

The Tillamook Herald

C. E. Crombley, Editor

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SUBSCRIPTION \$1.50 A YEAR IN ADVANCE

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| Each subsequent insertion, line | .05 |
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TUESDAY JUNE 9, 1914.

SOME FACTS ABOUT ALCOHOL.

(By Richard P. Hudson)

What is the nature of the so-called drug? Being based on scientific, physiological and anatomical research that alcohol is the toxin in the yeast or fermenting matter that is the waste product and final excretion, and it is a great law of biology that the toxin in a living organism is all forms of life of a higher order. Now the yeast germ is not at the final stage of life, consequently, through its action, alcohol, the toxin of this yeast germ, must be eliminated as poisonous to all life that it has been started.

The great scientists who have spent years of their lives at the laboratory at London, have found that the yeast is destructive in all countries, in all parts of the world in the last five or ten years—scientific investigations led to the same result and they were able to draw up a simple scientific statement which defines the nature of alcohol.

Exact laboratory, chemical and physiological research has demonstrated that alcohol is a dehydrating, proteolytic poison and its use as a beverage is destructive and demergerating to the human organism; its effect upon the cells and tissues of the body is depressing, narcotic, anaesthetic and therefore, theoretically, its use should be limited and restricted in the same way as the use of other poisonous drugs.

It is not necessary for me tonight to go into a detailed description of the intimate that this poison has upon all the tissues and all the organs and cells of the body. The most appalling and astounding fact that came out in this investigation was, that the effect was greater upon those cells that are associated with evolution, that the wound inflicted upon those tender cells is like a wound by a hot iron. You may recover from some wounds, but never from the scar of a deep burn.

Now in the human family, evolution is not along physical lines. Nature is not trying to build up a race of physical giants, but to develop those things associated with the moral sense. Very clearly Nature's purpose is to produce a high order of men, not only to have the power of brain developed, but a high conception of justice, a true feeling of charity and love in the heart, a noble race of men.

It was found that this poison blights that line of evolution, no matter in what form of life.

You can take the vegetable kingdom, whether a beautiful flower that has been built up in recent years, or a wonderful vegetable, and if to the water that you use upon it you add some of this poison, you will find that the further evolution of color or form stops; and if you persist you will find that this poison gradually consumes and devours the products of past evolution, and tends to set the plant back to a lower stage of evolution—as it was when it grew wild in the fields.

You take the animal kingdom and the same result will be found. A little kitten brought up as an alcoholic, when it is grown will not play with a string and has no special interest in a mouse; and you will finally wipe out all the processes of evolution since it was domesticated by man, that have developed in the kitten. The same thing applies to the dog family. Little dogs will have no more care for their master than would a wolf and 6,000 years of evolution in the dog family will be blotted out.

Give alcohol to the Indian, and in a very short time you will turn a peaceable Indian into a savage. Those who have watched the effect of alcohol upon a black man, will find it will take an incredible short time to blot out all the results of evolution since he has been in civilization and put him on a level of cannibalism.

Take the noblest specimens of the white man and watch the debilitating effect of alcohol. A man who would not harm an insect is turned into a brute and he will be guilty of inhuman acts.

You can take a man with a high sense of honor, a man of noble ancestry, who would cut off his hand before he would stoop to a dishonest act, and you can note the process of degeneracy until you will soon find you cannot depend upon his word, he will become careless of his obligations, his moral sense will become blighted and he will even be cruel to his own flesh and blood.

A record was kept, for one year, of cases of murder in the United States and it was found that 3,000 were cases where men killed their own wives while they, through alcohol, had degenerated toward the savage state. An appalling fact!

BETTER BABIES CONTEST.

Special announcement for county and local fairs issued by the Better Babies Bureau of the Woman's Home Companion, 381 Fourth Avenue, New York City.

Have you a baby in your home? If so read this announcement.

OBJECT OF CONTEST.

