

“Inside” Information

All wool materials should be dried in a warm place, but not near a fire or in the direct sunlight. Never allow them to freeze. Hang knitted underwear from the shoulders, shaping the garments occasionally and squeezing the water from the bottom.

In February and March eggs begin to be abundant again, and any time during the spring it is good policy to put down a few of the surplus eggs in waterglass as soon as they are taken from the nest. Next fall you will be glad to have them. The United States department of agriculture will tell you exactly how to save these eggs so that they will be in perfect condition when taken out of the waterglass solution.

Fruit, nut, and other quick loaf breads are made from a mixture like that for muffins only slightly thicker in some cases. If the batter is comparatively thin, the fruit or nuts should be floured before being added. The temperature of the oven should be low enough for the bread to bake through without making the crust too hard or brown. For a small loaf a temperature of about 375° F. is about right; for a larger loaf it should be lower. Test with a straw or toothpick. If you do not have a reliable muffin recipe, you will find one in Farmers Bulletin 1450-F, “Home Baking.”

It is entirely normal for a 15-year old boy to require an unusual amount of food. He is growing rapidly, and using his energies in hundreds of ways. He needs a pint or more of milk a day, either as a drink or in soup, cocoa, puddings, and so forth. He needs also eggs and some meat, cooked cereals for breakfast, bread made from whole-grain flours, plenty of fruit, all kinds of vegetables—some of them served raw, and sweets only at the end of meals. He will want larger portions of everything than most of the other members of the family. It has been found by students of nutrition that a boy between 15 and 18 may need 1.1 times as much energy food as a grown man, and about 1.5 times as much food supplying protein and minerals.

Concentrated Fertilizers

A marked tendency toward the use of fertilizers with higher percentages of plant food is apparent as the result of a campaign put on by the fertilizer industry and various agricultural agencies. Some of the reasons for this are obvious. Less material is required in the

high-analysis products. The fertilizer manufacturer saves in the number of bags he has to furnish, and the farmer makes a corresponding gain in hauling a smaller number of bags to the farm and to the field. Smaller storage space is adequate, whether in the manufacturer's warehouse or in the farmer's barns or sheds. Both producer and consumer save in labor involved in handling the smaller bulk. Freight charges represent one of the principal savings. Even if it is desired to apply the fertilizer in more dilute form it is often possible to arrange for this on the farm using a farm waste to supplement the fertilizer. Formerly some fertilizers were sold with as little as 10 per cent of available plant food. Now many states have set a minimum of 14 per cent and are endeavoring to shut out some fertilizers, the formulas of which indicate that they would not be particularly suitable for the crops and soils of the state. Many concentrated fertilizers are now available. To be classed as a concentrated fertilizer, according to chemists of the United States department of Agriculture, the mixture must have 30 per cent or more of available plant food. Mixtures have been made of such high concentration that they carry 70 per cent of active plant food.

“Inside” Information

Cockroaches are usually attracted by dampness, bits of food, and trash of all kinds. One method of extermination is to sprinkle sodium fluoride where these pests hide. Another is to put daubs of phosphorus paste on the inside of small tubes of paper. This method is good because it keeps the poison away from children and household pets.

If the lower part of the kitchen wall gets dirtier than the upper half try separating the two sections by a piece of molding four or five feet from the floor, and staining or painting the lower part a different tone or color from the upper. Then when you wash it or refinish it you will not have to do the whole wall.

Before washing a sweater, measure the sweater and shape it according to the dimensions previously taken. Pin it in place, if necessary, and turn it occasionally after it is almost dry.

A festive appearance can be imparted to a plain tapioca cream or a pumpkin pie or other desserts containing one or more eggs, if you put the yolks only into the body of the pudding or pie filling and save the whites for a meringue to spread over the top. Beat them on a platter with a wire whisk until they are fluffy and stiff and add 1 tablespoon of sugar for each egg white. Spread over the dessert and brown delicately in a slow oven.

CHRIST FOR ALL—ALL FOR CHRIST  
The Word of God

BIBLE THOUGHT AND PRAYER  
If parents will have their children memorize a Bible selection each week, it will prove a priceless heritage to them in after years.

