

### Fashion Notes

All signs point to a season of gay color. Cork is the next thing to be woven into wools.

Men's wear worsteds are sought for the spring talleur.

A propitious sign of spring is the arrival of knitted clothes in fresh pastels.

Taffeta is used to fashion some of the smartest tailored suits for spring.

The younger set is wearing white orchids in the hair, at the neckline or on the wrist.

Deep shawl sleeves, shirred to the frock in the center front, is the interesting style motif of an attractive cocktail frock.

Dr. Pierce's Pleasant Pellets are the original little liver pills put up 60 years ago. They regulate liver and bowels.—Adv.

#### What Counts

Talking gets a job but working holds it.



**NASAL IRRITATION**  
due to colds

Relieve the dryness and irritation by applying Mentholatum night and morning.

**MENTHOLATUM**  
Gives COMFORT Daily  
If you prefer nose drops, or throat spray, call for the NEW MENTHOLATUM LIQUID in handy bottle with dropper

### DISTRESS AFTER EATING

Mr. P. F. Birnel of 2917 South L St., Tacoma, Wash., said: "Some years ago I would always feel distressed after eating, suffered with gas, had no desire for food and lost weight, also I had many headaches. I took one bottle of Dr. Pierce's Golden Medical Discovery and I felt like myself again." Buy now! New size, tabs. 50c, Liquid \$1.00 & \$1.35.

WNU-13

11-36

### BEFORE BABY COMES

#### Elimination of Body Waste Is Doubly Important

In the crucial months before baby arrives it is vitally important that the body be rid of waste matter. Your intestines must function—regularly, completely without griping.

#### Why Physicians Recommend Milnesia Wafers

These mint-flavored, candy-like wafers are pure milk of magnesia in solid form—much pleasanter to take than liquid. Each wafer is approximately equal to a full adult dose of liquid milk of magnesia. Chewed thoroughly, then swallowed, they correct acidity in the mouth and throughout the digestive system, and insure regular, complete elimination without pain or effort. Milnesia Wafers come in bottles of 20 and 48, at 35c and 60c respectively, and in convenient tins for your handbag containing 12 at 20c. Each wafer is approximately one adult dose of milk of magnesia. All good drug stores sell and recommend them.

Start using these delicious, effective anti-acid, gently laxative wafers today. Professional samples sent free to registered physicians or dentists if request is made on professional letterhead. Select Products, Inc., 4402 23rd St., Long Island City, N. Y.



35c & 60c bottles  
20c tins

The Original Milk of Magnesia Wafers

## Preparing Souffles Is Not as Difficult a Task as It Seems

### Trick Is to Make a Base Like One Used for Cream-Puffs.

"Will you please at some convenient time, tell us would-be cooks something about souffles? Mine are either too dry or they fall." So writes a reader. Fortunately I can answer this question satisfactorily, says a well-known food expert.

Souffles used to puzzle me. I tried to duplicate that perfect soufflé to be found in an old French hotel in lower New York. I was never able to get one crusty on the outside and soft in the center, until I asked the chef to make one for me. Now a soufflé is no problem. It can be made even for the quick meal, because you may use a hot oven.

The trick is to make a base like the one that is used for cream-puffs. The base is the same for all with the exception that for cheese, meat or vegetable souffles you make it thinner. The flour and water are cooked together until thick. Then the egg yolks are beaten in one by one; the cheese, the chocolate, the finely chopped vegetable or other flavoring are added. Last of all the beaten egg-whites are folded in.

When I make a sweet soufflé, I fold half of the sugar into the egg-whites while the rest is stirred into the hot foundation. The baking dish, which may be of silver, oven-proof glass or pottery, should be greased with soft, not melted butter. For sweet soufflé, this should be sprinkled liberally with granulated sugar, to make a "chemise" as the chef says. A 400-degree oven for twenty minutes is the proper temperature for a soufflé.

