



VERNONIA EAGLE
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Paul Robinson, Editor and Owner

Editorial

RADIO AND HEALTH

HE influence of the radio, increasing as it does the pleasures of farm life in the home, is a great factor in conservation of health.

Radio service in many of the states includes broadcasting of what are known as health exercises, or doing what is known as the "Daily Dozen."

These physical exercises in the home are supplemented by sending out illustrated charts free from the broadcasting station, illustrating the application of this radio feature.

The managing director of one station reports requests from more than 5,000 homes for the illustrated physical culture chart.

When you consider that hundreds of stations in all parts of Our Country are sending out these health exercises, the radio as a family doctor is reaching millions of people.

The American Civil Liberties Union has issued a statement denouncing the American Legion, and demanding that it be barred from participation in the exercises of Education Week.

Ben Read, secretary manager of the Southern California Editorial Association, has the right idea of the standing of a newspaper.

If a community wants a newspaper it must support it. This means buying your printing at home. The newspaper is an important business institution and must be so treated.

Cooperation is spelled with two letters—WE.

The most worthless asset found in a man's estate is his good intentions.

When you bring up a nation of sportsmen, you bring up a nation of good citizens.—Herbert E. Bradley.

"A mule can not pull when he is kicking and he can not kick when he is pulling—neither can you.

"A leader never quits and a quitter never leads."

Law observance is much more to be desired than law enforcement.

An aroused public opinion that condemns as a cheat every man who does not play the game according to the rules will do more for the cause of game protection and propagation in one year than an army of game wardens could do in a lifetime.

"Billy" Sunday visited the "Hoot Owls" last Friday night; "rode the goat," and said more in ten minutes than most men would have said in an hour.

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Gasoline, Oil, Storage, Tires and Accessories
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The YELLOW PENCIL with the RED BAND
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A Silken Negligee Makes a Charming Gift



In this age of luxury a silken negligee is considered almost as necessary to feminine happiness. Tried and found most satisfactory is shimmering satin for the making of the bodice robe.

Fred L. Lowrie



Fred L. Lowrie, prominent lumber dealer of Detroit, was re-elected president of the National Retail Lumber Dealers' association at the ninth annual convention of that organization in Washington.

Bookbinding originated in the incised clay tablets of 3000 years B. C. and in the Eastern custom of "binding" inscribed palm leaves with threads of silk.

If you have anything to sell or want anything. Advertise in the Eagle

TO THE LADIES OF VERNONIA

All ladies who are interested in forming a ladies gymnasium class in Vernonia are asked to be at the public meeting called for that purpose in the social hall of the Evangelical church on the evening of Friday the 23rd at 8 p. m.—Dr. Ella Wight.

VERNONIA
Population, 2000.
High School and Standard Grade School.
Pay Roll City—Mills, Logging, Farming, Dairying, Fruit, Vegetables P. A. & P. By. Town growing fast.
On Inland Loop Highway Between Portland and Astoria.
A Large Territory to Draw From.
49 Miles from Portland, 55 Miles from Forest Grove, 27 Miles from St. Helens.
Many Opportunities in Vernonia.
Best Hunting, Trapping and Fishing in the Northwest.
An Industrial Center.

Phone Main 192
All News Items

ALL THAT AND MORE.

We are strong for cows. We have observed the cow from many angles, and we have seen a lot of good points in her. But here is the way a city editor looks at the cow. Making this popular farm animal the subject of an editorial, the Baltimore Sun has this to say about Madam Cow:

"The cow is a female quadruped with an alto voice and a countenance in which there is no guile. She collaborates with the pump in producing a liquid called milk, provides the filler for hash, and at last is skinned by those she has benefitted, as mortal commonly are.

"The young cow is called a calf, and is used in the manufacture of chicken salad.

"The cow's tail is mounted aft and has a universal joint. It is to disturb marauding flies, and the tassel on the end has unique educational value. Persons who milk cows and come often in contact with the tassel have vocabularies of peculiar and impressive force.

"The cow has two stomachs. The one on the ground floor is used as a warehouse and has no other function. When this one is filled the cow retires to a quiet place where her ill manners will occasion no comment and devotes herself to bulging. The raw material thus conveyed for the second time to the interior of her face is pulverized and delivered to the auxiliary stomach where it is converted into cow.

"The cow has no upper plate. All of her teeth are parked in the lower part of her face. This arrangement was perfected by an efficiency expert to keep her from gumming up things. As a result she bites up and gums down.

"The male cow is called a bull and is lassoed along the Colorado, fought south of the Rio Grande and

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shot in the vicinity of the Potomac. "A slice of cow is worth 8 cents in the cow, 12 cents in the hands of packers and \$2.40 in a restaurant that specializes in atmosphere." Famous Bohms—Jones, LaFollette and the shingle.

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QUALITY WORK GUARANTEED
A Vernonia Institution, Modern in Every Respect
WE CALL FOR AND DELIVER
Quick Service—Watch for Our Car

DO YOU KNOW
1—The correct grade of Oil to use in your car—light, medium, medium-heavy or heavy?
2—Are you using more gasoline than is necessary on account of improper timing?
3—At what speed your car renders the best efficiency?
4—Are your pistons and rings worn out?
5—Is your clutch slipping?
6—Do your rear wheels "track" with the front ones?
7—Are your brakes too tight?
8—Is your carburetor set for winter driving?
Why not find out
Why not ask someone who knows — someone who makes it a business to doctor the ills of automobiles—and to keep those in good condition from declining?
Price in now—no charge for expert advice—and the most reasonable service rates in town.
VERNONIA BRAZING & MACHINE WORKS

The New MAGNAVOX
The radio public knows what it wants—the New Magnavox Receiving Set
Magnavox means superior quality in Radio Sets, Magnavox means Ease of Operation.
And what Magnavox especially means is Quality of Reproduction. Magnavox brings you the Best that's on the air at its best—so simple a thing, man can work it, so superb it delights the master of music.
The enjoyment of radio is no longer an uncertain experiment; with the New Magnavox Receiving Set it is a dependable art, and the response of the public to this long step forward has been evidenced by Big Magnavox Sales.
Come in and see the New Magnavox and hear a Magnavox demonstration today.
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Pioneers in Sound Amplification
Creative Leaders in Reliable Radio Progress.
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