THE GIFT OF PEACE:—Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.—John 14:27.

PRAYER:—“Peace, perfect peace by thronging duties pressed; To do the will of Jesus, this is rest.”

What should a man do who desires life and many days? Psalm 34: 12-14.

EVANGELICAL CHURCH  
G. W. Plumer, Pastor  
The Sunday school meets at 9:45 a.m. The sermon subject for 11 a.m. will be “Faults.” Young people's meeting at 7 p.m.  
The theme for 8 p.m. will be “when a Person Meets Jesus.”

Proper Glasses— Fitted by Specialist  
Make reservations for Free examination with E. W. Holtham,  
Workingmen's Store  
Dr. HARRY A. BROWN  
Eyesight Specialist  
Portland, Oregon

On account of so many of our people being sick we felt that it was best to close the revival meeting last Sunday. So far 14 new members have been received. We expect to have reception of new members next Sunday.

LEARN BETTER FARM METHODS

From page 1  
reached its peak in the northwest. Larger unit production at low cost is vital to profits. Little if any increase in Bartlett pear acreage is warranted. Peach acreage expansion is warranted except under exceptional growing and marketing conditions.

No increase in acreage of brambles can be recommended except in localities of exceptional cultural conditions and market facilities. Vegetable growing for canneries is on the increase in Oregon, having expanded more than 300 per cent since 1920. Walnut markets are being affected somewhat by fluctuating production in competing areas. Filberts are remaining more stable.

Weight vs. Value Is Center of Controversy

By E. J. Adams

Complaint of the high license fees required of the owners of old motor vehicles is justified, but a flat reduction of the fees on passenger cars, new and old alike, to the point of stopping construction of highways, neglect of maintenance of those we have or an increase in the taxes on farms, homes and other tangible property is not the way to correct the wrong.

With the highest respect for those that differ with me, permit me to suggest that all of that part of the license fees above a nominal amount to cover the cost of administration, supervision and the enforcement of the laws and regulations to make the highways safe, in lieu of a property tax, and property taxes are always based on value.

The value of a motor vehicle decreases with age and the license fee, being a lieu of a property tax based on value, should also decrease as the age of the car increases.

Cost of Production

Motor vehicles plus modern roads constitute the third great transportation system of the world. It is the most flexible and servicable of the three, (water, rail and highway.)

The highway is as much a part of the individual investment in highway transportation as the investment in the motor vehicle. Neither is of use or value without the other. The initial cost of the highway should therefore be paid by the owner of the motor vehicle, and in proportion to the value of the vehicle. This is wisely provided by imposing annual registration or license fees. The issue of the permit to operate the vehicle upon the highways is evidence of the payment by the owner of his share of the cost.

Cost of Maintenance

The cost of maintaining the highways, minor betterments and additions, should be paid by those that use the roads and in proportion to the use made of them. This is accomplished by impos-

Political Announcements

FOR SHERIFF

To the voters of Columbia county: I hereby announce myself as a candidate for the office of sheriff of Columbia county and if elected I promise to administer the office as efficiently and economically as possible and to cooperate with the law enforcement officials to the best of my ability. I am a registered republican and property owner in Columbia county.

(signed)  
P. A. DIXON.  
(Paid Advertisement)

ing a tax on the gas consumed. That compels the owner of the truck and heavy car to pay more than the owner of the light car. It is a self or automatic adjustment that very nicely apportions the cost of upkeep in proportion to use.

Law Should Be Revised

The present agitation for a lower license fee, three and five dollars, on passenger cars is due to the fact that a feeling prevails that the same fee for an old as a new car is unfair, that value instead of weight should form the basis for fixing the fee.

The next legislature may well give attention to this condition and revise the law on all license fees. If it does not do so, we may expect repeated, renewed and greater efforts to secure such a law by initiation. There is no chance to discuss and amend a law by initiation, and such a law may be not only unfair, but wreck our highway system and the method of paying for it and maintaining it.