The Better Babies Contest is a popular yet scientific movement to in-

crease better babies and a better race. It consists of entering, examining and awarding prizes to the children of our race or less an exactly the same basic principles that are applied to livestock shows. Mere brawn does not count. Physical and mental development only are considered. The Better Babies Contest insures a better race of Americans, because it teaches the parents how to improve the physical condition of children at home and to protect those who are exposed. It arouses interest in the education of child life and health and in all forms of child welfare. It forms a connecting link between parents and teachers, between the home and the scientific study of child life. It promotes civic interest in children and their communities.

CLASSIFICATION OF ENTRIES.

Important note to contest managers. The table of standards on the Better Babies Standard Score Card provides for the examination of babies from 6 to 48 months, but physicians urge that babies under twelve months should not be brought to fairs. The most popular age limit for fair contests is from 12 to 48 months.

1st CLASS.

Best child over 6 months and under 1 year, prize \$10.00
Best class over 1 year and under 2 years, 1st prize \$8., and \$5. and \$3.
Class over 2 and under 3, 1st prize \$5., and \$3. and \$5.
Class over 3 and under 4, 1st prize \$3., and \$2. and \$3.

Highest scoring boy, Better Babies medal in bronze.
Highest scoring girl, Better Babies medal in bronze.

To the highest scoring baby, Better Babies medal in bronze.
To each first prize winner, Better Babies Diploma.

To each child examined in contest, Better Babies Certificate of Examination.

RULES.

Contest opened to all babies of Tillamook County, between 6 months and 48 months.

Appointments for examination will be made in the order in which applications are received.

Notice of date and hour of appointment for examination will be mailed in ample time before the fair opens. All questions on blanks submitted to parents must be answered.

No child suffering from any acute, constitutional or contagious disease may be entered. To prevent danger from contagion, all children will be examined by a physician or trained nurse before being admitted to the reception room.

Date of examination to be fixed later.

To farmers and their wives, you study scientific farming and domestic science to raise bigger and better crops, to improve your livestock, to produce richer milk, to bake better bread, to have more money in the bank, why not study better babies? Hygiene to make your baby bigger and stronger, to raise the standard of health in your family, to reduce doctor bills, to have happier children in your home?

TO MOTHERS IN GENERAL. Do you want healthy happy babies? Would you like to see your baby well nourished, firm in flesh, smooth of skin—a prize baby?

Then come to the Better Babies Contest. Have your baby tested by physicians who know what a 100 per cent baby ought to be.

If your baby is up to the standard, he will win a prize.

If he is not, you will be told how to make him a prize winner next year.

All parents wishing to enter the contest please inform Mrs. M. F. Dunstan at an early date, so the required literature may be ordered. This can not be done until the number of children to enter has been ascertained.

Applications should be in by July 1, 1914.

MARY F. DUNSTAN, Supt. Better Babies Contest.

PORTLAND LETTER.

Portland, June 6, (Special)—On last Wednesday Astoria witnessed the opening of an era of improvement and progress which will far surpass in importance all the activities at the mouth of the Columbia for the past century. The first unit of the Port of Astoria municipal dock was commenced. The first pile was driven in a project to reclaim the waterfront of the city by the construction of a great concrete sea wall, ground was broken for the Clatsop County section of the Columbia highway, and at Flavel, a suburb of the greater city, work was started on the construction of a great system of docks for the accommodation of the magnificent steamers which the Hill system is having built for service between the mouth of the river and California.

The municipal docks, which are located at Smith's Point, will consist of a dock and warehouse 90 x 1,100 feet on the west side and a dock 100 x 600 feet on the north side of the point, the development, when complete, providing 6,000 feet of waterfront with piers long enough to ac-

commodate the largest ships that can pass through the Panama Canal.

The improvements at Flavel will include a system of docks of sufficient capacity to accommodate any vessel which can enter the river and this first unit of the project will cost approximately \$500,000. The tractors are busily at work constructing their work men, erecting shops and installing the powerful machinery which will be required in driving construction at top speed. It is estimated that the first dock will be ready for use within ten months from the driving of the first pile.

