## THE RED CROSS CONFERENCE. Report of Mrs. McGrath, a Delegate from Tillamook, of What Took Place at the Meeting.

idea that they were trying in every wound, possible way to get the organization in F would take into consideration the as "Official" Dressings, placing all rapid growth of the membership, a the volunteer Sphagnum Moss Orgrowth from 400,000 to 22,000,000, and ganizations under a director General the great development of the work in like proportion we could perhaps un-Edward Dard as its head. Since then derstand

of obedience be exhibited between a month organizations and their superior orspirit of unity of action and purpose and although there were not many

versity of Washington, made the op-ening address. He told of the great denly became more urgent. This descope of the Red Cross work at mand came in January of this year in home and abroad. The assistance it the form of an order from the British offered to the Belgians as their coun- War Office for 20,000,000 Sphagnum try was invaded and they were forced surgical dressings. to flee; its maintenance of Hospital | When the United States entered the and Ambulance Units; what the Red war interest was taken in this work Cross does towards the rebuilding by Americans. The American Red and restoring of the devasted coun- Cross undertook this work in January tries. Then of the aid and comfort it gives to the Repatrics; the wonderful work it did in caring for and feeding the Italian refugees during the Ital-part "The Greatest Mother of the Worddi' is to take in the future to Worddi' is to take in the future to the source of the University of Wash-ion reference of the the source of the for surgical dressing of the source of the source of the for surgical dressing of the source of the source of the source of the for surgical dressing of the source of the source of the source of the source of the for surgical dressing of the source part "The Greatest Mother of the ington, to ascertain if a suitable moss World" is to take in the future to- for surgical dressings grew in this re-ward our own men at the front and gion. Samples of Sphagnum the moss in the care and comfort of the famil-ies these men have left behind, were secured and sent to the French Relief Committee at Chicago and ies these men have left behind.

moss and the part it was hoped it But the supply of moss was too far would play in surgical dressings for from Chicago for the people there to the wounded. He said the truth of the handleit, so the work was taken no old adage that "necessity is the moth-er of invention" is particularly notice-able in times of great emergency. through this organization persons in The present war emergency has oc- the neighborhood of the University casioned the original thinking and in-ventiveness shown in recent develop-ment along many lines. It is seen in officially recognized by the National Ped Correction and authority marvelous skill and proficiency of Red Cross of America and authority surgery, not only in the new methods given to the Northwest division to of the treatment of wounds, which have been astounding, but also in various materials used for dressings. War had been declared only a few months when it was seen that there was likely to be a shortage of absor-bant cotton, and in an effort to avert such a calamity experiments were be-gun with a kind of moss known as Sphagnum, or peat moss, as a subof the treatment of wounds, which make 50,000 pads was given to the

The conference held Monday at 2 Scotsman," in November, 1914. Dr. as soon as these machines are install-o'clock in Bagley Hall, on the Uni-versity of Washington grounds. Mr. Cathcart chen formed an organization C. D. Stimson, Division Manager, opened the conference with a short September 1915 a second organization ment is given. Hereafter there will be statement of the purposes of the con-ference. He said in part that the object of the conference was to promote ising that many new organizations ly as possible. the better understanding between the Division Headquarters and the Chap-land. During this experimental stage Division Headquarters and the Chap-ters resulting in more co-operation in the work; to help the chapters and this kind of surgical pad, but as the the work is the substance it is this: The Red Cross branches understand part of the diffi- method of making the dressings imculties that confront the Division proved the opposition disappeared, in the same footing hereafter. Red Cross organization of small chapters be-Headquarters; and to clear up, if pos- the making of these pads great care purchases are to be accorded the cause thereby the division of allot- home. It must be remembered that sible, some of the mistaken ideas that had been hindering the work. He hoped that we would all carry back to our respective organizations the idea that they were trying in every some of the mistaken ideas that must be used that the leafy part and

more fully the problems the output of Sphagnum dressings that had to be confronted and solved. has gradually increased that the It was asked that the military spirit British are now making 1,000,000 pads

The Red Cross in Canada took up ganizations in regard to directions the work under the direction of Dr. transmitted to them; that the same J. B. Porter, of McGill University; e the keynote. Dr. Suzzalo, President of the Uni-dressings made they were organized and ready to meet the call for Sphag-

He then spoke of the Sphagnum these samples were found suitable.

