If Kidneys Act **Bad Take Salts**

Says Backache Often Means You Have Not Been Drinking Enough Water

When you wake up with backache and dull misery in the kidney region It may mean that you have been eating foods which create acids, says a well-known authority. An excess of such acids overworks the kidneys in their effort to filter it from the blood and they become sort of paralyzed and loggy. When your kidneys get sluggish and clog you must relieve them, like you relieve your bowels, removing all the body's urinous waste, else you have backache, sick headache, dizzy spells; your stomach sours, tongue is coated and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment, channels often get sore, water scalds and you are obliged to seek relief two or three times during the night.

Either consult a good, reliable physician at once or get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys may then act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for years to help clean and stimulate sluggish kidneys, also to neutralize acids in the system, so they no longer irritate, thus often relieving bladder weakness.

Jad Salts is inexpensive, cannot injure and makes a delightful, effervescent lithia-water drink. Drink lots of soft water.

Explaining It

"Brederin, we must do something to remedy de status quo," said a negro preacher to his congregation. "Brudder Jones, what am de status

quo?" asked a member. "Dat, my brudder," replied the preacher, "am de Latin for de mess

we'se in."-The Outlook. It's a wise woman who knows half

that she would like to know about her neighbors.





Raymond Smith says: -

"now no Doctor can Find Dialettes



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CHAPTER VIII—Continued

That detective was clever, he reflected. He had worked upon the simplest line imaginable; taken Cathewe's photograph and gone the rounds of the New York banks, and day before yesterday a teller and a cashier had recognized it. The son of Digby Hallowell!

When the dinner came to the coffee and cigar, the butler withdrew, and Mansfield sloped comfortably in his chair.

There is magic for some in coffee and tobacco. The stimulant is negatived by the narcotic; the thinking machine moves smoothly. There came into Mansfield's head a plan for the reconstruction of Bannister, through Betty.

To give the girl a free hand without creating a revolution. Somehow that appealed to his sporting blood. Cathewe out of the way, the spark in the powder-room would be extinguished.

But what did the child mean when she said she had the man in the hollow of her hand? Well, that puzzle would be explained away in the morning. She was her father's daughter. Under that grace of form, under that gentle tenderness and charity there was reinforcement of steel.

.

Cathewe was anxious to have a little chat with Nancy before her guests began to arrive. He had telephoned her to this effect, and she had made the appointment at half after six.

"George Cottar, what in the world have you to say to me that's more important than my new dress?" she began.

"You've been puzzled regarding my conduct in relation to Miss Mansfield. Haven't you?"

"Yes. Are you going to tell me that you came here because you'd fallen in love with Betty-somewhere else?"

"I didn't suspect you were so keen, Nancy. But you've hit upon the truth. Mansfield told me I might pay court to his daughter upon the condition that I come to Bannister and become a force. I shan't go into those details now; some future date, perhaps."

"Do you want me to help you?" She reached over and laid her hand on his. "As between two friends?" "Nothing but magic or black art

could help me, Nancy." "I'm not so suro," she replied, recalling that peculiar punctuation mark

VERNONIA EAGLE

She wanted to be alone. It was so funny! She had set forth to wreak vengeance upon mankind for her hurt, and she could not begin even on these! She could not remember how she reached it, but reach it she did-the door to the greenhouse. She remembered there were camp-chairs some where; and she walked down the little alley between the boxes and tubs, peering right and left. Raising her head, she saw the white expanse of a dress-shirt, quite close, "I thought I was alone," she said.

"You say that with a shade of resentment. I was here first."

"Goodness! The ant-man!" She laughed. There was a note of hysteria in the laughter. For a little while they stared at the

stars-without seeing them. Here, beside him, like this! And

now he never could tell her; she would never know. In an hour or so she would learn the truth; and by her faith in her father she must hate and despise Brandon Cathewe.

Pits; no matter which way he turned he dug them. He became aware of a new twist in the many faced irony of this adventure. He had risen to power in Bannister by the leverage of her father's misdeeds Without this capital, the Herald would never have been roused from its mori bund state.

