

CLIFF DWELLERS

As far back as 1000 B. C., apparently, men were living in caves of what is now the Mesa Verde national park.

SEND FOR THIS GIFT! DIONNE 'QUINTS' BIRTHDAY BOWL



● This offer is made to celebrate the selection of Quaker Oats as the cereal for the Dionne Quintuplets, even before their first birthday. You will love this souvenir. A beautiful design in lifetime chromium, 6" in diameter, useful for serving many things. Send now to address below.

IN VITAMIN B FOR KEEPING FIT*...



10c WORTH OF
QUAKER OATS
equals
3 CAKES OF
FRESH YEAST

Quaker and Mother's Oats are the same
*Where poor condition is due to lack of Vitamin B

THE QUAKER OATS CO.
Box 1, Dept. 2, Chicago, Ill.
I am inclosing two Quaker or Mother's Oats trademarks and 10c to help cover special mailing and handling charges. (2 trademarks and 15c for Canadian readers.)

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Address _____
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Now Science Explains Why So Many People Past 40

Feel That They're Slipping
Losing Their "Grip" on Things



Many people 'round 40 think they're "growing old." They feel tired a lot... "weak." Have headaches, dizziness, stomach upsets.

Well, scientists say the cause of all this, in a great many cases, is simply an acid condition of the stomach. Nothing more.

All you have to do is to neutralize the excess stomach acidity.

When you have one of these acid stomach upsets, take Phillips' Milk of Magnesia after meals and before going to bed. That's all!

Try this. Soon you'll feel like another person! Take either the familiar liquid "PHILLIPS" or the convenient new Phillips' Milk of Magnesia Tablets.

ALSO IN TABLET FORM:
Phillips' Milk of Magnesia Tablets are now on sale at all drug stores everywhere. Each tiny tablet is the equivalent of a teaspoonful of Genuine Phillips' Milk of Magnesia.

PHILLIPS'
Milk of Magnesia

STAR DUST MOVIE AND RADIO

—By VIRGINIA VALE—

LESLIE HOWARD is in Hollywood again, rushing to get a picture done and hurry back to Broadway; he's going to do "Hamlet"—he'll act in it, produce it, stage it—do everything but write it, which Shakespeare saved him the trouble of having to do.

Have you heard Helen Hayes on the radio in that nice serial that she's doing? She's still gloating over being able to eat everything she wants to. She had a birthday the other day, and for the first time in 15 years she could eat a piece of her own birthday cake! She weighed 93 pounds six weeks ago; then came the necessity for putting on weight so that she could play Queen Victoria on the stage—40 or 50 pounds was what she had to gain. She's put on 10 already.

After all, you girls who yearn for a career in movies might do well to remember that you'll have to abandon eating to a great extent if you make the grade. Even the stars who declare that they can eat what they want to are really careful about dieting, and getting beaten up during the course of the daily massage is taken as a matter of course.

Joan Bennett arrived in New York with her two little girls, and though she posed very willingly for camera men, refused to let her children be snapped. Just the old bugaboo—fear of kidnappers.

Paramount must be pleased with the way the public is flocking to see "Little America," the motion picture which records the experiences of Admiral Byrd and his men on their second trip to the Antarctic. It's even more thrilling than the first of the Byrd pictures. And if you're lucky enough to live in or near a city that is on his route you may hear the admiral lecture as well.

Dolores Costello is returning to the screen in a perfect role for her, that of "Dearest," the beautiful young mother, in "Little Lord Fauntleroy," with Freddie Bartholomew as the hero with the long curls.

And, speaking of Freddie—now that he's making so much money, his father and mother want custody of him. His aunt has been his guardian since he was three, when he was living with his grandparents. He is glad to go right on belonging to his aunt, but would like to provide for the education of his two small sisters. Since his aunt is largely responsible for his success, it does seem right that the court allowed her to have him—especially as he adores her.

Mary Pickford has a new protege; she is Ariane Borg, a nineteen-year-old French girl, who was signed up by Jesse Lasky for the pictures he'll make for the new Pickford unit.

There's a song in "Shipmates Forever" that's such a knockout that the Naval Academy has adopted it to sing at football games—the com-

posers hastily dashed off new words for it, and the midshipmen will be singing it any minute now.

Richard Dix's twin sons, Richard and Robert, are thriving and Richard himself gets prouder every day. Bing Crosby is the only man in moviedom who can stand up to him.

