



Diogenes Says
Get out of bed with the right foot

Start The Day Right

Do you arise in the morning feeling tired and sore—just as if you hadn't been to bed at all? Are you inclined to be forgetful, listless and dull during the day? Do you have a pain here and a pain there? If so, it's time you started taking

Nyal's Iron Tonic Bitters

Your blood needs encouragement—weakened tissues need food.

Nyal's Iron Tonic Bitters

Increase the appetite and make food taste and act right! It enriches the blood and performs other duties that compel you to forget that "tired feeling."

A large bottle of NYAL'S IRON TONIC BITTERS—full of health and energy—only costs \$1.

Whatever a good Drug Store ought to have—and many things that other drug stores don't keep—you'll find here. Come to us first and you'll get what you want.

We are exclusive agents for the celebrated NYAL FAMILY REMEDIES.

Our sole aim is to please our customers.

LAMAR'S DRUG STORE

Local Happenings.

H. S. Clark, auctioneer.

Dr. Lowe the optician, says give him something difficult.

Wanted, a few first class farm mortgages. Tillamook County Bank.

Dr. Lowe, June 22 1-17. Don't forget.

Mrs. Mary Cady of Forest Grove, grandmother of Mrs. Wendt, a visiting here.

Leave orders for all kinds of wood with the Tillamook Feed Co.

Dr. Lowe's glasses fitted by his method are a "short stop" on headache. Consult him.

Bring your mail order catalogue to the Tillamook Feed Co. and they will fill your order on the same to you.

Bruce Hare, who has been attending school at Corvallis a home on his vacation.

Wanted, a light colored seven band buggy. See Herald office.

Attorney Oak Nolan of Portland was in the city on Saturday of last week.

Best Columbi River salmon and halibut. Chase's Fish Market.

Miss Emma Swanson, who has been teaching school near Hood River is home for the summer.

The first water melons of the season can be found at the Fruit Palace.

Look a gold fountain pen with the initials L. B. E. thereon, finder please return same to Herald office.

Goat steed food tablets, large package for 50c, at C. I. Clough Co.

Pay all bills by check including your taxes. It's the BUSINESS WAY. Tillamook County Bank.

Miss Edna Garfield, court reporter of Salem, is calling on old friends in Tillamook for a couple of days.

Would like to trade home and two lots in Portland for property in Tillamook. Inquire Herald Office.

Miss Mabel, Goyne of this city, graduated from the Monmouth Normal this week, she will teach here next year.

Good milk cow for sale. See H. C. Hanson.

The Masons will meet in special meeting Wednesday evening, June 24. Special work, good attendance desired.

Dairymen, I can use anything: I the calf line or have. I am buying Jerseys, both sexes. J. Merrel Smith, the Calf Man.

Housekeeping room and furnished rooms for rent. Enquire at Watch Tower.

A. W. Miller of Portland who was one of the early newspaper men of the county is attending the reunion here this week.

Black and White Cigars

Once Smoked will convince all.

The only long filler

Pure Tobacco Cigar today for 5c.

50 Box \$2.00

Wier Sprechen Deutsch

C. I. CLOUGH CO.

Reliable Druggist.

I would like to get some heifer calves 3 to 10 weeks old. See Smith the Calf Man.

F. L. Babler, late of Wisconsin, brother of Mrs. Jacob Blum of Hemlock, is visiting his sister. They had not met before in 40 years. Mr. Babler assisted our drum corps this week.

Go to Dr. Monk for first class photography. He always delivers the goods.

The Old Spanish Kitchen is a fine place to get goods, good service and good treatment.

Miss Blanche Freeman, deaconess from the Southeast Kansas M. E. Conference is visiting at the W. E. Noyes home. She will visit friends here most of the summer.

Dr. Lowe the Optician does not peddle or go from house to house. Consult him at Tillamook Hotel, June 22 to 27.

Evangelistic services each evening this week at the Nazarene church. Conducted by the pastor assisted by D. L. Rice of Portland and Mrs. Elva Hobart of the Dalles.

Horse For Sale, black mare, 4 years old, weight about 1400 pound, well broke and sound. M. Roenicke, Woods, Oregon.

Mrs. H. S. Fredrick of Albany, Ore., of Fair Oaks Circle No. 7, has lost a necklace made of Canadian nickles with a brooch attached. Notify office of G. A. R. headquarters or Albany, Ore.

A SAFE DEPOSIT BOX will protect your papers from being lost or destroyed. \$1.00 per year. TILLAMOOK COUNTY BANK.

Lost by route lady, a chain purse containing small purse which had in it two \$10.00 bills and one \$5 gold piece and some small change, also some coupons on Halton's. Finder return to Herald and receive reward.

Young America cheeses done up in four pound lots are held for sale at the business houses of the city. They make a ne souv ni to some friends who were not able to attend the reunion. Ask any of our merchants about them.

