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**NIGHT AND DAY CAMP
IS LIFE SAVING STATION**



Tuberculosis kills 150,000 persons in the United States every year. These two women escaped. They are shown in the Night and Day Camp conducted by the St. Louis Society for the Relief and Prevention of Tuberculosis. They are among the fortunate ones because they knew how to take care of themselves when this great menace threatened them. They knew that the cure lies in plenty of fresh air, even if the temperature is away below freezing, sunlight, good food and rest under proper medical supervision. Tuberculosis is not only curable but is preventable as well. The prevention lies largely in right living, in building up a strong bodily resistance. Eight out of ten persons are infected at some time in their lives, according to figures of the National Tuberculosis Association, the leading agency in the United States in the fight upon this disease. This organization is sponsor for the annual Red Cross Christmas Seal sale, from which the funds to carry on the work throughout the year are chiefly derived.

**RURALITES HAVE BIG
HEALTH ADVANTAGE**

Abundance of Fresh Air and Sunlight Do Much to Check Ravages of Tuberculosis.

DANGER IN CLOSED WINDOWS.

National Tuberculosis Association, Which Sponsors the Annual Sale of Red Cross Christmas Seals, Reports 150,000 Deaths Each Year From the Disease.

People who live in the smaller towns and on farms have a great health advantage over the city dwellers in that they have ever an abundant supply of fresh air and sunlight. These two gifts of nature, so lavishly bestowed, are not always appreciated to their fullest extent. They are two of the strongest weapons against the menace of tuberculosis, or consumption, as it is sometimes called. But consumption is not unknown in the rural districts. The death rate is sometimes as great in these sections as in the more crowded localities, chiefly because of carelessness or indifference to laws of health. Few, indeed, are the farm houses or the homes in the smaller cities and villages that cannot have an outdoor sleeping porch. On the contrary, we often find that the windows of sleeping rooms in the home are shut tight in the mistaken belief that night air is harmful. This paves the way for disease, especially tuberculosis, which generally attacks the lungs.

White Plague Kills 150,000 a Year. The white plague claimed 150,000 lives last year in the United States. More than 1,000,000 Americans are suffering from it today. These figures are compiled from reports of experts all over the country and sent to the National Tuberculosis Association, the leading agency in the country to combat this disease. This organization is sponsor for the Red Cross Christmas Seal sale, from which its financial support is chiefly derived. As medical science has proved consumption is both preventable and curable, the suffering caused by this disease is largely unnecessary. Most tuberculosis victims are between the ages of eighteen and forty-five. Causes Half Billion Loss Annually. These are the years when people are most active, the years of their greatest production. The snuffing out of these lives just when they are at the height of their usefulness means an annual loss to the country of nearly half a billion dollars. Fresh air is the cheapest of medicines. Outdoor sleeping porches are not only for the sick. They help well folks to keep well, and the country dweller can have this aid to healthy living at far less inconvenience than his city neighbor. You can help directly by seeing that you and your family are living under the most healthful conditions possible.

**FACTS ON THE ARCH
ENEMY OF HUMANITY.**

Tuberculosis kills producers—chiefly men and women between the ages of 16 and 45. It claims workers—active men and women in the homes, the office and the shop. It causes 150,000 deaths in the United States every year. It costs the United States in economic waste alone about \$500,000,000 annually. More than 1,000,000 persons in this country are suffering from active tuberculosis right now. It menaces every community, every home and every individual. AND YET TUBERCULOSIS IS CURABLE AND PREVENTABLE. It is spread largely by ignorance, carelessness and neglect. The National Tuberculosis Association and its 1,000 affiliated state and local organizations wage a continuous winning war on tuberculosis. The work of these organizations is financed chiefly by the sale of Red Cross Christmas seals. Drive the menace of tuberculosis from your door.

FIGHTING TUBERCULOSIS.

The National Tuberculosis Association has launched an extensive educational campaign. A recent health survey revealed a yearly death rate in the United States of 150,000 and there are today 1,000,000 active cases.

THE SYMBOL OF HOPE.