On the north side of the Columbia the government is pushing the Ninth, and very farther and farther, into the ocean, loading and dumping rock at the rate of 4,000 to 5,000 tons a day. A giant pile driver is copying the seaward end of the present breakwater, and at the present rate of progress, it is estimated that the miniature locomotive, hand endless trainroads, of heading, which are tumbled into the surf at an average rate of nearly ten tons per minute. The rock is transported in barges from the quarries on the river bank above Vancouver, Wash. Every carload is weighed between the receiving dock and the jets.

Late in October the Manufacturers Association of Oregon and the Lumber Association of Oregon will hold a great joint exhibit in the Portland Armory and a temporary building to be erected near by. The object of the show is to gather a vast quantity of products of Oregon soil to be shown first in Portland and afterward the best of the material to be installed at San Francisco during the exposition next year. The prices offered for land products will amount to about \$1,000.

In the County Court of the State of Oregon, of Tillamook County.

In the matter of the Estate of Joseph W. Cochran, deceased, late of the County of Ashland, State of Wisconsin. Notice is hereby given that the undersigned has been duly appointed by the said Court, administrator with the will annexed of the Estate of Joseph W. Cochran, deceased. All persons having claims against said estate are hereby notified to present the same to me, with the vouchers properly verified, at the office of Thos. Coates, Commercial Building, Tillamook City, Tillamook County, Oregon, within six months from the date of this notice. Administrator's address: 445 Sberjack Bldg., Portland, Oregon.

Dated and first published this 5th day of May, 1914.

JOHN R. O'AN MAN, Administrator with the will annexed of the Estate of Joseph W. Cochran, dec'd.

Administrators Notice to Creditors.

NOTICE IS HEREBY GIVEN, that the County Court of the State of Oregon, for Tillamook County, has appointed the undersigned administratrix of the estate of James S. Gray, deceased, and any and all persons having claims against said estate are hereby required to present the same, together with the proper vouchers, to the undersigned at the office of T. H. Gozney, an attorney at law, in Tillamook City, Oregon, within six months from the date of this notice.

Dated May 6th, 1914.
Ruth R. W. Gray, Administratrix of the Estate of James S. Gray, Deceased.
T. H. Gozney, Attorney for Administratrix.

Notice of Sheriff's Sale of Real Property.

NOTICE IS HEREBY GIVEN, that by virtue of an Execution and Order of Sale issued out of the Circuit Court of the State of Oregon, for the County of Tillamook, dated the 14th day of May, 1914, in the cause wherein E. H. Hathaway and H. R. Hathaway were plaintiffs, and the First National Bank of Tillamook, Oregon, a corporation, and Albert Maroff and Katie Maroff, and D. E. Goodspeed and Mary J. Goodspeed, were defendants, upon a judgment and decree rendered against said defendants, D. E. Goodspeed and Mary J. Goodspeed, in favor of plaintiffs, for the sum of \$600.00, together with interest thereon at the rate of 8 per cent per annum from the 25th day of August, 1912; the further sum of \$50.00 attorney's fees, and costs and disbursements taxed at \$12.00; and a judgment and decree rendered against said defendants, D. E. Goodspeed and Mary J. Goodspeed, and in favor of said defendant, The First National Bank of Tillamook, Oregon, for the sum of \$164.00, together with interest thereon at the rate of 8 per cent per annum from the 2nd day of August, 1913; the further sum of \$100.00 attorney's fees; and costs and disbursements taxed at \$33.00; and commanding me to satisfy the said judgments and decrees by the sale of the real property of said defendants, D. E. Goodspeed and Mary J. Goodspeed, hereinafter described.