Geo. Cohn, who has been spending the winter in Southern California arrived in the city the first of the week.

Ralph Himes and wife who have been spending the winter at Ashland, Or., are in the city.

Don't be deceived in buying cheap flour when you can get Dement's Best, Blue Stem hard wheat flour at the Tillamook Feed Co. The "Best" flour on the market. Money back if not satisfied.

In the bootlegging case which was tried before the city recorder last week C. G. Edwards was declared innocent of the charge and F. Parker, who boarded with him plead guilty and was fined \$50 or given the privilege of leaving town. He left town.

Open an account with the OLD RELIABLE with your next pay check. Pay all bills by check. You'll know just where the money went at the end of the month by looking over the checks. Tillamook County Bank.

Mr. Roy J. Anderson is making a brief visit to his mother and sisters, Lillian and Ruby, in this place, after which he resumes his work as electrical engineer which he has successfully followed since graduation at O. A. C. in '213.

Let no one fit glasses to your eyes who is not registered at the county court house in Tillamook. You lay yourself liable in the eyes of the law, for a witness in court if no more. Dr. Lowe will register when he arrives next Monday. He does not peddle.

Notice to the Public.

I am now located in the Mrs. Mills property between Stillwell Ave. and Second Ave. East, three blocks West of my old location, where I am better prepared to serve you than ever before. Thanking you for your liberal patronage in the past and soliciting a continuation of your valued orders, I am,

Yours for business,
Kasper Zweifel,
THE WATKINS MAN.

A. M. AUSTIN

CIVIL ENGINEER AND SURVEYOR

WATER AND POWER RIGHTS OUR SPECIALTY

Mutual Phone

Black and White Cigars

Once Smoked will convince all.

The only long filler

Pure Tobacco Cigar today for 5c.

50 Box \$2.00

Wier Sprechen Deutsch

C. I. CLOUGH CO.

Reliable Druggist.

ANOTHER CUT IN MAZDA (TUNGSTEN) LAMPS

15, 25 and 40 Watt,	35c
60 Watt - - - - -	45c
100 Watt - - - - -	50c
150 Watt - - - - -	\$1.20
250 Watt - - - - -	2.00

Prosted Lamps 3c Extra.

We deliver lamps to any part of the city. Telephone us. We do wiring at the lowest prices consistent with good workmanship.

Tillamook Electric Light & Fuel Co. Will spading, Mgr.

Wedding announcements have been received in this city announcing the marriage of Miss Lottie Price of Tillamook to F. H. Gilham of Portland, at Oakland on June 10th. They will make their future home in Oakland, after making a trip about the state. Mr. Gilham is state manager of California for a Chicago firm.

Next Monday and the remainder of the week you can consult Dr. Lowe the well known eye specialist at Tillamook Hotel. You and your children are safe if you wear his superior glasses—eye safe and price safe. They cost you no more than inferior kinds usually sold and you have the benefit of his skill and more than 21 years experience as an exclusive eye specialist. Dr. Lowe guarantees his glasses to give satisfaction whether they cost \$2.00 or more. One charge covers entire cost of examination, frames, lenses. Remember the dates from 22 to 27.

CALL FOR BIDS

The Tillamook Building Company will receive bids for supplying 100 cords of four-foot wood, to be delivered in the basement of its building in Tillamook City, Oregon, on or before Sept. 15, 1914.

Tillamook Building Company, By H. T. Botts, President.

NOTICE

All Gold Bond Trading Stamps bearing the letters THS or Holtz must be in our hands not later than June 20th to be redeemed.

HALTOM'S

PIANO TUNING
First class work. Reasonable rates. Three years of satisfaction to Tillamook patrons.

PAUL IRVINE
Phone or leave orders at Jones-Knudsen store.

Brief News of the Week

Slam will send a battalion of infantry and a band to the Panama-Pacific exposition at San Francisco.

A general holiday was observed throughout the south Wednesday in honor of the anniversary of the birth of Jefferson Davis.

One person was killed and a number hurt in a severe wind storm which swept Superior, Wis., causing property damage estimated at \$500,000.

Five freshmen at the Academy at Annapolis have been arrested in connection with the death of William Bowlin, victim of hazers.

Firearms can be sold only by licensed dealers in Chicago, and then only to persons who have a permit from the chief of police, according to new ordinance.

The Illinois Bar association adopted resolutions prohibiting its members from giving out interviews for publication in cases in which they are interested. The publicity practice is held to be unethical.

Thursday the magnificent monument erected in the confederate section of the Arlington national soldiers' cemetery was unveiled with impressive ceremonies in which President Wilson and other notables took part.

People in the News

Society is too quick to intercede in behalf of criminals, says former justice of the supreme court of Wisconsin, John B. Winslow.

John D. Rockefeller's wealth has been estimated at \$311,226,367 by the tax returns, in Cleveland. Most of the amount is in Standard Oil holdings.