#### Menu for Quick Meal.

Cream of Pea Soup  
Cheese Soufflé  
Baked Potatoes Baked Tomatoes  
Pumpkin Tarts  
Coffee

#### Order of Preparation.

Light oven  
Scrub potatoes and bake  
Prepare soufflé and bake

### OF INTEREST TO THE HOUSEWIFE

Try rolling doughnuts after frying in cinnamon and sugar. You may like the flavor.

For luncheon try serving frankfurters in this way: Wrap a slice of bacon around each frankfurter and fasten with a toothpick. Place under broiler until bacon is crisp.

When the lining of your hat becomes soiled take it out, wash with soap and water and iron. Steam hat, if felt, to renew the color, and sew in clean lining.

A very fine sandpaper rubbed over soapstone set tubs or sink before applying linseed oil and turpentine will make tubs as smooth as when new.

Glue used to keep furniture parts together cracks and dries out in heated rooms. If a good grade of fish glue is used furniture should stay glued for a long time.

If fruit juice from pies runs out into the oven, throw salt on it. There will then be no odor and where burned crisp the juice may be easily removed.

Linseed oil applied to leather furniture makes it soft and pliable, gives a darker shade and increases its durability.

Fill the coffee pot with cold water to which a tablespoon of baking soda has been added and boil for one-half hour each week. This will remove the brown stain on inside of pot.

© Associated Newspapers.—WNU Service.

Prepare tomatoes and bake  
Open can of soup, dilute and heat  
Make coffee

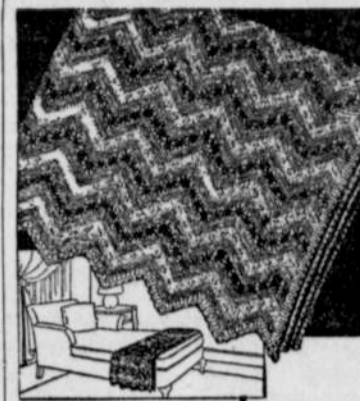
#### Cheese Soufflé.

¼ cup flour  
1 cup milk  
1 teaspoon salt  
½ pound grated cheese  
½ teaspoon paprika  
4 eggs  
Mix flour and salt with one-half cup of cold milk and stir this mixture into one-half cup of hot milk. Stir over fire until mixture thickens and boils. Remove from fire, beat in cheese and paprika. Beat in egg yolks one at a time. Fold in beaten egg-whites. Fill greased baking dish three-quarters full and bake twenty minutes in a hot oven (425 degrees Fahrenheit).

#### Chocolate Soufflé.

1 cup milk  
½ cup flour  
¼ teaspoon salt  
¼ cup sugar  
4 eggs  
2 squares of chocolate  
Mix flour and salt with one-half cup cold milk and stir this mixture into one-half cup hot milk. Add one-half of the sugar. Stir over the fire until mixture thickens and boils. Remove from fire, beat in egg yolks one at a time. Add remaining sugar and melted chocolate. Fold in beaten egg whites. Fill baking dish, greased with soft butter and sprinkled with sugar, three-quarters full, and bake twenty minutes in a hot oven (425 degrees Fahrenheit).  
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### Crocheting an Afghan, Tomorrow's Heirloom



PATTERN 5254

What more conducive to "forty winks" than this fluffy, lacy afghan! Its crocheted warmth will ward off the most treacherous draughts, its color brighten and gladden any room it adorns. A very simple pattern to follow, too. The stripes look like tiny daisies strung together, and are in a crochet stitch which busy hands and needle soon learn to do by heart. Lovely in three shades of one color, it is also effective with each stripe a different color.

In pattern 5254 you will find directions for making the afghan; an illustration of it and of the stitches used; material requirements, and color suggestions.

Send 15 cents in stamps or coins (coins preferred) to The Sewing Circle Household Arts Dept., 259 W. Fourteenth St., New York, N. Y.

### AN ALLURING DAYTIME FROCK



1832-B

two harmonizing buttons, and notice how smart and up to the minute your frock will be.