Here, her shoulder almost touching his-the woman he loved! And the god of irony had whisked her as far away actually as if she had been transplanted upon Jupiter. "Jupiter!" he said aloud, unthink

ingly. "And what about Jupiter?"

"Oh, I only want to go there and come back."

"With what?" "A dream that has, I suspect

flown that far away." "We do waste a good deal of timewishing for things we cannot have." "Do you?"

"I have, naturally, being human, like everybody else. What kind of a dream?" "The most beautiful of all dreams."

Silence. Still that baffling reserve, thought. But this time he should not escape. Before they left the greenouse she intended to ask him pointblank what his name was. A mystery here was utter nonsense. "Your mother has fascinated me,"

Betty said suddenly.

"I am quite sure the fascination is mutual. She has done for you what she never does for strangers. You see, I am more or less familiar with her moods. Somehow you touched the flame and passion in her. She sensed the musician in you. You sing."

"You were there?" "Yes, in the study. I apologize for not making my presence known. But I wanted to hear more of your singing, and was afraid you'd stop if I appeared.'

"I shouldn't have minded-after the first song."

The door opened, and the Maddox' itinerant butler-the caterer's sonannounced that dinner was served. As they reached the door, Betty turned upon Cathewe swiftly.

"I am Miss Mansfield, as you know. And you are-?"

Nancy herself saved the situation. She caught Betty by the arm and drew her aside. She turned to Cathewe, "Miss Stoddard is waiting for you."

He nodded and hurried off. Agents-Buy direct Neckwear, Hoslery, Lin-gerle at lowest Mill Prices. Ask for circular, A. Master Knit Mills, New Haven, Conn. "Betty, here is something I want you to read." Nancy put into Betty's hand a sealed envelope. "Under no circumces open it until you are home.

"You don't know him? He is Bran-

don Cathewe, the editor of the Her-

ent sort," she said, evenly, "Will you

"If you wish it"-distressed.



8,549,511 Working Women in United States

MRS. W. M. BAILEY R. P. D. No. 5, BOX 27, ATLANTA, GEORGIA

Many Say Lydia E. Pinkham's

Vegetable Compound Helps

Keep Them Fit to Work

army. According to the 1920 Census of Manufactures, that is the number

of women and girls employed in all

or women and girls employed in all trades in the United States. Napoleon said, "An army travels on its stomach." This army of women travels on its general health.

Every working girl knows that time lost through illness geldom is paid for and seldom can be made up. Em-ployers demand regularity. If she

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Cold Tablets, Why suffer? Instant relief. Easy to take. Postpaid for 59c. BEKC SALES CO., Cleero, Ill.

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8,549,511 women would be a vast

wants to keep her job or hopes for a better one, she must guard her health.

Atlanta, Ga.-"My system was weak and run-down, and I was tired. I was this way for five years or more. I read your advertisement in the papers and I decided to try your the papers and I declared Compound, medicine, the Vegetable Compound, but I did not begin to take it regu-but I did not begin to take it regugot so much good from it that I feel fine and have gained in weight. I work in a broom shop, but my work is not so hard on me now, and I keep my own house, and work my garden, too. I am telling all my friends of Lydia E. Pinkham's Veg-etable Compound and how it has helped me."--MES. W. M. BAILEY, D. No. 5, Box 27, Atlanta, Georgia.

Missouri Woman Helped

Parkville, Mo.—"I am proud to ecommend Lydia E, Pinkham's regetable Compound. I was so recommend Lydia E. Pinkham's Vegetable Compound. I was so ill that I could not lie down at night. Then I got my husband to go to the store and buy me a bot-tile of Lydia E. Pinkham's Vege-table Compound and I was up and around before the first bottle was gone, although I only weighed about ninety pounds. I took six or eight bottles and was able to do all my housework, washing and ironing. housework, washing and ironing, take care of my five boys, and tend to my chickens and garden, where before I had to hire my washing and part of my housework."—MBS. ANNA COLE, R. R. 2, Parkville, Missouri.

Good Works

Alonzo Potter, president of the Big Brother movement, preached in New York a religion of good works as against a merely passive religion. "Why, my friends," he cried, "there

is almost as much difference between being good and doing good as there is between being a man and doing a man."-Minneapolis News.

