TILLAMOOK HEADLIGHT, MARCH 27, 1919.

I have made arrangements with DR. W.E. LEBOW to practice Dentistry with me, and have no hesitancy in recommending him to my friends. He is a clean man in person and habits and knows how to do reliable dental work. One or both of us will be at my office across the street, South of the Court House, on MONDAYS, TUESDAYS and WEDNESDAYS; at CLOVERDALE on THURSDAYS; at NE-HALEM on FRIDAYS; at WHEELER on SATURDAYS and SUNDAYS until noon.

The most important teeth are the 6-year Molars.

Particular **PYORRHOEA** Bring your children to us for free examination. Be sure Attention Successfully you are right about their teeth Paid To Treated Plates When and Taken in Crown Time. Work Done and Bridge Work. **Evenings** Painless by Extracting. Appointment.

These are the first permanent teeth the child errupts. Are most sure to decay early and should be filled before its too late.

Most parents mistake these teeth for temporary ones and let them go until too badly gone to save. THERE ARE FOUR SIX YEAR MOLARS. We will gladly tell you what should be done, also the cost.

No charge for consultation.

The dentist has a duty as a teacher as well as an operator-to give instruction in the use of the brush, the toothpick, silk floss, etc. Only about 14 per cent of the people of America make any intelligent use of dentistry.

1-The mouth is a gateway of health and disease 2-Hard foods, if well masticated, help to make and keep good teeth. The cleaning power of vigorous mastication is greater and better than artificial cleaning.

3-Soft foods cling to the teeth; hard foods clean them.

4-A clean mouth helps to make a sweet breath. 5-Food left on teeth brings decay. Clean teeth seldom decay.

6-Decay commences on the outside of teeth. Unclean teeth decay chiefly at night. Clean the teeth before going to bed. Clean the teeth again in the morning.

7-Wash the mouth after every meal.

8-Brush all the teeth thoroughly, especially the back teeth, on all surfaces.

9-The medicament used, whether a dentifrice or soap and water, is not so important as the

method of using. Avoid, however, any mixture that contains grit.

19-When cleaning the teeth the greatest care should be bestowed upon the removal of food and debris from between the teeth, using a brush with bristles to conform to and reach the spaces. An ercellent adjunct and a great protection against decay consists in passing silk between all the teeth and drawing it outward in such a manner as not to hurt the gum.

11-In use the brush should not be allowed to pass to and fro from the front 'to the back teeth only; but with a short pressing sweep from the gums to the cutting edge of the teeth. Thus the stroke in the supper jaw is from the gum downward, while in the lower jaw it is from the gum upward.

12-The force used in chewing food is modified (1) by the use made habitually of the teeth, (2) by the loss of the pulp, (2) by disease of the peridental membranes. The strength of the teeth is ample for reasonable stress, but metals, very hard substances, and some confections should be excluded.

W. A. WISE, Tillamook County Dentist, Office and Residence Across the Street South of Court House.

ROOSEVELT HIGHWAY CAMPAIGN OUTLINED.

Officers were elected, finances temporarily arranged, and a committee appointed to prepare a statement for voters' pamphlet, at a meeting of road enthusiasts in Portland on Friday to promote the \$2,500,000 bond issue for the Roosevelt highway. The people will vote on the proposal to issue these bonds at the special election June 3. The bonds are contingent on the federal government matching the sum, and if the government declines to act, no bonds will be sold.

C. Pier, city commissioner elect of had to get together and let the state Portland, for president; Bruce Denvalue of milk and its products and nis, of LaGrande, vice-president; B. F. Jones, of Newport, father of the And so the Oregon Dairy Council measure, sercetary and E. D. Cusick, of Albany, treasurer. organization working on small funds

Statement Committee Named. and yet getting splendid results. The committee designated to pre- Now it will incorporate and do good pare the statement, consisted of John live work that will make it a greater B. Goss, of Marshfeld, T. B. Handley, power for all branches of the indusof Tillamook, A. W. Norblad, of As- try.

toria; E. J. Adams of Eugene; and Among the cheese factories that B. F. Jones, of Newport. To tempor- saw the advantage of getting behind arily finance the promotion of the this splendid movement were the Tilcampaign, it was agreed that each of lamook Creamery, Maple Leaf Creamthe seven counties on the coast, ery, Holstein Creamery, South Prairthrough which the road will run, ie Creamery, Fairview Dairy Associashall subscribe \$500, to be reimburs- tion, Red Clover Creamery, Clover ed later. Leaf Creamery, Cloverdale Cheese