This is the emblem of the National Tuberculosis Association which annually sponsors the sale of the Red Cross Christmas Seals.

FISH FOR GULLS AND PETRELS

These Birds, as Well as the Albatross, Are Frequently Taken With Rod and Line.

Curious though it may seem, it is a fact that birds are caught with rod and line in many parts of the world. The pastime is declared to be almost as fascinating as fishing. Gulls in Newfoundland are caught in this way in large quantities. In New England fishing for gulls and petrels is an important industry. The method of bird fishing is practically the same as that of ordinary fishing. Two men go out in a dory and throw pieces of cod liver on the water. When large quantities of birds have been attracted to the spot more cod liver is thrown out on a hook. This the birds greedily swallow and thus fall easy victims.

Albatross are fished for in the same way off the Cape of Good Hope. A piece of pork is attached to a long line and thrown overboard. The bird will eye it for a long time, gradually and cautiously making toward it. Suddenly he will seize it and hold it in his beak. When he discovers that he is caught he will sit on the water and vigorously flap his wings. However, he will be drawn into the boat and made a captive. Albatross fishing is good sport, since the bird requires careful handling. So long as he pulls against the line it is easy enough. The moment, however, he swims forward the hook will drop from his beak unless it is skillfully manipulated, and the bird will find himself free.

MADE BY FRENCH SCULPTOR

Interesting to Recall That Houdon Crossed the Ocean to Model Bust of Washington.

Historical reminiscences, awakened by present relations between France and the United States, recalls that in the early days of the American republic French artists made the first sculptural representations of American men and events. America had portrait painters, as witness the surviving portraits of Washington, but no "statuaries," as sculptors were then called, of equal merit. The medals commemorating the American Revolution were struck chiefly in France, and Houdon crossed the ocean to model the bust of Washington necessary for his statue of the American general and president. It was a grave question whether the sculptor should clothe the general in modern costume or dress him, after the art fashion of the time, in the classic garb of a Roman, and, as the story comes down, it took the combined opinions of Washington, Jefferson and Franklin to secure a statue of the Father of his Country in his own proper garments.

Stanley's Subterfuge.

Possessing an ample purse of his own, also a Puritan conscience, Stanley's mother discourages the acceptance by him of gratuities from adult friends. How he evaded the spirit if not the letter of the law is told by William H. Dimock. "Sure, I knew the kid's ma doesn't like folks to slip money to him, but I also know—thanks to a good memory—the sweet sense of peace and prosperity a nickel yields to a boy," he says. "I almost stepped on the youngster while steering for a 10 a. m. breakfast and shot him to the little place on the corner for the latest peace congress headlines. When he returned with the paper I noticed his little hand looked awfully empty; also it had not been withdrawn. So I slipped a coin into it. "Stanley's mother later reminded him he had been admonished never, never to ask for money for any little service rendered. "But I didn't, mother," answered that valiant little George Washington. "I just held out my hand."—Brookton Enterprise

Bird Builds Several Nests.

Some birds get very nervous and become much excited if you approach their nests and among them is the black-throated green warbler, says the American Forestry association of Washington, which is conducting the national bird-house building contest for school children. Another thing about this bird is that it frequently builds several nests. Whether this is because it changed its mind after building the first one and decided to select a better location or with the deliberate purpose of deceiving any intruders who might come along is not known. The bird is very beautifully colored, the top of its head and the region nearly down to the shoulders being a yellow green, the back olive green, the throat and breast jet black and the under parts white with some yellow in them at times.

Early Progress of Industry.

Prior to 1895 the progress made in the development of the automobile can be summed up as follows: In general style the body was a park phaeton, a ponderous complicated contrivance, which would crush the pavements as it passed over them. The gasoline was stored in a large tank in front. The motor and controlling apparatus were placed beneath the bed of the vehicle. Excessive weight and complicated machinery helped in a great measure to make it an utter failure. One weak spot after another developed. The axles became heated, then the gears got out of order. The noise of the explosion of the gasoline was suggestive of a railroad locomotive.—Chevrolet Bulletin.