Barbara Bell Pattern No. 1832-B is available in sizes 32, 34, 36, 38, 40, 42 and 44, and can be procured for fifteen cents. Size 36 requires 4 1/2 yards of 35-inch material.

The Barbara Bell Pattern Book featuring Spring designs is ready. Send fifteen cents today for your copy.

Send your order to The Sewing Circle Pattern Dept., 149 New Montgomery Ave., San Francisco, Calif.  
© Bell Syndicate.—WNU Service.

### WELCOME REVIVAL OF HAND-QUILTING

Welcome news to women who delight in fine needlecraft is the revival of fine hand-quilting. The flair for this rare handicraft has become so pronounced and so general, exhibits of finest examples of this lovely needlework are being held in many of the larger cities.

The work shown surpasses anything ever before attempted in this country. Not only are quilted things for home decorative purposes displayed, but the showings include exquisite examples of hand-quilted negligees, bed-jackets, evening cloaks and capes; also modish jackets that are stunning worn with cloth or crepe afternoon frocks or with blouse and skirt to complete a very attractive three-piece costume.

These are made of lustrous celanese satins, crepes and soft glowing taffetas. The color combinations are notable. They range from the soft pastels to the deep browns and navies and other smart suit colors. An evening cape of soft creamy velvet with an unusual design of snowflakes and icicles is outstanding.

#### Blouses Feminize Suits

Soft blouses, frilly scarfs and other extremely feminine looking accessories are important with the new strictly tailored suits. If you have chosen a severe suit of men's wear flannel or worsted, do dress it up with a ruffled blouse, chiffon scarf and gay boutonniere of loose, feathery flowers.

### SELF-APPROBATION

Self-approbation, when founded in truth and a good conscience, is a source of some of the purest joys know to man.—C. Simmons.

## CLABBER GIRL WINS AGAIN!

Sweeps State Fair with 48 Awards

● Bettering a previous year's record, cakes, etc., baked with CLABBER GIRL Baking Powder, won 48 awards at a single state fair in 1935.



only 10¢ everywhere  
**CLABBER GIRL**  
BAKING POWDER

### Still Coughing?

No matter how many medicines you have tried for your cough, chest cold or bronchial irritation, you can get relief now with Creomulsion. Serious trouble may be brewing and you cannot afford to take a chance with anything less than Creomulsion, which goes right to the seat of the trouble to aid nature to soothe and heal the inflamed membranes as the germ-laden phlegm is loosened and expelled.

Even if other remedies have failed, don't be discouraged, your druggist is authorized to guarantee Creomulsion and to refund your money if you are not satisfied with results from the very first bottle. Get Creomulsion right now. (Adv.)

### LIFE LONG "FRIEND" Keeps Them Fit at 70

This safe-all-vegetable laxative—NR—has been as dependable a family doctor during their trying "after forty" years. NR keeps them regular—year after year faithfully—with never any need to increase the dose. Now wonder their "evening of life" is so free from complaints. Millions of people welcome the aid of this reliable corrective. For Nature's Remedy strengthens and regulates the entire eliminative tract—safely carries away the poisons that bring on headaches, colds, biliousness. Get a 25c box. All druggists.

THEIR MEDICINE CHEST FOR 20 YEARS



NR TO-NIGHT TOMORROW ALRIGHT

**KILL RATS**  
MICE COCKROACHES  
USE STEARNS' ELECTRIC PASTE  
IN TUBES 35c IN BOXES \$1.00  
ASK YOUR DEALER

### Watch Your Kidneys!

Be Sure They Properly Cleanse the Blood

YOUR kidneys are constantly filtering waste matter from the blood stream. But kidneys sometimes lag in their work—do not act as nature intended—fail to remove impurities that poison the system when retained.

Then you may suffer nagging back-ache, dizziness, scanty or too frequent urination, getting up at night, puffiness under the eyes; feel nervous, miserable—all upset.

Don't delay? Use Doan's Pills. Doan's are especially for poorly functioning kidneys. They are recommended by grateful users the country over. Get them from any druggist.

**DOAN'S PILLS**