Sphagnum, or peat moss, as a sub- it reaches the sorters if their work is stitute. And now surgical and non- to be most efficient. The Canadian surgical dressings made from Sphag- Red Cross has emphasized this point num are being used in the war hos- in its printed instructions to collectpitals, not only in Great Britian, but ors as follows: "It is impossible to pitals, not only in Great Britian, but offs as follows. It is impossible to in France, Malta, Alexandria, Salon-ica, Italy, and Palestine, practically on all the allied fronts. Sphagnum moss is widly distributed throughout the world. It grows in abundance in low, marshy, undrained the sorter to an enormous extent and places, especially in and around cran-berry bogs, but it may occur in other swampy locations. It thrives best in the damp, humid climate of the cold-er parts of the temperate zones in make a record for quality and not for Europe, Asia and America. It is found quantity." quantity." abundantly on the moors of Scotland The moss should be collected in and Ireland, and also in the countries clean gunny sacks. If the sacks have This miss is much better than saw- terials they should be boiled at least or even cork as a medium one hour and dried before using. Dr. Suzzalo then spoke of the reaslike grapes because when one bunch ons that have made it hard for Amergoes bad the moss immediately ab-sorbs the moisture and prevents the infection from spreading. And it has been used in Scotland and Ireland, for absorbing the discharge from boils and other supperating wounds. Like many other great discoveries and inventions the use of Sphagnum the strength of t

experience demonstrates errors and shirts-12x1036 inches.

changes are requested. As soon as possible a change will be made in the matter of supplies. Mr. Hilton, of the Bureau of Supplies, vent East early this year to arrange for machines for the cutting out of 12x7 inches. garments made by the Red Cross, and ial on hand must be used up as rapid-

telegram which was read by Mr. ward the Red Cross dollar will go as far as the government dollar and thus will be more efficient than it has that is the government dollar and the becoming a Chapter the opin-the set of articles. As to becoming a Chapter the opin-the arrival of a competent physician. of the American Red Cross Bureau of Cross has had heretofore "a Government responsibility with a civilian standing in trade." The centralization direction and control of chapter purchases at National Headquarters simplifies many problems and saves many thousands of dollars.

In the matter of receiving our al-lotment. It can be done in one of two Either we can agree to have ways our allotment fixed for us and the goods for the same come automatic receipt of our acceptance.

If I may be permitted to offer a suggestion it would be that we automatically accept our allotment if we wish to prove that we are coming nearer to the time when we will be

for refugee garments is based. In all lines send only the allotment

will be sent each month from divis-ion headquarters, and each branch marines, men of aviation corps, enwill be sent each month from divis-ion headquarters, and each branch will receive its own proportion of the allotment and will in turn, send a allotment and will in turn, send a War is most uncertain and therefore bulance drivers. It applies to the fam- and lead scraps. War is most uncertain and therefore the demands of war cannot be deter-mined in advance for long periods of time. Do not worry then if the speci-fications should be different every fications should be different every the demands of the speci-time. Do not worry then if the speci-time to realize the specitime to realize the specific the speci month. Until it is possible for the material to be distributed, no allot-material to be distributed, no alloted until such allotment and material realize the proper limitations of the Red Cross label which is used like the manufacturers' trade mark. making refugee garments official Red Cross patterns must be ex-plicitely followed in making the folwing garments: Women's chemise, drawers, petticoats, morning blouses, shirts, house gowns from sixteen to the notice of the home service losis. years and up with 'appropriation o about 50 per cent medium 25 percent large and 25 per cent small; and in making men's undershirts, underdraw ers, blouse suits and shirts except that the duuble bosom with the pocket in the men's shirts should be And so in making the pinafores. In making the petticoats omit the belt shown in the pattern and finish with a plain draw string. Shoulder shawls must be made 114 yards square of warm dark material, with hemmed or crocheted edges, or they may be knit-ted or dark color wool to the same size. All layettes must be complete. The work must be done as well as it is possible to do it. Nothing should be as it is sent that does not meet with the specifications. We must avoid trying to impose our own ideas upon these people, and follow theirs as far at it is possible. We shoud increase our output of these refugees garments at once. We must not feel as though this was a matter of charity, it is only a matter of aid to our patrons. They have stood between our foc and us and have protected us and are protecting us today. Let these garments be as a gift from one proud nation to The Repatries should be another. made to feel that each garment is a gift from a friend. All refugee garments must promise at least SIX months wear. The allotments of layettes, for this division is 2000.

