

The Vernonia Eagle



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MARK E. MOE, Editor

WHICH APPEALS TO YOU

Every time you speak a good word for your town you speak two for yourself, for the home booster is always respected by home lovers.

It's an easy thing to make a nasty remark about your home town, but it is difficult to stop that remark from traveling after it has once been uttered.

The monkey in the jungle swings from limb to limb and from tree to tree at remarkable speed, but the monkey is a snail compared to the caustic remarks and comments of a chronic pessimist.

The monkey does not berate either the limbs or the trees, for they are his home—they mean safety and comfort to him.

The pessimist, however, is not as considerate.

His happiest moments are when he is slamming his home town.

Nothing is right.

None of its numerous citizens possess the ability to perform civic duties in the proper manner.

Other persons are unable to see the glaring defects that are so plain to him.

He is simply a pessimist, and the work of the pessimist is too often destructive.

But why be a pessimist? Why not an optimist instead?

Pessimism is worse than rheumatism. The one puts a few joints out of proper working order, but the other is a drag to the mind, the body and the soul.

Station yourself on a street corner in a large city and watch the people go by for an hour. Ninety-nine out of a hundred will be happy, and cheerful, and contented. They are optimists unawares. The rays of the noonday sun are not brighter or warmer than the smiles upon their lips or the humanity in their hearts.

The hundredth man may be different. He may be the odd sheep in the flock, the cloud that dims the brightness of the community light. He is a pessimist, and he knows it. His soul is shrouded in gloom from which he never seeks to escape. He is a bore ever to himself.

The pessimist is never happy—the optimist is seldom sad.

It is possible to be either, but never both. Which appeals to you?

The Vacant Chair at Thanksgiving Time

Mankind, being human, is prone to retrospection. That eternal spirit of dissatisfaction which everyone feels no matter what his present condition, makes him look back to the days of his youth as the period of truest pleasures, the time of most superb enjoyment.

There is a kind of scaredness in the memory of the Thanksgiving Day of our childhood. No distraction, no worldly advancement, can rob us of the thrill as we call up the picture of family and friends gathered at the dinner table on this occasion. Seen through the rosy-hued spectacles of time and distance, the noble turkey round which the feast is built, seems nobler still. It is bigger, browner, altogether more inviting. The luscious cranberry sauce without which no Thanksgiving dinner is complete, seems a deeper red more luscious still. The mince pie and home-made fruitcake are more delicious than any mother ever made, be she the queen of cooks.

On the spiritual side, too, the same mysterious force is at work. The happy, smiling faces we remember so well seem still happier, the friendly mien of the invited guests more friendly, and the pious spirit of thanksgiving never wholly absent from the day even in this busy age, seems more real, more all-pervasive. The man must indeed be lacking in the finer sentiments who would not wish to be present at the family board on this day of days.

And the magic influence of time and distance are at work in another direction. That vacant chair is potent in its pathetic appeal. If the incidents of your childhood seen in retrospect affect you strongly, the incidents of your manhood have the same subtle appeal for the dear ones from whom

you are separated by distance and the manifold activities of a busy life in a new environment. They miss you with that sharpness felt only by loving parents in the afternoon of life.

You would like to be there on this festive Thanksgiving occasion. You know you would enjoy it. But more important still, you know they would feel a greater joy in having you. If you can't give them this pleasure, you can do the next best thing. You can write or wire them a warm, personal greeting which will do much to take away the sting of disappointment in your absence. You can let them know that you are with them in spirit, despite the miles that separate you, and their day will be the brighter for your thoughtfulness.

HAVE A HEART

There are not so many shopping days before Christmas as there were when first you were asked to do your Christmas buying early, and there is no hope that the number is going to increase between now and midnight of the twenty-fourth. Nor will prices be reduced; or will the quality of the goods now on the shelves increase. So why linger and delay?

Perhaps there are those who believe that "Do your Christmas shopping early" is a slogan devised by merchants who thought they would sell more goods if people bought early, and then took thought and discovered that there was more buying they ought to do. But while that doubtless occurred to the merchants, it was not by any means the controlling motive that inspired the shop-early propaganda which greets us annually.

The fact is, the request for early Christmas shopping came, first, chiefly from the postoffices, the express companies, the railroads and the sales and delivery people, all of whom found themselves swamped by a tidal wave that hit them suddenly and left them devastated. Some way had to be found for controlling this tide, for distributing its volume. So an attempt was made to educate the public into buying early and shipping early.

