



BEFORE AND AFTER TAKING THE BETTER BABIES TREATMENT FROM THE WOMAN'S HOME COMPANION



Photograph from the Lillian E. Bizby Studio

These pictures show Elizabeth Gaines, a cunning Vermont baby, before and after taking the very newest form of treatment for children—the Better Babies Idea. The best part of this treatment is that it includes no medicine, and is taken, not only by the baby, but by the mother. It might be termed "General intelligence in care and feeding of babies."

In July, 1913, Mr. and Mrs. Frederic E. Gaines, of 152 Pine Street, Burlington, Vermont, entered their daughter, Elizabeth, in the Better Babies Contest, held by the Klifa Club at their Neighborhood House. Elizabeth scored 89 per cent.

Now, in a Better Babies Contest, the family treasure may not win a prize, but every mother is sorely tried if her baby does not reach the 90 per cent mark. Every time Mrs. Gaines looked at that score card with its 80 per cent, she felt that it was a reflection on her qualifications as the mother of dear little Elizabeth.

When the Klifa Club offered a special prize of twenty-five dollars for the baby who had not won a prize at the July contest but who would show the greatest improvement during the ensuing six months, Mrs. Gaines determined that Elizabeth should touch the 90 per cent mark.

On January 29, 1914, six months after the first contest, the improvement contest was held. The babies were examined and tested according to the Better Babies Standard Score Card by the same physicians who had conducted the first examinations.

This second contest aroused greater interest than the first, especially among physicians and mothers. Elizabeth Gaines fulfilled her mother's hopes by showing the greatest improvement in six months. She went better than 90 per cent. She gained five points and scored 94 per cent. And this is how Mrs. Gaines tells the story of Elizabeth's wonderful improvement:

"Elizabeth was born at Rood Sanitarium and she weighed 7 1/2 pounds. To all appearances she was a normal, healthy baby, but within a week after her birth she developed jaundice. She had to be kept alone on oxygen for a number of days. She seemed to melt right away, and the poor little baby weighed less than six pounds when I brought her home, three weeks old, but after the fourth week she seemed to take a new start and she improved every day. Our baby was brought up by rule—was fed, bathed, taken outdoors, put to bed regularly every day, was always in bed and asleep every night at six o'clock, and this has always been followed up and she has developed into a perfect little girl.

When the Klifa Club announced a Better Babies Contest last July, it seemed to me there could not be any baby healthier or better than mine. She seemed so well and happy. But she had a little cough, the kind so many babies have when they are teething, even in July. I was very much surprised when the doctor deducted 35 points because of this cough. He said it showed that her bronchial tubes were not in good condition. Like most mothers, I suppose I thought that a little cough was not a very serious thing, but when it takes 35 points off your baby's score, and the doctor tells you that a baby does not have to have a cough when it is teething and you ought to attend to it right away, a mother begins to understand that in this day and age babies do not have to be a little sick because they are teething.

Then she lost 5 more points because her tongue was coated, and the doctor said this was because she had eaten something that did not agree with her. Here were two defects which the average mother would say, with me, 'They really do not matter; all babies have them at times.'

"When the contest was over I decided that my baby should never have them again if intelligent care and preventive methods would work. I started with revising her diet.

"When I took her back to the January contest, the doctors found her lungs and bronchial tubes as clear as a bell and her little tongue pink and clean. Now, I do not say that you can always prevent babies taking colds, even with the best of care, and sometimes the most carefully reared

babies will over-eat, but the gain of five points out of a possible one thousand, just by care, proves that the Better Babies Contest is a thing we mothers all need. It makes us stop and think. We understand it is not enough to have a good baby, a pretty, healthy baby, we want a best baby. I think Elizabeth will be a better baby all her life because of what I learned at the Better Babies Contest in Burlington. Such contests certainly put the mother on her mettle and show her, as nothing else will, the possibilities of motherhood and what a healthy child can mean to the family and to the state."

In addition to the above prize of twenty-five dollars, presented by the Klifa Club, Elizabeth has received a Better Babies medal in bronze, presented by the Better Babies Bureau of the Woman's Home Companion.

There is to be a Better Babies Contest here soon. Mothers are urged to enter their babies in this contest and learn, as Elizabeth's mother did, what wonders can be worked in the care and feeding of babies, whose parents gain health and wisdom at Better Babies Contests.

Summons.

In the Circuit Court of the State of Oregon for Tillamook County, N. McMillan, as the guardian of the person and estate of Frances Xavier Moreau (Frank Marey) an incompetent person.

vs. Will TenEyck, Alfreda Ten Eyck and also all other persons or parties unknown claiming any right, title, lien interest or estate in the real estate described in the complaint herein.