OPEN THE DOOR



**DISTRIBUTION OF
15,000,000 HAND
GRENADES STOPS**

War Department Cancels Contract to Supply Treasury With Bombs

San Francisco.—The War Department has refused to proceed with the delivery of 15,000,000 hand grenades to the Treasury Department for conversion into savings banks to stimulate thrift and the sales of War Savings Stamps, according to a telegram received by C. A. Farnsworth, associate director of the War Loan Organization of the Twelfth Federal Reserve District. A contract which the Treasury Department had with the War Department was cancelled. The grenades, filled with TNT, were ready for shipment to American Expeditionary Forces when the armistice was signed. The plan of the Treasury Department was to convert these grenades into savings banks by removing the explosive and to offer them as souvenirs of the war to purchasers of War Savings Stamps and Treasury Savings Certificates of the 1919 series. The plan met with instantaneous success throughout the country, millions of them having been ordered. They were to be awarded through banks and trust companies which in the Twelfth Federal Reserve District alone ordered nearly 100,000 of them. These orders will all have to be cancelled. "To say that I am disappointed is putting it lightly," said Farnsworth. "The demand for the grenades was tremendous, which proved that they were an excellent means of stimulating the habit of saving and investment in government securities. Moreover, they were the best possible souvenirs of the war. However, a Certificate of Achievement to be signed by Secretary Glass will be given instead of the grenades to the person who would be entitled to a grenade." W. S. S.

The Sobering Bundle

By Walt Mason. When you have a bunch of booze in the bank just up the pike, you'll stand up for Yankee Doodle, law and order and the like. Then no word of devastation, such as Russian outlaws shriek, will receive your confirmation—you'll denounce it like a streak. When a man is broke and busted, with no package laid away, he is evermore disgusted with the laws we all obey. He would see our courts all leveled, and the Judges on the rack, and the plutocrats belittled till they gave up all their stack. He would see all things upended, Justice he would render mute; then his chances would be splendid to accumulate some loot. I have seen some agitators stirring up the people's souls, and they wore cast-off gaiters and their pants were full of holes. And they said their chains were clinking, as they damned the plutocrat; if they'd only do some banking they would soon get over that. I have heard the speakers thrifless putting up their weary song; I have heard the weak and shiftless saying everything is wrong. But the man who saves his money thinks the Russian creed absurd, and he thinks it hoastly funny that so many yaws are heard.—Copyright, 1919. (By permission.) Walt Mason buys War Savings Stamps. Do you?

BUYING WISHES

"The man who buys only what he needs, and when he needs it, would neither sustain a 'marked down sale' nor a 'marked up one.' He would apply the law of demand according to its ultimate power, and the level of supply and demand would sooner be reached. It follows that as long as people keep on paying high prices, because they think they must have 'better living conditions' and still better, and buy because of a wish rather than a legitimate want, prices will remain abnormally high. . . . The consumer does know at all times what he can 'make do,' what he can and ought to pay for a necessary article, and if he lives up to the law of economy and necessity, he exercises the power of demand upon price to an appreciable extent and helps to lower the cost of living. Primarily goods are made to use and not to sell. And when a people will not use them they will not sell; when they will not sell they come down in price or go out of existence. . . . To use a canting phrase, much of our present-day trouble is due to the fact that 'we want what we want when we want it.' The truth is we have 'cut loose' from our war-time moorings in economy. . . . But the effects of this great war are not over. If we resume in having everything we want, the other resumption must wait. An ounce of economy is worth a pound in price. Less railing and more working, less spending and more saving would go far toward reducing the high cost of living." Commercial and Financial Chronicle. A Thrift Stamp is an ounce of economy. A War Savings Stamp is a pound of the same stuff. Get it through your head that high wages won't bring better times unless you save part of them. Save and invest with Uncle Sam. W. S. S.

There are 1,200,000 children attending grammar school in the seven states of the Twelfth Federal Reserve District. Figure it out yourself what they alone would save in a year if they each bought one \$5 War Savings Stamp each month.

W. S. S. Thrift prompts to industry and encourages self-reliance. Buy W. S. S.

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