DEMAND "BAYER" ASPIRIN

Take Tablets Without Fear If You See the Safety "Bayer Cross."

Warning! Unless you see the name Bayer" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians for 26 years. Say "Bayer" when you buy Aspirin. Imitations may prove dangerous.-Adv.

Miss Hollywood

Dr. James Spearman of Detroit re-cently remarked: "Hollywood must be quite a quaint animal. I read the other day that Fannie Hurst, the novelist, claims that it has a heart, and we already know that it is richly endowed with bare arms, knees and backs."





And Day Before Yesterday a Teller and a Cashier Had Recognized It.

was approaching the spot where he stood. No doubt she believed herself alone. She paused suddenly to inhale the perfume of the pinks. When she raised her head he saw who !t was.

When the limousine drew up to the curb before the Maddox place, Betty did not alight at once. She stared through the window at the little house across the way. She wondered if, with a mother like that, she would have been the victim of her present

bell! "If you don't mind," he said, "I'll run away into the greenhouse. I want to fend off the denouement as long as possible. I wonder what in the world I'd have done without you, Nancy." "Nonsense! You're a nice boy, and

any girl ought to be pleased to have you around. I'll send for you." The greenhouse had once been a

long, rambling side porch. There were no orchids or potted orange trees; pansles and garden pinks and geraniums and a few roses. This was the doctor's playground.

There was an incandescent lamp at each end of the greenhouse; but where Cathewe sat there was only the dim light of the winter stars.

He heard a door close, then a light scurry of feet on the cement floor. An intrusion. He stood up. A woman

Sh Thy Systeme,

"Jhree years ago I Was rejected by my life Insurance Co because My Blood Sugar Test was 200-I had the best Medical Treatment known. No help! Jhen a Triend who was cured of Diabetes brought me the Herb Tea that helped him. Jhis Herb Tea was the result of a

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"Instant effect in my case - im-provement noticeable in 1 week big improvement in a month-Now Blood Sugar down to 90 and "Im the Picture of Health"! "Every Diabetic should start right away to arink morning and Svening -



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Coughs and Colds

are not only annoying, but dangerous. If not attended to at once they may develop into serious ailment.

Boschee's Syrup

is soothing and healing in such cases, and has been used for sixty years. 30c and 90c bottles. At all druggists. If you cannot get it, write to G. G. Green, Inc., Woodbury, N. J.

cript

"It is not possible, Nancy. I came here because I loved her, at first sight, to find myself hoist 'twixt the devil and the deep blue sea. I had to fight her father. I had elected a certain way to go."

"'Loved I not honor more,' " quoted Nancy, softly. "Or is it that you fear your fate too much?".

"You are making fun of me?" "No, Brand. I am very sorry. I un-

derstand. A miracle must happen." "And there ain't no sech animal.

The power of Mansfield's will had lain upon this town until it was pretty bad in spots. So I undertook to hammer into the public mind just how baneful his influence was. I don't suppose he himself realized to what depth he had fallen. I didn't awaken him. He has given me thunder for thunder. But contact with the beautiful mind of his daughter softened him gradually; and your father tells me that now Mansfield loves his daughter. And she is redeeming him.

"And I know positively that I have never been pointed out to her-as I shall be presently. I'm not going to hide any longer. So I have laid the dream away."

Nancy's heart gave a great bound. The bouyancy of hope! But she knew that there was a miracle close at hand. It rested upon her own lips. And yet why be silent and render all three miserable?

"A queer mess all around. The impulse of the moment is invariably a plunge for me. Love isn't something you may direct. You cannot say you will love this or that person."

"No," said Nancy.

"The bolt is blind. Often we love where we don't want to love. And that is my misfortune. I wrote her letters, Nancy. I do not know human nature. There is always something fascinating in the unknown. So I wrote her love letters, unsigned, to keep myself in her thoughts until I fulfilled the conditions of the bargain. Nancy, Bannister is going to be my It is the way out I've been home. seeking. No one shall rob the poor any more and leave them without redress. Oh, I know. It sounds like a boy's dream. But I have the power, Nancy, tremendous power for good. in 181 An honest nowspaper-There goes the steam.

unhappiness. She did not want laugh-After you read it, telephone me what ter, jests, dancing; she wanted to sit you think of it." beside that beautiful and remarkable woman while she played.