A campaign manager will be selec- 'Co., Central Creamery, Long Prairted by the officers, and there will be ie Creamery, Three Rivers Creamery, a vice-president in each county of Oretown Cheese Co., Neskowin Dairy the state, these vice-presidents to act Association and Kuppenbender and as an advisory board and to attend Son. Tillamook County and First to the organization of their respec- National Banks. All these are well tive counties. Women's auxiliaries known Tillamook concerns and are are to be started in each county. This members of Tillamook's famous program was worked by a committee creamery association that made 5,consisting of J. C. Johnson, E. J. 036,900 pounds of cheese last year. Adams, T. B. Handley, A. W. Nor- Among the other new members are bald, J. B. Goss, Judge R. R. Miller Eugene Farmers' Creamery, Lane and Fred Hollister. The temporary county and Springfield Creameries, officers, B. F. Jones, and C. C. Corvallis Creamery, Junction City Chapman, the latter acting as secre- Creamery and First National Bank tary, will serve until the permanent of Corvallis. This council is proud officers are installed. that among its members is the Albany Creamery Association that won

Coast Counties Represented.

Those registered for the meeting first prize at the Western Dairy prowere B. F. Jones, L. W. Williams and ducts show at Boise recently. It also has a large percentage of the leading D. T. Harding, of Newport; Judge R. R. Miller, J. W. Dunn and J. J. banks and other concerns. Christensen, of Toledo; Al L. Martin, of Coos Bay; J. B. Goss, of Marsh- University, says: "I wish to point field, J. C. Johnson, of Gold Beach; out the fact, which rests upon sound E. N. Hurd, E. S. Prouty, M. F. experimental evidence, that milk is Hardesty and D. J. Moore, of Seaside, an indispensable article of the diet A. W. Norblad, B. S. Worsley and D. of any people who wish to achieve; E. Lagassee of Astoria; E. I. Ballagh that milk production cannot rest up-St. Helens; E. C. Roberts, of on a philanthropic basis, but must Myrtle Point; H. H. Rosenberg, W. be a paying industry. I want to em-Riechers, W. G. Dwight and T. B. phasize that the public must allow Handley, of Tillamook; O. W. Taylor the price of milk to advance so that of Gearhart; Fred Hollister, of North the industry is profitable to the Bend; G. W. Griffin and E. J. Adams dairymen. Milk is worth much more of Eugene; J. W. Bergmane of than its protein content would indi-Florence. There was also a sprink- cate. It is the great factor of safety in making good the deficiencies of ling of Portlanders present.

The Roosevelt highway will be the the grains which form and must con-Oregon section of a costal military tinue to form the principal source of road along the Pacific ocean. In energy in our diet. Without the con-Washington word was received that tinued use of milk, not only for the

from Blaine to Aberdeen the road feeding of our children, but in liberwill soon be paved and money is al amounts in cookery and as an ad-

He found that there is in milk, but- 4. A private corporation cannot do ter and cheese a certain chemical in- business with only 2 per cent of its gredient that makes it absolutely capital available, much less can a necessary to human life. There is no public corporation make 'necessary substitute or imitation or alternate improvements on that amount-6 that contains these elements and per cent is little enough; 5. This is therefore 'there is no substitute for a purly local option measure, no county need assume burdens unless dairy products." The time had come when the it desires.

that there must be some organization, some channel through which, work-R. O. L. HOHLFELD, ing together cooperatively they could let the world know what a VETERINARIAN. wealth of attraction there is to be found in Oregon in various dairy in- Bell Phone-2F2 Mutual Phone dustries. In California the Sunkist Tillamook - - Oregon. fruits, the raisins and many other products have been widely advertised in cooperative fashion. The time had DAVID ROBINSON, M.D., come when Oregon dairy interests PHYSICIAN AND SURGEON the advantageous to be found here. NATIONAL BUILDING. was formed. First it was a temporary TILLAMOOK - OREGON. R. T. BOALS, M.D., PHYSICIAN AND SURGEON. Surgeon S.P. Co. (I. O. O. F. Bldg.) Tillamook - - - Oregon ROBERT H. MCGRATH, COUNSELLOR-AT LAW, **ODDFELLOWS' BUILDING** TILLAMOOK, OREGON. PORTI AND OFFICE 1110 WILCOX BLD. **ARL HABERLACH** ATTORNEY-AT-LAW. TILLAMOOK BLOCK Tillamook Oregon A / EBSTER HOLMES, ATTORNEY-AT-LAW COMMERCIAL BUILDING. Dr. McCollum, of John Hopkins FIRST STREET. TILLAMOOK, - - OREGOM DR. L. L. HOY, PHYSICIAN AND SURGEON TILLANOON BLOCK, Tillamook, -. Oregen. J T. BUITS Fi.

ATTORNEY-AT-LAW. Complete Set of Abstract Bocks in Office. Taxes Paid for Non Residents. TILLAMOOK BLOCK.