Defendants. To the above named defendants Will Ten Eyck, Alfreda Ten Eyck, and also all other persons or parties unknown claiming any right, title, lien, interest or estate in the real estate described in the complaint herein.

In the name of the State of Oregon you and each of you are hereby required to appear and answer the complaint filed against you herein on or before the last day of the time prescribed in the order of the publication hereof, to wit: August 20th, 1914, and if you fail so to answer and appear, for want thereof, the plaintiff will apply to the Court for the relief prayed for in the complaint, to wit: for a decree that plaintiff is the owner in fee simple of the following described real property, to wit: Beginning at a point 28.16 chains west and 42.15 chains south of the northeast corner of section 21, Tp. 1 N., R. 10 West of the Willamette meridian thence north 74 degrees east 7.08 chains for initial point of tract herein conveyed, said point being the southeast corner of what is known as the Ralston 5 acre tract, thence north 16 degrees west 220 feet, thence south 16 degrees west 23.456 feet to the northeast corner of tract sold by Geo. W. Kiger and wife to Frank Marey by deed dated October 10th, 1902 and recorded in book "Z" of deeds page 31 records of Tillamook County, Oregon, thence south 16 degrees east 220 feet to southeast corner of Marey tract, north 74 degrees east 23.456 feet to initial point, all being in Tillamook County, State of Oregon, and that it be adjudged that defendants have no estate or interest whatever in or to said real estate, and that said defendants and each of them be forever barred from asserting any right or claim whatever in or to said property adverse to plaintiff, and for such other or future relief as to the Court may seem meet with equity.

This summons is served upon you by publication by order of the Hon. Webster Holmes Judge of the Circuit Court for Tillamook County, Oregon, which said order is dated, July 8, 1914 and the date of the first publication hereof is July 9th 1914 and the date of the last publication and the last date on or before which you are required to answer is and will expire August 20, 1914.

T. B. Handley and M. J. Gersoni. Attorneys for Plaintiff.

SUMMONS.

In the Circuit Court of the State of Oregon for Tillamook County John Matela, plaintiff

vs. Sanni Matela, defendant.

To Sanni Matela, the above named defendant: In the name of the State of Oregon: You are hereby required to appear and answer the complaint filed against you in the above entitled Court and suit, on or before the last day prescribed in the order for the publication of summons made herein, which said order was made, and is dated May 28, 1914, and if you fail so to answer for want thereof, the plaintiff will apply to the Court for the relief prayed for in his complaint on file herein, to wit: that the bonds of matrimony now existing between plaintiff and defendant be forever dissolved.

This summons is served upon you, by order of the Honorable Webster Holmes, judge of the above named Court, dated this 28th day of May, 1914, and the date of the first publication of this summons is the 28th day of May, 1914, and the date of the last publication, 9th of July, and the last date upon which you are required to answer on or before is, and will expire on the 9th day of July, 1914.

T. B. Handley, Attorney for plaintiff.

Notice Closing Streams.

KNOW ALL MEN BY THESE PRESENTS, that, whereas for the purpose of propagating, stocking and protecting the salmon fish which frequent the waters of Nestucca River and its tributaries, in Tillamook County, State of Oregon, the State Board of Fish and Game Commissioners has decided to close the said Nestucca River and its tributaries above a point on said Nestucca River one hundred (100) feet below the lowermost portion of the confluence of Horn Creek and the Nestucca River, to prevent fishing therein by any means whatever, except with hook and line, commonly called angling, for salmon fish during the period of time hereinafter specified.

NOW, THEREFORE, NOTICE IS HEREBY GIVEN by said State Board of Fish and Game Commissioners that said Nestucca River and its tributaries above a point on said Nestucca River one hundred (100) feet below the lowermost portion of the confluence of Horn Creek and the Nestucca River, are and each of them is hereby closed to fishing, by any means whatever, except with hook and line, commonly called angling, for salmon fish, from and after 6 o'clock P. M. on the 15th day of July, A. D., 1914, until said streams are opened to salmon fishing again in accordance with Section 5316 of Lord's Oregon Laws, and it is and will be unlawful to fish for, or take or catch any salmon fish by any means whatever, except with hook and line, commonly called angling, during the said period of time above specified.

Any and all persons whomsoever so fishing in violation of this notice will be prosecuted as by law provided.

State Board of Fish and Game Commissioners. By Floyd Bilyeu, B. E. Duncan, Geo. H. Kelly and M. J. Kinney, Commissioners. Dated at Portland, Oregon, June 9, 1914.

\$100 Reward \$100.

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