NOW, THEREFORE, in order to satisfy the said judgments and decrees, I will, on the 20th day of June, 1914, at 10 o'clock a. m., at the front door of the County Court house in Tillamook City, Oregon, sell at public auction to the highest bidder for cash in hand, the said real property, which is situated in Tillamook County, Oregon, and is more particularly described as follows, to-wit:

Lots 5 and 6 of Block 12, in Sunnyside Addition to the town of Bay City, Oregon; also, Lots 12 and 13 of Block 7, and Lots 4, 5 and 6 of Block 8, all in Bar View Addition to the town of Bay City, Oregon.
Dated this May 19th, 1914.
H. Crenshaw, Sheriff of Tillamook County, Oregon.

Notice of Sheriff's Sale of Real Property.

Notice is hereby given, that by virtue of an Execution issued out of the Circuit Court of the State of Oregon, for Tillamook County, dated the 24th day of April, 1914, in the cause wherein Lem Parker was plaintiff, and Wil-

Dr. L. E. Hewitt
OSTEOPATHIC PHYSICIAN
AND SURGEON
Obstetrical Specialist
Both Phones
Res. and Office: Whitehouse Residence.
TILLAMOOK ORE.

DR. A. D. PERKINS
RESIDENT DENTIST
Office in Sturgeon Bldg.
All Work Guaranteed.
TILLAMOOK OREGON

Dr. Jack Olson
RESIDENT DENTIST
Office Hours from 9 a. m. to 5 p. m.
Oddfellows Building
Both Phones.

DR. ELMER D. ALLEN,
Dentist,
Has Located in the Commercial Bldg.,
Succeeding Dr. P. J. Sharp.
All Work Guaranteed. Both Phones.
Office Hours: 9 to 12 a. m.
1 to 4:30 p. m.
Open Evenings from 7 until 9 o'clock

T. H. GOYNE
Attorney-at-Law and
Land Office Business.
OPPOSITE COURTHOUSE

J. E. REEDY, D. V. M.
VETERINARIAN
(Both Phones);
Tillamook Oregon

GEORGE WILLETT
Attorney at Law
Office in Commercial Building

Four Foot Fir Slabs
\$3.00 Per Cord Delivered
\$2.90 in Ten Cord Lots;
\$2.80 in Twenty Cord Lots.
A. F. COATS LUMBER CO.

Item L. Riefenber and Lillian C. Riefenber were defendants, upon a judgment rendered in favor of said plaintiff, Lem Parker, and against said defendants, William L. Riefenber and Lillian C. Riefenber, amounting to Three Hundred and Twenty-five Dollars, and interest thereon from the 10th day of July, 1911, at the rate of 10 per cent per annum; the further sum of \$50.00 attorney's fees, and the further sum of \$13.50 costs and disbursements. Now, therefore, in order to satisfy the said judgment, I will, on the 13th day of June, 1914, at 10 o'clock a. m., at the front door of the County Court house in Tillamook City, Oregon, sell to the highest bidder at public auction for cash in hand, the real property of the said defendants, situated in Tillamook County, Oregon, more particularly described as follows, to-wit:

Lot 1 of Block 8, in Bar View Addition to the town of Bay City; Lots 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, of Block 20, in Fuller's Amended Addition to the town of Bay City (except right of way 50 feet wide through lots 25, 24, 25, 26, and 27, in said block 20, conveyed to the United Railway Company); also tract beginning 60 feet west and 100 feet south of the northwest corner of Block 4, in Fuller's Addition to the town of Bay City; thence south 45 feet, more or less, to the northeast corner of tract sold to Winfield C. Crombley by deed recorded at page 634 of Book "17" of Deeds, Records of Tillamook County, Oregon; thence west 200 feet; thence north 45 ft. more or less, to a point due west of the point of beginning; thence east 200 feet to the place of beginning.
H. Crenshaw, Sheriff of Tillamook County, Oregon.
Dated May 12th, 1914.

MY PERCHEON STALLION KING.
Will make the present season at Harris & Vidito barn at Tillamook and will go as far south as Beaver and as far north as Mohler, C. G. Briscoe, Tillamook, Ore.

RANCH FOR SALE.
74 acres near Salem, level, partly cleared, good pasture, flowing spring, one mile to R. R. station. \$55.00 per acre, would take Tillamook property for part.
Rosenberg Bros.