In contrast with them we do not that all garments when folded will be home service has claim on all Red ain today over 35,000

10 inches.

Purchases, who estimated that it sav-ed \$18,000 on a single order. The Red can prove herself worthy to become a chapter.

made and no double heels should be in this matter.

In making sweaters be sure that lowed to hang over night before

Do not use any yarn in the home,

Regarding Red Cross work the pubqualified to become a Chapter. Before we can hope to become a Chapter the volume of our work must increase licity should be given the use of Red unit is being done. The utmost pub-licity should be given the use of Red

volume of our work must increase very materially. The new quota of work includes too,ooo refugee garments 80,000 hos-pital garments. These hospital gar-ments include helpless case shirts both twill and outing and outing pa-jama suits, bed soeks and bed jackets. The last named are made without pants as are also the reversible cape and sleeve jackets which we have been making with trousers. The output of refugee garments is

and instruction.

Home service applies to the fami-lies of men in all branches of the ser- Gunny sacks-There is a great de

In contrast with them we do not that all galaxies. know what the word sacrifice mons. We are asked not to worry or chafe Chipboard of the heaviest weight We are asked not to worry or chafe Chipboard of the heaviest weight It was asked that the home service tations show of a force of men in the field for one because of changes in the specifica-tions for Red Cross goods. These sizes: vork grows and conditions change ets, hospital bedshirts, helpless case is to carry his insurance papers to his gathered some idea of the hirts-12x1034 inches, Underdrawers, undershirts-1012 by ter of record that all complications education.

Convelescent robes—12½x14½ in. Bandage foot socks, Hot water bag covers, operating leggins, bed socks— 12x7 inches. The bases in which the finished as may be avoided after the war. The boxes in which the finished ar- but at the rate of \$57.50 a month on stimulated the found ticles are shipped hold approximately, a \$10,000 policy. Up to five years other similar school after the war the policy can be chang- France. In England the ed to any other form of insurance sailors help society selected from among those that may "Lord Roberts Fund" Outing flannel bed shirts, 250. Heavy outing flannel bed shirts 175 Heavy twill tape shirts, 195. be prescribed by the bureau without come impaired he is still protected. lishment of workshops abled men could be tra-ployed, In Italy the r

doctors and competent nurses is so This work of re-educati and the Government dollar will be on quarters looks unfavorably upon the especially there is apt to be no ade- convalescent hospital and purchases are to be accorded the cause thereby the division of allot- home. It must be remembered that

thus will be more efficient than it has been in the past. The importance of action taken by the War Industries seemed to be that because of the action taken by the War Industries seemed to be that because of the Board may be best understood through the statement of an official continue in the same relation to Port continue in the same relation to Port-land as we have held, unless by ex-trame growth and development she

In Junior work, 'as it is the end of the school year, the manner in which the United States for hand As for the knitting-it is definitely their work is to be carried on during men. The capacity of the institu stated that from now on no toes ex-cept the Kitchner toe will be accept-ed. The Kitchner heel must also be able to determine the wiscst course

stitches instead of 60 as in the lighter the branch and shipped with the branch work marked "Junior."

Among the r ggested activities for ally or allotment can be requested and if we agree to accept it the goods will be forwarded immediately upon zine size, six or eight pages to the book. Paste on these pages the fun-no similar trade the handicapped niest jokes and pictures that can be should be taught other trade keep it all for our boys who are going found as they are for use in the hos-"over there." April eighth a bill was intr-pitals and any thing unhappy would Congress to provide for the be of no benefit in helping the con-

been making with trousers. The output of refugee garments is to be materially increased. No old clothes should be sent in this work unless they have been made over to fit the specifications of the allotment. A committee was sent abroad to in work in a training school for social headquarters. The best way to handle vestigate the needs of the people in the devastated countries and it is up-on their report that the specifications for reference expression of the specifications of the rest of the specifications of the rest of the specifications of the specifications of the rest of the specifications of the specification of t Wool clippings or woolen scraps