The fear of the merchant is not so much that his sales will not reach the hoped-for peak as that his future will be jeopardized. There is nothing that so disrupts a carefully-built organization as the overstrain of the two or three days, and nights of hurried and hurried labor before Christmas. Clerks break down; some of them leave; others are not fit again for some time, and meanwhile system goes to the dogs and the sales-machine has to be rebuilt. Customers, too, offended by some frazzled employe, get sore and vow never to trade there again. So the merchant, desiring to serve his public well, asks the public to help him to do so by distributing Christmas buying over as long a period as possible.

So it behooves the public, since it wants good service, to remember that the chief element in that service is the human element and that the human machine breaks under undue strain just like any piece of machinery. And because there is a human element involved, and because Christmas is a time for special charity to all humans, it is only reasonable that shoppers and shippers be considerate of the store clerk, the postal employe and the servants of the companies and railways. They want to enjoy Christmas, too. Why make the Yuletide hateful to them? Have a heart. Do your Christmas shopping early.

Many a man is chiefly known for his ability to drive a hard bargain.

Figures may not lie, but statistics will back up a lot of misinformation.

It is easy to find fault because nobody wants it.

It is easy to work on the level; watch a man when he hits a hill.

Many a man looks run down because of the bills his wife runs up.

Does who deplore kissing evidently would take the infection out of affection.

Every little girl goes through a spell of playing "house." The problem is to keep her that way after the wedding.

Some old-fashioned folk made considerable effort to be polite, but there is a scarcity of common courtesy in these days.

The nation that goes to war at this particular moment had better be equipped with a properly drawn last will and testament.

Health Pointers

To obtain comfort from a patient keep the bed free from wrinkles, moisture and crumbs. If sheets are made half again as long as for ordinary use allowing one-half yard on each side to turn under, the covers are kept in place. A draw sheet is also a great help. This is made from an ordinary sheet folded in the center lengthwise and tucked in lightly on one side. The rest is taken to the opposite side of the bed and plaited under the mattress. By drawing forward when necessary this puts a fresh part of the sheet under the patient several times a day.

same symptoms as colds. The common symptoms are fever, aching muscles, sore throat, vomiting, lack of appetite and a general feeling of low vitality. Some home methods which have checked disease in the early stages are staying indoors, using a light diet, using a laxative, keeping warm, quiet and drinking plenty of water.

Some indoor play materials which develop coordination in children are blocks, large beads, plastic clay and Montessori material. Equipment which will develop the larger muscles in children include kiddie cars, tricycles, slides, ladders, teeters, swings and large dry goods boxes.

Many diseases start with the

Neglect of the mouth leads to

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decaying and abscessed teeth, infected glands and infections in other parts of the body.

On rainy days, when the small child is restless, a few shingle nails and a cake of laundry soap will keep him busy. The nails can be hammered into the soap much more easily than into a board.

Summer lake — Muskrat farm here has 8000 rats growing into money.

Corvallis — Oregon Agricultural college arboretum has 150,000 trees for distribution.

W. O. W. Vernonia camp No. 655 meets every Monday night at seven thirty at the Grange Hall. Visiting members welcome.

ROBERT LINDSEY, C. C.
C. C. DUSTEN, CLERK.

Vernonia Lodge, No. 184 A. F. & A. M., meets at Grange Hall every Second and Fourth Thursday nights. Visitors Welcome
K. A. McNeill, Secretary.

I.O.O.F.—Vernonia Lodge No. 246 meets every Tuesday night at 8 o'clock, in Grange hall. Visitors always welcome.
M. E. Graven, N. G.
John Glassner, Secretary.

AMERICAN LEGION AUXILIARY
Meets first and third Mondays of each month at the Legion Hall.
Mrs. H. E. McGraw, President

Vernonia Post 119, American Legion. Meets second and fourth Tuesdays each month, 8 p.m. H. E. McGraw, Commander.

Nehalem Chapter 153, O. E. S. Regular communication first and third Wednesdays of each month. All visiting sisters and brothers welcome.
Bessie Tapp, W. M.
Leona McGraw, Secretary.

Mountain Heart Rebekah Lodge No. 243 No. 243, I.O.O.F., meets every second and fourth Thursdays in Grange hall, Vernonia. Visitors always welcome.
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