

Every Woman Should Know

There are three entirely different kinds of baking powder, namely:

- (1) Cream of tartar, derived from grapes;
(2) Alum, a mineral acid; and
(3) Phosphate of Lime.

(1) Baking Powders made of Cream of Tartar add to the food the same healthful qualities that exist in the ripe grapes from which Cream of Tartar is derived.

(2) Baking Powders made of Alum add to the food some form of Alum or Aluminum, a heavy metal, wholly foreign to any natural article of food.

(3) Phosphate of Lime is made from rock or by burning bones which by chemical action are changed into a white, powdered acid. It is used in baking powder only because it is a cheaper substitute.

A Cream of Tartar powder never contains Alum or Phosphate.

Every housekeeper should read the names of the ingredients printed on the label and know what she is using.

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PRESIDENT WILSON WAS MARRIED ON SATURDAY.

Wilson by Marrying Saturday Proves Superstition Plays Small Part With Him Compared to Other Executives.

President Wilson was married on Saturday to Mrs. Norman Galt at the home of the bride at Washington.

Washington, December 12.—Concerning President Wilson and the elect lady (predestined in the councils of eternity before the foundations of the world—that is, if Calvinism still holds good) to preside over the social destinies of the White House in 1916, this much is apparent—neither is superstitious.

Else in selecting the date of their marriage they would not have run contrary to the marriage-day proverb which says:

Monday for health, Tuesday for wealth, Wednesday the best day of all! Thursday for losses, Friday for crosses, Saturday no day at all!

I wouldn't be at all surprised to see Saturday leap forward into popularity among the list of wedding days out of compliment to the high contracting parties. For the influence of the bride elect is already manifest in the beautiful "Edith pink" lavishly displayed in all the department stores.

However, among Mr. Wilson's predecessors in office there were several who were superstitious, notable among them Gen. Grant, who tells in his autobiography the story of his own wooing and how it was effected by his pet superstition.

Gen. Grant says he was brought up to regard it bad luck to stop or turn back after you had started any place until you had arrived at your destination. So when he received orders to go to the Mexican war he suddenly realized that he was very much interested in Miss Julia Dent.

He was on leave of absence at the time, but he rushed back with all possible speed to Jefferson Barracks, Mo., where he polished up his armor and brushed up his clothes and made himself attractive as possible. Then mounting his horse he rode away, taking a bee line for Miss Julia Dent's house.

Arriving at Gravois Creek, a small, insignificant stream, that ordinarily would not have had power to turn a coffee mill, he found it on the boom, out of its banks and making as much noise as the cataract of Lodore.

But he was not to be stopped by a little old creek, even if it was on the rampage. So he plunged in and swam for dear life, the current carrying him down the stream, and if he hadn't been a country boy and used to meeting emergencies, the story of Appomattox and its "famous apple tree" would have had a different ending.

As it was, he kept his own head and headed his horse persistently for the opposite bank. And got there safe and sound, but wet to the skin and no dry clothes on that side of the creek. However, he borrowed some clothes of his future brother-in-law, courted Miss Julia, was accepted and four years afterwards they were married and lived happily afterwards, at least, as much so as the circumstances would permit.

Depew's Story of Grant. Ex-Senator Chauncey Depew tells an interesting story to the effect that he heard Gen. Grant relate that when he was living in obscurity, in the country near St. Louis and hauling wood to town to support his family, he was told by a fortune teller that he was destined to be chosen commander in chief of the United States army and ultimately to be twice elected and serve two terms as president of the republic.

Gen. Grant and Miss Dent chose Tuesday for their wedding day. If the proverb had held good he should have had vast possessions and died rich as well as famous. As it was in order to provide for his family he had to write his autobiography and he didn't even have the money to hire a literary man to do it for him. And though he knew himself to be stricken with a mortal malady, he never faltered or turned back until the task was completed.