Continued construction of the system to completion, to serve sections and communities that have not yet received their roads; the building of unfinished sections of highway now partly built, (such as the Roosevelt Highway,) and the proper maintenance of the highway system, which is now costing less than five per cent per annum of the cost of construction, are too important to take any chances on wrecking the system by an unreasonable reduction of license fees.

In the County Court of the State of Oregon For Columbia County. In the Matter of the Estate of

Martin Tobin, Deceased.  
Notice is hereby given that the undersigned has been appointed administrator of the estate of Martin Tobin, deceased, by the County Court of Columbia County, State of Oregon, and has duly qualified. All persons having claims against said estate are hereby notified to present the same, duly verified as by law required, to the undersigned at his residence, on the Pittsburg Mist road, within six months from the date hereof.  
Dated and first published Feb. 9, 1928.  
Last Publication March 8, 1928.  
W. A. Harris, Attorney.  
Frank J. Peterson, Administrator.

Tillamook — City and county will join to clear Wilson River road for summer travel.  
St. Helens—Pulp and paper plant makes record of 78 tons pulp in one day.  
St. Helens — Wood Products Co. doubles capacity of broom handle plant.  
Rainier — Barbey cannery will practically double its 1927 output.  
Lower Columbia Cooperative Dairymen won 14 big dairy show prizes for butter, last year.

When You Travel  
USE  
General Gasoline  
AND  
PARABASE MOTOR OIL  
Vernonia Service Station

NEW BATTERIES \$9.85  
Old Batteries Taken in Trade  
Now is the time of year your battery should be kept fully charged and in tip top shape.  
Your battery recharged, painted, acid proof, paint and acid adjusted, all for \$1.50  
Radio batteries and others not requiring removal of installation in car \$1.00  
Rent batteries, per day 25c  
GOOD MOTOR CARS  
GILBY Motor Co.

Lodge Notices

Mountain Heart  
Rebekah Lodge No. 243  
No. 243, I.O.O.F., meets every second and fourth Thursdays in Grange hall, Vernonia. Visitors always welcome.  
Mrs. Ruth Reese, N. G.  
Mrs. Hazel Thompson, Sec.

Vernonia Post  
119, American Legion.  
Meets second and fourth Tuesdays each month, 8 p.m. W. H. Hurley, Commander.

Nehalem Chapter 153, O. E. S.  
Regular communication first and third Wednesdays of each month. All visiting sisters and brothers welcome.  
Catherine McNeill, W. M.

W. O. W. Vernonia camp No. 655  
meets every Monday night at seven-thirty at the Grange Hall. Visiting members welcome.  
ROBERT LINDSEY, C. C.  
C. C. DUSTEN CLERK.

Vernonia Lodge, No. 184 A.  
F. & A. M., meets at Grange Hall every Second and Fourth Thursday nights. Visitors Welcome  
Levert Goodin, Secretary.

I.O.O.F.—Vernonia Lodge No. 246  
meets every Tuesday night at 8 o'clock, in Grange hall. Visitors always welcome.  
M. E. Graven, N. G.  
John Glassner, Secretary.

AMERICAN LEGION AUXILIARY  
Meets first and third Mondays of each month at the Legion Hall.  
Mrs. Mark E. Moe, President.  
Mrs. E. H. Washburn, Secretary.

Miller Mercantile Company  
INCORPORATED  
STORES AT NEWBERG SALEM SHERIDAN VERNONIA  
CORVALLIS HILLSBORO McMINNVILLE MONMOUTH  
MILLER'S Good Goods.  
MILLER'S Good Goods.  
Announcing  
The arrival of “JUANELLA” wash dresses and smocks  
Fast Colors and Priced Within Your Means  
ALSO  
A Shipment of New Silk Dresses  
Fresh from New York  
Gordon Hats  
Vernonia's Leading Store  
West Coast Loggers

New Brunswick Records  
by Herb Wiedoeft and his orchestra  
Playing Al Jolson's composition “Goledn Gate” and Remick's new comedy song “Ella Cinders”  
Hear Them At  
Mac's Pharmacy