INDUSTRIAL NEWS.

On June 4 more than 1,000,000 pounds of wool was sold at Shaniko at prices ranging from 16 1/2 to 20 cents per pound. The wool was practically all taken by five buyers, one of whom bought 480,000 pounds. The largest individual sale was of 77,000 pounds at 18 1/2 cents.

At the Commonwealth Conference during the past week, held at Eugene at the State University, propositions were made for a state employment bureau and insurance against unemployment.

Oregon manufacturers are planning an exhibit this fall in connection with the land show at Portland.

E. J. CLAUSSEN
LAWYER
DEUTSCHER ADVOKAT
Commercial Building

H. T. BOTTS
Lawyer
COMPLETE SET OF ABSTRACT.
Office 202-204, Tillamook Block
Tillamook Ore.

Pioneer Transfer Co.
G. L. DICK & SON, Props.
Both Phones
The Same Price to Everyone

JOHN LELAND HENDERSON
Attorney-at-Law
Abstracter
Tillamook County Bank Bldg.

Geo. P. Winslow
ATTORNEY-AT-LAW
Tillamook Block
Room 202
Tillamook, Oregon

TILLAMOOK UNDERTAKING CO.
R. N. HENKLE, Mgr.
Located in Building Formerly Occupied by Carl Fattalaf.
Funeral Director and Licensed Embalmer
Laid Assistant When Requested.

E. N. CRUSON.
Painter and Paper Hanger
Contracts Taken
Estimates Furnished,
All Work Guaranteed,
Tillamook, Or.

J. F. STRANAHAN
CONTRACTOR AND BUILDER
Will take all kinds of building contracts, furnishing Architectural drawings for the same, and all other building material. Mr. Stranahan is manufacturer for many kinds of material entering into the construction of buildings that is not so common in the local market.
Give him a call—consultation and building free at all times. Next to Todd Hotel.

ALEX. M'NAIR & CO.
GENERAL HARDWARE
KITCHEN RANGES and HEATING STOVES
See Us for Prices Before Ordering Elsewhere

TILLAMOOK CLAY WORKS
KREBS BROS., Props.
We have now a limited supply of brick and tile ready for the market at the following prices:
BRICK, \$10.00 PER THOUSAND
3-IN. DRAIN TILE, \$16.00 PER THOUSAND
4-IN. DRAIN TILE, \$20.00 PER THOUSAND
Located 6 miles south of Tillamook on traveled road.
MUTUAL PHONE

W. N. Turner and E. N. Booth of Eugene will erect a large cannery at McMinnville.

R. H. Clow is building a hydroelectric plant at Mapleton.

The Union Oil Co. of California is establishing distributing plants at many cities in Oregon.

During May 72 vessels cleared from the mouth of the Columbia with 70,684,615 feet of lumber, against 39 vessels with lumber in May, 1913.

Shanico shipped 122 double-decked cars of sheep the last week of May.

IN NEW QUARTERS
With Modern Furnishings
Give Us a Try
SATISFACTION GUARANTEED
CRYSTAL LAMPS

Tilco Apartments for Rent
Furnished or unfurnished, in suits of four rooms rent. These apartments are modern conveniences and are fully furnished. They are located in the new Masonic Hotel, a most comfortable and desirable prospective renters enjoy office.

NOTICE OF OFFICE
R. B. HAYS
Water Collector—Street Corder and City Recorder, 10th Hall, First ten days of each month 1 to 12 A. M.—1 to 2 P. M. the month 1 to 3:30 P. M.

Eat
Viereck

TILLAMOOK BLDG.
AT ALL GRICES

Sidney E. Henderson, Surveyor
John Leland Henderson, Secy. Treas.
Attorney-at-Law, State
Tillamook Title Abstract Co.
Law, Abstracts, Real Estate, Surveying, Insurance
Both Phones
TILLAMOOK, ORE.