And that is how it came to pass that Grant's book is incomparably simple and great like himself. Lincoln also had a great deal of sentiment and some superstitions. And Mrs. Lincoln had inherited from her Scotch forbears the gift of second sight.

Many times and oft, according to tradition, she predicted that she would be mistress of the White House. She turned down the application of Stephen A. Douglas, when he asked her to marry him, and gave her hand to the backwoodsman, Abraham Lincoln, because she said she felt it in her bones that he would get there.

Mrs. Lincoln Superstitious. Mr. Lincoln himself tells the story that immediately after his election, the boys had been having a "hurrah time," and he went home all tired and threw himself down on a couch right opposite a bureau which had a swinging mirror, and which reflected his recumbent figure double. That is, there were two reflections.

He got up and examined the mirror and lay down again and saw again "the ghost," as he called it, of his reflection in the glass. He said it worried him a little, but he went out and forgot all about it, and then got to thinking about it again, and it gave him a little uncomfortable pang.

When he went home he told his wife about it and she was worried. She thought it was a sign that he was to be elected to a second term of office and that the paleness of one of the faces was an omen that he should not see life through the second term.

Mrs. Lincoln from the time of her entrance upon the duties of her new position, which she performed with dignity and intelligence, was cruelly slandered. The fact that she was a Kentuckian and that the majority of her family had adhered to the Southern Cause, was made the occasion of most unjust attacks upon her loyalty.

Mrs. Lincoln Criticised.

She was compelled to bear political malignity such as no other woman in this country ever has had directed toward her. She found herself surrounded on every side by people who were ready to exaggerate her shortcomings and find fault with her deportment on all occasions and criticize her performance of all her semi-official duties.

The state dinners were abandoned and she was accused of parsimony. Weekly receptions were substituted and her entertainments were made the topic of remark.

The first two years of the administration of Mr. Lincoln were years of severest trial to him, and his gloom and absorption affected the family. They lost their little boy, Willie, which was a great sorrow to both.

Mrs. Lincoln, after the child's death never entered the room where he died or the blue room, where his body lay. She never recovered from the shock of her husband's death.

Her wedding ring which bore this inscription, "A. L. to Mary, November 4, 1842. Love is Eternal," was replaced on her hand after death and buried with her.

The first of the presidents' wives to have her portrait hung in the White House was Mrs. Taylor, the second wife of President John Taylor of Virginia. Taylor was the first vice-president to hold the office of chief executive inheritance. Taylor was a Democrat, but had got at loggerheads with his party on account of his refusal to obey the instructions of the Virginia Legislature to vote in favor of the Jackson expunging resolution, which Senator Benton of Missouri worked at faithfully for a half a lifetime and finally carried.

Whigs Not Cohesive Party. The Whigs, never a very cohesive party, having placed Gen. Harrison, with his military record at Tippecanoe, had sought out an available man and a vote getter to carry the election and placed upon their ballot as vice president the name of John Taylor of Virginia.

Another battle cry was "Tippecanoe and Tyler, too," and they swept the country on that ticket. But Gen. Harrison only lived a month after he was inaugurated, and John Tyler, the vice president, came in to fill the place. And so there was consternation in the ranks and nobody knew what was going to happen.

All the cabinet resigned except Webster, who was secretary of state. They made it among them that John Tyler should take for his title "Mr. Acting President," but John replied: "Not on your life. I am president, and I will be known as such."

The first Mrs. Taylor was a Virginian, Miss Letitia Christian. They were nearly of the same age. Both born in 1790, he being from the 29th of March to the 12th of November older than her.

They were married on his 23rd birthday day, after a courtship and engagement of nearly five years. His daughter by the first marriage, Mrs. Letitia Taylor Semple, tells us that the last time her father went to see her mother just before they were married, and that she had heard him say repeatedly: "Then for the first time, he ventured to kiss her hand on parting so perfectly reserved and modest had she always been."

