

America Leads Nations In Use Of Ice Cream

If any one food may be considered as America's national dish, it is ice cream.

Ice cream is a food particularly adapted to the needs of individuals of all ages, giving as it does the best type of nutrients for the repair of bone, teeth, blood and muscles and for energy.

Today thousands of housewives make their own ice cream. As a consequence, the making of this highly nutritious food at a reduced cost, yet without in any way impairing the product, is of importance.

Home economists have found a means to this end in the use of evaporated milk. There are three important reasons why evaporated milk

dish of ice cream, or a pudding, are nourishing items that should find high favor in the week-end menu.

The home manager enjoys her week-ends 100 per cent more when she has a few moments of leisure. And in this connection the following recipes may prove an aid.

Creamy Salad Dressing.
1 cup boiled or milk
mayonnaise 1/2 cup cream
dressing 1 tsp. sugar
1/4 cup evaporated 1 tsp. fruit juice
Combine evaporated milk and cream, chill and whip. Add sugar and juice, then fold into salad dressing. Especially nice for fruit salads.



Chocolate Velvet Cream.
1 1/2 tbsps. gelatin 1 tsp. butter
1/2 cup cold water 1/2 tsp. salt
2 eggs, beaten 1 tsp. flavoring
separate 1/2 cup evaporated
1/2 cup sugar milk combined
2 squares (oz.) with
chocolate 1/2 cup whipping
1/2 cup evaporated cream, chilled
milk diluted with
1/2 cup water
Soak gelatin in water five minutes. Mix beaten egg yolks and sugar, pour heated, diluted milk over slowly, put in double boiler with gelatin, butter and salt. Cook until the mixture thickens. This takes about 15 minutes. Strain, beat 2 minutes, let cool. Melt the chocolate over hot water, let cool a little, then add the chocolate and vanilla to the mixture after it has cooled. Fold in the stiff egg whites, then the whipped cream. Turn into a mold and chill at least 3 hours. It may be chilled in individual dessert glasses.

The proposed new Presbyterian church at Eugene will seat 1,000 persons.

FARM POINTERS

Potatoes intended for seed are dug by successful farmers after the fall rains have cooled and softened the soil, reports the experiment station. Only sound, symmetrical tubers are then kept for seed and these are stored where they may be kept cool and dry with adequate protection against chilling or freezing.

A catching crate is one of the most convenient pieces of equipment for the poultryman. By its use he may examine flocks with less danger from fright and injury. A description of such a crate that is easily made by any farmer is given in a new extension service bulletin by H. E. Cosby entitled "Culling the Poultry Flock."

Gardeners who have had recent and perhaps bitter experience with cutworms may find information on their problem in a new experiment station circular, "Cutworm control in Oregon" written by B. G. Thompson, assistant entomologist. The poison bran mash with either white arsenic, paris green or sodium flouride is still considered the most effective control.

Bordeaux mixture applied as a spray during the summer or early fall is the best means known to prevent the growth of mosses and lichen on trees and shrubs. Thorough drenching is advisable.

To check the swarms of insects that seem at times almost able to swamp the vegetable garden, fall garden sanitation is a big help. These pests that persist from year to year must find some place to winter over and many of them lodge in and about the gardens in some form—adult, larva, pupa or egg. Hosts of them may be destroyed by plowing the

gardens in the fall and leaving the surface clear except for the late fall and early winter stuff. Then in the spring the ground is lightly cultivated and spread with poison bran mash to get the early starters before the crops are up.

Negro Faces Federal Charge

Henry Smith, 36, negro, is in the city jail at Vernonia following the filing of a complaint against him by Millar E. McGhillehrest, assistant United States district attorney, charging violation of the Mann act. He is charged with the transportation of Bettie Ward, 16, negro to Vernonia from Humble, Tex. Smith, according to the government, is married, his wife living in Houston. Complaint was made by the girl's mother, and Smith was said to have sent her back to Texas, but she had

LOGGING INCREASE CONSTRUCTION DROPS

Portland, Sept. 20.—(Special) The heavy fall rains have brought about a lessening of farm and out-door construction work. But logging both east and west of the Cascades is gradually being increased, with a consequent demand for men, according to the 4L employment letter published here today. The letter stated that the employment peak of the year in the Pacific Northwest has been passed. The sawmill industry of the Inland Empire and other pine districts

is tapering off for the season, as is usual at this time of year. Many second shifts have been released or day crews reduced in number. Fir sawmills continue active, the letter said, and there is no sign of lessened production.

