

**USING EXAMPLES**

A wise and good man will turn examples of all sorts to his own advantage. The good he will make his patterns, and strive to equal or excel them. The bad he will by all means avoid.—Thomas.

**Here's that Fast "Phillips" Way**

To Alkalize Stomach Quickly



On all sides, people are learning that the way to gain almost incredibly quick relief, from stomach condition arising from overacidity, is to alkalinize the stomach quickly with Phillips' Milk of Magnesia.

You take either two teaspoons of the liquid Phillips' after meals; or two Phillips' Milk of Magnesia Tablets. Almost instantly "acid indigestion" goes, gas from hyperacidity, "acid-headaches"—from over-indulgence in food or smoking—and nausea are relieved.

Try this Phillips' way if you have any acid stomach upsets. You will be surprised at results. Get either the liquid "Phillips" or the remarkable, new Phillips' Milk of Magnesia Tablets. Only 25¢ for a big box of tablets at drug stores.

**ALSO IN TABLET FORM:**

Each tiny tablet is the equivalent of a teaspoonful of genuine Phillips' Milk of Magnesia.



**PHILLIPS' MILK OF MAGNESIA**

**Temperament and Business**

A man of temperament and his business are soon parted.

**DISCOVERED Way to Relieve Coughs QUICKLY**

IT'S BY relieving both the irritated tissues of the throat and bronchial tubes. One set of ingredients in FOLEY'S HONEY & TAR quickly relieves tickling, hacking, coughing, and soothes irritated throat linings to keep you from coughing. Another set actually enters the blood, reaches the affected bronchial tubes, loosens phlegm, helps break up cough and speeds recovery. Check a cough due to a cold before it gets worse, before others catch it. Check it with FOLEY'S HONEY & TAR. It gives quick relief and speeded-up recovery.

**USED BY LEADING HOSPITALS IN TREATING EXTERNALLY CAUSED SKIN IRRITATIONS**

Like countless individual users, important hospitals have found treatment with Cuticura brings effective relief from skin irritation. Cuticura Ointment also helps heal and restore smooth, clear skin. Cuticura Soap, quick lathering, mildly medicated, ideal for toilet and bath. Each 25c. All druggists.

**CUTICURA SOAP & OINTMENT**

**Odd Occupations**



Robert Elliott

**Grim-Reaper**

His fee—\$160 PER

NEW YORK STATE OFFICIAL EXECUTIONER

ELLIOTT'S MOST RECENT, FAMOUS EXECUTION WAS OF BRUNO HAUPTMANN FOR THE LINDBERGH KIDNAPING CRIME.



**Bob Davis Reveals**

Tales From Vancouver Island; the Piano Tuner

AT THE mouth of the Courtney river, rising in the neighborhood of the Forbidden Plateau, lies Comox, one of the surest shot salmon fishing centers in all British Columbia. Whoever wets a spoon in these waters sooner or later brings in a swimmer that will tip the scales anywhere from twenty-five to sixty pounds.

These are everyday figures any time from the middle of July up to the first week in September. Many of the guides who handle tourists during the salmon season are otherwise occupied in trade and professions the remainder of the year, termed by them as the "slack period."

Occasionally a guide inadvertently referring to his legitimate occupation will let slip something worthwhile, thus enlivening the intervals between bites, and there are intervals—in everything. If interrupted by a strike, the conversation terminates in the middle of a sentence, and he is again a fisherman.

From the guide staff at the Elk hotel, overlooking the salmon waters, I drew Stephen Erickson, a giant of a man who could make a skiff behave like an airplane in any sort of a tide. And he knew where the salmon were. In the course of our victorious raid, I inquired as to what might be his job when winter came.

**Bob Can't Tell a Lie.**

"Piano tuning," he said, without changing the rhythm of his stroke, "headquarters in Vancouver. For the last ten years, come August, I take two or three weeks vacation at Comox, guiding anglers. When off duty, I fish for my own amusement. For that brief interlude from harmonizing the seven and one-third octaves between A natural in the lower scale and C natural in the upper, I live an entirely separate existence, without which I should go mad. Do you play the piano?"

Had he asked about my ability as an angler, I could have lied like any other fisherman. But being

minus in matters musical, I came clean and confessed. However, it had long been my desire to get a piano tuner cornered long enough to make a few inquiries on the subject of piano construction. "What is the pressure on each string when it is in tune?" I asked.

"Reel in the line and have a look at your spoon. We are passing through float sea weed—an average of 160 pounds I should say. That figure applies to each string from the shortest, two and a quarter inches in the treble to the longest, thirty-nine inches in the bass.