Both Phones.

PHYSICIAN AND SURGEON

EYE SPECIALIST.

Oregon

Officers are Elected and Finances Arranged. dairy interests of Oregon realized

PRIMEAIBI the national joy smoke

available to grade it to Long Beach, juvant to our diet, we cannot as a L. J. Simpson sent word, that Cali- nation maintain the position as a fornia officials have assured him world power to which we have arisen. that they will be ready to do their The keeping of dairy animals was share through the state.

Oregon Dairy Council.

When the Oregon Dairy Council meeting is called to order March 26 at Multnomah Hotel, Portland, the nounced. This assurance was given when J. E. Dunne, chairman of the service he renders." sustaining membership committee of the council telephoned that about

seventeed new members had been secured in and about Tillamook. "Three cheers for the great cheese country, Tillamook the golden, glor- statement filed for the special elec lous pride of the state," said Mr. tion pamphlet arrived Saturday at Dunne.

The Oregon Dairy Council, accord- Senator Baldwin, of Klamath county, ing to the tentative plans of the in support of the proposed constituboard of directors, will put on an up- tional amendment giving counties to-date advertising campaign in power to bond themselves up to six Oregon and will make its advantages per cent of their assessed valuation as a dairy state known throughout for road purposes. the country. The council will do ef. The statement was prepared by

sive bill board and newspaper ad. Senator Baldwin and approved by voltising. It will have displays that Senator Banks and Representative will attract, The great possibilities Merryman, composing a legislative of the state as headquarters for committee selected to prepare it. dairying, butter and cheese making | The statement follows: and for the pursuit of all the var- + 1-Why you should not oppose this tous industries connected with the measure-1. It imposes no burdens,, dairy will be exploited in such a it coerces no citizen; 2. It does not manner that will go to attract tour- force public improvement upon unists, business men, capitalists and willing counties; 3. It does not inthose who would help in making terfere with existing highway laws Oregon famous as a leading dairy or plans; 4. It provides for no saiar-

The council will do educational nothing; 5. It confines the applicaied commission or officials, ,it costs work, having the cooperation of J. tion of the privileges to the counties A. Churchill, state superintendent of electing to apply them, it is the conpublic instruction who has heartily cern only of the county desiring to endorsed the council's work of use the opportunity.

spreading the doctrine of the food 2-Why you should support this value and indispensibility of milk. measure-1. The measure is intend-Through the schools the children ed to grant to counties the option of can be made to realles the vital value voting bonds up to 6 per cent of asof milk, cheese, butter, ice cream and sessed valuation for road purposesall dairy products and they can take it is a matter left entirely with the the message to their parents. At- particular county. As to whether or tractive posters will help in interest- not, after the passage of this measing the little people and in giving ure a county votes bonds, will be no , them an idea that they need milk, concern of any other county; 2. butter, cheese, etc. Lectures, essays Many countes desiring more funds writing, reading lessons and many for road work are asking that you other means can be employed. In all this campaign of advertising if they so desire. Your affirmative consent that they burden themselves

the council will stress the findings vote on this measure does not prejuof such men as Dr. E. V. McCollum, dice you in the least, nor cost you a of Johns Hopkins university, who penny: 3. If, in the opinion of the experimented for over eleven years county, good roads are a paying inand who discovered in milk the per- vestment and badly needed, is it not fect food and the vital elements that your duty to vote to allow that coun-are not to be found in any substitute. ty to put the question to its people?

the greatest factor in the history of the development of man from a state of barbarism. We are now in a critical time when the dairy industry is in jeopardy. I feel it my privilege to point out that we are still dependent Bay City - - - Oregon upon the dairy industry for our conmembership list of 100 will be an- the debt we owe to the milk producer, and reward him according to the

> Road Bill Details Filed. Salem, ,Or., ,March 22 .- The first

PORTLAND - OREGON Regular Monthly Visits to Tillamook and Cloverdale. WATCH PAPER FOR DATES. the office of secretary of state from

DR J. G. TURNER,

Tillamook

W C. HAWK,

H GOYNE,

ATTORNEY-AT-LAW. Office: OPPOSITE COURT E 1988

Tillamook - - - O. egon.

OHN LELAND HENDERSON. ATTORNEY

AND COUNSELLOR.AT-LAW TILLAMOOK BLOCK, Tillamook - . . Dieg J. i

ROOM NO. 261.



IEVER was such right-handed-twofisted smokejoy as you puff out of a jimmy pipe packed with Prince Albert! That's because P. A. has the quality!

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Toppy red bags, tidy red tins, handsome pound and half-pound tin humidors — and — that classy, practical pound crystal glass humidor with sponge moistener top that keeps the tobacco in such perfect condition.

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