

RARE EXALTATION

A new hat does not exalt a man as it does a woman—except a plug hat.



EXPERT OPINION

"I have won over 300 awards for baking and have used many brands of baking powder. I now use Clabber Girl, exclusively."

Mrs. M. E. Ryerson
Indiana State Fair Winner

ONLY
10¢
Your Grocer Has It

CLABBER GIRL BAKING POWDER

VEGETABLE CORRECTIVE DID TRICK

They were getting on each other's nerves. Intestinal sluggishness was really the cause—made them tired with frequent headaches, bilious spells. But that is all changed now. For they discovered, like millions of others, that nature provided the correct laxatives in plants and vegetables. Tonight try Nature's Remedy (NR Tablets). How much better you feel—invigorated, refreshed. Important—you do not have to increase the dose. They contain no phenol or mineral derivatives. Only 25¢—all druggists.

NR TO-NIGHT
TOMORROW ALRIGHT

A FAMOUS DOCTOR

As a young man the late Dr. R. V. Pierce practiced medicine in Pennsylvania. His prescriptions met with such great demand that he moved to Buffalo, N. Y., and put up in ready-to-use form his well-known tonic, Golden Medical Discovery, which will eliminate poisons from the intestines, increase the appetite, and tone up the digestive system. Buy now! Tabs. 50¢, liquid \$1.00 & \$1.35.

Miserable with backache?

WHEN kidneys function badly and you suffer a nagging backache, with dizziness, burning, scanty or too frequent urination and getting up at night; when you feel tired, nervous, all upset... use Doan's Pills.

Doan's are especially for poorly working kidneys. Millions of boxes are used every year. They are recommended the country over. Ask your neighbor!

DOAN'S PILLS

CLASSIFIED ADS

ELECTRIC LIGHTS
Wind driven. You build them. Write Wind Motor Electric, Ridgway, Montana.

Over 100 Business Opportunities for mail order beginners. Details 10¢. Quaker Sales, 1110 Haworth, Philadelphia, Pa.

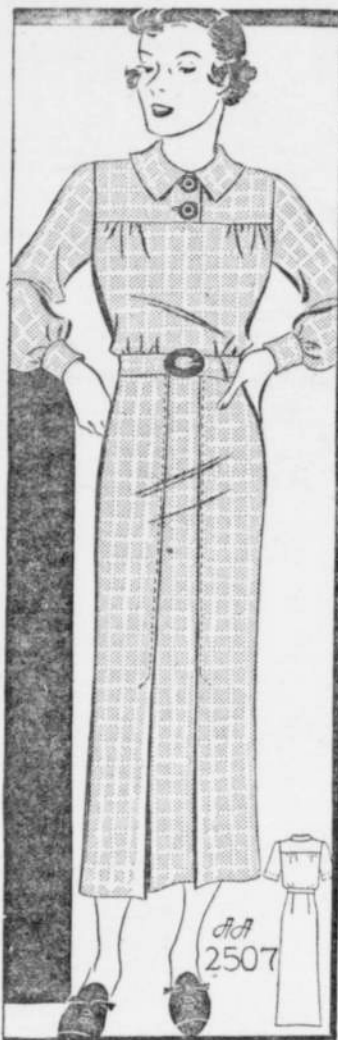
WNU-13 7-36

for FIRST AID in
Relieving
Common Skin Ailments
or Injuries
always rely on
Resinol

SHIRTMAKER FROCK IS INDISPENSABLE

PATTERN 2507

A budget-wardrobe is a limited wardrobe, one in which each separate item must play more than one role. The shirtmaker is a very good example of this type of frock, for it's just as smart for country as town, and can go any place during daylight hours and feel well dressed. It's right for classroom and office, too, so includes both school and business girls among its wearers. So simple



the veriest beginner could make it. Wool or wool-appearing cotton are excellent fabric ideas.

Pattern 2507 is available in sizes 12, 14, 16, 18, 20, 30, 32, 34, 36, 38, 40 and 42. Size 16 takes 2½ yards 54 inch fabric. Illustrated step-by-step sewing instructions included.

SEND FIFTEEN CENTS (15¢) in coins or stamps (coins preferred) for this pattern. Write plainly name, address and style number. BE SURE TO STATE SIZE.

Address orders to the Sewing Circle Pattern Dept., 243 W. Seventeenth St., New York City.

Week's Supply of Postum Free

Read the offer made by the Postum Company in another part of this paper. They will send a full week's supply of health giving Postum free to anyone who writes for it.—Adv.

Dust Storms and Disease

Medical science fears disease if dust storms recur. The dust does not carry germs but irritates throat and lungs and allows germs present to cause illness.

A Three Days' Cough Is Your Danger Signal

No matter how many medicines you have tried for your cough, chest cold or bronchial irritation, you can get relief now with Creomulsion. Serious trouble may be brewing and you cannot afford to take a chance with anything less than Creomulsion, which goes right to the seat of the trouble to aid nature to soothe and heal the inflamed membranes as the germ-laden phlegm is loosened and expelled.

Even if other remedies have failed, don't be discouraged, your druggist is authorized to guarantee Creomulsion and to refund your money if you are not satisfied with results from the very first bottle. Get Creomulsion right now. (Adv.)

There Is No "Bad Luck" in Cake Making and Baking

It Is All in Knowing How, Says Food Expert; a Cake Batter Test.

Have you ever heard a woman sigh, "Oh, dear, I have had bad luck with my cake today?" I always feel sorry for a woman who makes that kind of a remark, because I know what good materials have probably gone into the cake, and how much time she has spent for nothing. I also know that she need not have had "bad luck" because there is really no such thing in cake making and baking. It is all in knowing how, says a well-known food expert.