Victory for prohibition in California would mean a loss to the industries of the state of a sum estimated at \$700,000,000, says William H. Schmidt of San Francisco.

Jacob Furth, a leading financier of Puget Sound and head of the Stone & Webster interests in the State of Washington, died at his home in Seattle. Death was caused by heart trouble.

Mrs. Joseph R. Knowland, wife of Representative Knowland of California, who is a candidate for the United States senate, announced that she will stump the state with her husband.

A courtmartial sentenced Vice-Admiral Matsumoto of the Japanese navy to three years' imprisonment on charges of accepting bribes in connection with naval contracts.

The theory of Dr. Samuel Pierpont Langley, who proclaimed to the world that he had solved the problem of the air several years before heavier-than-air machines had been successfully navigated, was vindicated when Glenn Curtiss, the aviator, went aloft in "Langley's folly."

City Can Regulate Auto Speed.

Salem, Or.—That a municipality virtually is free from molestation by the legislature in home affairs, was the gist of a decision by the supreme court. Under the opinion the legislature is prevented from passing any act which would interfere with a city in any matter germane to the city's activities.

Specifically the decision holds that the Oregon motor vehicle law, which allows a rate of speed of automobiles in cities of 25 miles an hour, does not apply in Portland, which has ordinances limiting the speed to 15 miles.

THEY ARE GETTING PAID FOR BOOSTING

Who Is
The Sharples Mechanical Milker Users

Why Not
Become a customer also and get paid for it in increased profits

Why Not
Relieve yourself of all dependance upon unreliable help and drudgery.

Why Not
Make up your mind at once and invest in a Sharples Milker. The best Cup with the Upward Squeeze. The most wonderful invention of the present time.

Call at our store and we will show you a machine in operation.

R. F. ZACHMANN

CEMENT, LIME, PLASTER, LATH BRICK, ASPHALT, LAND PLASTER AND COAL

LAMB-SCHRADER COMPANY
Docks and Warehouse Front St. between 2d and 3d Ave. West

BATTLE HYMN'S BIRTH.

Story of Writing of Famous War Song by Julia Ward Howe.

Mrs. Julia Ward Howe told the story of how she came to write her stirring song, the "Battle Hymn of the Republic."

"It was during the second year of the war," she said, "and I had gone to Washington with my husband and my pastor, the Rev. James Freeman Clarke. I had wished many times that I could do something for my country, but the way seemed closed. My husband was too old and ill to go; my son was only a boy. My children were so young that I could not leave my home for long myself. While we were in Washington there was a great review of the troops across the river. We drove out to see it. While it was in progress there was a dash made against some of our troops by the enemy. It was repulsed, but the review was abandoned, and the troops came thronging back to Washington and we with them.

"The progress of our carriage was slow, for the roads were crowded with the soldiers. To encourage the men we began singing various songs and hymns, and they would join in the chorus. After we had sung 'John Brown's Body' Dr. Clarke turned and asked me why I did not write some new words for that music. I replied that I had tried several times, but never could seem to write any good enough.

"The next morning just about 4 o'clock I woke suddenly. As I lay there in bed the words of the hymn began to form themselves in my mind. I got up and by the faint light of the early morning scrawled them on a piece of paper and then went back to bed and sound asleep again. That is the way the hymn was written."—Saturday Evening Post.

"Five Minutes For Memories."
A custom which is becoming national is the silent dedication of the five minutes beginning at noon on May 30 to those civil war heroes who now are passed away. Soldiers, veterans, public men and just plain citizens all help to observe the beautiful custom of devoting five minutes to the memory of the men who fought to keep this country one nation.

First Northern Memorial Day.
The first observance of Memorial day in the north was in 1896 at Waterloo, N. Y., when General Murray had the veterans of his post decorate the graves of their comrades. In 1867 T. C. Campbell of Cincinnati marched his post to the graves and laid wreaths on them. In 1868, following General Logan's request, there was a general observance of the day wherever Union soldiers were buried.

WILL SELECT SUFFRAGE BILL

Meeting Called to Concentrate Support for Measure Before Congress.

Washington.—In an effort to concentrate support for a suffrage measure in congress, suffrage leaders issued a call for a meeting of all leaders in the movement in the United States at O. H. P. Belmont's Newport home, Marble House, July 3.

Two bills, one by Senator Shafroth and the other by Senator Bristow, are before congress. The suffrage leaders are divided as to which measure is better, but they hope to settle all difficulties at the meeting. Suffrage workers from nearly all states, and representatives of the congressional union and the national American woman suffrage association will participate.

Metcalfe to Make Race.
Omaha.—Richard L. Matcalfe, vice-chairman of the committee to arrange the formal opening of the Panama canal, has decided to accept the petition filed in his behalf for the democratic nomination for governor of the state of Nebraska.

Subscribe for the Herald. It Comes Twice a Week.