send them through life with half-efficient bodies, half-efficient brains, half-efficient senses.

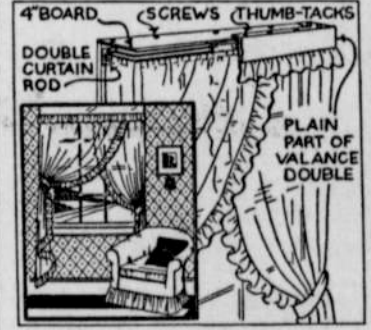
That is why I urge you to learn everything you can about food, so that in planning meals you will not only feed your eyes, your husband's eyes and your children's eyes, but will take advantage of the wonderful discoveries of nutritional science to make every member of the family so efficient that they will enjoy the best of health each day of their lives.

Questions Answered

Mrs. G. C. L.—Yes, indeed, nutritionists do approve of a mid-afternoon snack for most school children. A glass of milk and a slice of buttered bread with jam or preserves; fruit juice and oatmeal cookies; or a chocolate milk shake and graham crackers will provide fresh energy for late afternoon play. Without the between-meal lunch, some children become so fatigued that nerve strain results. Take care, however, that the snack does not destroy the appetite for the evening meal.

HOW to SEW By RUTH WYETH SPEARS

"DEAR Mrs. Spears:—I want to thank you for the clear diagram of how to hang draw curtains in your Book 1—SEWING for the Home Decorator. This was just what I have been needing as we have casement windows and no shades in our living room. With a pull of the cord my new curtains shut out the light or the outside view. I wonder if you would help me with another problem? I do not want to make the curtains for



the rest of the house. Thought I would buy ruffled net ones. Do you think they would be too commonplace? J. T."

Answer: Here is a suggestion for hanging ruffled curtains that will make your windows a little different from those of your neighbors and lend no end of style to your rooms. Double curtain rods are needed to give the crossed effect and a valance board is added to the top of the window as shown. Here the valance is the sort that comes with ready made curtains and the top is folded back to make it double. In thumbtacking it to the valance board, do not stretch it—just "ease it on" so that it hangs well. If you feel that the windows need color, the valance and tie backs may be of plain glazed chintz that repeats the

We Hope They Got Home Before Moon Came Up!

A young farmer had bought a horse which was a wonderful jumper, and was riding him home. They came to a gate 10 feet high. The horse pricked up his ears, wagged his tail and gracefully jumped over.

A little farther on they came to a gate 14 feet high, and again the horse pricked up his ears, wagged his tail and sailed over with equal ease. Farther on still they came to a railway bridge. Again the horse pricked up his ears, wagged his tail, but the squire shouted nervously, "Whoa, under this one, not over."

So Realistic

After the young singer had finished her second encore, the old lady leaned toward her and said: "Thank you so much for your songs, my dear. They took me back to childhood days on my father's farm. There were times when you sang that I could shut my eyes and fairly hear the old front gate creaking in the wind."

HOUSEHOLD QUESTIONS

Save Salty Water.—When water in which salt has been boiling is poured over coal, it makes good coal last longer and improves bad coal.

To Press Ribbons.—Dampen ribbons and iron them between tissue paper.

Flowers and Vase for Sick.—It is an excellent idea when sending cut flowers to a hospital to send an inexpensive vase with them. Nurses often find it difficult to find vases enough to hold flowers.

Salt Improves Coffee.—The flavor of coffee is improved if a little salt is sprinkled on the bottom of the pot before the coffee is put in.

When Cooking Greens.—If a piece of fat about the size of a nutmeg is added to the water in which any kind of greens are being cooked there will be no boiling over and no stirring will be required.

Bright Clothes for Children.—You may not like vividly colored clothes, but they are the safest thing to wear in traffic. It is advisable to dress children in such costumes to help protect them from accidents.

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