Here are a few of the "hows": Use cake or pastry flour when possible. In case bread flour is used the mixture may be slightly thicker and may need a little extra liquid. Sift flour before measuring.

Cream the butter and sugar thoroughly to make the texture of the cake fine.

As eggs differ in size and as flour differs in power to take up liquid, it is not possible for a recipe to be absolutely accurate so far as liquid is concerned. It may be necessary to add more liquid to make a batter to proper thickness. To test a cake-batter for thickness: If the batter breaks at the edge of the spoon when held above the bowl, it is too thick. If it runs all the way down without breaking, it is too thin. If it breaks halfway between the spoon and the bowl, it is just the right thickness.

If yolks and whites of eggs are beaten separately, the texture of the cake will be light. If they are beaten together, the texture will be closer, but the cake will keep moist longer. If only the whites of the eggs are used, the cake will be rich and moist.

Although the use of generous quantities of butter and eggs produces a rich cake with good keeping qualities, the amounts may be lessened if the cake is to be eaten at once.

Divide the time for baking into three parts. First part: The mixture should rise. Second part: The mixture should finish rising and begin to brown. Third part: The mixture should finish browning and shrink from the sides of the pan. To test for a thorough cooking, touch the center lightly with the finger, and if the crust does not recede, take from the oven and "listen." When

completely done there will be no singing sound which is characteristic of a baking mixture. If it is not done, it may be returned to the oven at once and left for a few minutes with the fire turned out. This test does not apply to sponge cake nor to angel food.

I am giving you one standard recipe. You may change this by adding spice or other flavorings.

Standard Layer Cake.

½ cup butter or other shortening
1 cup sugar
2 eggs
2 cups cake flour
3 teaspoons baking powder
¾ cup milk
1½ teaspoons vanilla

Cream the butter well and beat in the sugar gradually. Beat the egg yolks and stir into the creamed butter and sugar. Mix and sift the flour and baking powder together and add alternately with the milk, beating well with each addition. Beat the white of the eggs stiff and fold into the batter. Flavor and pour into layer cake pans. Bake in a moderate oven (375 degrees F.) 25 to 30 minutes. When cool, put chocolate frosting between and on top of the layers.

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Difficulties Inject Spirit and Vigor in Chosen Work

The way to find joy in one's work is to find something one wants to do, enjoys doing. Then one can work with aim and purpose. When one likes his work he can work against difficulties.

For such a one difficulties animate rather than slacken his endeavors. He is also to work with perseverance and patience.

Old Naval Station

During the Punic wars, the Lipari islands, north of Sicily, were a Carthaginian naval station.

Dr. Pierce's Pleasant Pellets are the original little liver pills put up 60 years ago. They regulate liver and bowels.—Adv.

First Atlantic Steamers

The first Atlantic steamers were usually slower than ships carrying sail alone.

A Grave Mistake for a Mother to Make

GIVING CHILD UNKNOWN REMEDIES WITHOUT ASKING DOCTOR FIRST

GIVING your child a medicine or remedy you don't know all about—without asking your family doctor first—is a bad risk for any mother to take.

Doctors and child authorities say health, and sometimes life itself, depends on this.

So—when you're offered a "bargain" in a remedy for your child; ask your doctor before

MAN OF LOUD VOICE

Stentor was one of the Greeks before Troy whose stentorian voice was as loud as that of 50 men.

IT WORKED FOR ME

Women should take only liquid laxatives



MORE people could feel fine, be fit and regular, if they would only follow the rule of doctors and hospitals in relieving constipation.

Never take any laxative that is harsh in action. Or one, the dose of which can't be exactly measured. Doctors know the danger if this rule is violated. They use liquid laxatives, and keep reducing the dose until the bowels need no help at all.

Reduced dosage is the secret of aiding Nature in restoring regularity. You must use a little less laxative each time, and that's why it should be a liquid like Syrup Pepsin.

Ask your druggist for a bottle of Dr. Caldwell's Syrup Pepsin, and if it doesn't give you absolute relief, if it isn't a joy and comfort in the way it overcomes biliousness due to constipation, your money back.

CHAPPED LIPS

To quickly relieve chapping, roughness, cracking, apply soothing, cooling Mentholatum.

MENTHOLATUM Gives COMFORT Daily

Have you tried the NEW MENTHOLATUM LIQUID for head colds? Like Mentholatum ointment it brings soothing comfort

When in the Northwest HEATHMAN HOTELS

In the hub of Portland, Oregon's shopping and theatrical center... these two splendid hostilities offer you every comfort and luxury at extremely moderate cost.

BEST IN THE WEST

Portland's newest and finest hotels... located in the hub of the shopping and recreational district... are the unquestioned choice of experienced travelers.

HARRY E. HEATHMAN MANAGER



THE NEW HEATHMAN BROADWAY AT SALMON THE HEATHMAN BARK AT SALMON

PORTLAND OREGON

Safety for You and Yours



NOW, ALSO IN TABLET FORM

You can assist others by refusing to accept a substitute for the genuine Phillips' Milk of Magnesia. Do this in the interest of yourself and your children—and in the interest of the public in general.

you buy it. Do this for your child's sake and your own peace of mind.

Ask him particularly about the frequently used "milk of magnesia"—about Phillips' Milk of Magnesia. He will tell you that for over 60 years physicians have endorsed it as SAFE for your child. The kind of remedy you want your child to have.

Remember this when you buy, and say "Phillips' Milk of Magnesia" to your druggist. Comes now, also, in tablets that taste of peppermint, that children like to take.