A few out-of-door construction jobs are being rushed to completion before ground conditions prevent or hamper work. The demand for construction laborers is light.

The Columbia river district shipped 4,345,273 bushels of wheat during August. The coast cranberry crop will reach 40,000 to 50,000 boxes.



"My dress was just awfully soiled when I sent it to you, and now—not a spot on it." Try our color restorer for faded materials. Vernonia Cleaners

COLLECTIONS NO COLLECTION—NO CHARGE
KNIGHT ADJUSTMENT CO.
Fully equipped offices at
McMinnville Hillboro Tillamook
Jos. I. Knight J. J. Stangel J. C. Bozorth
Portland, Ore., 502 Board of Trade Bldg. John I. Knight

Fall Seed For Field and Pasture

Building Materials
Du Pont Powder
Coal and Bricquets on hand at all times

Now is the time to plant fall seed for spring pasture

We endeavor to keep our feed line complete.

MCCORMICK DEERING FARM MACHINERY

Vernonia Trading Co.

Notice of School Meeting

NOTICE IS HEREBY GIVEN to the legal voters of School District No. 47 of Columbia County, State of Oregon, that a SCHOOL MEETING of said district will be held at Washington School, on the 9th day of October, 1926, at 2 o'clock in the afternoon for the purpose of discussing the budget hereinafter set out with the levying board, and to vote on the proposition of levying a special district tax.

The total amount of money needed by the said school district during the fiscal year beginning on June 30, 1926, and ending June 30, 1927, is estimated in the following budget and includes the amounts to be received from the county school fund, state school fund, elementary school fund, special district tax, and all other moneys of the district:

ESTIMATED EXPENDITURES			
	No.	Salary per year	
PERSONAL SERVICE:			
1. Superintendent	1	\$2100.00	\$2100.00
2. Principals	1	1350.00	1350.00
3. Teachers	1	945.00	945.00
	1	990.00	2970.00
	5	1035.00	5175.00
	1	1125.00	1125.00
	1	1170.00	1170.00
	3	1199.70	3599.10
	2	1080.00	2160.00
4. Janitors	2		1575.00
5. Clerk	1		180.00
7. Other services			50.00
Total			\$22399.10

MATERIAL AND SUPPLIES:	
1. Furniture (desks, stoves, curtains, etc.)	\$275.00
2. Supplies (chalk, erasers, etc.)	550.00
3. Library books	100.00
4. Flags	10.00
5. Playground equipment	100.00
6. Janitor's supplies	200.00
7. Fuel	400.00
8. Light	200.00
9. Water	400.00
10. Postage, stationery and printing	25.00
Total	\$2260.00

MAINTENANCE AND REPAIRS:	
.....building and grounds	\$1245.00
Total	\$1245.00

INDEBTEDNESS:	
1. Bonded, and interest thereon, sinking fund	\$6700.00
2. Warrant, and interest thereon	14813.84
Total	\$21513.84

TRANSPORTATION OF PUPILS:	
	\$6000.00
TUITION:	
	\$ 160.00
INSURANCE:	
	\$ 564.00
MISCELLANEOUS:	
	\$ 800.00
Total	\$ 800.00

EMERGENCY:	
	\$ 400.00
Total	400.00
Total	\$55341.94

ESTIMATED RECEIPTS	
From county school fund during the coming school year	\$6293.14
From state school fund during the coming school year	942.00
From elementary school fund during the coming school year	3943.34
Total estimated receipts, not including proposed tax	\$11178.48

RECAPITULATION	
Total estimated expenses for the year	\$55341.94
Total estimated receipts not including proposed tax	11178.48
Balance, amount to be raised by district tax	\$44163.46

The indebtedness of District No. 47 is as follows:	
Total bonded indebtedness	\$40000.00
Total warrant indebtedness	\$22096.99
Total amount of all indebtedness	\$62096.99

Dated this 9 day of September, 1926.