There have been complaints that there aren't enough girls on those amateur hours on the radio—so brush up on your specialties, girls, and send in your names!

Loretta Young is really ill; Twentieth Century-Fox has had to postpone "Ramona" until she recovers. And W. C. Fields, who had his

friends pretty worried for a while, is well on the road to recovery.

ODDS AND ENDS... Claudette Colbert's will probably be the next Hollywood marriage... Eleanor Powell gets the "Ballerina" role that all the toe dancers have yearned for for a year... Lew Ayres is a happy man; at last he's going to direct a picture—"The Glory Parade," a tale of the Civil war... Paramount wants stories for Gladys Swarthout, Jan Kiepura and Carl Brisson... If Kiepura can be convinced that the company won't stand for temperamental fits, he ought to be a success.

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Quick, Safe Relief
For Eyes Irritated
By Exposure
To Sun, Wind
and Dust

MURINE
FOR YOUR
EYES

ZEAL

Through zeal knowledge is gotten, through lack of zeal knowledge is lost; let a man who knows this double path of gain and loss thus place himself that knowledge may grow.—Buddha.

CONSTIPATED After Her First Baby

Finds Relief
Safe, All-
Vegetable Way

She had given up hope of anything but partial relief until she learned of famous all-vegetable NR Tablets (Nature's Remedy). But now after years of chronic constipation and biliousness—what a change! New pep—new color and vitality—freedom from bowel sluggishness and intestinal poisons. This all-vegetable laxative gently stimulates the entire bowel, gives complete, thorough elimination. Get a 25c box. All druggists.

NR TO-NIGHT
TOMORROW ALRIGHT

FREE: This week—at your druggist's—Beautiful 6 Color 1935-1936 Calendar Thermometer with the purchase of a 25c box of NR or a 10c roll of Tums (For Acid Indigestion.)

A FRIEND INDEED!

WE SHOULD ASK FOR MISS STONE'S RESIGNATION! ANYONE AS IRRITABLE AS SHE IS SHOULDN'T BE TEACHING CHILDREN!

HA! YOU CAUGHT THEM! TALKING ABOUT YOU! GIVE THE OLD CATS A PIECE OF YOUR MIND!

—AND THOSE OLD BUSYBODIES WERE SAYING I WAS CROSS AND IRRITABLE!

WHY THE LITTLE TURN-COAT! AND SHE'S SUPPOSED TO BE YOUR BEST FRIEND!

WELL, HELEN—TRUTHFULLY, I... I MUST AGREE WITH THEM!

I KNOW YOU'RE SUFFERING WITH HEADACHES AND INDIGESTION! I USED TO HAVE THEM, TOO... MY DOCTOR CALLED IT COFFEE-NERVES!

THERE'S A FRIEND FOR YOU! ALWAYS SEEING SOMETHING WRONG WITH YOU! PAY NO ATTENTION TO SUCH GUFF!

I GAVE UP COFFEE AND DRANK POSTUM INSTEAD... AND SOON WAS MY OLD SELF AGAIN! WHY DON'T YOU TRY IT?

WELL...MAYBE I SHOULDN'T DRINK COFFEE! I BELIEVE I WILL TRY POSTUM!

CURSES! ANOTHER VICTIM LOST—ALL ON ACCOUNT OF POSTUM!

CONGRATULATIONS, MISS STONE! I UNDERSTAND YOU HAVE BEEN VOTED THE MOST POPULAR TEACHER IN THE SCHOOL!

I'M SO GLAD SHE CHANGED TO POSTUM! SHE'S BEEN A DIFFERENT WOMAN EVER SINCE!

"I ALWAYS knew coffee was harmful to children... but how could it hurt me?"

"Oh...many adults, too, find that the caffeine in coffee upsets their nerves, causes indigestion or prevents sound sleep!"

If you are bothered by headaches, or indigestion, or can't sleep soundly... try Postum for 30 days. It contains no caffeine. It is simply whole wheat and bran, roasted and slightly sweetened. It's easy to make... costs less than half a cent a cup. It's delicious, too... and may prove a real help. A product of General Foods.

FREE! Let us send you your first week's supply of Postum free! Simply mail coupon.

GENERAL FOODS, Battle Creek, Mich.
Please send me, without cost or obligation, a week's supply of Postum.

Name _____
Street _____
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Fill in completely—print name and address. If you live in Canada address: General Foods, Ltd., Cobourg, Ont.
(This offer expires July 1, 1936)