Upon entering the house she threw her arms around Nancy and klssed her; and Nancy complimented her gally upon the beauty of her gown. And both of them were passing through that singular phase of life which* crystallizes the outlook and makes for misanthropy or tender philosophy.

"And she believes I am happy!" thought Betty.

"What shall I do?" thought Nancy. "How shall I act? To tell her that Brand wrote those letters would only add to the confusion, since he has built a Chinese wall between them." Betty at once became encircled, Laughter began to bubble up in her.

room. (TO BE CONTINUED.)

posite

ald."

room?"

man opposite?"

Early Newspapers Met Opposition of Church

The first newspaper was produced | when written accounts of the imperial armies of Rome were sent to the generals in command in all parts of the provinces.

In 1566 the first official news sheets were published in Venice. They were written by hand and exhibited in public places. People paid the small coin of a gazzetta to read them. Hence the The church opposed the enname. terprise, and Pope Gregory even prosecuted the editors.

The oldest form of newspaper in England was in the beginning of the reign of James II-the so-called News-Letters, written by hand, and sent by post to subscribers in the country. In 1709 the first daily paper, the Daily Courant, was issued.

The oldest of the London dafly papers, the Morning Chronicle, appeared in 1769. The Morning Post is the oldest of existing morning pa-pers. Founded in 1772, it was followed about 1788 by the first dally evening paper, the Star .- .

The Times first appeared in 1788 as a continuation of the Dally Universal Register. Its originator and in 1814 in printing the Times by

In 1845 the Dally News was founded, with the help of Charles Dickens. It was the first paper to lower its price from 6 pence to 3 pence, (12 to 6 cents).

The Right Thing!

Do you know why we shake hands? In early days man lived alone save for his woman back in the cave. He fought the wild animals alone and dragged home his loot alone. Men warred on one another for the most part. When primitive man was too weary to fight he would drop his club upon meeting another man in his path and hold out his empty hand to show that he was unarmed. And the extended hand warmed into the handtouch, then the handshake.

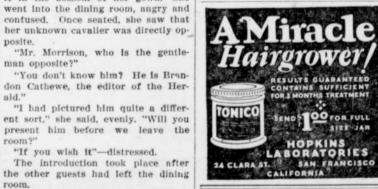
Today's form says that a person coming into a group does not offer to shake hands. It is up to the members of the group to make him welcome by offering the hand, if they care to.

Kite Carried Wire

The first wire rope used in 1852 in the suspension bridge across the gorge below Niagara falls was taken across owner, Mr. John Walter, succeeded the impassable waters of the rapids by the help of a kite flown over the bolling stream.

CHOICE OREGON PRUNES \$6.50 PER KINGWOOD ORCHARDS, Saler

JOIN EXCHANGE CLUB erty, articles, etc. Write for full particulars. P. O. Box 2012, Los Angeles, Calif. Betty folded the envelope and hid it in the bossom of her gown. She



Many a good thing slips through a man's grasp because he is too previ-

It's a good memory that sometimes admits of discreet forgetfulness.

FOR INDIGESTION 25¢ and 75¢ Pkg's.Sold Everywhere

Learning His Location

"Yesterday a strange motorist came tearing into our progressive little city," said the landlord of the Petunia tavern. "He ran over a child, and then hit the town well and smashed the pump to atoms. He said he didn't know at first that he was in a town. "How did he learn the fact?" asked

a guest. "He found it out when Constable Slackputter arrested him for smashing the pump."-Kansas City Star.

Sore and inflamed eyes, sties and granula-tions' healed promptly by nightly use of Roman Eye Balsam, 35 cents, Adv.

An End to Bones

Grouch-What's become of that fellow Bones, who was known as the perfect driver?

Morgan-He met Jones, the imperfect one.



and Diarrhea; allaying Feverishness arising therefrom, and, by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep.

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