Attest—LILLIAN BROWN,
6-2 District Clerk

O. S. POYNTER
Board of Directors

Where Champions Are Made

"SARA ANN DUPLICATE"
Grand Champion Holstein Cow at Pacific International Livestock Exposition and "All-American" Aged Cow for 1925. Owned by C. S. Potter of Ogden, Utah

If Cliff Potter of Ogden, Utah, had kept his Holstein cow at home, she would have been known only to the people of Utah as a very good cow. But Cliff Potter is a man of vision and he sent his Holstein, "Sara Ann Duplicate" into the hottest competition to be found in America—she came to the Pacific International Livestock Exposition in 1925. There she was made Grand Champion Holstein of the Show and later was made the wonder-cow of the breed for the year, having received the honor of the "All-American" aged cow—an honor which is outstanding in the Holstein breed.

The best livestock of the various breeds will always be found at the Pacific International and this year will be no exception. Therefore, lovers of livestock should make it a point to set aside the week of Oct. 30-Nov. 6 for their annual livestock vacation and education.

It is an inspiration to go through the various departments of this big

Effective But Simple Dishes Now In Vogue

Something simple yet effective is the housewife's ideal for week-end dishes.

During the warm summer weather, women should not be compelled to spend hours in the preparation of meals, when minutes would accomplish the same purpose. Planning week-end menus should be a congenial task, not a bore. At this time of the year there are a variety of nutritious vegetables and fruits to choose from in preparing meals and the modern home manager takes advantage of them. The housewife plans her summer menus so that they will suggest coolness, while at the same time taking into consideration their dietary value. A delicious cream soup made from fresh vegetables, or an omelet, a fresh fruit dessert, or a custard, a

The Last Word in STATIONERY

Boxed Stationery in the latest colors and weaves, cut in the shape of the size preferred this season. Each quality very reasonable priced.

Specials For This Week

Ripple Bond, white and tints - 29c bx.
Mission Bond, 48 sheets and 48 envelopes, 4 tints to box - 48c
Strath Haven linen, white and tints 98c

EXCELLENT QUALITY

Vernonia Drug Co.

Fountain Pens that are guaranteed to give complete satisfaction \$1.50 to \$7.50 Standard Makes

Lodge Directory

W.O.W. Buxton camp No. 655 meets every Monday night at seven thirty at the Grange Hall. Visiting members welcome.
C. A. BARNES C.C.
C. C. DUSTEN CLERK.

Vernonia Lodge, No. 184 A. F. & A. M., meets at Grange Hall every Second and Fourth Thursday nights.
W. H. HURLEY, Master.
Wm. PRINGLE, Secretary
Visitors Welcome

I. O. O. F.—VERNONIA LODGE, No. 246, meets every Tuesday night at 8:00 o'clock, in Grange Hall
J. W. ROSE, N. G.
M. L. GAINES, Sec.

Knights of Pythias.—HARDING LODGE, 116, Vernonia, Or.—Meets every Monday night in Grange Hall. All visiting brothers cordially invited.
L. R. GILLCHRIST, C. C.
JACK NANCE, K. R & S.

VERNONIA TEMPLE No. 61 PYTHIAN SISTERS
Meets every Wednesday night on the lower floor of the Grange Hall. All visiting Sisters and Brothers welcome.
MARJORIE COLE, M. E. C.
PEARL WILKERSON, K. of R. C.

NEHALEM CHAPTER NO. 153 O. E. S.—Regular communication first and third Wednesday of each month. All visiting sisters and brothers welcome.
ALICE GOODING, W. M.
MAE BERGMAN, Sec'y.

VERNONIA GRANGE
The Vernonia Grange meets on the second Saturday of every month at 7:30 P. M. Any members of the Grange living in or near Vernonia or visiting in the community, are cordially invited to attend.
F. E. MALMSTEN, Sec

AMERICAN LEGION POST NO. 119 meets 2nd and 4th Tues. Nites
WM. FOLGER, Commander
TOM GRAHAM, Adjutant

MOUNTAIN HEART
REBECCA LODGE No. 243, I.O.O.F. Meets every second and Fourth Thursdays in Grange Hall—Vernonia
Visitors always welcome
ATTIE CAMERON, N. G.
MRS. IRENE SPENCER, Sec'y