Definite and specific allotments vice-to those in the regular army or mand for these, the poorest even be-

cases, and some conserva

The first school for Bed jacket, 145. From these figures can be drawn some idea of what work must be ac-

The United States is no

men, not only medical care, but also the curative ad of the simpler forms of occup crippled and disabled men, made which the Institute is housed. the first specialized trade sel 300. It also fits teachers to go help in other institutions of th which are beginning to spring The Red Cross the country. made. In measuring a sock always use a yard stick. In using the heavy yarn for socks, cast on only 52 or 56 all junior work is to be inspected by this Red Cross institute classes in the making of artificial limbs, ox lene welding, printing, and m al dratting are under way, an ployment bureau has been tion for several months. As far is possible this new training no similar trade the handicapp

> Congress to provide for the v education of cripples. The of the public in this matter much to help or hinder this

cannot fill satisfactorily but them into places that they are petent of filling and that the hold for a life time. The nati not go too far in showing gratity to the war cripple provided the ma

ner of its expression is sound. The Red Cross Institute is prepared to give any amount of aid and has lantering slides etc, to be used in the education of the public. These lante slides are available at the present

At the conference in Seattle the delegates were shown four reels o Red Cross films depecting the wor and spirit of the Red Cross board Films are to be had by wiring to t Bureau of Motion Pictures North west division of American Red Cross Seattle, Washington, These fims wi cost \$5.00 each per day, and can b used either as a means of raising Red Cross money or as an education feature. There are also some and lectures that are not so expens is the films, the lecture is tunity to see them. The Burcau Motion Pictures asked that if the places represented were interested in having the films that they should write and make such desire known After such letters were received from a number of such places intereste t' e pictures would be routed and sen over the territory.

surroundiing the Baltic Sea. for packing and shipping raw fruit,

the outlaying peat moors in north ization.

ready to hand, his wound was wrappor "peat moss" after an interval of ten days he contrary, when the dressing was velous power of absorbing fluids.

when the Japanese used it quite ex- that line. If we fail we too must failas a first aid dressing. there is no help for it. tensively Many of the wounds thus dressed were not inspected again for a period of ten days, or until the patient reachinvariably in good condition, in bet- ready to make the great sacrifice-

Shortl yafter the present war broke out in 1914 Dr. C. W. Cathcart, an Edinborough surgeon and a licuten ant-Colonel in the Medical Corp of the British Army, began expression War Hospitals. The first account of for what we can do in our poor way these experiments appeared in "The "service" for the word "sacrifice"

as a surgical dressing was discovered think and act as individuals or whethaccident. In the early eighties of er our acts and thoughts shall be dethe last century a workman at one of cided for us as in the German organ-

Germany accidently sustained a se- The American Red Cross is the secvere lacerated wound of the forearm, ond line of defense in this war. Its In the absence of anything better, ready to hand, his wound was wrapp-tolerant cooperation. We must reed up with fragraments of Sphagnum member as we take our part in this which were lying near work that each one of us is individually responsible for some one soldier arrived at the surgical clinic at Kiel at the front. You-I-each one of us with the original dressing undisturb- is the supporter of some one man at ed. It was feared that the wound the front. What will happen to youwhen exposed to view would be found to me-to any one of us if her in a most unsatisfactory state, but to falls in his duty in the trenches. What will become of our homes if they fail? removed, it was found that the wound And just as the combined individual had healed. This unexpected result effort of each of our men is holding obtained with a dressing material that long thin line in Flanders and in which seemed so unpromising led to France and keeping the Beast of Bera very careful inquiry into its nature and properties. The practical out- of ours and from polluting our homes come of this inquiry was that the val- as the homes of Belgium and France ue of Sphagnum as a surgical dress- have been polluted, so the sum of our ing was found to be due to its mar- individual efforts is needed here to maintain them, support them in Sphagnum was first used in a large health and sickness, and make it posduring the Russo-Japanese war sible for them to continue to

Each one of these men have made a re not inspected again for a period ten days, or until the patient reach-Japan. The wounds were almost ter condition than when a cotton "Greater love haih no man than this, dressing had been used. "that he lay down his life for his

ant-Colonel in the Medical Corp of the British Army, began experiment-ing with it in one of the Scottish Was Washing The first account of

We must not make patchwork quilts unless they are in our allotment. We tation from the family or from remust not send onything that is not in sponsible persons competent to speak

material to be distributed, no ander example through the torpedoing of a merchantman by a submarine. ials on your shelves. If the allotments and material have not been supplied through the torpedoing of a merchantman by a submarine. The home service responsibilities are junior war garden products either the slides and not reached Seattle so to you your work rooms will be closcan be supplied from division head-quarters. All garments hereafter will has no desire to shirk or intrude. ity war gardens. This work of course comes under the direction of the ave the Red Cross and the American Many families will not need home teachers.

service and our volunteer workers will go to none without a definite in- lets of pedagogic value that can be troduction.

