

Alfalfa at Vernonia

Alfalfa is successfully grown adjacent to Vernonia. The first load of loose alfalfa from the second crop was delivered to Mr. McGraw from Mr. Sword's ranch last week. His third crop for this year is now over six inches tall.

A Reader Says:

Hark, the Vernonia Eagle screams!
September 9 hold a rally;
At the junction of the streams
In the famed Nehalem valley.

The man who is waiting to subscribe for the Eagle is in the class with the fellow who is waiting for the Government to enlarge the postage stamp and reduce the price.

No, neighbor, you can not borrow my paper, as I mail it as soon as I read it to prospective settlers; and we are getting results.

Several families are expected to move here from Klamath Falls in the near future.

Marion Mitchell of Portland, is visiting O.S. Poynter on Rock Creek.

About all some of our local realty owners boost is the price of lots. Boosting and knocking, it is all the same.
—A subscriber.

Call For Bids

Notice is hereby given that sealed bids will be received at the office of the Clerk of School District No. 14, Columbia County, Oregon, up till eight o'clock p. m. September 1st, 1922, for digging a well on the school grounds. The Board reserves the right to reject any or all bids. By order of the Board of Directors,
Bessie Weed,
Clerk.

Let the Banks Herald ignore Vernonia or roast it, but in his news items last week we read; "H. Bank left for Vernonia Tuesday."

"Geo. McGraw made a business trip to Vernonia one day last week."

"Mr. W. O. Galaway left late Friday evening for a business trip to Vernonia."

"Mr. and Mrs. W. G. Walker left Wednesday morning to visit their daughter and son-in-law of Vernonia." And we are glad to note that the Herald man has gained knowledge from the Eagle to the extent that he actually carried a first page article last week telling the outsiders of some Banks needs—Good, there is still hope.

C. H. URIE
Contractor and Builder
Ready to figure on any job.
See me before letting your building contract.
Vernonia, Oregon

Vernonia Celebration Saturday Sept. 9th. Prepare accordingly.

New 5-room house, large lot, east side, close in; only \$950.00.
—G. B. Richmond.

8,000 HIKING CLUBS IN GREATER NEW YORK

They Swing Along Highways and Through Woods in Groups of Varying Size.

New York.—One must walk nowadays to be in the swim. Statistics gleaned from the out-door departments of the newspapers, from the Boy Scout and Campfire Girls' organizations, from the Y. M. C. A. branches and kindred bodies, from scores of amateur athletic clubs and from the leading dealers in sporting goods, indicate that



"Best Walkers Make Best Citizens," Says Mayor of New York.

today there are no less than 8,000 hiking clubs in Greater New York, with a total membership of more than a quarter of a million men and women, who are keeping themselves in the pink of condition and experiencing the real joy of living by getting regularly out into the open country with no other means of locomotion than their God-given legs.

The city of New York has taken official notice of the movement. On three occasions recently Mayor Hylan has congratulated the boys and girls of the public schools upon their enthusiasm in taking up the new sport of hiking. In his dedication of the great new public playground in the Bronx the other day Mayor Hylan extolled the athletic tendencies of the boys and girls and impressed upon them that there was no better or more profitable way in which they could pass their vacations and utilize their holidays than by the excursions into field and forest of their walking clubs. He gave the same message to the Amateur Athletic Union of Brooklyn a few days later, and when a club of East Side boys and girls visited him at city hall preparatory to a hike to the tomb of Roosevelt at Oyster Bay he assured them that the best walkers among them would make the best citizens.

Walk and Be Well
No less enthusiastic a champion of the walking game is Dr. Royal S. Copeland, city health commissioner. "The benefit to health and the safeguard to morals to be found in long walks," said Dr. Copeland in an interview, "are too apparent to speak of them. If one takes long walks alone it is well, for he walks the road of health, but if he takes long walks in company it is better for he adds the tonic of companionship to his exercise. Walking is the one form of exercise in which there is the minimum risk of overdoing it. In short, I consider walking the most beneficial of all exercises and it is never out of season."

"Never in my life-time," said Edward R. Wilbur, manager of a nationally known sporting goods store, "have I known such a demand as now for outdoor garments and shoes and stockings and appliances for the tourist's luncheon box. The rapid spread and tremendous popularity of the walking-club idea has no parallel in our experience."

"The hiker can make his requisite just what he feels like spending. Ideally, there are only two or three articles indispensable to hiking—thick walking shoes that allow lots of room, thick woolen socks and clothing that will give freedom of limb. He should have a canvas or leather musette bag, such as the soldiers used in France."

The Cow in the Knapsack
"To get the real benefit and joy out of hiking luncheon should be carried and prepared and eaten in the open. Bread and cheese, a few slices of bacon, some coffee, a can of condensed milk, and a cake of chocolate furnish high-powered fuel for the hiker and are readily and happily assimilated even by those who in their pre-hiking days were afflicted with digestive apparatus so feeble as to balk at crackers and milk. Fortunately for the hiker, he can replenish his simple larder at any cross-roads store and provide himself with the most nutritious and appetizing food in a form that can be conveniently carried."

"No single development in the problem of food transportation for the hunter, fisherman, hiker and all lovers of the out-of-doors can compare with the gift bestowed by the man who first found the way to make condensed milk, thereby putting a dairy in every man's knapsack. Before long there will be a national association of hikers, and Gail Borden will be its patron saint. Such an association could do much to encourage the spread of the most beneficial and universal of all outdoor pastimes, map out interesting routes, secure the establishment of shelters, rest-stations, and camp sites at suitable locations, and insure the rights of pedestrians on country roads."

VERNONIA DAY...JUBILEE...

CELEBRATING

The New Railroad into Vernonia and the Eastern Lumber Company's Entering Oregon.

Pay Roll Town Vernonia is in Columbia County. Columbia County Invites You.

10,000 People Invited to Help Us Celebrate at this, the Most Romantic and Picturesque Spot in all Oregon, on

SAT. SEPT. 9

A Splendid Auto Road from Every Direction. Come by Automobile or by Rail, but Come! **Vernonia is Entering a New Era and the Fastest Growing Town in the State.** Room and an Opportunity Here for Every Enterprise and Industry. **New High School, New Bank, New Railroad, New Buildings, New Mills**

Join Us on Saturday, September 9

Portland Band will Furnish Music. Addresses by Railroad Officials, State Club Members, Local City and County Officials, Governor Olcott, Mayor Baker of Portland, and Others.

Excursion Trains Leave Portland at 8:00 A. M.

Grand Street Carnival

Fast Baseball Game, Smoker; Three Swift Bouts by Oregon's Best.

Walk Over Town

See Our Many New Buildings; Pick Out Your Location, and

HELP US MAKE A NOISE

Saturday, Sept. 9, 1922

CELEBRATING

..VERNONIA DAY..