Cleveland Made Progress. Richard Swatson Childer in his interesting recollection of President Grover Cleveland, says that Mr. Cleveland made great progress after he became president. I am firm to believe that there is something in the office of president of the United States to make quiet and orderly men progressive.

For, we are told that the sign which Widower Tyler gave to his friends to interpret that he was sitting up and taking notice was when he chased Miss Gardiner of New York, afterward the second Mrs. Tyler, all over the White House for a kiss in payment of a forfeit. He evidently had got over his inability to kiss a lady before he was married to her.

President Tyler was the first widower to marry in office. He was superstitious, too, and she was not without superstition. He was 50 years old at the time of his second marriage and his wife was 23.

It is stated in Singleton's story of the White House and President Tyler's superstition was that there was a particular star in the firmament that presided over his destinies. Very early on the morning of his wedding day he was on the look out for the star of destiny. It was shining clear and effulgent and he accepted that as a happy omen.

He lived about fifteen years afterward, and so far as the record goes, very happily. He wrote a love song to his wife and she responded with a poem to him on his 70th birthday, in which she declared that she preferred wit to youth. And that was a very good way to look at it under the circumstances.

Widow Sends Portrait. It was this lady who first suggested that the portraits of the president's wives be hung in the White House. This was during the Johnson administration, and when she had been four years a widow. President Johnson agreed with her, and asked her if she could furnish a portrait of herself.

She replied, "I will be happy to do so. The portrait was sent, but by this time Andrew Johnson was packing his clothes to leave and give way to his successor, Gen. Grant. So Mrs. Grant came across the portrait and had it hung. After that Martha Washington's was added, and next the magnificent portrait of Mrs. Hayes, presented by the Women's Christian Temperance Union, painted in a wine colored satin.

For some reason or other the fathers of the republic were very partial to widows.

George Washington, "the greatest man of all this earth, first in war, first in peace and first in the hearts of his countrymen," was nevertheless obliged to play second fiddle at the court of Cupid.

The fame of her second husband has undoubtedly dimmed the luster of the first, but Daniel Parke Custis, the first husband of Martha Dandridge, afterward wife of George Washington, was not "Hobson's choice" by

any means. On the contrary, he was considered a great catch.

He was the wealthiest unmarried man in Virginia and he belonged to the nobility and gentry. His grandfather, Daniel Parke, was the aid to the Duke of Marlborough and was the messenger sent to carry the news to Queen Anna of the victory of Blenheim. The Queen was so much elated that she bestowed upon the handsome young aid her own miniature set of diamonds.

His descendants, the Lees of Virginia have in their possession the portrait of this old aristocrat with the diamond miniature suspended from his neck. But, as for the miniature itself and the diamonds that like Arlington and a good many more of this world's goods, has passed from them and their heirs forever.

Thomas Jefferson married the widow Skelton, or, as it was described in the parlance of the day, "the relic" of Bathurst Bathurst Skelton. I have always felt sorry for Bathurst Skelton. He did not fare so well as Daniel Parke Custis. For he is known to posterity only as the first husband of Thomas Jefferson's wife.

She was 23 years old at the time of her marriage to Jefferson, but Jefferson forgot all about her being a widow and wrote her down "spinster" in the marriage bond, which the laws of Virginia required to be signed by the parties desirous of entering into the state of matrimony.

In this paper, which is still extant, Thomas Jefferson pledged himself to pay 2000 pounds to the king of England and his heirs forever, if he failed to be present and enter into the marriage with Martha Skelton "spinster". Written in Mr. Jefferson's neat, precise hand, is the word "spinster", and it is carefully erased and the word "widow" written above it in the same hand.

Jackson Also Wids Widow. Andrew Jackson also married a widow, and so did James Madison. President Monroe, although a Virginian, went to New York for his bride, marrying a Miss Kortwright of that city. She was the daughter of a captain in the British army. This lady was very punctilious in her etiquette, and there was war and rumors of war in social Washington during her regime.

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