First, help will be offered without fail, at the request of the men in the service Second, the need for help may come

through the first aid organization.

Home service sections will often carn of emergencies in families and find ways of offering help when furishing information about service pay and allotments, federal allowances to men in hospitals or in captivity and SO OIL

come through the school teachers in the varoius religious and social organizations.

Dealing with the fortunes and feeled or casually undertaken. Do not assume the mistaken attitude that the assume the mistaken attitude that the family needing help is receiving char-to find positions that they can fill That is the surest way to do away with the usefulness of this section of the work. Remember that on the conrest the morale of the men at the ront. It is not charity to help those who have given their means of snpport to aid in our protection in this war, it is a duty that we should be cager and anxious to perform. At the present time there are 40,000 families of enlisted men. This number will be

the measure of responsibility of home families in civilian relief. Repeatedly it should be stated that no homes should be entered in the name

ever to foster the interest in commun-There are some splendid little play-

obtained through the Anti-Tuberculosis League that can be used to keep the children interested in the work and help in the education of the comnunity in the combating of tubercu-

Mr. Foisie and Mr. Arne both spoke on the rehabilitation and re-education down in the beginning was of the crippled soldiers. In talking on this subject it was stated that we need not think that it was necessary at his time to face this problem. In families, federal insurance and about view of the fact that already there the means of communication with had been returned to this country two shiploads of totally disabled men. It could be seen that this problem was Sometimes the information may already upon us. The object of this ome through the school teachers in branch of the work is to take the

the community, sometimes through right attitude toward these men. We were warned that at the first we would fall into the habit of neglecting these men. We would offer nothing of ings of these families is a delicate real help, just insane pity, until the man had lost respect for himself and all desire to help himself. The duty of

competently, or to see that they receive the training necessary to fit them into some line of work that dition of these families at home will they are capable of doing well. This process of training adults for a new trade has been termed "re-education" by the French, and the word is so expressive that the British and Italians have adopted it, and soon it will become familiar on this side of the Atlantic.

When a man is rehabilitated until plete reports from each division doubled in a few months-this marks he is not handicapped he is not a the work cripple. When a soldier suffers an imputation he emerges from the op- lic subscription and contribution eration in a state of complete dis- the public is entitled to a full should be entered in the name of couragement regarding his future. ledge of the work as it is being But when he finds that he has still ried on. It is a democratic and n something ahead of him, that he can autocratic institution, and those go back to a regular job the trans- by virtue of their subscription our allotment. We must obey orders and if we send things not called for we take up warehouse space that is to be ignored although a record of we take up warehouse space that is precious and is needed for other things. In shipping, boxes made either of old call money a loan when you are sure they are to engage, and, perhaps being misspent or wasted or In shipping, boxes made enter of our or new material should be 2x2x3, each garment should be folded over a standard size cardboard. This card is not left in the garment but is used so

In speaking of the scope of the Re Cross and of the growth of the w since the beginning of the war M

Kilpatrick said that the reason t machinery of the Red Cros at that time it was a highly cen ed organization. All matters cerning the Red Cross were dis by forty men and every detail ed upon by them. He said it necessary to try to describe fusion and delay caused by thi dition. As a result of his exp the policy of the Red Cross changed to one of decentralizat the parceling out of authority and sponsibility.

As the volume of the Red Cr work increases as the important interest in the work increases, tralization must be the keynote success. His advice is the organization and then expand Therefore decentralize work. work and get the organization to work in perfect harmony who time comes, for if the time is not he it is close upon us.

In the matter of reports, especi financial reports there should be full and complete statement month which should be given th lest publicity possible. The mon-meetings should have ful land of

The Red Cross is supported by I ledge of the work as it is being