**Piano Stands Punishment.**

"The combined pressure represented in the eighty-eight strings of a properly tuned piano is about fifteen tons, which tension, preserved by equal distribution, is imperative in keeping an instrument in tune. Most complicated and delicate in point of construction, is the sounding board.

"Perfect strings, flawless tuning and the finest of key movements will not avail if the sounding board is defective in the slightest particular. The average instrument, played in the household, should be tuned every four months; every three months in warm climates. Professional musicians carry a piano tuner with them and point up the instrument before each recital. There are pianists who are like automobile drivers, and can throw an instrument out of key in no time."

**Fewer and Better Makers.**

"From where do the best strings come?"

"Up to a few years ago, Germany was far in advance, but with the development of steel in the United States, piano strings reached perfection. There was a time when fine copper wire was used to wind twenty strings in the lower register. Recently it was discovered that soft iron could be wound tighter and produce better tones than copper, although both are still in use. Only to the most sensitive ear is there a perceptible difference. Player pianos, operated mechanically, made a tremendous advance, enabling the world's greatest concert players to reproduce technic and tone flawless to the nth degree.

"What is the future for piano manufacturers?"

"Fewer and better builders. Before the war, more than four hundred accredited firms were listed. Wholesale reorganization reduced the number to less than fifty. There will be less. We ought to get a strike right along here by the red buoy. Last week a New Yorker took a fifty-two pounder out just along this bank . . . a gold button fish."

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**Rug That Is Easy to Crochet in Triangles**



Pattern 1240

Like to turn rug-maker for a time, and both make and design your own colorful rugs? Easy crocheted triangles joined in strips or hexagons make exciting new designs. Crochet them of rug wool, candlewicking or rags. You can make your rug any desired size. Pattern 1240 contains directions for making rugs in various arrangements; an illustration of them and of all stitches needed; material requirements; color suggestions.

Send 15 cents in stamps or coins (coins preferred) for this pattern to The Sewing Circle Needlecraft Dept., 82 Eighth Avenue, New York, N. Y.

Write plainly pattern number, your name and address.

**Literary Study**

The aim of literary study is not to amuse the hours of leisure; it is to awake oneself, it is to be alive, to intensify one's capacity for pleasure, for sympathy, for comprehension. It is not to affect one hour but twenty-four hours.—Arnold Bennett.

Dr. Pierce's Favorite Prescription makes weak women strong. No alcohol. Sold by druggists in tablets or liquid.—Adv.

**Undignified Haste**

Don't always be in a hurry. Sometimes it's undignified.



**CLASSIFIED DEPARTMENT**

**HOUSEHOLD**

Hollywood Sensational Marble Fibre Dinner Ware. Now direct from factory 24 Dinner Plates \$1.00. Postage Prepaid. Washes like China. Beautifies Table. Representatives wanted. American Marble Fibre, Palms, Calif.

**QUAKER OATS FOR DIONNE QUINS EVERY DAY! Specialists Set Example for Mothers**



**Young and Old, Alike, Need 3-Purpose Vitamin B For Keeping Fit\***

Nervousness, constipation, poor appetite prey upon the energy of thousands, young and old, when diets lack a sufficient amount of the precious Vitamin B so richly supplied by a Quaker Oats breakfast.

So serve the whole family a bowl of Quaker Oats every morning.

\*Where poor condition is due to lack of Vitamin B

**QUAKER OATS**

**HOT NEWS FROM HOLLYWOOD**

Hear Jimmie Fidler Tuesday

10:30 P. M.; E. S. T., N. B. C. Red Network

**LUDEEN'S MENTHOL COUGH DROPS NOW WITH 5¢ ALKALINE FACTOR**

**A TONIC and BUILDER**



Mrs. James Webb of 7219 Holmes Ave., Los Angeles, Calif., said: "I have found Dr. Pierce's Golden Medical Discovery an excellent tonic and good for the children. I gave my son William less than two bottles of the 'Discovery' and it improved his appetite and appeared to help him in every way. The 'Discovery' is the finest medicine I have ever used for this purpose." Buy today! New size, tablets 50 cts., liquid \$1.00.



**MORNING DISTRESS**

is due to acid, upset stomach. Milnesia wafers (the original) quickly relieve acid stomach and give necessary elimination. Each wafer equals 4 teaspoonfuls of m<sup>l</sup> of magnesia. 20c, 35c & 60c.

for WESTERN HOSPITALITY in

**PORTLAND**

OREGON'S ROSE CITY

530 LUXURIOUS ROOMS

from \$2.25 SINGLE with bath

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Harry E. Heathman Manager

**Heathman HOTELS!**